

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****Event 1A Mixed 2000 Metre Race Walk RESULTS Results**

Name	Year Team	Finals	Points
Section 1			
1 Uzun, Ela	W11 Essendon	8:35.0h	LS
2 McClure, Mya	W11 Whittlesea C	9:20.7h	LS
3 Ali, Havana	W11 Essendon	10:13.1h	LS
4 Duncan, Andrew	M67 Waverley-Malvern	11:11.3h	LS
5 Hawkins, Trenton	M79 Preston	11:21.4h	LS
6 Bertei, Frank	M66 Nunawading	11:26.4h	LS
7 Keirl, Bernie	M63 Diamond Valley	12:35.9h	LS
8 Lewis, Kobe	W13 Williamstown	12:58.0h	LS
9 Elms, Donna-Marie	W61 Preston	13:29.3h	LS
10 Greyling, Jack	M14 Casey Cardinia	13:47.4h	LS
11 Fowler, Abby	W14 Williamstown	13:49.2h	LS
12 Murphy, Stephen	M61 Richmond	14:20.2h	LS
13 Hodgart, Janice	W63 Western Athletics	14:22.3h	LS
14 Papadopoulos, Sarah	W87 Diamond Valley	14:28.6h	LS
15 Carr, Heather	W49 Glenhuntly	14:44.3h	LS
16 Steed, Gwen	W42 Glenhuntly	14:52.4h	LS
17 Moxon, Jo	W64 Diamond Valley	14:54.1h	LS
18 Barrow, Geoff	M49 Mentone	15:04.7h	LS
19 Gardiner, Robert	M36 Collingwood	15:17.8h	LS
20 Riddoch, Clyde	M53 Waverley-Malvern	15:22.3h	LS
21 Peak, Kim	W66 Doncaster	16:21.4h	LS
22 Cashin, Brenda	W64 Western Athletics	16:31.9h	LS
-- Dowdle, Francis	M81 Melbourne Uni	DQ	LS 17:41.1h
-- Bevin, Sarah	W85 Collingwood	DQ	LS 13:09.2h
-- Pilkington, Craig	M89 Melbourne Uni	DQ	LS 13:57.5h

**Event 2A Mixed 5000 Metre Race Walk RESULTS Results**

Name	Year Team	Finals	Points
1 Stephens, Alejandro	M93 Glenhuntly	24:29.8h	LS
2 Smith, Emily	W06 Melbourne Uni	29:46.3h	LS
3 Nottle, John	M50 Collingwood	32:27.9h	LS

**Event 3 Men 110 Metre Hurdles Hurdles 1.067m**

Name	Year Team	Finals	Points
Section 1 Wind: -0.1			
1 Smerdon, Corey	04 Casey Cardinia	20.88	

**Event 4 Men 110 Metre Hurdles Hurdles 0.991m**

Name	Year Team	Finals	Points
1 Stegehuis, Ethan	07 Keilor St Bernards	16.53	
2 Daffey, Finn	07 Keilor St Bernards	16.79	
3 Muse, Roman	08 Keilor St Bernards	17.07	

**Event 5 Men 110 Metre Hurdles Hurdles 0.914m**

Name	Year Team	Finals	Points
Section 1 Wind: -1.2			
1 Palmer, Noah	09 Knox	16.51	
2 Cuce, Kaden	08 Essendon	17.80	
-- Jayasooriya, Elijah	10 Keilor St Bernards	DQ	26.14

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****Event 6 Men 100 Metre Hurdles Hurdles 0.914m**

Name	Year Team	Finals	Points
Section 1 Wind: 0.8			
1 Burke, David	75 Ivanhoe	20.07	
2 Schroeter, James	70 Whittlesea C	21.70	

**Event 8 Women 100 Metre Hurdles Hurdles 0.838m**

Name	Year Team	Finals	Points
Section 1 Wind: -0.4			
1 Harding, Jamison	09 Doncaster	14.41	
2 Little, Faith	08 Sandringham	15.12	
3 Wijesundara, Shehana	04 Ringwood	15.50	

**Event 9 Women 100 Metre Hurdles Hurdles 0.762m**

Name	Year Team	Finals	Points
Section 1 Wind: -1.6			
1 White, Emma	10 Keilor St Bernards	15.32	
2 Stegehuis, Leila	09 Keilor St Bernards	15.83	
3 Peters, Mikayla-Jane	09 Frankston	17.82	

**Event 11 Women 90 Metre Hurdles Hurdles 0.762m**

Name	Year Team	Finals	Points
Section 1 Wind: -3.6			
1 Harding, Harper	12 Doncaster	12.96	
2 Collie, Sylvie	11 Collingwood	15.10	
3 Krebs, Bethany	10 Diamond Valley	16.39	
-- Greyling, Billie	12 Casey Cardinia	DNF	

**Event 13 Women 80 Metre Hurdles Hurdles 0.762m**

Name	Year Team	Finals	Points
Section 1 Wind: 0.2			
1 Parks, Macy	13 Williamstown	13.40	

**Event 14A Men 1500 Metre Run RESULTS Results**

Name	Year Team	Finals	Points
Section 1			
1 Arnold, Emerson	08 Western Athletics	4:12.10	
2 Armstrong-Bourne, Ethan	08 Diamond Valley	4:14.54	
3 Short, Thomas	08 Diamond Valley	4:17.82	
4 Kernahan, Michael	96 Mentone	4:19.81	
5 Jordan, Callan	10 Western Athletics	4:22.55	
6 Martin, Bon	09 Western Athletics	4:22.56	
7 Whelan, Rhodri	07 Diamond Valley	4:24.35	
8 Harris, Lucas	09 Essendon	4:25.35	
9 Buchan, Angus	10 Collingwood	4:32.87	
10 Barber, Blake	00 Western Athletics	4:37.20	
11 Horne, Oliver	12 Box Hill	4:43.32	
12 Hurst, Caleb	09 Keilor St Bernards	4:47.79	
Section 2			
1 Giallo, Thomas	06 Western Athletics	4:25.38	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 14A Men 1500 Metre Run RESULTS Results**

2	Lewis-Lyons, William	09	Collingwood	4:27.08
3	Stamatis, Antonio	13	Keilor St Bernards	4:47.06
4	Biernacki, Dustin	90	Melbourne Uni	4:49.71
5	Hodge, Coby	11	Mansfield	4:50.88
6	Evans, Andrew	68	Collingwood	4:53.16
7	Jaszewski, Roman	14	Western Athletics	4:55.14
8	Bassos, Jack	13	Western Athletics	4:57.91
9	Horne, Oscar	14	Box Hill	4:59.25
10	Arias, Kristian	11	Mornington	5:03.53
11	Delany, Archie	14	Mansfield	5:18.88
12	Kennedy, William	05	Melbourne Uni	5:23.42

## Section 3

1	McLennan, Campbell	72	Doncaster	5:04.92
2	Greig, Barry	62	Ivanhoe	5:09.34
3	O'Loughlin, Dominic	68	Coburg	5:12.42
4	Somers, Walter	10	Diamond Valley	5:13.95
5	Barnes, Scott	70	Diamond Valley	5:21.72
6	Talbot, Nick	64	Coburg	5:34.49
7	Bertei, Frank	66	Nunawading	5:52.21
8	Papworth, John	68	Western Athletics	5:58.46
9	Wong, Cyrus	80	Diamond Valley	6:11.79
10	Mudie, Ben	84	Western Athletics	6:26.02
11	Baldry, Alan	63	Western Athletics	6:33.97
12	Risk, Peter	56	Richmond	7:04.89

## Section 4

1	Cashin, Peter	56	Western Athletics	6:36.38
2	Moore, Gregory	52	Keilor St Bernards	6:39.76
3	Hunt, Ian	58	Coburg	6:44.72
4	Young, Jeff	65	Diamond Valley	6:52.95
5	Douglas, Lyal	59	Diamond Valley	6:53.27
6	Dell, Tony	63	Collingwood	7:02.98
7	Kennedy, Paul	57	Keilor St Bernards	7:12.89
8	Mercer, Chance (chucky)	09	Western Athletics	7:14.94
9	Hodgart, Mal	60	Western Athletics	7:19.41
10	Derby, Shane	60	Collingwood	8:20.51

**Event 15A Women 1500 Metre Run RESULTS Results**

Name	Year	Team	Finals	Points
------	------	------	--------	--------

## Section 1

--	Dodemaide, Ebony	02	Western Athletics	4:44.77
--	Ellis, Leanne	08	Western Athletics	4:51.46
--	Mayne, Jesse	99	Diamond Valley	4:52.72
--	McMinimee, Sophie	01	Western Athletics	4:55.80
--	Cavill, Sarah	84	Mansfield	4:57.30
--	Louw, Amber	04	Melbourne Uni	4:57.39
--	Fallen, Ella	11	Box Hill	4:57.53
--	Howley, Isabella	12	Essendon	5:07.05
--	Kearney, Madeleine	10	Doncaster	5:09.36
--	Paterson, Rachel	86	Ivanhoe	5:18.96
--	McDonald, Ella	11	Western Athletics	5:30.42
--	Gardner, Scout	14	Mansfield	6:18.65

## Section 2

1	Hodgart, Claire	96	Western Athletics	5:31.66
2	Napoletano, Isabella	10	Diamond Valley	5:33.53
3	Keogh, Isabella	06	Western Athletics	5:34.30
4	McCarthy, Willow	13	Western Athletics	5:35.12
5	Mbote, Sofia	09	Western Athletics	5:35.15
6	Littlehales, Ella	07	Diamond Valley	5:40.47

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 15A Women 1500 Metre Run RESULTS Results**

7	Thode Minguet, Elena	86	Melbourne Uni	5:43.21
8	Sneyders, Brigitte	78	Western Athletics	5:43.88
9	Hore, Ruby	02	Collingwood	5:44.60
10	Kersten, Sanna	11	Diamond Valley	5:44.87
11	Barlow, Alexie	99	Western Athletics	5:55.96
12	Crane, Sadie	12	Ivanhoe	6:04.55
Section 3				
1	Leeming, Sarah	92	Diamond Valley	5:30.30
2	Hew, Hasel	11	Western Athletics	5:57.87
3	Charleston, Erica	05	Western Athletics	6:04.61
4	Bainbridge, Nardine	89	Western Athletics	6:10.79
5	Kondys, Evangeline	10	Collingwood	6:24.73
6	Burke, Hayley	96	Western Athletics	6:43.64
7	Kane, Rebecca	80	Preston	7:01.87
8	Hodgart, Janice	63	Western Athletics	7:05.55
9	Armstrong, Maggie	62	Essendon	7:08.16
10	Moxon, Jo	64	Diamond Valley	7:13.60

**Event 16 Men 100 Metre Sprint All Male**

Name	Year	Team	Finals	Points
=====				
Section 1 Wind: -3.0				
1	Firth, Jonathan	09	Doncaster	10.95
2	Chan, Dean	00	Preston	11.02
3	Portelli, Brayden	02	Western Athletics	11.09
4	De Silva, Kevin	10	Casey Cardinia	11.12
5	Latchman, Jaxon	08	Diamond Valley	11.15
6	Rai, Gurpreet	91	Preston	11.26
7	Navodya, Kevin	10	Casey Cardinia	11.72
8	Tan, William	09	Sandringham	11.79
9	Levy, Kaedin	06	Doncaster	11.92
Section 2 Wind: -1.5				
1	Samson, Jordan	98	Collingwood	11.39
2	Wang, Yuxin	01	Melbourne Uni	11.66
3	Muse, Roman	08	Keilor St Bernards	11.86
4	Curry, Wolfgang	09	Collingwood	11.87
5	Petersen, Timothy	98	Keilor St Bernards	11.89
6	Firth, Ryan	10	Doncaster	12.06
7	Hosie, Matthew	98	Essendon	12.08
8	McGough, Thomas	10	Mornington	12.19
9	Lambie, Zack	05	Melbourne Uni	12.23
Section 3 Wind: -2.4				
1	Stegehuis, Ethan	07	Keilor St Bernards	11.78
2	Koegler, Josh	10	Diamond Valley	11.91
3	Sirimana Vithanage, Aike	11	Essendon	12.06
4	Schroeter, Grady	06	Whittlesea C	12.09
5	McGregor, Harvey	09	Diamond Valley	12.13
6	Daffey, Finn	07	Keilor St Bernards	12.17
7	Palmer, Noah	09	Knox	12.21
8	Hurley, James	05	Diamond Valley	12.27
9	Hurst, Caleb	09	Keilor St Bernards	12.46
Section 4 Wind: -3.6				
1	Rong, Matthew	08	Melbourne Uni	11.97
2	Aulakh, Arnavjot	05	Preston	12.31
3	McKeown, Paul	01	South Coast	12.39
4	Jayasooriya, Elijah	10	Keilor St Bernards	12.40
5	Kubicki, Janusz	08	Diamond Valley	12.45
6	Smerdon, Corey	04	Casey Cardinia	12.55
7	Hamilton, Toby	10	Diamond Valley	12.57

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 16 Men 100 Metre Sprint All Male**

-- Harper, Kahan	04 Melbourne Uni	DQ	13.40
-- Williams, Elliot	09 Diamond Valley	DQ	12.92
Section 5 Wind: -2.2			
1 Mendelsohn, Deija	11 Doncaster	11.82	
2 Cuce, Kaden	08 Essendon	12.22	
3 Young, Ethan	10 Western Athletics	12.38	
4 Cooper, Charlie	09 Diamond Valley	12.45	
5 Kozaris, Christos	10 Diamond Valley	12.54	
6 Bunyard, Kai	10 Diamond Valley	12.74	
7 Devery, Quinn	10 Collingwood	12.76	
8 Dearman, Cruz	10 Collingwood	13.26	
Section 6 Wind: -1.1			
1 Thompson, Samuel	11 Diamond Valley	12.30	
2 Ismail, Rayan	10 Western Athletics	12.36	
3 McGregor, Hudson	11 Diamond Valley	12.48	
4 Firth, David	77 Doncaster	12.65	
5 Anish, Ethan	12 Casey Cardinia	12.73	
6 Wilson, Samuel	09 Western Athletics	12.76	
6 Andrews, Eli	11 Sandringham	12.76	
8 Leong, Lucas	04 Keilor St Bernards	13.06	
9 Ledovski, Nikita	09 Essendon	13.17	
Section 7 Wind: -0.8			
1 Liu, Joe	95 Preston	11.87	
2 Scott, Joshua	02 Diamond Valley	12.90	
2 Wang, Xavier	10 Doncaster	12.90	
4 Ahmed, Ayaan	09 Western Athletics	12.95	
5 Mudavanhu, Tafadzwa	04 Melbourne Uni	12.96	
6 Kroussoratis, Liam	11 Essendon	13.00	
7 Bhullar, Rajnihal Singh	10 Preston	13.04	
8 Paice, Rafael	10 Doncaster	13.21	
9 Delbridge, Adam	72 Collingwood	13.28	
Section 8 Wind: 0.4			
1 Raban, Azain	75 Collingwood	12.92	
2 Jordan, Benjamin	76 Geelong Guild	12.95	
3 Udugampala, Lalith	72 Diamond Valley	12.96	
4 Frost, Ryan	12 Doncaster	13.00	
5 Morphett, Edwin	08 Mansfield	13.21	
6 Jayawardana, Thimath	11 Whittlesea C	13.24	
7 Biernacki, Dustin	90 Melbourne Uni	13.28	
8 Watts, Edward	13 Western Athletics	13.33	
9 Walter, Lucca	12 Box Hill	13.45	
Section 9 Wind: -2.8			
1 Smerdon, Alex	07 Casey Cardinia	13.16	
2 Lonergan, Patrick	12 Essendon	13.36	
3 Dodd, Andrew	66 Collingwood	13.54	
4 Maharjan, Arnav	10 Preston	13.67	
5 Jordan, Callan	10 Western Athletics	13.75	
6 Schroeter, James	70 Whittlesea C	14.06	
7 De Biasi, Luke	63 Diamond Valley	14.07	
8 Jaszewski, Roman	14 Western Athletics	14.33	
9 Scott, Adam	71 Diamond Valley	15.16	
Section 10 Wind: -2.2			
1 Williams, Matthew	92 Williamstown	13.91	
2 Stephens, Craig	70 Preston	13.96	
3 Gray, Leon	79 Diamond Valley	14.21	
4 Rudd, Darren	66 Diamond Valley	14.49	
5 Baldry, Alan	63 Western Athletics	14.62	
6 Lovell, Scott	65 Collingwood	14.65	
7 Burke, David	75 Ivanhoe	14.69	
8 Jhangra, Jasman	10 Preston	14.78	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 16 Men 100 Metre Sprint All Male**

9 Dell, Liam	94 Collingwood	15.51	
Section 11 Wind: -1.9			
1 Arias, Kristian	11 Mornington	14.14	
2 Adams, Jarrod	76 Williamstown	14.58	
3 Papworth, John	68 Western Athletics	14.79	
4 Betson, Jesse	13 Preston	14.84	
5 Luck, Greg	61 Diamond Valley	15.17	
6 Chhoker, Jigar	10 Preston	15.33	
7 Talbot, Nick	64 Coburg	15.43	
8 Nicholls, Angus	11 Diamond Valley	15.54	
9 Wong, Cyrus	80 Diamond Valley	15.80	
Section 12 Wind: -2.8			
1 Hodge, Coby	11 Mansfield	14.89	
2 Kilmartin, Darryl	66 Doncaster	15.41	
3 Young, Jeff	65 Diamond Valley	15.67	
3 Mazzocca, Joseph	72 Preston	15.67	
5 Saini, Harivansh Singh	11 Preston	16.16	
6 Galea, Marty	56 Collingwood	16.30	
7 Dell, Brendan	87 Collingwood	17.01	
8 Douglas, Lyal	59 Diamond Valley	17.63	
9 Hunt, Ian	58 Coburg	18.37	
Section 13 Wind: -2.4			
1 Croke, Eamon	12 Unattached	14.82	
2 Dell, Kieran	91 Collingwood	18.14	
3 Kennedy, Paul	57 Keilor St Bernards	18.40	
4 Goodger, Matthew	77 Essendon	18.71	
5 Mercer, Chance (chucky)	09 Western Athletics	20.52	
6 Derby, Shane	60 Collingwood	24.34	
-- Saraida, Ethan Cayden	10 Western Athletics	X13.22	NCI
-- Afedzie, Marcus	13 Keilor St Bernards	X14.32	NCI

**Event 17 Women 100 Metre Sprint All Female**

Name	Year Team	Finals	Points
=====			
Section 1 Wind: -3.5			
1 Harding, Harper	12 Doncaster	11.97	
2 Honey, Olivia	01 Keilor St Bernards	12.18	
3 Ritchie, Jamie	11 Diamond Valley	12.35	
4 Harding, Jamison	09 Doncaster	12.62	
5 Grenade, Chloe	99 Preston	12.65	
6 Oliver, Katie	06 Diamond Valley	12.67	
7 Wijesundara, Shehana	04 Ringwood	12.98	
8 Stegehuis, Leila	09 Keilor St Bernards	13.06	
9 Little, Faith	08 Sandringham	13.20	
Section 2 Wind: -3.8			
1 Stal, Alyssa	09 Essendon	13.22	
2 Sheens, Olivia	06 Collingwood	13.46	
3 White, Emma	10 Keilor St Bernards	13.50	
4 Barwick, Jessica	10 Casey Cardinia	13.64	
5 Greyling, Billie	12 Casey Cardinia	13.70	
6 Rezsneki Carrere, Alix	08 Glenhuntly	13.72	
7 Hyde, Frankie	12 Glenhuntly	13.92	
8 Bernays, Isabella	11 Essendon	13.95	
9 Genders, Mackenzie	07 Diamond Valley	14.35	
Section 3 Wind: -1.1			
1 Sanossian, Anoushka	09 Western Athletics	13.06	
2 Mannering, Alanna	11 Keilor St Bernards	13.08	
3 Ouma, Joan	10 Western Athletics	13.24	
4 Hutchison, Tahnee	09 Western Athletics	13.26	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 17 Women 100 Metre Sprint All Female**

5 Coppola, Danika	10 Diamond Valley	13.37
6 Cerqueira, Aria-Rose	13 Diamond Valley	13.43
7 Winder, Ashlee	12 Casey Cardinia	13.84
8 Ong, Ruth	06 Western Athletics	14.35
-- Cromie, Karley	89 Keilor St Bernards	DQ 13.50
Section 4 Wind: -1.4		
1 Brown, Charli	10 Western Athletics	13.66
2 Prasanth, Anwita	11 Preston	13.71
3 Bain, Rebecca	03 Keilor St Bernards	13.74
4 King, Chelsea	13 Diamond Valley	13.77
5 Blenkiron, Annie	01 Melbourne Uni	13.78
6 Szymanski, Monica	13 Diamond Valley	13.92
7 Kearney, Lucy	08 Doncaster	14.04
8 Shead, Alexis	09 Essendon	14.21
9 Peters, Mikayla-Jane	09 Frankston	14.53
Section 5 Wind: NWI		
1 Taylor, Mabel	10 Ivanhoe	14.05
2 Van Werkhoven, Chloe	11 Diamond Valley	14.33
3 Cilliers, Liezel	11 Diamond Valley	14.41
4 Bukovsan, Kate	09 Ivanhoe	14.70
5 Collins, London	12 Essendon	14.72
6 Sacco, Estelle	08 Essendon	14.73
7 Louw, Amber	04 Melbourne Uni	14.94
8 Kiran, Jayne	11 Western Athletics	15.12
9 Bateman, Niah	05 Collingwood	15.22
Section 6 Wind: -4.5		
1 Gardiner, Holly	08 Western Athletics	14.58
2 Nicholls, Liv	09 Diamond Valley	14.77
3 Marques, Salina	12 Knox	15.06
3 Krebs, Bethany	10 Diamond Valley	15.06
5 Jordan, Rylee	11 Western Athletics	15.23
5 Absalom, Adelle	09 Essendon	15.23
7 Taylor, Cary	08 Essendon	15.24
8 Levy, Teiva	08 Doncaster	15.34
9 Fang, Lily	09 Western Athletics	15.53
Section 7 Wind: -3.8		
1 Parris, Carla	12 Ivanhoe	14.85
2 Laws, Maddie	13 Diamond Valley	15.11
3 Smith, Olivia	12 Mansfield	15.12
4 Jeevithan, Aarthika	13 Preston	15.22
5 Jangjaidee, Jasmine	13 Knox	15.57
6 Rodrigo, Sarah	11 Box Hill	15.60
7 Kaur, Sukhman	10 Preston	15.96
8 Hore, Ruby	02 Collingwood	16.08
9 Wright, Kirra	08 Diamond Valley	16.10
Section 8 Wind: -3.5		
1 Stevenson, Elizabeth	11 Ivanhoe	15.36
2 Johnson, Gabriella	09 Western Athletics	15.65
3 Bunyard, Mia	13 Diamond Valley	15.70
4 Gatt, Mila Jade	11 Western Athletics	15.71
5 Baro, Aisha	14 Keilor St Bernards	15.79
6 Muse, Louise	69 Keilor St Bernards	15.83
7 Lindores, Victoria	82 Diamond Valley	15.93
8 Baro, Seona	78 Keilor St Bernards	16.29
9 Crane, Sadie	12 Ivanhoe	16.52
Section 9 Wind: -4.9		
1 Linton, Ivy	02 Collingwood	16.89
2 Nicholls, Meg	78 Diamond Valley	17.36
3 Rai, Navdeep	96 Preston	17.45
4 Tormey, Margaret	66 Keilor St Bernards	17.65

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 17 Women 100 Metre Sprint All Female**

5 Nelson, Cheryl	65 Western Athletics	18.17
6 Papadopoulos, Sarah	87 Diamond Valley	18.32
7 Hawkins, Charmaine	93 Preston	18.60
8 Thode Minguet, Elena	86 Melbourne Uni	18.68
9 Pelns, Helen	62 Western Athletics	19.27

Section 10 Wind: -3.9

1 Armstrong, Maggie	62 Essendon	18.86
2 Gittins, Sarah	70 Diamond Valley	19.08
3 Strong, Maria	71 Essendon	19.92
4 Hodgart, Janice	63 Western Athletics	20.65
5 Szuhai-Andrews, Jenny-Ro	65 Brunswick	21.94
6 Moxon, Jo	64 Diamond Valley	22.25
7 Mercer, Jo	73 Western Athletics	23.27
8 Cashin, Brenda	64 Western Athletics	23.34

**Event 18 Men 4x100 Metre Relay All Male**

Team	Finals	Points
Section 1		
1 Preston 'A'	43.80	
1) Rai, Gurpreet 91	2) Aulakh, Arnavjot 05	
3) Liu, Joe 95	4) Chan, Dean 00	
2 Melbourne Uni 'A'	45.45	
1) Rong, Matthew 08	2) Wang, Yuxin 01	
3) Mudavanhu, Tafadzwa 04	4) Lambie, Zack 05	
3 Diamond Valley 'A'	46.25	
1) Latchman, Jaxon 08	2) Cooper, Charlie 09	
3) Scott, Joshua 02	4) Hamilton, Toby 10	
4 Western Athletics 'A'	48.76	
1) Portelli, Brayden 02	2) Tobin, Paul 73	
3) Wilson, Samuel 09	4) Papworth, John 68	
5 Melbourne Uni 'B'	49.49	
1) Harper, Kahan 04	2) Boyce, Oliver 97	
3) Biernacki, Dustin 90	4) Pilkington, Craig 89	
6 Collingwood 'A'	53.26	
1) Dell, Liam 94	2) Collie, Alex 75	
3) Lewis-Lyons, William 09	4) Curry, Wolfgang 09	
7 Diamond Valley 'B'	56.68	
1) Somers, Walter 10	2) Whelan, Rhodri 07	
3) Wong, Cyrus 80	4) Gray, Leon 79	
8 Ivanhoe 'A'	1:05.71	
1) Crane, Sadie 12	2) Paterson, Rachel 86	
3) Burke, David 75	4) Greig, Barry 62	
Section 2		
1 Doncaster 'A'	46.00	
1) Firth, Jonathan 09	2) Firth, David 77	
3) Levy, Kaedin 06	4) Mendelsohn, Deija 11	
2 Diamond Valley 'D'	47.04	
1) McGregor, Hudson 11	2) Thompson, Samuel 11	
3) Bunyard, Kai 10	4) McGregor, Harvey 09	
3 Western Athletics 'C'	50.11	
1) Young, Ethan 10	2) Jordan, Callan 10	
3) Saraida, Ethan Cayden 10	4) Ismail, Rayan 10	
4 Collingwood 'B'	50.78	
1) Raban, Azain 75	2) Delbridge, Adam 72	
3) Lovell, Scott 65	4) Dodd, Andrew 66	
5 Preston 'B'	52.78	
1) Jhangra, Jasman 10	2) Maharjan, Arnav 10	
3) Bhullar, Rajnihal Singh 10	4) Chhoker, Jigar 10	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 18 Men 4x100 Metre Relay All Male**

6 Western Athletics 'B'		54.73
1) Jaszewski, Roman 14	2) Watts, Edward 13	
3) Bassos, Jack 13	4) Ahmed, Ayaan 09	
7 Diamond Valley 'C'		57.76
1) Luck, Greg 61	2) De Biasi, Luke 63	
3) Douglas, Lyal 59	4) Young, Jeff 65	

**Event 19 Women 4x100 Metre Relay All Female**

Team		Finals	Points
Section 1			
1 Preston 'A'		54.46	
1) Grenade, Chloe 99	2) Prasanth, Anwita 11		
3) Kaur, Sukhman 10	4) Jeevithan, Aarthika 13		
2 Collingwood 'A'		58.21	
1) Collie, Sylvie 11	2) Bateman, Niah 05		
3) Linton, Ivy 02	4) Kondys, Evangeline 10		
3 Keilor St Bernards 'A'		1:00.92	
1) Tormey, Margaret 66	2) Muse, Louise 69		
3) Baro, Aisha 14	4) Bain, Rebecca 03		
4 Diamond Valley 'A'		1:01.68	
1) Nicholls, Liv 09	2) Napoletano, Isabella 10		
3) Papadopoulos, Sarah 87	4) Wright, Kirra 08		
Section 2			
1 Doncaster 'A'		53.05	
1) Levy, Teiva 08	2) Kearney, Madeleine 10		
3) Kearney, Lucy 08	4) Harding, Harper 12		
2 Western Athletics 'C'		53.77	
1) Fang, Lily 09	2) Sanossian, Anoushka 09		
3) Gardiner, Holly 08	4) Hutchison, Tahnee 09		
3 Diamond Valley 'C'		53.80	
1) Szymanski, Monica 13	2) King, Chelsea 13		
3) Laws, Maddie 13	4) Cerqueira, Aria-Rose 13		
4 Western Athletics 'B'		55.52	
1) Brown, Charli 10	2) Dela Cruz, Jasmine 10		
3) Kiran, Jayne 11	4) Jordan, Rylee 11		
5 Ivanhoe 'A'		58.34	
1) Taylor, Mabel 10	2) Parris, Carla 12		
3) Stevenson, Elizabeth 11	4) Bukovsan, Kate 09		
6 Western Athletics 'D'		59.67	
1) Keogh, Isabella 06	2) Bassos, Abigail 11		
3) Gatt, Mila Jade 11	4) Hew, Hasel 11		
7 Diamond Valley 'D'		1:00.84	
1) Lindores, Victoria 82	2) Nicholls, Meg 78		
3) Moxon, Jo 64	4) Gittins, Sarah 70		
8 Western Athletics 'A'		1:00.99	
1) Pelns, Helen 62	2) Hodgart, Janice 63		
3) Cashin, Brenda 64	4) Nelson, Cheryl 65		

**Event 20 Men 400 Metre Sprint All Male**

Name	Year Team	Finals	Points
Section 1			
1 Anderson, Levi	09 Box Hill	51.45	
2 Firth, Jonathan	09 Doncaster	51.99	
3 Daffey, Finn	07 Keilor St Bernards	52.20	
4 Short, Thomas	08 Diamond Valley	53.96	
5 Botha, Branson	11 Essendon	54.06	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 20 Men 400 Metre Sprint All Male**

6	Tan, William	09	Sandringham	54.25	
7	Jayasooriya, Elijah	10	Keilor St Bernards	54.83	
8	McLennan, Hamish	09	Doncaster	55.07	
Section 2					
1	Portelli, Brayden	02	Western Athletics	54.12	
2	Lewis-Lyons, William	09	Collingwood	54.98	
3	Jordan, Benjamin	76	Geelong Guild	55.66	
4	McKeown, Paul	01	South Coast	56.03	
5	Bunyard, Kai	10	Diamond Valley	56.17	
6	Tobin, Paul	73	Western Athletics	56.60	
7	McGough, Thomas	10	Mornington	56.92	
8	Harper, Kahan	04	Melbourne Uni	58.04	
Section 3					
1	Rong, Matthew	08	Melbourne Uni	52.96	
2	Petersen, Timothy	98	Keilor St Bernards	54.24	
3	McGregor, Hudson	11	Diamond Valley	55.07	
4	Thompson, Samuel	11	Diamond Valley	55.29	
5	Paice, Rafael	10	Doncaster	56.08	
6	Jardine, Chase	09	Essendon	56.83	
7	Delbridge, Adam	72	Collingwood	57.85	
8	Avery, Raphael	10	Essendon	58.20	
Section 4					
1	Ledovski, Nikita	09	Essendon	57.16	
2	Rudd, Jordan	06	Diamond Valley	57.70	
3	Biernacki, Dustin	90	Melbourne Uni	58.17	
4	Martin, Bon	09	Western Athletics	58.85	
5	Whelan, Rhodri	07	Diamond Valley	59.70	
6	Jordan, Callan	10	Western Athletics	1:00.08	
7	Stamatis, Antonio	13	Keilor St Bernards	1:02.11	
8	Scott, Adam	71	Diamond Valley	1:18.90	
Section 5					
1	Young, Ethan	10	Western Athletics	57.36	
2	Bhullar, Rajnihal Singh	10	Preston	58.88	
3	Wilson, Samuel	09	Western Athletics	59.42	
4	Mudavanhu, Tafadzwa	04	Melbourne Uni	1:01.33	
5	Ahmed, Ayaan	09	Western Athletics	1:01.66	
6	Walter, Lucca	12	Box Hill	1:02.54	
7	Jaszewski, Roman	14	Western Athletics	1:06.67	
--	Satish, Vishnu	01	Essendon	X50.15	NCI
Section 6					
1	Dodd, Andrew	66	Collingwood	59.93	
2	Cuce, Kaden	08	Essendon	1:00.99	
3	Watts, Edward	13	Western Athletics	1:02.27	
4	Afedzie, Marcus	13	Keilor St Bernards	1:02.53	
5	Schroeter, James	70	Whittlesea C	1:06.45	
6	Baldry, Alan	63	Western Athletics	1:10.17	
7	Talbot, Nick	64	Coburg	1:11.38	
Section 7					
1	Hodge, Coby	11	Mansfield	1:04.00	
2	Bassos, Jack	13	Western Athletics	1:07.12	
3	Greig, Barry	62	Ivanhoe	1:07.69	
4	Burke, David	75	Ivanhoe	1:09.05	
5	Papworth, John	68	Western Athletics	1:09.92	
6	Stephens, Craig	70	Preston	1:14.57	
7	Nicholls, Angus	11	Diamond Valley	1:18.86	
Section 8					
1	Morphett, Edwin	08	Mansfield	1:00.62	
2	Williams, Matthew	92	Williamstown	1:10.42	
3	Gray, Leon	79	Diamond Valley	1:12.22	
4	Delany, Archie	14	Mansfield	1:13.70	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 20 Men 400 Metre Sprint All Male**

5 Douglas, Lyal	59	Diamond Valley	1:14.95
6 Young, Jeff	65	Diamond Valley	1:20.59
7 Mercer, Chance (chucky)	09	Western Athletics	1:34.30

## Section 9

1 Cashin, Peter	56	Western Athletics	1:23.15
2 Kennedy, Paul	57	Keilor St Bernards	1:23.89
3 Moore, Gregory	52	Keilor St Bernards	1:27.78
4 Hunt, Ian	58	Coburg	1:29.87
5 Dell, Tony	63	Collingwood	1:30.72
6 Hodgart, Mal	60	Western Athletics	1:45.37

**Event 21 Women 400 Metre Sprint All Female**

Name	Year	Team	Finals	Points
Section 1				
1 Hyde, Frankie	12	Glenhuntly	1:00.01	
2 Johnson, Matilda	10	Diamond Valley	1:00.87	
3 Forbes, Avalon	06	Unattached	1:01.23	
4 Blenkiron, Annie	01	Melbourne Uni	1:02.20	
5 Kearney, Lucy	08	Doncaster	1:02.23	
6 Sanossian, Anoushka	09	Western Athletics	1:02.27	
7 Collis, Mya	12	Knox	1:03.20	
8 Marazzato, Lily	07	Wellington	1:04.75	
Section 2				
1 Parks, Macy	13	Williamstown	1:04.70	
2 Shead, Alexis	09	Essendon	1:05.02	
3 Kearney, Madeleine	10	Doncaster	1:05.93	
4 Howley, Isabella	12	Essendon	1:06.56	
5 Bukovsan, Kate	09	Ivanhoe	1:06.82	
6 Prasanth, Anwita	11	Preston	1:07.17	
7 Rezsneki Carrere, Alix	08	Glenhuntly	1:08.11	
8 Kondys, Evangeline	10	Collingwood	1:10.50	
Section 3				
1 Cavill, Sarah	84	Mansfield	1:04.81	
2 Parris, Carla	12	Ivanhoe	1:06.50	
3 McCarthy, Willow	13	Western Athletics	1:06.96	
4 Barbanti, Rosa	08	Essendon	1:08.55	
5 Bassos, Abigail	11	Western Athletics	1:09.11	
6 Napoletano, Isabella	10	Diamond Valley	1:09.26	
7 Jones, Evie	11	Wellington	1:10.16	
Section 4				
1 Ouma, Joan	10	Western Athletics	1:06.32	
2 Sacco, Estelle	08	Essendon	1:07.19	
3 Taylor, Cary	08	Essendon	1:07.76	
4 Dela Cruz, Jasmine	10	Western Athletics	1:08.66	
5 Keogh, Isabella	06	Western Athletics	1:11.06	
6 Brown, Charli	10	Western Athletics	1:12.00	
7 Bunyard, Mia	13	Diamond Valley	1:13.33	
8 Thode Minguet, Elena	86	Melbourne Uni	1:18.77	
Section 5				
1 Peak, Emma	04	Doncaster	1:14.80	
2 Jordan, Rylee	11	Western Athletics	1:16.25	
3 Gardner, Scout	14	Mansfield	1:18.00	
4 Williamson, Rachel	72	Knox	1:21.03	
5 Kane, Rebecca	80	Preston	1:32.39	
6 Lindores, Victoria	82	Diamond Valley	1:35.79	
Section 6				
1 Strong, Maria	71	Essendon	1:17.19	
2 Armstrong, Maggie	62	Essendon	1:27.10	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 21 Women 400 Metre Sprint All Female**

3	Hodgart, Janice	63 Western Athletics	1:36.87
4	Moxon, Jo	64 Diamond Valley	1:37.06

**Event 22 Mixed High Jump 1.64m+ Sheet 01**

Name	Year Team	Finals	Points
Flight 1			
1	Kubicki, Janusz	M08 Diamond Valley	1.74m

**Event 23 Mixed Long Jump Sheet 01**

Name	Year Team	Finals	Wind	Points
1	Wilson, Samuel	M09 Western Athletics	5.60m	NWI
2	Petersen, Timothy	M98 Keilor St Bernards	5.41m	NWI
2	Young, Ethan	M10 Western Athletics	5.41m	NWI
4	Udugampala, Lalith	M72 Diamond Valley	4.73m	NWI
5	Rudd, Darren	M66 Diamond Valley	4.37m	NWI
6	Brown, Charli	W10 Western Athletics	4.24m	NWI
7	Rudd, Jordan	M06 Diamond Valley	4.23m	NWI
8	Mazzocca, Joseph	M72 Preston	3.82m	NWI
9	Williams, Matthew	M92 Williamstown	3.77m	NWI
10	Luck, Greg	M61 Diamond Valley	3.61m	NWI
11	Gardner, Scout	W14 Mansfield	3.26m	NWI
12	Galea, Marty	M56 Collingwood	2.91m	NWI
13	Nelson, Cheryl	W65 Western Athletics	2.56m	NWI
--	Maroge, Alyssa	W13 Preston	X3.34m	NWI

**Event 24 Mixed Long Jump Controlled Sheet 02**

Name	Year Team	Finals	Wind	Points
1	Alwis, Raveen	M07 Essendon	6.74m	+0.0
		6.27m(-0.8) 6.37m(-1.7) 6.63m(+0.0) 6.74m(1.9) ND(2.3) 6.56m(2.4)		
2	Nicholson, Glen	M90 Ivanhoe	6.24m	1.8
		5.87m(-1.9) 6.24m(1.8) PASS		
3	Boyce, Oliver	M97 Melbourne Uni	6.19m	+0.0
		6.12m(+0.0) 6.19m(+0.0) PASS 6.22m(2.7) PASS 6.26m(+0.0)		
4	Ririnui, Mariah	W92 Essendon	5.95m	2.7
		5.65m(+0.0) 5.95m(2.7) 5.82m(+0.0) 5.97m(3.4) PASS 5.82m(+0.0)		
5	Grenade, Chloe	W99 Preston	5.94m	3.2
		5.70m(+0.0) 5.85m(+0.0) 5.94m(3.2) 5.93m(2.4) PASS 5.81m(0.2)		
6	Djatschenko, Montana	W01 Essendon	5.76m	+0.0
		5.76m(+0.0) FOUL(0.6) 4.18m(2.3) ND(2.8) ND(1.9) ND(0.2)		
7	Micallef, Lillian	W09 Williamstown	5.40m	1.4
		4.92m(0.1) 4.94m(-0.1) 5.40m(1.4)		
8	Bernays, Isabella	W11 Essendon	5.36m	1.5
		4.33m(+0.0) 5.36m(1.5) 5.24m(0.2)		
9	Barwick, Jessica	W10 Casey Cardinia	5.17m	3.0
		5.08m(-0.2) 5.10m(+0.0) 5.17m(3.0)		

**Event 24E Mixed Long Jump Extra Jumps Non Scoring**

Name	Year Team	Finals	Wind	Points
--	Boyce, Oliver	M97 Melbourne Uni	X6.26m	+0.0
--	Ririnui, Mariah	W92 Essendon	X5.97m	3.4

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****Event 25 Mixed Javelin Throw Sheet 01**

Name	Year Team	Finals	Points
1 Hodkinson, Benjamin	M10 Collingwood	40.20m	
2 Cuce, Kaden	M08 Essendon	37.87m	
3 Smith, Vanessa	W07 Diamond Valley	34.16m	
4 Smith, Tara	W06 Diamond Valley	32.36m	
5 Smerdon, Alex	M07 Casey Cardinia	30.69m	
6 Lovell, Scott	M65 Collingwood	27.71m	
7 Menzies, Erin	W04 Williamstown	26.89m	
8 Gear, Alisha	W10 Whittlesea C	25.95m	
9 Wood, Bruce	M54 Diamond Valley	23.72m	
10 Menzies, Madalyn	W04 Williamstown	22.83m	
11 Chhoker, Jigar	M10 Preston	21.89m	
11 Bhullar, Rajnihal Singh	M10 Preston	21.89m	
13 Rai, Navdeep	W96 Preston	19.51m	
14 Kaur, Sukhman	W10 Preston	19.18m	
15 Dell, Brendan	M87 Collingwood	18.65m	
16 Margiolis, Joanna	W96 Preston	16.65m	
17 Maharjan, Arnav	M10 Preston	15.98m	
18 Dell, Liam	M94 Collingwood	14.82m	
19 Dell, Kieran	M91 Collingwood	12.79m	
20 Saini, Harivansh Singh	M11 Preston	12.17m	
21 Cashin, Brenda	W64 Western Athletics	9.71m	
-- Jhangra, Jasman	M10 Preston	FOUL	

**Event 26 Mixed Discus Throw Controlled Sheet 01**

Name	Year Team	Finals	Points
1 Dayaseela, Levi	M12 Sandringham	51.34m	
2 McKinlay, Jacob	M07 Sandringham	45.56m	
3 Nu'U, Jerome	M11 Diamond Valley	44.88m	
4 Withers, Ruby	W12 Keilor St Bernards	42.02m	
5 Keeghan, Elise	W05 Nunawading	41.94m	
6 Reniguntala, Sonali	W10 Coburg	39.63m	
7 Tanojevic, Tom	M98 Sandringham	39.57m	
8 Collie, Alex	M75 Collingwood	38.09m	
9 Withers, Lucas	M10 Keilor St Bernards	37.49m	
10 Hutman, Troy	M75 Knox	37.20m	
11 Jayawardana, Thimath	M11 Whittlesea C	37.17m	
12 Sutherland, Ella	W09 Keilor St Bernards	35.61m	
13 Udugampala, Chehan	M09 Diamond Valley	34.79m	
14 McCarthy, Orla	W05 Essendon	32.74m	
15 Krebs, Arianna	W09 Diamond Valley	31.06m	

**Event 27 Mixed High Jump 1.39m-1.84m Sheet 02**

Name	Year Team	Finals	Points
1 Rai, Gurpreet	M91 Preston	1.79m	
2 Stegehuis, Leila	W09 Keilor St Bernards	1.64m	
2 Aulakh, Arnavjot	M05 Preston	1.64m	
2 Ismail, Rayan	M10 Western Athletics	1.64m	
2 Williams, Elliot	M09 Diamond Valley	1.64m	
6 Cuce, Kaden	M08 Essendon	1.59m	
7 Bhullar, Rajnihal Singh	M10 Preston	1.54m	
8 Bernays, Isabella	W11 Essendon	1.49m	
8 Cilliers, Liezel	W11 Diamond Valley	1.49m	
8 Evans, Andrew	M68 Collingwood	1.49m	
8 Burke, David	M75 Ivanhoe	1.49m	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****Event 28 Mixed Long Jump Sheet 03**

Name	Year Team	Finals	Wind Points
1 Hamilton, Toby	M10 Diamond Valley	5.73m	NWI
2 Smerdon, Alex	M07 Casey Cardinia	4.91m	NWI
3 Greyling, Billie	W12 Casey Cardinia	4.53m	NWI
4 Winder, Ashlee	W12 Casey Cardinia	4.46m	NWI
5 Prasanth, Anwita	W11 Preston	4.41m	NWI
6 Collins, London	W12 Essendon	4.26m	NWI
7 Gear, Alisha	W10 Whittlesea C	4.16m	NWI
8 Johnson, Gabriella	W09 Western Athletics	4.00m	NWI
9 Gatt, Mila Jade	W11 Western Athletics	3.92m	NWI
10 Nicholls, Liv	W09 Diamond Valley	3.91m	NWI
11 Nicholls, Angus	M11 Diamond Valley	3.88m	NWI
12 Kiran, Jayne	W11 Western Athletics	3.69m	NWI
13 Nicholls, Meg	W78 Diamond Valley	3.32m	NWI
14 Muse, Louise	W69 Keilor St Bernards	3.08m	NWI
15 Papadopoulos, Sarah	W87 Diamond Valley	2.91m	NWI

**Event 29 Mixed Long Jump Sheet 04**

Name	Year Team	Finals	Wind Points
1 Hurley, James	M05 Diamond Valley	6.14m	NWI
2 Kubicki, Janusz	M08 Diamond Valley	5.40m	NWI
3 Ong, Ruth	W06 Western Athletics	5.00m	NWI
3 De Biasi, Luke	M63 Diamond Valley	5.00m	NWI
5 Genders, Mackenzie	W07 Diamond Valley	4.95m	NWI
6 Pilkington, Craig	M89 Melbourne Uni	4.93m	NWI
7 Mannering, Alanna	W11 Keilor St Bernards	4.65m	NWI
8 Louw, Amber	W04 Melbourne Uni	4.61m	NWI
9 Hutchison, Tahnee	W09 Western Athletics	4.58m	NWI
10 Jeevithan, Aarthika	W13 Preston	4.53m	NWI
11 Peak, Emma	W04 Doncaster	4.38m	NWI
12 Parks, Macy	W13 Williamstown	4.30m	NWI
13 Stevenson, Elizabeth	W11 Ivanhoe	4.16m	NWI
14 Linton, Ivy	W02 Collingwood	3.92m	NWI
15 Peters, Mikayla-Jane	W09 Frankston	3.79m	NWI
16 Lindores, Victoria	W82 Diamond Valley	3.71m	NWI
17 Parris, Carla	W12 Ivanhoe	3.59m	NWI
18 Bukovsan, Kate	W09 Ivanhoe	3.28m	NWI

**Event 30 Mixed Discus Throw Sheet 02**

Name	Year Team	Finals	Points
1 Bal, Prabhsharan	M12 Casey Cardinia	29.74m	
2 Wood, Bruce	M54 Diamond Valley	29.24m	
3 Kozaris, Gabriel	M12 Diamond Valley	29.02m	
4 Smith, Tara	W06 Diamond Valley	28.42m	
5 Smith, Vanessa	W07 Diamond Valley	26.89m	
6 Menzies, Madalyn	W04 Williamstown	26.76m	
7 Petersen, Timothy	M98 Keilor St Bernards	26.35m	
8 Lakusa, Kristian	M71 Essendon	25.80m	
9 Lovell, Scott	M65 Collingwood	25.68m	
10 Menzies, Erin	W04 Williamstown	25.10m	
11 Hawkins, Trenton	M79 Preston	24.03m	
12 Dodd, Andrew	M66 Collingwood	19.29m	
13 Dell, Brendan	M87 Collingwood	19.20m	
14 Howitt, Jodie	W66 Brunswick	17.47m	
15 Peak, Kim	W66 Doncaster	17.40m	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 30 Mixed Discus Throw Sheet 02**

16 Margiolis, Joanna	W96	Preston	17.22m
17 Hawkins, Charmaine	W93	Preston	15.29m
18 Dell, Kieran	M91	Collingwood	14.56m
19 Cashin, Brenda	W64	Western Athletics	12.76m
20 Harris, Ella	W13	Essendon	11.56m
21 Szuhai-Andrews, Jenny-Ro	W65	Brunswick	11.50m

**Event 31 Mixed Javelin Throw Controlled Sheet 02**

Name	Year	Team	Finals	Points
1 Blackburn, Oliver	M02	Collingwood	65.40m	
2 Almond, Ash	M91	Yarra Ranges	49.18m	
3 Loudon, Kelsey	W11	Box Hill	42.85m	
4 Nolan, Jessica	W08	Doncaster	39.94m	
5 Wall, Rachael	W04	Melbourne Uni	38.23m	
6 Udugampala, Lalith	M72	Diamond Valley	37.16m	
7 Udugampala, Chehan	M09	Diamond Valley	37.13m	
8 Jayawardana, Thimath	M11	Whittlesea C	34.65m	
9 McLennan, Lewis	M11	Doncaster	33.87m	
10 Collie, Alex	M75	Collingwood	33.81m	
11 Plant, Hannah	W07	Box Hill	32.81m	
12 McLennan, Campbell	M72	Doncaster	31.22m	

**Event 32 Mixed High Jump 1.29m-1.74m Sheet 03**

Name	Year	Team	Finals	Points
1 Wilson, Samuel	M09	Western Athletics	1.64m	
2 Collie, Alex	M75	Collingwood	1.54m	
2 Hurley, James	M05	Diamond Valley	1.54m	
2 Ledovski, Nikita	M09	Essendon	1.54m	
2 Gear, Alisha	W10	Whittlesea C	1.54m	
6 Smerdon, Alex	M07	Casey Cardinia	1.49m	
7 Betson, Jesse	M13	Preston	1.34m	

**Event 33 Mixed Long Jump Sheet 05**

Name	Year	Team	Finals	Wind	Points
1 Firth, Jonathan	M09	Doncaster	6.10m	NWI	
2 Williams, Elliot	M09	Diamond Valley	5.36m	NWI	
3 Firth, David	M77	Doncaster	5.28m	NWI	
4 Cuce, Kaden	M08	Essendon	4.96m	NWI	
5 McGough, Thomas	M10	Mornington	4.90m	NWI	
6 Walter, Lucca	M12	Box Hill	4.74m	NWI	
7 Burke, David	M75	Ivanhoe	4.63m	NWI	
8 Arnold, Emerson	M08	Western Athletics	4.18m	NWI	
9 Adams, Jarrod	M76	Williamstown	4.10m	NWI	
10 Kilmartin, Darryl	M66	Doncaster	4.01m	NWI	
11 Smith, Vanessa	W07	Diamond Valley	3.75m	NWI	
11 Baldry, Alan	M63	Western Athletics	3.75m	NWI	
13 Pinto, Thomas	M00	Western Athletics	3.73m	NWI	
14 Kondys, Evangeline	W10	Collingwood	3.50m	NWI	
15 Smith, Tara	W06	Diamond Valley	3.47m	NWI	
16 Hodgart, Claire	W96	Western Athletics	2.91m	NWI	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****Event 34 Mixed Long Jump Sheet 06**

Name	Year Team	Finals	Wind Points
1 Ismail, Rayan	M10 Western Athletics	6.08m	NWI
2 Schroeter, Grady	M06 Whittlesea C	5.94m	NWI
3 Smerdon, Corey	M04 Casey Cardinia	5.64m	NWI
4 Gee, Oliver	M11 Coburg	5.27m	NWI
5 Schroeter, James	M70 Whittlesea C	4.75m	NWI
6 Arunan, Aylaa	W12 Diamond Valley	4.68m	NWI
7 Arias, Kristian	M11 Mornington	4.64m	NWI
8 Afedzie, Marcus	M13 Keilor St Bernards	4.49m	NWI
9 Stephens, Craig	M70 Preston	4.13m	NWI
10 Bassos, Jack	M13 Western Athletics	3.79m	NWI
11 Fang, Lily	W09 Western Athletics	3.74m	NWI
12 Bassos, Abigail	W11 Western Athletics	3.72m	NWI
13 Mbote, Sofia	W09 Western Athletics	3.67m	NWI
14 Delany, Archie	M14 Mansfield	3.37m	NWI
15 McDonald, Ella	W11 Western Athletics	2.91m	NWI
16 Dowdle, Francis	M81 Melbourne Uni	2.38m	NWI

**Event 35 Mixed Discus Throw Sheet 03**

Name	Year Team	Finals	Points
1 Hosie, Matthew	M98 Essendon	33.52m	
2 Bhullar, Rajnihal Singh	M10 Preston	26.58m	
2 Rai, Gurpreet	M91 Preston	26.58m	
4 Nolan, Jessica	W08 Doncaster	25.90m	
5 Harris, Lucas	M09 Essendon	23.78m	
6 Chhoker, Jigar	M10 Preston	22.94m	
7 Galea, Marty	M56 Collingwood	22.87m	
8 Maharjan, Arnav	M10 Preston	20.93m	
9 Rai, Navdeep	W96 Preston	20.40m	
10 Aulakh, Arnavjot	M05 Preston	19.80m	
11 Dell, Liam	M94 Collingwood	19.23m	
12 Saini, Harivansh Singh	M11 Preston	18.10m	
13 Dell, Tony	M63 Collingwood	16.69m	
14 Louw, Amber	W04 Melbourne Uni	16.66m	
15 Jhangra, Jasman	M10 Preston	16.21m	
16 Griffiths, Stephen	M48 Collingwood	16.16m	
17 Webb, Annette	W69 Collingwood	14.84m	
18 Papadopoulos, Sarah	W87 Diamond Valley	14.28m	
19 Pelns, Helen	W62 Western Athletics	11.55m	

**Event 36 Mixed Javelin Throw Sheet 03**

Name	Year Team	Finals	Points
1 Petersen, Timothy	M98 Keilor St Bernards	34.01m	
2 Kozaris, Gabriel	M12 Diamond Valley	32.76m	
3 Pilkington, Craig	M89 Melbourne Uni	31.01m	
4 Parks, Macy	W13 Williamstown	30.60m	
5 Parks, Peter	M73 Williamstown	30.27m	
6 McLennan, Hamish	M09 Doncaster	25.35m	
7 Lakusa, Kristian	M71 Essendon	24.15m	
8 Hore, Ruby	W02 Collingwood	22.56m	
9 Sutherland, Ella	W09 Keilor St Bernards	22.46m	
10 Mazzocca, Joseph	M72 Preston	21.42m	
11 Peak, Emma	W04 Doncaster	18.80m	
12 Derby, Shane	M60 Collingwood	15.75m	
13 Lewis, Kobe	W13 Williamstown	15.26m	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 36 Mixed Javelin Throw Sheet 03**

14	Howitt, Jodie	W66	Brunswick	14.99m
15	Dowdle, Francis	M81	Melbourne Uni	13.90m
16	Nicholls, Liv	W09	Diamond Valley	11.17m
17	Peak, Kim	W66	Doncaster	11.10m
18	Nicholls, Angus	M11	Diamond Valley	10.21m
19	Nicholls, Meg	W78	Diamond Valley	9.41m
20	Richards, Leanne	W65	Preston	7.83m
21	Elms, Donna-Marie	W61	Preston	7.25m

**Event 37 Mixed High Jump 1.14m-1.59m Sheet 04**

Name	Year	Team	Finals	Points
1	Arunan, Aylaa	W12	Diamond Valley	1.44m
2	Nicholls, Liv	W09	Diamond Valley	1.39m
2	Gardiner, Holly	W08	Western Athletics	1.39m
2	Pilkington, Craig	M89	Melbourne Uni	1.39m
2	Prasanth, Anwita	W11	Preston	1.39m
2	Greyling, Billie	W12	Casey Cardinia	1.39m
7	Dell, Brendan	M87	Collingwood	1.34m
8	Afedzie, Marcus	M13	Keilor St Bernards	1.29m
8	Williams, Matthew	M92	Williamstown	1.29m
10	Kilmartin, Darryl	M66	Doncaster	1.24m
10	Jeevithan, Aarthika	W13	Preston	1.24m
10	Adams, Jarrod	M76	Williamstown	1.24m
13	Rudd, Darren	M66	Diamond Valley	1.19m

**Event 38 Mixed Long Jump Sheet 07**

Name	Year	Team	Finals	Wind	Points
1	Jordan, Benjamin	M76	Geelong Guild	4.89m	NWI
2	King, Chelsea	W13	Diamond Valley	4.28m	NWI
3	Dell, Liam	M94	Collingwood	3.94m	NWI
4	Croke, Eamon	M12	Unattached	3.73m	NWI
5	Tormey, Margaret	W66	Keilor St Bernards	3.16m	NWI
6	Benke, Geza	M56	Old Melburnians	2.59m	NWI

**Event 39 Mixed Long Jump Sheet 08**

Name	Year	Team	Finals	Wind	Points
1	Rai, Gurpreet	M91	Preston	6.48m	NWI
2	Aulakh, Arnavjot	M05	Preston	5.75m	NWI
3	Bhullar, Rajnihal Singh	M10	Preston	5.22m	NWI
4	Maharjan, Arnav	M10	Preston	4.68m	NWI
5	Jhangra, Jasman	M10	Preston	4.49m	NWI
6	Nolan, Jessica	W08	Doncaster	4.48m	NWI
7	Chhoker, Jigar	M10	Preston	4.46m	NWI
8	Rai, Navdeep	W96	Preston	4.07m	NWI
9	Kaur, Sukhman	W10	Preston	3.86m	NWI
10	Wong, Cyrus	M80	Diamond Valley	3.48m	NWI
11	Saini, Harivansh Singh	M11	Preston	3.37m	NWI
12	Dell, Kieran	M91	Collingwood	2.78m	NWI

**Event 40 Mixed Discus Throw Sheet 04**

Name	Year	Team	Finals	Points
1	McLennan, Lewis	M11	Doncaster	36.15m

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 40 Mixed Discus Throw Sheet 04**

2	De Biasi, Luke	M63	Diamond Valley	34.26m
3	Parks, Macy	W13	Williamstown	26.91m
4	McLennan, Campbell	M72	Doncaster	26.26m
5	Adams, Jarrod	M76	Williamstown	25.97m
6	McLennan, Hamish	M09	Doncaster	25.76m
7	Parks, Peter	M73	Williamstown	25.40m
8	Almond, Ash	M91	Yarra Ranges	24.75m
9	Derby, Shane	M60	Collingwood	21.22m
10	Nicholls, Angus	M11	Diamond Valley	18.60m
11	Hore, Ruby	W02	Collingwood	18.20m
12	Graham, Michelle	W67	Keilor St Bernards	18.12m
13	Peak, Emma	W04	Doncaster	17.78m
14	Cashin, Peter	M56	Western Athletics	17.48m
15	Murray, Caden	M02	Diamond Valley	16.76m
16	Linton, Ivy	W02	Collingwood	12.51m
17	Richards, Leanne	W65	Preston	12.50m
18	Nicholls, Meg	W78	Diamond Valley	11.97m
--	Elms, Donna-Marie	W61	Preston	ND
--	Kane, Rebecca	W80	Preston	ND

**Event 41 Mixed Javelin Throw Sheet 04**

Name	Year	Team	Finals	Points
1	Hosie, Matthew	M98	Essendon	40.39m
2	Peska, Stan	M56	Western Athletics	28.32m
3	Hawkins, Trenton	M79	Preston	28.01m
4	Burke, David	M75	Ivanhoe	26.34m
5	Mori, Joji	M79	Richmond	25.17m
6	Scott, Joshua	M02	Diamond Valley	23.30m
7	Gardiner, Amy	W80	Western Athletics	20.55m
8	Dell, Tony	M63	Collingwood	18.63m
9	Grenade, Chloe	W99	Preston	17.70m
10	Ong, Ruth	W06	Western Athletics	14.20m
11	Hutchison, Tahnee	W09	Western Athletics	13.88m
12	Webb, Annette	W69	Collingwood	13.39m
13	Griffiths, Stephen	M48	Collingwood	13.27m
14	Francken, Jo	W72	Western Athletics	12.18m
15	Hawkins, Charmaine	W93	Preston	11.70m
16	Rickard, Ian	M56	Brunswick	10.11m

**Event 42 Mixed High Jump 1.04m-1.49m Sheet 05**

Name	Year	Team	Finals	Points
1	King, Chelsea	W13	Diamond Valley	1.44m
2	Chhoker, Jigar	M10	Preston	1.34m
3	Gardiner, Amy	W80	Western Athletics	1.29m
3	Maharjan, Arnav	M10	Preston	1.29m
5	Luck, Greg	M61	Diamond Valley	1.24m
5	Jordan, Amanda	W79	Western Athletics	1.24m
7	Rai, Navdeep	W96	Preston	1.19m
7	Nicholls, Meg	W78	Diamond Valley	1.19m
7	Saini, Harivansh Singh	M11	Preston	1.19m
10	Galea, Marty	M56	Collingwood	1.14m
11	Kaur, Sukhman	W10	Preston	1.09m
12	Derby, Shane	M60	Collingwood	1.04m

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****Event 43 Mixed Long Jump Sheet 09**

Name	Year Team	Finals	Wind Points
1 Schofield, Paul	M73 Diamond Valley	4.54m	NWI
2 Cashin, Brenda	W64 Western Athletics	1.44m	NWI

**Event 45 Mixed Discus Throw Sheet 05**

Name	Year Team	Finals	Points
1 Murugathas, Aagaash	M01 Essendon	36.23m	
2 Howard, Jack	M58 St Kevins	33.69m	
3 Peska, Stan	M56 Western Athletics	29.99m	
4 Hambling, Mark	M79 Western Athletics	29.02m	
5 Sparkes, Meg	W03 Yarra Ranges	28.46m	
6 Greig, Barry	M62 Ivanhoe	25.03m	
7 Makin, Matthew	M75 Western Athletics	24.76m	
8 Gardiner, Amy	W80 Western Athletics	24.19m	
9 Hambling, Mason	M10 Western Athletics	24.05m	
10 Scott, Adam	M71 Diamond Valley	23.81m	
11 Ford, Graham	M49 Doncaster	20.57m	
12 Burke, David	M75 Ivanhoe	19.95m	
13 Benke, Geza	M56 Old Melburnians	15.79m	
14 Gardiner, Holly	W08 Western Athletics	14.67m	
15 Rickard, Ian	M56 Brunswick	14.43m	
16 Francken, Jo	W72 Western Athletics	14.40m	
17 Hodgart, Claire	W96 Western Athletics	12.09m	
18 Kiran, Jayne	W11 Western Athletics	12.04m	
19 Nicholls, Liv	W09 Diamond Valley	11.32m	
-- Hodgart, Janice	W63 Western Athletics	ND	

**Event 46 Mixed Javelin Throw Sheet 05**

Name	Year Team	Finals	Points
1 De Biasi, Luke	M63 Diamond Valley	33.42m	
2 Boyce, Oliver	M97 Melbourne Uni	28.21m	
3 Wong, Cyrus	M80 Diamond Valley	26.58m	
4 Raban, Azain	M75 Collingwood	24.60m	
5 Adams, Jarrod	M76 Williamstown	23.69m	
6 Kilmartin, Darryl	M66 Doncaster	20.86m	
7 Gatt, Mila Jade	W11 Western Athletics	20.25m	
8 Benke, Geza	M56 Old Melburnians	18.91m	
9 Jordan, Rylee	W11 Western Athletics	17.63m	
10 Cashin, Peter	M56 Western Athletics	16.67m	
11 Ford, Graham	M49 Doncaster	14.81m	
12 Linton, Ivy	W02 Collingwood	14.16m	
13 Hodgart, Claire	W96 Western Athletics	13.72m	
14 Nelson, Cheryl	W65 Western Athletics	12.18m	
15 Kane, Rebecca	W80 Preston	9.66m	

**Event 47 Mixed Discus Throw Throw & Go Sheet 06**

Name	Year Team	Finals	Points
1 Riddoch, Clyde	M53 Waverley-Malvern	20.20m	
2 Clark, Charles	M61 Coburg	17.73m	
3 Kersten, Sanna	W11 Diamond Valley	16.80m	
4 Carter, Kenneth	M52 Coburg	16.66m	
5 Smith, Emily	W06 Melbourne Uni	16.59m	
6 Williams, Matthew	M92 Williamstown	15.33m	

**2025/26 AVSL Round 07 - Zone A - 17/01/2026****Results****...Event 47 Mixed Discus Throw Throw & Go Sheet 06**

7	Shead, Alexis	W09 Essendon	15.07m
8	Gittins, Sarah	W70 Diamond Valley	12.29m
9	Johnson, Gabriella	W09 Western Athletics	12.26m
10	Hutchison, Tahnee	W09 Western Athletics	12.11m
11	Arumainayagam, Arunan	M77 Diamond Valley	11.87m
12	Young, Jeff	M65 Diamond Valley	11.52m
--	Nelson, Cheryl	W65 Western Athletics	FOUL
--	Pinto, Thomas	M00 Western Athletics	FOUL

**Event 48 Mixed Javelin Throw Throw & Go Sheet 06**

Name	Year Team	Finals	Points
1	Nicholson, Glen	M90 Ivanhoe	32.77m
2	Somers, Walter	M10 Diamond Valley	28.75m
3	Murray, Caden	M02 Diamond Valley	21.33m
4	Riddoch, Clyde	M53 Waverley-Malvern	17.37m
5	Williams, Matthew	M92 Williamstown	16.10m
6	Clark, Charles	M61 Coburg	14.92m
7	Pinto, Thomas	M00 Western Athletics	13.75m
8	Smith, Emily	W06 Melbourne Uni	13.14m
9	Gittins, Sarah	W70 Diamond Valley	9.69m
10	Liu, Joe	M95 Preston	7.70m
11	Bainbridge, Nardine	W89 Western Athletics	5.73m
--	Burke, Hayley	W96 Western Athletics	ND
--	Szuhai-Andrews, Jenny-Ro	W65 Brunswick	ND
--	Arumainayagam, Arunan	M77 Diamond Valley	ND
--	Barlow, Alexie	W99 Western Athletics	ND
--	Carter, Kenneth	M52 Coburg	ND
--	Pelns, Helen	W62 Western Athletics	FOUL

**Event 49 Mixed Shot Put Seated Sheet 07**

Name	Year Team	Finals	Points
1	Wyatt, Jessee	M96 Casey Cardinia	8.46m

**Event 49E Mixed Shot Put Extra Throws Non Scoring**

Name	Year Team	Finals	Points
--	Wyatt, Jessee	M96 Casey Cardinia	X8.93m

**Event 50 Mixed Discus Throw Seated Sheet 07**

Name	Year Team	Finals	Points
1	Wyatt, Jessee	M96 Casey Cardinia	21.30m

**Event 127E Mixed Discus Throw Extra Throws Non Scoring**

Name	Year Team	Finals	Points
--	Wyatt, Jessee	M96 Casey Cardinia	X21.48m