

2024/25 AVSL - Round 4 - Zone A**Results****Event 1 Men 400 Metre Hurdles Hurdles 0.914m**

Name	Year Team	Finals	Points
Section 1			
1 Daffey, Finn	07 Keilor St Bernards	58.27	
2 Petersen, Timothy	98 Keilor St Bernards	1:03.76	

Event 2 Men 400 Metre Hurdles Hurdles 0.838m

Name	Year Team	Finals	Points
Section 1			
1 Stratford, Will	09 Box Hill	1:01.27	
2 Lowe, William	09 Essendon	1:05.33	
3 Orr, Edward	09 Essendon	1:06.41	
4 Mann, Jasman	09 Preston	1:07.89	
Section 2			
1 Burke, David	75 Ivanhoe	1:18.72	
2 Schroeter, James	70 Whittlesea C	1:20.10	

Event 3 Women 400 Metre Hurdles Hurdles 0.762m

Name	Year Team	Finals	Points
Section 1			
1 Holah, Amelie	05 Box Hill	1:03.47	
2 Bailey, Amy	06 Unattached	1:07.94	

Event 4 Men 300 Metre Hurdles Hurdles 0.762m

Name	Year Team	Finals	Points
1 De Biasi, Luke	63 Diamond Valley	49.85	
2 McConnell, David	52 Box Hill	57.62	

Event 6 Men 200 Metre Hurdles Hurdles 0.762m

Name	Year Team	Finals	Points
Section 1 Wind: 0.2			
1 Jayasooriya, Elijah	10 Keilor St Bernards	29.80	

Event 7 Women 200 Metre Hurdles Hurdles 0.762m

Name	Year Team	Finals	Points
Section 1 Wind: 0.1			
1 Harding, Harper	12 Doncaster	28.19	
2 Krebs, Bethany	10 Diamond Valley	33.89	
3 Botha, Talise	11 Doncaster	36.46	
Section 2 Wind: 0.2			
1 Dux, Chloe	12 Doncaster	34.19	
2 Bishop, Riley	11 Essendon	36.75	
3 Klotz, Amelia	10 Box Hill	44.21	

Event 8A Men 800 Metre Run RESULTS Results

Name	Year Team	Finals	Points
Section 1			
1 Linke, Alexander	05 Ivanhoe	1:59.09	
2 Gillespie, Dylan	05 Mentone	1:59.35	

2024/25 AVSL - Round 4 - Zone A**Results**

...Event 8A Men 800 Metre Run RESULTS Results				
3	Miesen, Solomon	03 Keilor St Bernards	1:59.60	
4	Murray, Caden	02 Diamond Valley	1:59.83	
5	Denny, Joel	09 Doncaster	2:00.94	
6	Donarelli, Leonardo	11 Ivanhoe	2:01.27	
7	Armstrong-Bourne, Ethan	08 Diamond Valley	2:01.38	
8	Batt, Brodie	09 Diamond Valley	2:01.62	
9	Holland, Ryder	10 Yarra Ranges	2:04.06	
10	Lindeman, Joshua	10 Old Scotch	2:05.37	
Section 2				
1	Imbriano, Glen	08 Diamond Valley	2:02.42	
2	Mathews, David	03 Keilor St Bernards	2:02.87	
3	McLennan, Hamish	09 Doncaster	2:02.94	
4	Thompson, Miles	09 Essendon	2:03.43	
5	Tomkins, Nicholas	09 Diamond Valley	2:03.58	
6	Greig, David	01 Ivanhoe	2:03.67	
7	Madden, Zavier	11 Glenhuntly	2:04.33	
8	Jordan, Callan	10 Western Athletics	2:04.71	
9	Yorke, Cameron	76 Yarra Ranges	2:05.04	
10	Webb, Alfie	10 Collingwood	2:05.68	
11	Thompson, Aden	09 Essendon	2:06.64	
Section 3				
1	Loeckx, Declan	09 Collingwood	2:01.67	
2	Finch, Nick	90 Doncaster	2:05.57	
3	Walsh, Xavier	11 Essendon	2:07.18	
4	Horne, Oliver	12 Box Hill	2:08.56	
5	Barnaby, Edward	11 Old Scotch	2:09.48	
6	Saloyedoff, Blake	09 Yarra Ranges	2:09.91	
7	Jardine, Chase	09 Essendon	2:10.83	
8	Ledovski, Nikita	09 Essendon	2:11.26	
9	Martin, Bon	09 Western Athletics	2:12.82	
10	Lowe, Aidan	11 Essendon	2:13.94	
11	Boyle, Myles	11 Diamond Valley	2:15.31	
Section 4				
1	McLennan, Lewis	11 Doncaster	2:09.84	
2	Van Onselen, Willem	11 Old Scotch	2:12.39	
3	Avery, Raphael	10 Essendon	2:12.91	
4	Rudd, Jordan	06 Diamond Valley	2:13.31	
5	Bentley, Ryan	85 Waverley-Malvern	2:13.97	
6	Tomkins, Alexander	09 Diamond Valley	2:14.18	
7	Delany, Liam	76 Mansfield	2:14.68	
8	Hiskins, Kobe	14 Doncaster	2:16.42	
9	Biernacki, Dustin	90 Melbourne Uni	2:17.20	
10	Jaszewski, Roman	14 Western Athletics	2:23.45	
--	Down, Nathan	91 Doncaster	X2:20.21	NCI
Section 5				
1	Pilkington, Craig	89 Melbourne Uni	2:16.73	
2	Borham, Edward	13 Doncaster	2:18.92	
3	Ryan, Ned	11 Essendon	2:19.78	
4	Sim, Jared	12 Ringwood	2:19.91	
5	French, Isaac	13 Western Athletics	2:20.29	
6	Ranasinghe, Riyon	13 Ringwood	2:21.92	
7	Horne, Oscar	14 Box Hill	2:22.80	
8	Daly, Ben	74 Collingwood	2:24.12	
9	Knight, Gordon	70 Wellington	2:34.52	
10	Lim, Ernest	74 Waverley-Malvern	2:36.25	
11	Hall, Gary	59 Williamstown	2:39.26	
--	Knuckey, Asher	10 Diamond Valley	X2:18.81	NCI
Section 6				
1	Collins, Jeff	06 Athletics So	2:29.32	
2	Greig, Barry	62 Ivanhoe	2:30.99	

2024/25 AVSL - Round 4 - Zone A**Results****...Event 8A Men 800 Metre Run RESULTS Results**

3	Miesen, Paul	65	Keilor St Bernards	2:31.25
4	Martinez, David	74	Melbourne Uni	2:31.67
5	Stratford, Charlie	11	Box Hill	2:33.36
6	Wright, James	74	Coburg	2:37.70
7	Delany, Archie	14	Mansfield	2:38.13
8	O'Loughlin, Dominic	68	Coburg	2:38.27
9	Baker-Mayer, Jacob	05	Western Athletics	2:38.37
10	Chambers, Chris	97	Western Athletics	2:38.78
11	Gray, Leon	79	Diamond Valley	2:56.15

Section 7

1	Kilmartin, Joshua	09	Doncaster	2:36.14
2	Talbot, Nick	64	Coburg	2:46.09
3	Zidane, Tahmid	12	Doncaster	2:53.74
4	Williams, Matthew	92	Williamstown	2:57.00
5	Cram, Russell	70	Keilor St Bernards	3:01.31
6	Wong, Cyrus	80	Diamond Valley	3:02.63
7	Spiteri, Nicholas	99	Waverley-Malvern	3:02.71
8	Burke, David	75	Ivanhoe	3:02.75
9	Douglas, Lyal	59	Diamond Valley	3:04.51
10	Evans, Simon	60	Box Hill	3:06.39
11	Mazzocca, Joseph	72	Preston	3:35.32

Section 8

--	O'Callaghan, Alexander	88	Old Xaverians	X3:10.53	NCI
--	Sourivong, Max	14	Ringwood	2:46.94	
--	Littlehales, Jesse	04	Diamond Valley	2:51.73	
--	Fleming, Ryan	85	Mornington	2:53.46	
--	Hawkins, Trenton	79	Preston	2:53.95	
--	McKenzie, Andrew	65	Diamond Valley	2:55.75	
--	Van Dueren, Philip	59	Melbourne Uni	2:57.75	
--	Brain, Tony	64	Melbourne Uni	2:58.01	
--	Sargent, Jeffrey	58	Collingwood	3:00.22	
--	Young, Jeff	65	Diamond Valley	3:07.29	
--	Moore, Gregory	52	Keilor St Bernards	3:21.25	
--	Hunt, Ian	58	Coburg	3:23.84	

Section 9

1	Murray, Yorke	11	Diamond Valley	2:14.59	
2	Morphett, Edwin	08	Mansfield	2:26.14	
3	Cashin, Peter	56	Western Athletics	3:11.88	
4	Mercer, Chance (chucky)	09	Western Athletics	3:18.96	
5	Dell, Tony	63	Collingwood	3:19.47	
6	Kennedy, Paul	57	Keilor St Bernards	3:19.49	
7	Derby, Shane	60	Collingwood	3:22.21	
8	Hodgart, Mal	60	Western Athletics	3:30.23	
--	Jones, David	51	Essendon	X3:39.21	NCI

Event 9A Women 800 Metre Run RESULTS Results

Name	Year	Team	Finals	Points
Section 1				
1	Johnson, Matilda	10	Diamond Valley	2:12.46
2	Tay, Lauren	10	Box Hill	2:12.75
3	Sherry, Briana	03	Casey Cardinia	2:15.00
4	Rhodes, Isobel	10	Collingwood	2:17.69
5	McGrath, Alessia	12	Box Hill	2:20.78
6	Frazer, Harper	12	Box Hill	2:21.43
7	Collett, Olivia	08	Doncaster	2:24.45
8	Jayasinghe, Saana	09	Essendon	2:29.52
9	Stumpf, Franziska	11	Mansfield	2:30.19
10	Robinson, Grace	10	Diamond Valley	2:38.34

2024/25 AVSL - Round 4 - Zone A**Results****...Event 9A Women 800 Metre Run RESULTS Results**

Section 2

1	Savage, Audrey	04	Essendon	2:24.66
2	Scot-Dalgleish, Poppy	07	Diamond Valley	2:25.22
3	Garden, Deb	81	Doncaster	2:28.55
4	Munasinghe, Kiyara	13	Box Hill	2:30.20
5	L'Estrange, Georgia	08	Diamond Valley	2:33.12
6	Denny, Ashley	10	Doncaster	2:35.20
7	Bailey, Amy	06	Unattached	2:41.28
8	Bukovsan, Kate	09	Ivanhoe	2:42.30
9	Parris, Carla	12	Ivanhoe	2:42.65
10	Chivers, Eliza	07	Doncaster	2:48.49

Section 3

1	Habib, Layla	12	Whittlesea C	2:34.32
2	Kolyniuk, Charlize	12	Williamstown	2:35.29
3	Kondys, Evangeline	10	Collingwood	2:35.69
4	Keogh, Isabella	06	Western Athletics	2:38.63
5	Sacco, Estelle	08	Essendon	2:39.37
6	Crane, Sadie	12	Ivanhoe	2:42.69
7	Ryan, Zoey	09	Diamond Valley	2:44.05
8	Guiney, Di	72	Old Xaverians	2:44.92
9	Bunyard, Mia	13	Diamond Valley	2:45.46
10	Littlehales, Ella	07	Diamond Valley	2:56.69
11	Nackovski, Kristina	08	Yarra Ranges	3:09.76

Section 4

1	Whyte, Daisy	09	Diamond Valley	2:46.56
2	Phillips, Kirsty	77	Coburg	2:50.75
3	Firth, Anna	13	Doncaster	2:51.90
4	Levy, Teiva	08	Doncaster	2:53.06
5	Thode Minguet, Elena	86	Melbourne Uni	2:54.58
6	Ellis, Erin	08	Box Hill	2:57.72
7	Lammers, Monica	67	Old Scotch	2:58.33
8	McKenzie, Debbie	69	Diamond Valley	2:59.81
9	Ryan, Kate	78	Diamond Valley	3:00.69
10	Batt, Skylar	13	Diamond Valley	3:02.94
11	Palmer, Ashleigh	10	Ivanhoe	3:06.66
--	McCleary, Annabelle	14	Diamond Valley	X2:55.98

NCI

Section 5

1	Klotz, Amelia	10	Box Hill	3:06.10
2	Kane, Rebecca	80	Preston	3:17.42
3	Kirwan, Kate	06	Ringwood	3:19.60
4	Fitzgerald, Margaret	60	Old Xaverians	3:24.99
5	Hodgart, Janice	63	Western Athletics	3:25.08
6	Moxon, Jo	64	Diamond Valley	3:31.44
7	Papadopoulos, Sarah	87	Diamond Valley	3:31.94
8	Graham, Michelle	67	Keilor St Bernards	3:33.50
9	Armstrong, Maggie	62	Essendon	3:35.09
10	King, Michelle	64	Diamond Valley	3:36.68
11	Elms, Donna-Marie	61	Preston	4:12.85
12	Szuhai-Andrews, Jenny-Ro	65	Brunswick	5:16.67

Event 10 Men 200 Metre Sprint All Male

Name	Year	Team	Finals	Points
=====				
Section 1 Wind: 1.5				
1	Firth, Jonathan	09	Doncaster	22.22
2	Kariuki, Jeremy	06	Casey Cardinia	22.34
3	Olaniyan, Zion-Great	07	Casey Cardinia	22.35
4	Latchman, Jaxon	08	Diamond Valley	22.48
5	Andrews, Asher	07	Diamond Valley	22.97

2024/25 AVSL - Round 4 - Zone A**Results****...Event 10 Men 200 Metre Sprint All Male**

6 Daffey, Finn	07 Keilor St Bernards	23.52
7 Anderson, Levi	09 Box Hill	23.69
8 Jeanes, Jeremiah	07 Frankston	23.95
Section 2 Wind: 1.5		
1 Rai, Gurpreet	91 Preston	22.87
2 Moon, Hayden	04 Diamond Valley	23.23
3 Petersen, Timothy	98 Keilor St Bernards	23.66
4 Jayasooriya, Elijah	10 Keilor St Bernards	24.37
5 Torres, Daniel	00 Western Athletics	24.47
6 Lai, Nate	06 Melbourne Uni	25.41
Section 3 Wind: 0.2		
1 Cooper, Charlie	09 Diamond Valley	24.24
2 Hitchen, Henry	11 Old Scotch	24.25
3 Koegler, Josh	10 Diamond Valley	24.27
4 Kozaris, Christos	10 Diamond Valley	24.41
5 Schroeter, Grady	06 Whittlesea C	24.51
6 Hurley, James	05 Diamond Valley	24.83
7 Boyce, Oliver	97 Melbourne Uni	26.45
Section 4 Wind: 1.1		
1 Plata, Lucas	12 Essendon	24.30
2 Muraya, Christopher	09 Keilor St Bernards	24.43
3 Graham, Bayley	05 Ringwood	24.56
4 Dowling, Joshua	02 Diamond Valley	24.57
5 Mann, Jasman	09 Preston	24.65
6 Thompson, Samuel	11 Diamond Valley	25.16
7 Udugampala, Lalith	72 Diamond Valley	26.31
Section 5 Wind: 0.5		
1 Hamilton, Toby	10 Diamond Valley	24.19
2 Botha, Zander	10 Doncaster	24.26
3 Sevdalis, Thomas	10 Essendon	24.54
4 Firth, David	77 Doncaster	24.93
5 Ahmed, Ayaan	09 Western Athletics	25.14
6 Baker-Mayer, Jacob	05 Western Athletics	25.64
7 Cummings, Marlon	78 Essendon	25.74
8 Khalfan, Nawaaz	92 Melbourne Uni	27.56
Section 6 Wind: 1.5		
1 McLennan, Hamish	09 Doncaster	25.03
2 Young, Ethan	10 Western Athletics	25.04
3 Porter, Jesse	11 Diamond Valley	25.27
4 Gee, Oliver	11 Coburg	25.37
5 McGregor, Hudson	11 Diamond Valley	25.61
6 Collins, Jeff	06 Athletics So	25.90
7 Orr, Edward	09 Essendon	25.94
8 Choi, Man Chun	11 Doncaster	26.57
Section 7 Wind: -0.4		
1 Rudd, Jordan	06 Diamond Valley	25.49
2 Delbridge, Adam	72 Collingwood	25.61
3 Denny, Joel	09 Doncaster	25.69
4 Bhullar, Rajnihal Singh	10 Preston	25.85
5 Kroussoratis, Liam	11 Essendon	26.47
6 Stratford, Charlie	11 Box Hill	26.55
7 Scott, Joshua	02 Diamond Valley	26.69
8 Ashok, Arun	91 Waverley-Malvern	26.92
Section 8 Wind: 1.9		
1 Aulakh, Arnavjot	05 Preston	24.56
2 Tomkins, Nicholas	09 Diamond Valley	25.14
3 Carroll, Liam	12 Diamond Valley	25.52
4 Banfield, Ethan	09 Mornington	25.94
5 Biernacki, Dustin	90 Melbourne Uni	26.34
6 Jordan, Callan	10 Western Athletics	26.55

2024/25 AVSL - Round 4 - Zone A**Results****...Event 10 Men 200 Metre Sprint All Male**

7	Dodd, Andrew	66	Collingwood	26.84	
8	Virk, Rajkamal Singh	11	Essendon	27.88	
Section 9 Wind: 0.4					
1	Miesen, Solomon	03	Keilor St Bernards	26.45	
2	Morphett, Edwin	08	Mansfield	26.57	
3	Brace, Addi	12	Collingwood	27.43	
4	Raban, Azain	75	Collingwood	27.47	
5	Scott, Adam	71	Diamond Valley	27.61	
6	Andison, Max	10	Ringwood	27.96	YC No Bibs
7	Schroeter, James	70	Whittlesea C	28.44	
Section 10 Wind: -0.5					
1	Ledovski, Nikita	09	Essendon	27.05	
2	Daly, Ben	74	Collingwood	27.41	
3	Jaszewski, Roman	14	Western Athletics	27.50	
4	Zidane, Tahmid	12	Doncaster	28.05	
5	De Biasi, Luke	63	Diamond Valley	28.31	
6	Nunn, Zac	11	Whittlesea C	28.98	
7	Williams, Matthew	92	Williamstown	33.59	
Section 11 Wind: -0.2					
1	Saraida, Ethan Cayden	10	Western Athletics	27.02	
2	Watts, Edward	13	Western Athletics	27.44	
3	Johnston, Joseph	02	Yarra Ranges	27.79	
4	Trinder-Rothin, Sebastia	11	Collingwood	27.88	
5	Purcivall, Joshua	08	Casey Cardinia	27.93	
6	Daly, Oliver	12	Collingwood	28.68	
7	Lovell, Scott	65	Collingwood	28.89	
8	Jhangra, Jasman	10	Preston	29.35	
Section 12 Wind: -0.3					
1	Vassallo, Elie	10	Essendon	27.28	
2	Sim, Jared	12	Ringwood	27.34	
3	Kilmartin, Joshua	09	Doncaster	27.63	
4	Maharjan, Arnav	10	Preston	27.78	
5	Fleming, Ryan	85	Mornington	28.78	
6	Miesen, Paul	65	Keilor St Bernards	29.00	
7	Burke, David	75	Ivanhoe	29.81	
8	Borham, Edward	13	Doncaster	30.56	
Section 13 Wind: -1.0					
1	Bentley, Ryan	85	Waverley-Malvern	28.13	
2	Rudd, Darren	66	Diamond Valley	29.57	
3	Nicholls, Angus	11	Diamond Valley	29.92	
4	Talbot, Nick	64	Coburg	30.50	
5	Luck, Greg	61	Diamond Valley	31.70	
6	Mazzocca, Joseph	72	Preston	32.50	
7	Wong, Cyrus	80	Diamond Valley	32.84	
8	Andison, Jared	77	Ringwood	33.10	
Section 14 Wind: 1.4					
1	Sargent, Jeffrey	58	Collingwood	30.80	
2	Littlehales, Jesse	04	Diamond Valley	31.16	
3	Chauhan, Ansh	12	Preston	31.53	
4	Martinez, David	74	Melbourne Uni	31.99	
5	Chambers, Chris	97	Western Athletics	32.16	
6	Kilmartin, Darryl	66	Doncaster	32.24	
7	Evans, Simon	60	Box Hill	33.55	
8	Saini, Harivansh Singh	11	Preston	34.14	
Section 15 Wind: +0.0					
1	Gray, Leon	79	Diamond Valley	30.36	
2	Betson, Jesse	13	Preston	30.47	
3	Dell, Liam	94	Collingwood	31.86	
4	Young, Jeff	65	Diamond Valley	32.69	
5	Delany, Archie	14	Mansfield	34.05	

2024/25 AVSL - Round 4 - Zone A**Results****...Event 10 Men 200 Metre Sprint All Male**

6 Douglas, Lyal	59	Diamond Valley	34.27
7 Corden, Darren	70	Diamond Valley	38.07
8 Hunt, Ian	58	Coburg	40.17
Section 16 Wind: -0.2			
1 Aquino, Claude	69	Ivanhoe	34.25
2 Kennedy, Paul	57	Keilor St Bernards	37.06
3 Goodger, Matthew	77	Essendon	38.07
4 Dell, Kieran	91	Collingwood	38.38
5 Brain, Tony	64	Melbourne Uni	40.33
6 O'Callaghan, Alexander	88	Old Xaverians	40.94
7 McKenzie, Andrew	65	Diamond Valley	42.13
8 Moore, Gregory	52	Keilor St Bernards	50.53
Section 17 Wind: -0.1			
1 Galea, Marty	56	Collingwood	35.86
2 Derby, Shane	60	Collingwood	39.00
3 Mercer, Chance (chucky)	09	Western Athletics	41.91
4 Hodgart, Mal	60	Western Athletics	52.68

Event 11 Women 200 Metre Sprint All Female

Name	Year	Team	Finals	Points
Section 1 Wind: -3.4				
1 Ritchie, Jamie	11	Diamond Valley	24.91	
2 Zarafa, Sophie	05	Box Hill	26.19	
3 Holah, Amelie	05	Box Hill	26.47	
4 Barrett, Kaylah	06	Frankston	26.48	
5 McBrien, Maddison	03	Box Hill	26.83	
6 Galhindarachchi, Selini	12	Nunawading	27.44	
7 Mann, Balreet Kaur	12	Essendon	27.94	
8 Krebs, Bethany	10	Diamond Valley	30.22	
Section 2 Wind: -0.3				
1 Sanossian, Anoushka	09	Western Athletics	26.64	
2 Sran, Samreen	10	Casey Cardinia	27.68	
3 Djeric, Amelia	07	Diamond Valley	27.74	
4 Prasanth, Anwita	11	Preston	28.18	
5 Stott, Tyler	09	Keilor St Bernards	28.21	
6 Bukovsan, Kate	09	Ivanhoe	28.78	
7 Dux, Chloe	12	Doncaster	29.15	
8 Dux, Taylah	10	Doncaster	30.01	
Section 3 Wind: 0.2				
1 Carson, Lucie	11	Box Hill	28.16	
2 Coppola, Danika	10	Diamond Valley	28.57	
3 Hutchison, Avery	10	Essendon	29.11	
4 Kolyniuk, Charlize	12	Williamstown	29.13	
5 Sacco, Estelle	08	Essendon	30.03	
6 Kondys, Evangeline	10	Collingwood	30.61	
Section 4 Wind: -1.3				
1 Whyte, Daisy	09	Diamond Valley	28.15	
2 Taylor, Mabel	10	Ivanhoe	28.51	
3 Brown, Charli	10	Western Athletics	29.00	
4 Gorr, Shelly	74	Collingwood	29.27	
5 Botha, Talise	11	Doncaster	29.43	
6 Collins, London	12	Essendon	30.30	
7 Levy, Teiva	08	Doncaster	30.64	
8 Stumpf, Franziska	11	Mansfield	33.98	
Section 5 Wind: -2.1				
1 Denny, Ashley	10	Doncaster	28.18	
2 Rossi, Emilia	08	Williamstown	29.19	
3 Nicholls, Liv	09	Diamond Valley	29.62	

2024/25 AVSL - Round 4 - Zone A**Results****...Event 11 Women 200 Metre Sprint All Female**

4	Jordan, Rylee	11 Western Athletics	30.73
5	Oberoi, Manya	13 Preston	31.20
6	Jeevithan, Aarthika	13 Preston	31.71
7	Keogh, Isabella	06 Western Athletics	32.14
Section 6 Wind: 0.6			
1	Peak, Emma	04 Doncaster	30.24
2	Palmer, Ashleigh	10 Ivanhoe	30.92
3	Dux, Jessica	84 Doncaster	31.21
4	Guiney, Di	72 Old Xaverians	31.63
5	Fillmore, Georgia	85 Melbourne Uni	31.92
6	Kaur, Sukhman	10 Preston	31.97
7	Sandhu, Reet	11 Preston	32.26
8	Hore, Ruby	02 Collingwood	34.88
Section 7 Wind: -0.2			
1	Klotz, Amelia	10 Box Hill	33.61
2	Crane, Sadie	12 Ivanhoe	33.64
3	Rai, Navdeep	96 Preston	34.52
4	Kaur, Jagjit	83 Preston	34.74
5	Nicholls, Meg	78 Diamond Valley	34.92
6	Matthews, Cathy	66 Keilor St Bernards	35.31
7	Kirwan, Kate	06 Ringwood	36.93
Section 8 Wind: 0.9			
1	Ryan, Kate	78 Diamond Valley	35.56
2	Strong, Maria	71 Essendon	35.57
3	Nelson, Cheryl	65 Western Athletics	35.95
4	Lammers, Monica	67 Old Scotch	37.44
5	Armstrong, Maggie	62 Essendon	38.35
6	Papadopoulos, Sarah	87 Diamond Valley	38.78
7	King, Michelle	64 Diamond Valley	39.29
8	Szuhai-Andrews, Jenny-Ro	65 Brunswick	49.77
Section 9 Wind: -0.8			
1	Orr, Catherine	13 Essendon	35.32
2	McKenzie, Debbie	69 Diamond Valley	38.30
3	Mavrakis, Angela	71 Keilor St Bernards	39.89
4	Hodgart, Janice	63 Western Athletics	40.17
5	Fitzgerald, Margaret	60 Old Xaverians	42.34
6	Moxon, Jo	64 Diamond Valley	42.37
7	Cashin, Brenda	64 Western Athletics	44.65
8	Mercer, Jo	73 Western Athletics	51.90

Event 12 Men 4x400 Metre Relay All Male

Team		Finals	Points
Section 1			
1	Preston 'A'	3:40.61	
	1) Mann, Jasman 09	2) Rai, Gurpreet 91	
	3) Bhullar, Rajnihal Singh 10	4) Aulakh, Arnavjot 05	
2	Diamond Valley 'A'	3:42.45	
	1) Andrews, Asher 07	2) Armstrong-Bourne, Ethan 08	
	3) Batt, Brodie 09	4) Imbriano, Glen 08	
3	Doncaster 'A'	3:51.51	
	1) Denny, Joel 09	2) Kostov, Alex 88	
	3) Down, Nathan 91	4) Finch, Nick 90	
4	Western Athletics 'A'	3:58.84	
	1) Baker-Mayer, Jacob 05	2) Jordan, Callan 10	
	3) Jaszewski, Roman 14	4) Young, Ethan 10	
5	Melbourne Uni 'A'	4:21.54	
	1) Ueda, Max 93	2) Pilkington, Craig 89	
	3) Biernacki, Dustin 90	4) Khalfan, Nawaaz 92	

2024/25 AVSL - Round 4 - Zone A**Results****...Event 12 Men 4x400 Metre Relay All Male**

6 Mansfield 'A' 4:30.84
 1) Morphett, Edwin 08 2) Delany, Archie 14
 3) Stumpf, Franziska 11 4) Watts, Charlie 07

Section 2

1 Diamond Valley 'D' 3:57.54
 1) Carroll, Liam 12 2) McGregor, Hudson 11
 3) Thompson, Samuel 11 4) Koegler, Josh 10
 2 Doncaster 'B' 4:06.61
 1) Botha, Zander 10 2) McLennan, Lewis 11
 3) Borham, Edward 13 4) Choi, Man Chun 11
 3 Essendon 'A' 4:08.23
 1) Virk, Rajkamal Singh 11 2) Orr, Edward 09
 3) Ryan, Ned 11 4) Ledovski, Nikita 09
 4 Collingwood 'A' 4:19.96
 1) Raban, Azain 75 2) Dodd, Andrew 66
 3) Delbridge, Adam 72 4) Sargent, Jeffrey 58
 5 Preston 'B' 4:56.31
 1) Maharjan, Arnav 10 2) Jhangra, Jasman 10
 3) Saini, Harivansh Singh 11 4) Chauhan, Ansh 12
 6 Diamond Valley 'C' 5:03.11
 1) Udugampala, Lalith 72 2) Rudd, Darren 66
 3) Corden, Darren 70 4) Scott, Adam 71
 7 Diamond Valley 'B' 5:41.65
 1) Douglas, Lyal 59 2) Luck, Greg 61
 3) McKenzie, Andrew 65 4) Young, Jeff 65

Event 13 Women 4x400 Metre Relay All Female

Team	Finals	Points
Section 1		
1 Diamond Valley 'B'	4:42.04	
1) Whyte, Daisy 09	2) Nicholls, Liv 09	
3) Ryan, Zoey 09	4) Johnson, Matilda 10	
2 Western Athletics 'A'	5:04.54	
1) Sanossian, Anoushka 09	2) Brown, Charli 10	
3) Jordan, Rylee 11	4) Nelson, Cheryl 65	
3 Doncaster 'A'	5:05.96	
1) Dux, Chloe 12	2) Levy, Teiva 08	
3) Firth, Anna 13	4) Dux, Taylah 10	
4 Diamond Valley 'A'	5:12.75	
1) Littlehales, Ella 07	2) Maloney, Erin 06	
3) McCleary, Annabelle 14	4) Batt, Skyla 13	
5 Melbourne Uni 'A'	5:16.95	
1) Fillmore, Georgia 85	2) Thode Minguet, Elena 86	
3) Mijic, Jeka 94	4) Pinterova, Eliska 04	
6 Ivanhoe 'A'	5:18.62	
1) Bukovsan, Kate 09	2) Crane, Sadie 12	
3) Palmer, Ashleigh 10	4) Parris, Carla 12	
7 Diamond Valley 'C'	6:02.32	
1) Nicholls, Meg 78	2) Ryan, Kate 78	
3) McKenzie, Debbie 69	4) King, Michelle 64	

Event 14A Men 3000 Metre Run RESULTS Results

Name	Year Team	Finals	Points
1 Dipnall, Sam	86 Box Hill	9:06.78	LS
2 Ueda, Max	93 Melbourne Uni	9:13.72	LS
3 Loeckx, Declan	09 Collingwood	9:18.00	LS

2024/25 AVSL - Round 4 - Zone A**Results****...Event 14A Men 3000 Metre Run RESULTS Results**

4	Khalfan, Nawaaz	92	Melbourne Uni	9:28.57	LS
5	Quigley, William	10	Diamond Valley	9:30.36	LS
6	Martin, Bon	09	Western Athletics	9:37.46	LS
7	Lawford, Ian	93	Waverley-Malvern	9:41.61	LS
8	Finch, Nick	90	Doncaster	9:45.17	LS
9	Jordan, Callan	10	Western Athletics	9:46.71	LS
10	Whelan, Rhodri	07	Diamond Valley	9:47.46	LS
11	Delany, Liam	76	Mansfield	9:58.17	LS
12	Alder, Angus	10	Ringwood	10:14.29	LS
13	Denny, Tim	76	Doncaster	10:16.32	LS
14	Pilkington, Craig	89	Melbourne Uni	10:20.76	LS
15	Knuckey, Asher	10	Diamond Valley	10:26.24	LS
16	McEwen, Hudson	12	Nunawading	10:28.04	LS
17	Biernacki, Dustin	90	Melbourne Uni	10:32.37	LS
18	Jacobson, Oskar	12	Diamond Valley	10:32.73	LS
19	Borham, Edward	13	Doncaster	10:45.44	LS
20	Bassos, Jack	13	Western Athletics	10:48.88	LS
21	Daley, Jack	09	Diamond Valley	10:50.30	LS
22	Vaughan, David	66	Doncaster	10:52.35	LS
23	Ashok, Arun	91	Waverley-Malvern	10:56.13	LS
24	Colman, Alan	70	Old Xaverians	11:03.52	LS
25	Galvin-Stirling, Cameron	12	Collingwood	11:06.00	LS
26	Thomas, Michael	71	Mornington	11:21.65	LS
27	Down, Nathan	91	Doncaster	11:47.92	LS
28	Trinder-Rothin, Sebastia	11	Collingwood	11:51.0h	LS
--	Kostov, Alex	88	Doncaster	DNF	
--	Ethakada, Damon	86	Unattached	DQ	NO LS 10:38.12
--	Ledovski, Nikita	09	Essendon	DQ	NO LS 10:47.58
--	Saloyedoff, Blake	09	Yarra Ranges	DQ	NO LS 10:30.05
Section 2					
1	Warren, Lochlan	07	Old Xaverians	10:28.85	LS
2	Greig, David	01	Ivanhoe	10:43.08	LS
3	Rudd, Jordan	06	Diamond Valley	11:05.24	LS
4	McLennan, Campbell	72	Doncaster	11:34.76	LS
5	O'Loughlin, Dominic	68	Coburg	11:35.67	LS
6	Imbriano, Dino	74	St Kevins	11:36.84	LS
7	Greig, Barry	62	Ivanhoe	11:41.21	LS
8	Talbot, Nick	64	Coburg	12:09.06	LS
9	Merrett, Jason	72	Doncaster	12:10.66	LS
10	Lim, Ernest	74	Waverley-Malvern	12:12.33	LS
11	Wright, James	74	Coburg	12:20.94	LS
12	Bertei, Frank	66	Nunawading	12:25.38	LS
13	O'Callaghan, Alexander	88	Old Xaverians	12:58.68	LS
14	Spiteri, Nicholas	99	Waverley-Malvern	13:17.45	LS
15	Cram, Russell	70	Keilor St Bernards	13:28.71	LS
16	Harper, Anthony	73	Coburg	13:49.21	LS
17	Cashin, Peter	56	Western Athletics	13:58.66	LS
18	Moore, Gregory	52	Keilor St Bernards	14:16.17	LS
19	Hunt, Ian	58	Coburg	14:29.96	LS
20	Dell, Tony	63	Collingwood	14:50.91	LS
21	Hodgart, Mal	60	Western Athletics	15:09.05	LS
22	Douglas, Lyal	59	Diamond Valley	15:30.98	LS
23	Kennedy, Paul	57	Keilor St Bernards	15:33.45	LS
24	Derby, Shane	60	Collingwood	16:56.83	LS
--	Young, Jeff	65	Diamond Valley	DNF	
--	Clark, Charles	61	Coburg	DQ	NO LS 17:13.0
--	Archer, Hugh	10	Old Scotch	DQ	NO LS 10:22.00
--	Purcivall, Joshua	08	Casey Cardinia	DQ	NO LS 13:26.70

2024/25 AVSL - Round 4 - Zone A**Results****Event 15A Women 3000 Metre Run RESULTS Results**

Name	Year	Team	Finals	Points
Section 1				
1 Colman, Annabelle	04	Old Xaverians	10:12.28	LS
2 Tehennepe, Elodie	13	Wellington	10:47.42	LS
3 Bremner, Molly	10	Essendon	10:50.79	LS
4 Mayne, Jesse	99	Diamond Valley	11:01.32	LS
5 Paterson, Rachel	86	Ivanhoe	11:08.04	LS
6 Walkom, Lucy	11	Essendon	11:09.05	LS
7 L'Estrange, Matilda	06	Diamond Valley	11:11.96	LS
8 Bassos, Abigail	11	Western Athletics	11:24.51	LS
9 De Jersey, Sophie	03	Melbourne Uni	11:37.39	LS
10 Maloney, Erin	06	Diamond Valley	11:42.12	LS
11 Morris, Brooklyn	13	Casey Cardinia	11:54.88	LS
12 Guiney, Di	72	Old Xaverians	12:15.95	LS
13 Lammers, Monica	67	Old Scotch	12:38.94	LS
14 Littlehales, Ella	07	Diamond Valley	12:41.95	LS
15 Mijic, Jeka	94	Melbourne Uni	12:49.95	LS
16 Matthews, Hannah	10	Knox	12:59.41	LS
17 Hore, Ruby	02	Collingwood	13:20.07	LS
18 Guiney, Lexi	06	Old Xaverians	14:32.60	LS
19 Fitzgerald, Margaret	60	Old Xaverians	14:42.35	LS
20 Hodgart, Janice	63	Western Athletics	14:45.80	LS
21 Ryan, Kate	78	Diamond Valley	15:10.17	LS
22 Moxon, Jo	64	Diamond Valley	15:51.63	LS
23 Klotz, Amelia	10	Box Hill	16:01.08	LS
24 Warren, Silvia	72	Old Xaverians	16:55.93	LS
-- Tumbri, Hannah	11	Coburg	DQ	LS Calc time 12;21.7

Event 16A Mixed 5000 Metre Run RESULTS Results

Name	Year	Team	Finals	Points
1 Brandie, Dylan	M93	Western Athletics	18:12.29	LS
2 Rickard, James	M81	Ivanhoe	18:14.88	LS
3 Pinterova, Eliska	W04	Melbourne Uni	18:41.14	LS
4 Viney, Paul	M62	Collingwood	18:59.40	LS
5 Barnes, Scott	M70	Diamond Valley	20:23.32	LS
6 Hodgart, Claire	W96	Western Athletics	20:45.09	LS
7 Curry, John	M68	Doncaster	20:59.44	LS
8 Thode Minguet, Elena	W86	Melbourne Uni	21:03.95	LS
9 Kennedy, William	M05	Melbourne Uni	21:35.04	LS
10 Chambers, Chris	M97	Western Athletics	22:14.30	LS
11 Wong, Cyrus	M80	Diamond Valley	22:56.33	LS
12 Harvey, Michael	M62	Waverley-Malvern	23:28.28	LS
13 Kane, Rebecca	W80	Preston	26:17.22	LS
14 Hopkins, Jim	M49	Collingwood	27:10.45	LS

Event 17 Mixed Pole Vault 3.25m+ Sheet 01

Name	Year	Team	Finals	Points
Flight 1				
1 Andrews, Asher	M07	Diamond Valley	4.00m	
2 Rangi, Sukhnoor	W07	Essendon	3.85m	
3 D'Onofrio, Leon	M75	Coburg	3.70m	
3 Hamilton, Toby	M10	Diamond Valley	3.70m	
3 Rangi, Khushnoor	W07	Essendon	3.70m	

2024/25 AVSL - Round 4 - Zone A**Results****Event 18 Mixed Triple Jump Controlled Sheet 01**

Name	Year Team	Finals	Wind	Points
1 Brisevac, Frank	M93 Preston	15.12m	-2.4	
		15.12m(-2.4) 15.10m(-2.4)		
2 Grenade, Chloe	W99 Preston	12.20m	-0.3	
		12.19m(-2.9) FOUL(-0.7) 12.20m(-0.3)		
3 Young, Ethan	M10 Western Athletics	12.07m	-0.6	
		11.79m(1.5) 11.89m(-0.1) 12.07m(-0.6)		
4 Zarafa, Sophie	W05 Box Hill	11.68m	1.1	
		11.51m(-0.3) 11.54m(+0.0) 11.68m(1.1)		
5 Liyanage, Neha	W05 Ringwood	10.95m	1.1	
		10.53m(-1.5) 10.53m(-0.2) 10.95m(1.1)		
6 Zidane, Tahmid	M12 Doncaster	9.96m	1.6	
		FOUL(1.9) 9.63m(+0.0) 9.96m(1.6)		
-- Muraya, Christopher	M09 Keilor St Bernards	ND	NWI	
		FOUL(-0.2) FOUL(-0.4) FOUL(0.6)		

Event 18E Mixed Triple Jump Extra Jumps Non Scoring

Name	Year Team	Finals	Wind	Points
-- Grenade, Chloe	W99 Preston	X12.31m	NWI	
		x x 11.96m(0.8) FOUL(1.1) 12.31m(NWI)		
-- Zarafa, Sophie	W05 Box Hill	X11.80m	0.4	
		x x 11.66m(1.8) 11.71m(1.7) 11.80m(0.4)		

Event 19 Mixed Shot Put Sheet 01

Name	Year Team	Finals	Points
1 Rai, Gurpreet	M91 Preston	10.71m	
2 Hambling, Mark	M79 Western Athletics	10.55m	
3 Bhullar, Rajnihai Singh	M10 Preston	9.92m	
4 Lakusa, Kristian	M71 Essendon	9.65m	
5 Munasinghe, Kiyara	W13 Box Hill	9.53m	
6 Lovell, Scott	M65 Collingwood	9.02m	
6 Makin, Matthew	M75 Western Athletics	9.02m	
8 Bhullar, Fatehaviraj	M05 Preston	8.91m	
9 Krebs, Arianna	W09 Diamond Valley	8.75m	
10 Aulakh, Arnavjot	M05 Preston	7.50m	
11 Bhatt, Prem	M10 Preston	7.45m	
12 Galea, Marty	M56 Collingwood	7.36m	
13 Rai, Navdeep	W96 Preston	7.31m	
14 Kaur, Sukhman	W10 Preston	7.09m	
15 Chhoker, Jigar	M10 Preston	6.76m	
16 Ryan, Kate	W78 Diamond Valley	6.28m	
17 Sandhu, Reet	W11 Preston	6.13m	
18 Dell, Liam	M94 Collingwood	6.09m	
19 Prasanth, Anwita	W11 Preston	6.03m	
20 Papadopoulos, Sarah	W87 Diamond Valley	5.52m	

Event 20 Mixed Shot Put Sheet 02

Name	Year Team	Finals	Points
1 Peska, Stan	M56 Western Athletics	11.14m	
2 Hambling, Mason	M10 Western Athletics	9.67m	
3 Petersen, Timothy	M98 Keilor St Bernards	9.35m	
4 Chauhan, Ansh	M12 Preston	8.49m	
5 Kilmartin, Joshua	M09 Doncaster	8.07m	

2024/25 AVSL - Round 4 - Zone A**Results****...Event 20 Mixed Shot Put Sheet 02**

6	Kilmartin, Darryl	M66	Doncaster	7.45m
7	Kenshole, Gaelyne	W70	Diamond Valley	7.33m
8	Nelson, Cheryl	W65	Western Athletics	7.04m
9	Rowe, Tommi	M13	Diamond Valley	6.99m
10	Saini, Harivansh Singh	M11	Preston	6.98m
11	Hall, Gary	M59	Williamstown	6.96m
12	Dell, Tony	M63	Collingwood	6.67m
13	Dell, Brendan	M87	Collingwood	6.54m
14	Mavrakakis, Angela	W71	Keilor St Bernards	6.52m
15	Dell, Kieran	M91	Collingwood	6.17m
16	Gittins, Sarah	W70	Diamond Valley	5.92m
17	Margiolis, Joanna	W96	Preston	5.82m
18	Brown, Charli	W10	Western Athletics	5.73m
19	Szuhai-Andrews, Jenny-Ro	W65	Brunswick	4.85m
20	Cashin, Brenda	W64	Western Athletics	4.60m
21	Kane, Rebecca	W80	Preston	4.59m
22	Hodgart, Janice	W63	Western Athletics	4.30m

Event 21 Mixed Hammer Throw Controlled Sheet 01

Name	Year	Team	Finals	Points
1	Tirado, Fernanda	W09	Sandringham	58.33m
2	Wilson, Eva	W06	Box Hill	50.02m
3	Ashton, Amelia	W07	Essendon	47.92m
4	Riley, Wilson	M10	Diamond Valley	47.18m
5	Udugampala, Chehan	M09	Diamond Valley	45.98m
6	Ryan, Zoey	W09	Diamond Valley	42.38m
7	Moore, James	M10	Essendon	41.18m
8	Wilson, Freya	W08	Box Hill	38.88m
9	Korman, Lincoln	M11	Glenhuntly	36.89m
10	Smith, Vanessa	W07	Diamond Valley	29.52m

Event 21E Mixed Hammer Throw Extra Throws Non Scoring

Name	Year	Team	Finals	Points
--	Ashton, Amelia	W07	Essendon	X51.27m
--	Riley, Wilson	M10	Diamond Valley	X42.31m
--	Moore, James	M10	Essendon	X35.89m

Event 22 Mixed Triple Jump Sheet 02

Name	Year	Team	Finals	Wind	Points
1	Jeanes, Jeremiah	M07	Frankston	14.04m	NWI
2	Rai, Gurpreet	M91	Preston	12.79m	NWI
3	Mann, Jasman	M09	Preston	12.38m	NWI
4	Bhullar, Rajnihal Singh	M10	Preston	11.35m	NWI
5	Bhullar, Fatehaviraj	M05	Preston	10.97m	NWI
6	Jhangra, Jasman	M10	Preston	10.64m	NWI
7	Prasanth, Anwita	W11	Preston	10.44m	NWI
8	McGrath, Alessia	W12	Box Hill	10.26m	NWI
9	Maharjan, Arnav	M10	Preston	9.45m	NWI
10	Kaur, Sukhman	W10	Preston	9.26m	NWI
11	Chhoker, Jigar	M10	Preston	9.19m	NWI
12	Chauhan, Ansh	M12	Preston	8.88m	NWI
13	Collins, London	W12	Essendon	8.66m	NWI
14	Nicholls, Liv	W09	Diamond Valley	8.28m	NWI
15	Sandhu, Reet	W11	Preston	8.10m	NWI

2024/25 AVSL - Round 4 - Zone A**Results****...Event 22 Mixed Triple Jump Sheet 02**

16 Nicholls, Angus	M11 Diamond Valley	7.90m	NWI
17 Saini, Harivansh Singh	M11 Preston	7.20m	NWI
18 Galea, Marty	M56 Collingwood	6.36m	NWI

Event 23 Mixed Shot Put Sheet 03

Name	Year Team	Finals	Points
1 Nunn, Cooper	M10 Whittlesea C	10.76m	
2 Wood, Bruce	M54 Diamond Valley	10.23m	
3 Young, Ethan	M10 Western Athletics	9.54m	
4 Williams, Elliot	M09 Diamond Valley	9.39m	
5 Cummings, Marlon	M78 Essendon	8.64m	
6 Orr, Karl	M63 Williamstown	8.00m	
7 Dodd, Andrew	M66 Collingwood	7.91m	
8 Grenade, Chloe	W99 Preston	7.81m	
9 Howitt, Jodie	W66 Brunswick	7.47m	
10 Baker-Mayer, Jacob	M05 Western Athletics	7.34m	
11 Ryan, Ned	M11 Essendon	7.21m	
11 Botha, Talise	W11 Doncaster	7.21m	
13 Smith, Vanessa	W07 Diamond Valley	7.13m	
14 Neale, John	M51 Preston	6.96m	
15 Chivers, Eliza	W07 Doncaster	6.85m	
16 Cashin, Peter	M56 Western Athletics	6.27m	
17 Kaur, Jagjit	W83 Preston	6.26m	
18 Griffiths, Stephen	M48 Collingwood	5.97m	
19 Sargent, Jeffrey	M58 Collingwood	5.77m	

Event 24 Mixed Shot Put Controlled Sheet 04

Name	Year Team	Finals	Points
1 Eliadis, Theodore	M09 Casey Cardinia	16.59m	
15.78m 15.91m 16.59m			
2 Korman, Lincoln	M11 Glenhuntly	13.57m	
13.57m 12.51m FOUL			
3 Jeffrey, Tom	M11 Mentone	13.52m	
FOUL 12.63m 13.52m			
4 Udugampala, Chehan	M09 Diamond Valley	13.45m	
13.45m 12.25m 12.51m			
5 Nu'U, Jerome	M11 Diamond Valley	13.11m	
12.52m 13.11m 12.97m			
6 Moore, James	M10 Essendon	12.53m	
12.42m 12.53m 12.53m			
7 Tirado, Fernanda	W09 Sandringham	11.79m	
11.75m 10.82m 11.79m			
8 Nathan, Babette	W09 Box Hill	11.40m	
11.39m 11.40m FOUL			
9 Walsh, Kim	W72 Essendon	11.09m	
FOUL FOUL 11.09m			
10 Riley, Wilson	M10 Diamond Valley	10.92m	
FOUL 10.92m FOUL			

Event 24E Mixed Shot Put Extra Throws Non Scoring

Name	Year Team	Finals	Points
-- Eliadis, Theodore	M09 Casey Cardinia	X16.90m	
16.85m 16.44m 16.90m			

2024/25 AVSL - Round 4 - Zone A**Results****Event 25 Mixed Hammer Throw Sheet 02**

Name	Year Team	Finals	Points
1 Hambling, Mark	M79 Western Athletics	31.30m	
2 Hambling, Mason	M10 Western Athletics	31.04m	
3 Peska, Stan	M56 Western Athletics	30.01m	
4 De Biasi, Luke	M63 Diamond Valley	23.08m	
5 Kenshole, Gaelyne	W70 Diamond Valley	22.32m	
6 Lovell, Scott	M65 Collingwood	22.05m	
7 Makin, Matthew	M75 Western Athletics	21.85m	
8 Kozaris, Gabriel	M12 Diamond Valley	21.15m	
9 Rowe, Tommi	M13 Diamond Valley	21.01m	
10 Lakusa, Kristian	M71 Essendon	20.94m	
11 Dell, Liam	M94 Collingwood	19.44m	
12 Gittins, Sarah	W70 Diamond Valley	16.72m	
13 Cashin, Brenda	W64 Western Athletics	15.46m	
14 Papadopoulos, Sarah	W87 Diamond Valley	14.56m	
15 Dell, Kieran	M91 Collingwood	12.49m	
16 Szuhai-Andrews, Jenny-Ro	W65 Brunswick	9.82m	
-- Dell, Brendan	M87 Collingwood	X15.17m	nci

Event 26 Mixed Pole Vault 2.65-3.55m Sheet 02

Name	Year Team	Finals	Points
1 Mannering, Alanna	W11 Keilor St Bernards	2.95m	
1 Garbiec, Tesia	W10 Essendon	2.95m	
1 Macrae, Catherine	W79 Coburg	2.95m	
1 Boylen, Christopher	M63 Collingwood	2.95m	
5 McDowell, Natasha	W95 Box Hill	2.80m	
-- McConnell, David	M52 Box Hill	NH	

Event 27 Mixed Triple Jump Sheet 03

Name	Year Team	Finals	Wind	Points
1 Williams, Elliot	M09 Diamond Valley	11.82m	NWI	
2 Botha, Zander	M10 Doncaster	11.48m	NWI	
3 Petersen, Timothy	M98 Keilor St Bernards	10.87m	NWI	
4 Orr, Edward	M09 Essendon	10.78m	NWI	
5 Ryan, Ned	M11 Essendon	10.38m	NWI	
6 Botha, Talise	W11 Doncaster	9.94m	NWI	
7 Ashok, Arun	M91 Waverley-Malvern	9.70m	NWI	
8 Smith, Vanessa	W07 Diamond Valley	9.14m	NWI	
9 Kilmartin, Darryl	M66 Doncaster	8.66m	NWI	
10 Kenshole, Gaelyne	W70 Diamond Valley	8.15m	NWI	
11 Walsh, Kim	W72 Essendon	8.13m	NWI	
12 Dell, Brendan	M87 Collingwood	7.87m	NWI	
13 Rai, Navdeep	W96 Preston	7.63m	NWI	
14 Williams, Matthew	M92 Williamstown	7.49m	NWI	
15 Matthews, Cathy	W66 Keilor St Bernards	7.35m	NWI	
16 Graham, Michelle	W67 Keilor St Bernards	6.97m	NWI	
17 Littlehales, Jesse	M04 Diamond Valley	6.95m	NWI	
18 Orr, Catherine	W13 Essendon	6.75m	NWI	
19 Nelson, Cheryl	W65 Western Athletics	5.82m	NWI	
-- Cashin, Brenda	W64 Western Athletics	ND	NWI	

2024/25 AVSL - Round 4 - Zone A**Results****Event 28 Mixed Shot Put Sheet 05**

Name	Year Team	Finals	Points
1 Andrews, Asher	M07 Diamond Valley	12.03m	
2 Kozaris, Gabriel	M12 Diamond Valley	10.52m	
3 Papakonstantinou, Mariah	W01 Doncaster	9.17m	
4 Mann, Balreet Kaur	W12 Essendon	8.39m	
5 Hore, Ruby	W02 Collingwood	8.30m	
6 Levy, Teiva	W08 Doncaster	7.43m	
7 Greig, Barry	M62 Ivanhoe	7.33m	
8 Mazzocca, Joseph	M72 Preston	7.11m	
9 Derby, Shane	M60 Collingwood	6.92m	
10 Murray, Caden	M02 Diamond Valley	6.88m	
11 Nicholls, Angus	M11 Diamond Valley	6.68m	
12 Nicholls, Liv	W09 Diamond Valley	6.59m	
13 Jeevithan, Aarthika	W13 Preston	6.46m	
14 Murray, Maryann	W69 Diamond Valley	6.27m	
15 Mori, Joji	M79 Richmond	6.08m	
16 Pilkington, Craig	M89 Melbourne Uni	6.07m	
17 Nicholls, Meg	W78 Diamond Valley	5.74m	
18 Oberoi, Manya	W13 Preston	4.31m	
19 Brain, Tony	M64 Melbourne Uni	4.17m	
20 Thode Minguet, Elena	W86 Melbourne Uni	4.10m	

Event 29 Mixed Shot Put Sheet 06

Name	Year Team	Finals	Points
1 McBrien, Maddison	W03 Box Hill	10.91m	
2 Jaworski, Charlotte	W12 Knox	10.49m	
3 Cazaux, Claudia	W04 Mentone	10.03m	
4 Cram, Wilson	M03 Keilor St Bernards	9.86m	
5 Lyle, Brighton	M06 Nunawading	9.44m	
6 Rudd, Darren	M66 Diamond Valley	9.08m	
7 Galhindarachchi, Selini	W12 Nunawading	8.48m	
8 Kariuki, Jeremy	M06 Casey Cardinia	8.43m	
9 Hawkins, Trenton	M79 Preston	7.69m	
10 Cram, Russell	M70 Keilor St Bernards	7.47m	
11 Schroeter, James	M70 Whittlesea C	7.42m	
12 Klotz, Amelia	W10 Box Hill	7.23m	
13 Mann, Jasman	M09 Preston	7.17m	
14 Raban, Azain	M75 Collingwood	7.13m	
15 Hawkins, Charmaine	W93 Preston	6.61m	
16 Jhangra, Jasman	M10 Preston	6.23m	
17 Guiney, Di	W72 Old Xaverians	5.63m	
18 Atkinson, James	M66 Waverley-Malvern	4.33m	
19 Moxon, Jo	W64 Diamond Valley	3.88m	

Event 30 Mixed Hammer Throw Sheet 03

Name	Year Team	Finals	Points
1 Canepa, Aliyah	W02 Western Athletics	49.90m	
2 Madhuwanthi Palangas, Ay	W89 Preston	42.99m	
3 Canepa, Fernando	M76 Western Athletics	42.74m	
4 Seton, William	M97 Box Hill	41.59m	
5 Smith, Tara	W06 Diamond Valley	39.71m	
6 McCowan, Catherine	W85 Box Hill	39.35m	
7 Hewitt, Sarah	W74 Box Hill	30.26m	
8 Wood, Bruce	M54 Diamond Valley	26.38m	
9 Howitt, Jodie	W66 Brunswick	23.88m	

2024/25 AVSL - Round 4 - Zone A**Results****...Event 30 Mixed Hammer Throw Sheet 03**

10 Dux, Jessica	W84 Doncaster	23.42m
11 Nathan, Babette	W09 Box Hill	23.32m
12 Orr, Karl	M63 Williamstown	19.63m
13 Dodd, Andrew	M66 Collingwood	18.59m
14 Griffiths, Stephen	M48 Collingwood	15.75m
15 Dell, Tony	M63 Collingwood	15.61m
16 Mazzocca, Joseph	M72 Preston	14.22m
17 Jones, David	M51 Essendon	13.96m

Event 31 Mixed Pole Vault 1.60-2.95m Sheet 03

Name	Year Team	Finals	Points
1 Kenshole, Gaelyne	W70 Diamond Valley	2.65m	
2 Dell, Liam	M94 Collingwood	2.50m	
2 Cooper, Charlie	M09 Diamond Valley	2.50m	
4 Dell, Brendan	M87 Collingwood	2.35m	
5 Bishop, Riley	W11 Essendon	2.20m	
5 Boylen, Adele	W99 Collingwood	2.20m	
7 Galea, Marty	M56 Collingwood	1.75m	

Event 32 Mixed Triple Jump Sheet 04

Name	Year Team	Finals	Wind	Points
1 Hurley, James	M05 Diamond Valley	11.64m	NWI	
2 Liu, Juliette	W11 Box Hill	10.33m	NWI	
3 Kroussoratis, Liam	M11 Essendon	10.23m	NWI	
4 Hutchison, Avery	W10 Essendon	10.17m	NWI	
5 Mann, Balreet Kaur	W12 Essendon	10.10m	NWI	
6 Jeevithan, Aarthika	W13 Preston	9.80m	NWI	
7 Schroeter, James	M70 Whittlesea C	9.42m	NWI	
8 Virk, Rajkamal Singh	M11 Essendon	8.15m	NWI	
9 Maroge, Alyssa	W13 Preston	8.09m	NWI	
10 Luck, Greg	M61 Diamond Valley	7.99m	NWI	
11 Mazzocca, Joseph	M72 Preston	7.86m	NWI	
12 Firth, Anna	W13 Doncaster	7.80m	NWI	
13 Chambers, Chris	M97 Western Athletics	7.75m	NWI	
14 Cram, Russell	M70 Keilor St Bernards	7.72m	NWI	
15 Klotz, Amelia	W10 Box Hill	7.56m	NWI	
16 Kaur, Jagjit	W83 Preston	6.76m	NWI	
17 Nicholls, Meg	W78 Diamond Valley	6.65m	NWI	

Event 33 Mixed Shot Put Sheet 07

Name	Year Team	Finals	Points
1 Seton, William	M97 Box Hill	12.19m	
2 Canepa, Fernando	M76 Western Athletics	10.24m	
3 Hamilton, Toby	M10 Diamond Valley	9.62m	
3 Hewitt, Sarah	W74 Box Hill	9.62m	
5 Canepa, Aliyah	W02 Western Athletics	9.50m	
6 Collins, Jeff	M06 Athletics So	9.19m	
7 McCowan, Catherine	W85 Box Hill	9.17m	
8 Smith, Tara	W06 Diamond Valley	7.93m	
9 Boyce, Oliver	M97 Melbourne Uni	7.81m	
10 Dux, Jessica	W84 Doncaster	7.69m	
11 Burke, David	M75 Ivanhoe	7.42m	
12 Clark, Charles	M61 Coburg	6.81m	
13 Albiston, Simone	W66 Waverley-Malvern	6.35m	

2024/25 AVSL - Round 4 - Zone A**Results****...Event 33 Mixed Shot Put Sheet 07**

14 Matthews, Cathy	W66 Keilor St Bernards	5.74m
15 Carter, Kenneth	M52 Coburg	5.40m
16 Elms, Donna-Marie	W61 Preston	4.15m

Event 34 Mixed Shot Put Sheet 08

Name	Year Team	Finals	Points
1 McLennan, Lewis	M11 Doncaster	11.38m	
2 Hastie, Damian	M74 Chilwell	9.69m	
3 Udugampala, Lalith	M72 Diamond Valley	9.57m	
4 Botha, Zander	M10 Doncaster	9.54m	
5 McLennan, Hamish	M09 Doncaster	9.47m	
6 McLennan, Campbell	M72 Doncaster	9.12m	
7 Delbridge, Adam	M72 Collingwood	8.09m	
8 Watts, Charlie	M07 Mansfield	7.99m	
9 McConnell, David	M52 Box Hill	7.75m	
10 Fleming, Ryan	M85 Mornington	6.94m	
11 Andison, Jared	M77 Ringwood	6.86m	
12 Peak, Kim	W66 Doncaster	6.39m	
13 Delany, Liam	M76 Mansfield	6.35m	
14 Benke, Geza	M56 Old Melburnians	6.10m	
15 Evans, Simon	M60 Box Hill	5.73m	
16 Peak, Emma	W04 Doncaster	5.61m	
-- Heward, Tyran	M01 Ringwood	X7.96m	nci

Event 35 Mixed Hammer Throw Sheet 04

Name	Year Team	Finals	Points
1 Jenkins, Dorn	W55 Mentone	35.67m	
2 Walsh, Kim	W72 Essendon	32.33m	
3 Veltman, Felix	M12 Essendon	26.96m	
4 Boylen, Christopher	M63 Collingwood	23.30m	
5 Riddoch, Clyde	M53 Waverley-Malvern	22.92m	
6 Hawkins, Trenton	M79 Preston	22.86m	
7 Papakonstantinou, Mariah	W01 Doncaster	21.60m	
8 Neale, John	M51 Preston	19.99m	
9 Sparkes, Meg	W03 Yarra Ranges	17.69m	
10 Murray, Maryann	W69 Diamond Valley	17.63m	
11 Hawkins, Charmaine	W93 Preston	17.44m	
12 Hore, Ruby	W02 Collingwood	17.29m	
13 Derby, Shane	M60 Collingwood	15.34m	
14 Rickard, Ian	M56 Brunswick	13.45m	
15 Nicholls, Liv	W09 Diamond Valley	8.96m	

Event 36 Mixed Triple Jump Sheet 05

Name	Year Team	Finals	Wind	Points
1 Udugampala, Lalith	M72 Diamond Valley	9.45m	NWI	
2 Brown, Charli	W10 Western Athletics	9.32m	NWI	
3 Sanossian, Anoushka	W09 Western Athletics	9.29m	NWI	
4 Rudd, Jordan	M06 Diamond Valley	9.01m	NWI	
5 Burke, David	M75 Ivanhoe	8.99m	NWI	
6 Rudd, Darren	M66 Diamond Valley	8.75m	NWI	
7 Ueda, Max	M93 Melbourne Uni	7.91m	NWI	
8 Kondys, Evangeline	W10 Collingwood	7.90m	NWI	
9 Wong, Cyrus	M80 Diamond Valley	7.42m	NWI	
10 Parris, Carla	W12 Ivanhoe	6.77m	NWI	

2024/25 AVSL - Round 4 - Zone A**Results****...Event 36 Mixed Triple Jump Sheet 05**

11 Benke, Geza	M56 Old Melburnians	5.80m	NWI
12 Neale, John	M51 Preston	4.74m	NWI

Event 37 Mixed Shot Put Sheet 09

Name	Year Team	Finals	Points
1 Thomas, Annabelle	W09 Essendon	10.38m	
2 Nunn, Zac	M11 Whittlesea C	9.82m	
3 Almond, Ash	M91 Yarra Ranges	9.35m	
4 Virk, Rajkamal Singh	M11 Essendon	8.61m	
5 Morphett, Edwin	M08 Mansfield	7.82m	
6 Boylen, Christopher	M63 Collingwood	7.57m	
7 Scott, Joshua	M02 Diamond Valley	7.05m	
8 Riddoch, Clyde	M53 Waverley-Malvern	6.88m	
9 Cashin, Amy	W94 Western Athletics	6.73m	
10 Williams, Matthew	M92 Williamstown	6.58m	
11 Scott, Adam	M71 Diamond Valley	6.42m	
12 King, Michelle	W64 Diamond Valley	6.40m	
13 Luck, Greg	M61 Diamond Valley	6.22m	
14 Sparkes, Meg	W03 Yarra Ranges	5.92m	
15 Bukovsan, Kate	W09 Ivanhoe	5.81m	
16 Hodgart, Claire	W96 Western Athletics	5.79m	
17 Rickard, Ian	M56 Brunswick	5.56m	
18 Palmer, Ashleigh	W10 Ivanhoe	5.31m	
19 Andison, Max	M10 Ringwood	5.24m	
20 Delany, Archie	M14 Mansfield	5.01m	
21 Chambers, Chris	M97 Western Athletics	4.76m	

Event 38 Mixed Hammer Throw Sheet 05

Name	Year Team	Finals	Points
1 McLennan, Hamish	M09 Doncaster	33.80m	
2 McLennan, Lewis	M11 Doncaster	32.98m	
3 Galea, Marty	M56 Collingwood	26.12m	
4 Peak, Kim	W66 Doncaster	25.74m	
5 Rai, Gurpreet	M91 Preston	25.43m	
6 Chhoker, Jigar	M10 Preston	17.43m	
7 Bhullar, Rajnihal Singh	M10 Preston	17.02m	
8 Albiston, Simone	W66 Waverley-Malvern	15.94m	
9 Rai, Navdeep	W96 Preston	15.66m	
10 Maharjan, Arnav	M10 Preston	13.59m	
11 Elms, Donna-Marie	W61 Preston	12.13m	
12 Carter, Kenneth	M52 Coburg	12.12m	

Event 39 Mixed Shot Put Seated Sheet 12

Name	Year Team	Finals	Points
1 Wyatt, Jessee	M96 Casey Cardinia	9.08m	
7.78m 9.08m 8.79m			
2 Clemens, Will	M03 Casey Cardinia	6.44m	
6.10m 6.44m 6.28m			

Event 39E Mixed Shot Put Extra Throws Non Scoring

Name	Year Team	Finals	Points
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2024/25 AVSL - Round 4 - Zone A**Results****...Event 39E Mixed Shot Put Extra Throws Non Scoring**

-- Wyatt, Jessee	M96 Casey Cardinia	X8.89m
8.50m 8.89m 8.83m		
-- Clemens, Will	M03 Casey Cardinia	X6.59m
5.95m 6.13m 6.59m		

Event 40 Mixed Discus Throw Seated Sheet 07

Name	Year Team	Finals	Points
1 Wyatt, Jessee	M96 Casey Cardinia	18.93m	
16.38m 18.93m FOUL			

Event 40E Mixed Discus Throw Extra Throws Non Scoring

Name	Year Team	Finals	Points
-- Wyatt, Jessee	M96 Casey Cardinia	X19.16m	
14.78m 19.16m 18.75m			

Event 41 Mixed Javelin Throw Seated Sheet 01

Name	Year Team	Finals	Points
1 Clemens, Will	M03 Casey Cardinia	15.05m	
14.40m 13.96m 15.05m			

Event 41E Mixed Javelin Throw Extra Throws Non Scoring

Name	Year Team	Finals	Points
-- Clemens, Will	M03 Casey Cardinia	X15.74m	
14.78m 15.14m 15.74m			

Event 42 Mixed Hammer Throw Throw & Go Sheet 06

Name	Year Team	Finals	Points
1 Almond, Ash	M91 Yarra Ranges	22.48m	
2 King, Michelle	W64 Diamond Valley	17.34m	
3 Delbridge, Adam	M72 Collingwood	16.96m	
4 Cashin, Amy	W94 Western Athletics	15.85m	
5 Van Dueren, Philip	M59 Melbourne Uni	15.25m	
6 Petersen, Timothy	M98 Keilor St Bernards	14.86m	
-- Colman, Alan	M70 Old Xaverians	ND	
-- Williams, Matthew	M92 Williamstown	ND	

Event 43 Mixed Shot Put Throw & Go Sheet 11

Name	Year Team	Finals	Points
1 Bentley, Ryan	M85 Waverley-Malvern	8.04m	
2 Khalfan, Nawaaz	M92 Melbourne Uni	7.50m	
3 Torres, Daniel	M00 Western Athletics	7.31m	
3 Vaughan, David	M66 Doncaster	7.31m	
5 Miesen, Paul	M65 Keilor St Bernards	7.06m	
6 Ueda, Max	M93 Melbourne Uni	6.68m	
7 Colman, Alan	M70 Old Xaverians	5.69m	
8 Young, Jeff	M65 Diamond Valley	5.34m	
9 Jones, David	M51 Essendon	5.15m	
-- Purcivall, Joshua	M08 Casey Cardinia	ND	