

2025/26 AVSL - Round 10 - Zone A**Results****Event 1 Men 400 Metre Hurdles Hurdles 0.914m**

Name	Year Team	Finals	Points
Section 1			
1 Parker, Frazer	06 Ringwood	58.77	
2 Petersen, Timothy	98 Keilor St Bernards	1:01.82	
-- Daffey, Finn	07 Keilor St Bernards	DQ	56.82

Event 2 Men 400 Metre Hurdles Hurdles 0.838m

Name	Year Team	Finals	Points
Section 1			
1 Lowe, William	09 Essendon	1:00.07	
2 Sujeendran, Suvan	09 Glenhuntly	1:02.76	
3 Jayasooriya, Elijah	10 Keilor St Bernards	1:02.85	
4 Orr, Edward	09 Essendon	1:03.79	
Section 2			
1 Schroeter, James	70 Whittlesea C	1:14.05	
2 Burke, David	75 Ivanhoe	1:22.37	

Event 3 Women 400 Metre Hurdles Hurdles 0.762m

Name	Year Team	Finals	Points
Section 1			
1 Harding, Shakira	07 Doncaster	1:00.73	
2 Roman, Daniela	96 Williamstown	1:02.78	
3 Holah, Amelie	05 Box Hill	1:03.12	
4 Powell, Kundali	03 Sandringham	1:11.47	
Section 2			
1 Stott, Tyler	09 Keilor St Bernards	1:11.81	
2 Sujeendran, Surapiga	10 Glenhuntly	1:14.85	
3 Taylor, Cary	08 Essendon	1:22.78	
4 Ettridge, Eloise	98 Ringwood	1:37.80	

Event 4 Men 300 Metre Hurdles Hurdles 0.762m

Name	Year Team	Finals	Points
Section 1			
1 Baldry, Alan	63 Western Athletics	53.04	

Event 7 Women 200 Metre Hurdles Hurdles 0.762m

Name	Year Team	Finals	Points
Section 1 Wind: 2.6			
1 Dela Cruz-Smaldon, Layla	11 Whittlesea C	29.76	
2 Morton, Tilly	12 Knox	32.74	
3 Dux, Chloe	12 Doncaster	37.99	
Section 2 Wind: NWI			
1 Poddubnaia, Taya	12 Sandringham	32.53	
2 Maddineni, Sri Lakshmi	13 Coburg	43.68	

Event 8A Women 800 Metre Run RESULTS Results

Name	Year Team	Finals	Points
Section 1			
1 Haidar, Karen	01 Mentone	2:11.77	
2 Sherry, Briana	03 Casey Cardinia	2:11.89	

2025/26 AVSL - Round 10 - Zone A**Results****...Event 8A Women 800 Metre Run RESULTS Results**

3	Sacaner, Lara	06	Essendon	2:12.85
4	Mackrell, Janae	02	Western Athletics	2:15.00
5	Ellis, Leanne	08	Western Athletics	2:16.08
6	Sekias, Madeleine	10	Box Hill	2:16.55
7	Fallen, Ella	11	Box Hill	2:16.74
8	Hungerford, Erica	98	Melbourne Uni	2:19.46
Section 2				
1	Jackson, Charlotte	06	Essendon	2:18.67
2	Abfalter, Kate	99	Melbourne Uni	2:19.73
3	Bishop, Elodie	11	Unattached	2:21.32
4	Grant, Phoebe	11	Old Scotch	2:22.04
5	Savage, Audrey	04	Essendon	2:22.20
6	Shead, Alexis	09	Essendon	2:22.48
7	Brown, Freya	06	Essendon	2:24.69
8	Louw, Amber	04	Melbourne Uni	2:25.42
9	Jayasinghe, Saana	09	Essendon	2:28.35
10	Scot-Dalgleish, Poppy	07	Diamond Valley	2:38.94
Section 3				
1	Marazzato, Lily	07	Wellington	2:25.64
2	Bremner, Tamai	84	Athletics So	2:26.66
3	Ryan, Vivienne	13	Essendon	2:27.05
4	Williams, Keely	09	Western Athletics	2:30.01
5	Baker, Vivienne	13	Mentone	2:30.34
6	Napoletano, Isabella	10	Diamond Valley	2:31.21
7	Mehta, Riddhi	10	Essendon	2:32.14
8	Mifsud, Emily	06	Essendon	2:32.36
9	Parris, Carla	12	Ivanhoe	2:36.75
Section 4				
1	Bassos, Abigail	11	Western Athletics	2:30.93
2	McDonald, Ella	11	Western Athletics	2:31.56
3	Ryan, Zoey	09	Diamond Valley	2:35.56
4	Sacco, Estelle	08	Essendon	2:41.92
5	Thode Minguet, Elena	86	Melbourne Uni	2:43.32
6	Mihaljevic, Jasmina	12	Essendon	2:44.72
7	Bukovsan, Kate	09	Ivanhoe	2:46.64
8	Kersten, Sanna	11	Diamond Valley	2:47.84
9	Lucas, Emma	83	Essendon	2:56.26
Section 5				
1	Taylor, Ella	12	Collingwood	2:47.96
2	Norwood, Sofia	11	Diamond Valley	2:48.03
3	Burke, Hayley	96	Western Athletics	2:50.45
4	Littlehales, Ella	07	Diamond Valley	2:51.45
5	Fukunaga, Aya	74	Old Xaverians	2:54.45
6	Ryan, Kate	78	Diamond Valley	2:54.92
7	McKenzie, Debbie	69	Diamond Valley	2:59.05
8	Chugg, Claudia	14	Ivanhoe	3:05.54
9	Wright, Kirra	08	Diamond Valley	3:34.04
Section 6				
1	Kane, Rebecca	80	Preston	3:16.72
2	Hodgart, Janice	63	Western Athletics	3:23.51
3	Armstrong, Maggie	62	Essendon	3:23.59
4	Moxon, Jo	64	Diamond Valley	3:27.72
5	Lague, Amelie	05	Old Xaverians	3:34.28
6	Papadopoulos, Sarah	87	Diamond Valley	3:35.81
7	King, Michelle	64	Diamond Valley	3:40.24
8	Szuhai-Andrews, Jenny-Ro	65	Brunswick	5:05.60

2025/26 AVSL - Round 10 - Zone A**Results****Event 9A Men 800 Metre Run RESULTS Results**

Name	Year	Team	Finals	Points
Section 1				
1 Matthews, Patrick	98	Keilor St Bernards	1:57.10	
2 Dumsday, Owen	03	Ivanhoe	1:57.51	
3 Carlin, Joshua	07	Box Hill	1:57.52	
4 Linke, Alexander	05	Ivanhoe	1:57.60	
5 Morrison, Mackye	07	Box Hill	1:59.29	
6 Hurst, Caleb	09	Keilor St Bernards	2:00.36	
7 Batt, Brodie	09	Diamond Valley	2:01.38	
8 Callaghan, William	07	Athletics So	2:04.82	
9 Morphett, Edwin	08	Mansfield	2:20.99	
Section 2				
1 Miesen, Solomon	03	Keilor St Bernards	1:56.85	
2 Sheen, Lachlan	06	Melbourne Uni	1:57.11	
3 Woods, Magnus	06	Chilwell	1:58.76	
4 Donarelli, Leonardo	11	Ivanhoe	1:59.39	
5 Lewis-Lyons, William	09	Collingwood	1:59.49	
6 Wright, Jackson	07	Western Athletics	1:59.74	
7 Tomkins, Nicholas	09	Diamond Valley	2:01.63	
8 Lichter, Oscar	08	Essendon	2:02.94	
9 Thompson, Aden	09	Essendon	2:03.89	
10 Crouch, Jude	08	Box Hill	2:07.43	
Section 3				
1 Nuhu, Ganiyu	10	Essendon	2:00.05	
2 Field, Jack	10	Ringwood	2:00.78	
3 Imbriano, Glen	08	Diamond Valley	2:00.80	
4 McLennan, Hamish	09	Doncaster	2:01.19	
5 Curlewis, Henry	10	Old Scotch	2:01.57	
6 Rizk, Nathan	07	Essendon	2:01.87	
7 Madden, Zavier	11	Glenhuntly	2:02.25	
8 Dean, Joel	10	Mentone	2:05.70	
9 Ledovski, Nikita	09	Essendon	2:09.13	
10 Lowe, Aidan	11	Essendon	2:13.93	
Section 4				
1 Jayalath, Amila	05	Casey Cardinia	2:03.51	
2 Shao, Zhengcong	03	Melbourne Uni	2:03.87	
3 Gray, Lenny	11	Essendon	2:04.04	
4 Loeckx, Declan	09	Collingwood	2:04.21	
5 Bentley, Ryan	85	Waverley-Malvern	2:04.49	
6 Jordan, Callan	10	Western Athletics	2:04.69	
7 Avery, Raphael	10	Essendon	2:06.05	
8 Mathews, Luke	04	Keilor St Bernards	2:06.36	
9 Deans, Ryder	11	Western Athletics	2:06.52	
10 Jardine, Chase	09	Essendon	2:07.83	
Section 5				
1 Barber, Blake	00	Western Athletics	2:09.29	
2 Murray, Yorke	11	Diamond Valley	2:09.73	
3 Whelan, Rhodri	07	Diamond Valley	2:10.09	
4 Levidis, Cody	12	Keilor St Bernards	2:10.44	
5 Ille, Cooper	12	Glenhuntly	2:11.66	
6 Rudd, Jordan	06	Diamond Valley	2:12.96	
7 French, Isaac	13	Western Athletics	2:14.42	
8 Ball, Lachlan	10	Casey Cardinia	2:15.00	
9 Pilkington, Craig	89	Melbourne Uni	2:17.57	
10 Jaszewski, Roman	14	Western Athletics	2:33.58	
Section 6				
1 Harper, Kahan	04	Melbourne Uni	2:12.96	
2 Morton, Scott	80	Knox	2:13.39	
3 McLennan, Campbell	72	Doncaster	2:14.55	

2025/26 AVSL - Round 10 - Zone A**Results****...Event 9A Men 800 Metre Run RESULTS Results**

4	Crutchley, Flynn	12	Knox	2:15.60	
5	Delany, Liam	76	Mansfield	2:15.81	
6	Ryan, Ned	11	Essendon	2:18.35	
7	Brown, Hugo	13	Keilor St Bernards	2:21.25	
8	Daly, Ben	74	Collingwood	2:22.60	
9	Lynn, Harry	09	Williamstown	2:24.01	
10	Horne, Oscar	14	Box Hill	2:25.32	
Section 7					
1	McCall, Noah	06	Keilor St Bernards	2:17.34	
2	Trinder-Rothin, Sebastia	11	Collingwood	2:24.50	
3	Hong-Tan, Christian	89	Richmond	2:29.49	
4	Reed, Jack	04	Preston	2:30.34	
5	Collins, Jeff	06	Athletics So	2:30.45	
6	Gray, Zane	11	Essendon	2:30.99	
7	Lewis-Lyons, Oliver	12	Collingwood	2:32.16	
8	Kilmartin, Joshua	09	Doncaster	2:34.46	
9	Tsorlinis, Christos	11	Old Xaverians	2:47.22	
10	Dhammi, Nitesh	95	Williamstown	2:59.19	
Section 8					
1	Stratford, Charlie	11	Box Hill	2:29.45	
2	Delany, Archie	14	Mansfield	2:31.66	
3	Galvin-Stirling, Cameron	12	Collingwood	2:32.70	
4	Brandie, Dylan	93	Western Athletics	2:33.65	
5	Jardine, Tate	11	Essendon	2:35.53	
6	Harper, Anthony	73	Coburg	2:35.61	
7	Parker, Max	11	Collingwood	2:36.38	
8	Barnes, Scott	70	Diamond Valley	2:38.68	
9	Baldry, Alan	63	Western Athletics	2:41.73	
10	McKenzie, Andrew	65	Diamond Valley	2:47.78	
Section 9					
1	Talbot, Nick	64	Coburg	2:46.52	
2	Douglas, Lyal	59	Diamond Valley	2:49.32	
3	Veljanovski, Spars	68	Essendon	2:49.65	
4	Van Dueren, Philip	59	Melbourne Uni	2:51.03	
5	Littlehales, Jesse	04	Diamond Valley	2:52.00	
6	Wong, Cyrus	80	Diamond Valley	2:52.79	
7	Hawkins, Trenton	79	Preston	2:54.67	
8	Young, Jeff	65	Diamond Valley	2:56.93	
9	Cram, Russell	70	Keilor St Bernards	3:04.74	
10	Brain, Tony	64	Melbourne Uni	3:36.18	
Section 10					
1	Diers, Fiete	12	Williamstown	2:29.13	
2	Adams, Jarrod	76	Williamstown	2:56.76	
3	Solomon, Kevin	47	Richmond	3:15.56	
4	Kennedy, Paul	57	Keilor St Bernards	3:18.85	
5	Risk, Peter	56	Richmond	3:19.63	
6	Meaney, Michael	55	Coburg	3:21.75	
7	Hunt, Ian	58	Coburg	3:26.27	
8	Dell, Tony	63	Collingwood	3:29.58	
9	Jones, David	51	Essendon	3:41.95	
10	Clark, Charles	61	Coburg	4:00.37	
--	Daley, Jack	09	Diamond Valley	X2:25.65	NCI

Event 10 Women 200 Metre Sprint All Female

Name	Year	Team	Finals	Points	
=====					
Section 1 Wind: 1.6					
1		Boyne, Keely	02	Diamond Valley	24.45
2		Lawson, Nina	99	Essendon	24.87

2025/26 AVSL - Round 10 - Zone A**Results****...Event 10 Women 200 Metre Sprint All Female**

3	Harding, Shakira	07 Doncaster	24.89
4	Oliver, Katie	06 Diamond Valley	24.95
5	Tobin, Ella	04 Melbourne Uni	24.98
6	Sanossian, Anoushka	09 Western Athletics	25.69
7	Iyer, Akshaya	96 Melbourne Uni	25.84
8	White, Emma	10 Keilor St Bernards	26.96
Section 2 Wind: 1.5			
1	Holah, Amelie	05 Box Hill	26.26
2	Beattie, Kaeley	14 Knox	26.74
2	Koeleman-Wilson, Madelen	98 Essendon	26.74
4	Dela Cruz-Smalton, Layla	11 Whittlesea C	26.86
5	Mann, Balreet Kaur	12 Essendon	27.32
6	Monaghan, Mia	08 Essendon	27.39
7	Wickham, Catherine	07 Essendon	27.68
8	Powell, Kundali	03 Sandringham	27.95
Section 3 Wind: +0.0			
1	Stott, Tyler	09 Keilor St Bernards	27.38
2	Shaw, Lucia	10 Glenhuntly	27.77
3	Bremner, Tamai	84 Athletics So	28.24
4	Prasanth, Anwita	11 Preston	28.29
5	Gorr, Shelly	74 Collingwood	28.42
6	Bukovsan, Kate	09 Ivanhoe	29.30
7	Chivers, Eliza	07 Doncaster	30.12
--	Zalcman, Emma	86 Melbourne Uni	DNF
Section 4 Wind: 1.3			
1	Bowden, Lucy	07 St Kevins	27.99
2	Clark, Stephanie	12 Keilor St Bernards	28.12
3	Brown, Charli	10 Western Athletics	28.70
4	Nicholls, Liv	09 Diamond Valley	29.22
4	Ong, Ruth	06 Western Athletics	29.22
4	Laws, Maddie	13 Diamond Valley	29.22
7	Stott, Indiana	07 Keilor St Bernards	29.30
8	Sacco, Estelle	08 Essendon	29.66
Section 5 Wind: +0.0			
1	Parris, Carla	12 Ivanhoe	28.01
2	Dux, Chloe	12 Doncaster	28.77
3	Scot-Dalgleish, Poppy	07 Diamond Valley	29.02
4	Hutchison, Avery	10 Essendon	29.24
5	Wilkins, Alice	12 Collingwood	29.42
6	Savage, Audrey	04 Essendon	29.64
7	Morton, Tilly	12 Knox	29.66
8	Kondys, Evangeline	10 Collingwood	30.01
Section 6 Wind: +0.0			
1	Peak, Emma	04 Doncaster	29.36
2	Kiran, Jayne	11 Western Athletics	29.81
3	Fang, Lily	09 Western Athletics	30.08
4	Jordan, Rylee	11 Western Athletics	30.29
5	Bassos, Abigail	11 Western Athletics	31.13
6	Kaur, Sukhman	10 Preston	31.87
7	Oberoi, Manya	13 Preston	32.26
8	Wright, Kirra	08 Diamond Valley	33.29
Section 7 Wind: 1.5			
1	Sandhu, Reet	11 Preston	30.39
2	Palmer, Ashleigh	10 Ivanhoe	30.75
3	Lindores, Victoria	82 Diamond Valley	31.03
4	Norwood, Sofia	11 Diamond Valley	31.78
5	Burke, Hayley	96 Western Athletics	32.48
6	Nicholls, Meg	78 Diamond Valley	33.09
7	Muse, Louise	69 Keilor St Bernards	34.30
--	Hore, Ruby	02 Collingwood	DQ
			33.03

2025/26 AVSL - Round 10 - Zone A**Results****...Event 10 Women 200 Metre Sprint All Female**

Section 8	Wind: 0.8		
1	Jennings, Isla	12 Knox	29.04
2	Johnson, Gabriella	09 Western Athletics	32.43
3	Tormey, Margaret	66 Keilor St Bernards	33.09
4	Rai, Navdeep	96 Preston	33.84
5	Thode Minguet, Elena	86 Melbourne Uni	34.72
6	Strong, Maria	71 Essendon	34.92
7	Kaur, Jagjit	83 Preston	34.98
Section 9	Wind: +0.0		
1	Fukunaga, Aya	74 Old Xaverians	34.77
2	Matthews, Cathy	66 Keilor St Bernards	34.80
3	King, Michelle	64 Diamond Valley	36.69
4	Armstrong, Maggie	62 Essendon	37.03
5	McKenzie, Debbie	69 Diamond Valley	37.31
6	Mavrakis, Angela	71 Keilor St Bernards	38.77
7	Papadopoulos, Sarah	87 Diamond Valley	44.13
8	Szuhai-Andrews, Jenny-Ro	65 Brunswick	46.84
Section 10	Wind: +0.0		
1	Maddineni, Sri Lakshmi	13 Coburg	32.99
2	Robertson, Catherine	76 Melbourne Uni	34.77
3	Hawkins, Charmaine	93 Preston	37.89
4	Gittins, Sarah	70 Diamond Valley	39.35
5	Hodgart, Janice	63 Western Athletics	39.66
6	Moxon, Jo	64 Diamond Valley	43.50
7	Cashin, Brenda	64 Western Athletics	50.51

Event 11 Men 200 Metre Sprint All Male

Name	Year	Team	Finals	Points
=====				
Section 1	Wind: +0.0			
1	Rassool, Kevin	92 Doncaster	21.89	
2	Zapris, Christian	08 Doncaster	22.17	
3	Coumaros, Conrad	95 Old Melburnians	22.48	
4	Latchman, Jaxon	08 Diamond Valley	22.49	
5	Crichton, Matthew	10 Williamstown	22.51	
6	Nishimura, Hyuga	96 Essendon	22.72	
7	Bello, Tarik	07 Essendon	22.84	
8	Moon, Hayden	04 Diamond Valley	23.43	
Section 2	Wind: 0.9			
1	Vijayagopal, Jeeva	07 Western Athletics	22.98	
2	Petersen, Timothy	98 Keilor St Bernards	23.03	
3	Nixon, Darcy	07 Box Hill	23.20	
4	Koegler, Josh	10 Diamond Valley	23.27	
5	Daffey, Finn	07 Keilor St Bernards	23.41	
6	Rong, Matthew	08 Melbourne Uni	23.43	
7	von Eckartsberg, Heinz	83 Unattached	23.68	
8	Csono, Mitchell	00 Williamstown	23.85	
Section 3	Wind: +0.0			
1	Kozaris, Christos	10 Diamond Valley	23.54	
2	McGregor, Harvey	09 Diamond Valley	23.63	
3	Jayasooriya, Elijah	10 Keilor St Bernards	24.18	
4	Muse, Roman	08 Keilor St Bernards	24.20	
5	Maurer, Brett	76 Essendon	24.35	
6	Hosie, Matthew	98 Essendon	24.44	
7	Nuhu, Ganiyu	10 Essendon	24.67	
Section 4	Wind: -1.8			
1	Hopkins, Daniel	09 St Kevins	23.73	
2	Lambie, Zack	05 Melbourne Uni	23.92	
3	Johnson, Jacques	10 Williamstown	24.41	

2025/26 AVSL - Round 10 - Zone A**Results****...Event 11 Men 200 Metre Sprint All Male**

4	Young, Ethan	10 Western Athletics	24.48
5	Crouch, Jude	08 Box Hill	24.59
6	Schroeter, Grady	06 Whittlesea C	24.84
7	Bhullar, Rajnihal Singh	10 Preston	25.43
Section 5 Wind: -0.3			
1	Hurley, James	05 Diamond Valley	24.21
2	Firth, David	77 Doncaster	24.69
3	Van Cuylenburg, Hugh	80 Collingwood	25.01
4	Sevdalis, Thomas	10 Essendon	25.02
5	Dowling, Joshua	02 Diamond Valley	25.10
6	Mann, Jasman	09 Preston	25.17
7	McLennan, Hamish	09 Doncaster	25.21
8	Morphett, Edwin	08 Mansfield	25.93
Section 6 Wind: -0.1			
1	Tomkins, Nicholas	09 Diamond Valley	24.66
2	Cuce, Kaden	08 Essendon	25.04
3	Betham, Olovalu	13 Box Hill	25.55
4	Wilson, Brian	96 Melbourne Uni	25.67
5	Collins, Jeff	06 Athletics So	25.82
6	Guyett, Jacob	13 Diamond Valley	25.88
7	McCall, Noah	06 Keilor St Bernards	25.94
8	Rudd, Jordan	06 Diamond Valley	27.03
Section 7 Wind: -0.7			
1	Orr, Edward	09 Essendon	25.32
2	Ledovski, Nikita	09 Essendon	25.57
3	Cummings, Marlon	78 Essendon	25.67
4	Porter, Jesse	11 Diamond Valley	26.14
5	Watts, Edward	13 Western Athletics	26.22
6	Kroussoratis, Liam	11 Essendon	26.43
7	Ball, Lachlan	10 Casey Cardinia	26.98
8	Leong, Lucas	04 Keilor St Bernards	27.30
Section 8 Wind: +0.0			
1	Miesen, Solomon	03 Keilor St Bernards	25.40
2	Dearman, Cruz	10 Collingwood	26.00
3	Jordan, Callan	10 Western Athletics	26.17
4	Udugampala, Lalith	72 Diamond Valley	26.22
5	Dodd, Andrew	66 Collingwood	26.26
6	Lonergan, Patrick	12 Essendon	26.28
7	Kilmartin, Joshua	09 Doncaster	26.95
8	Barnard, Flynn	12 Essendon	26.99
Section 9 Wind: +0.0			
1	Bhatt, Prem	10 Preston	26.35
2	Saraida, Ethan Cayden	10 Western Athletics	26.48
3	Maharjan, Arnav	10 Preston	26.85
4	Stratford, Charlie	11 Box Hill	27.09
5	Daly, Ben	74 Collingwood	27.31
6	Scott, Adam	71 Diamond Valley	27.74
7	Schroeter, James	70 Whittlesea C	27.90
Section 10 Wind: +0.0			
1	Morton, Scott	80 Knox	27.16
2	Trinder-Rothin, Sebastia	11 Collingwood	27.40
3	Nunn, Zac	11 Whittlesea C	27.54
4	Evans, Andrew	68 Collingwood	27.84
5	Whelan, Rhodri	07 Diamond Valley	27.95
6	Crutchley, Flynn	12 Knox	28.27
7	French, Isaac	13 Western Athletics	28.52
8	Jhangra, Jasman	10 Preston	28.73
Section 11 Wind: +0.0			
1	Harper, Anthony	73 Coburg	28.46
2	Veljanovski, Spars	68 Essendon	28.72

2025/26 AVSL - Round 10 - Zone A**Results****...Event 11 Men 200 Metre Sprint All Male**

3	Burke, David	75	Ivanhoe	28.87
4	Rudd, Darren	66	Diamond Valley	28.92
5	Nicholls, Angus	11	Diamond Valley	29.44
6	Baldry, Alan	63	Western Athletics	30.06
Section 12 Wind: +0.0				
1	Chhoker, Jigar	10	Preston	30.06
2	Talbot, Nick	64	Coburg	30.88
3	Wong, Cyrus	80	Diamond Valley	31.36
4	Delany, Archie	14	Mansfield	33.22
5	Willis, Harlem	13	Yarra Ranges	33.46
6	Luck, Greg	61	Diamond Valley	34.52
Section 13 Wind: -0.4				
1	Parker, Max	11	Collingwood	31.38
2	Douglas, Lyal	59	Diamond Valley	32.58
3	McKenzie, Andrew	65	Diamond Valley	34.99
4	Meaney, Michael	55	Coburg	36.78
5	Kennedy, Paul	57	Keilor St Bernards	37.03
6	Bandara, Okitha	11	Casey Cardinia	37.13
7	Dell, Kieran	91	Collingwood	39.63
8	Brain, Tony	64	Melbourne Uni	57.33
Section 14 Wind: +0.0				
1	Hunt, Ian	58	Coburg	40.37
2	Dell, Tony	63	Collingwood	41.26
3	Derby, Shane	60	Collingwood	42.13

Event 12A Men 3000 Metre Steeplechase RESULTS Results

Name	Year	Team	Finals	Points
Section 1				
1	Neethling, Jonathan	08 Essendon	8:51.65	LS
2	Ashenif, Gedefaye	04 Essendon	9:24.63	LS
3	Armstrong-Bourne, Ethan	08 Diamond Valley	10:04.13	LS
4	Bergin, Matthew	08 Mentone	10:10.97	LS
5	Duncan, Samual	06 Essendon	10:18.39	LS
6	Woods, Magnus	06 Chilwell	10:24.53	LS
7	Fulton, Lachlan	07 Mentone	10:28.33	LS
8	Barnes, Blake	01 Diamond Valley	10:34.09	LS
9	Crome-Smith, James	08 Yarra Ranges	10:59.86	LS
10	Morphett, Edwin	08 Mansfield	13:30.86	LS
11	Collins, Jeff	06 Athletics So	14:00.02	LS

Event 13A Men 3000 Metre Steeplechase RESULTS Results

Name	Year	Team	Finals	Points
1	Evans, Andrew	68 Collingwood	11:11.48	LS
2	Morton, Scott	80 Knox	11:26.35	LS
3	Curry, John	68 Doncaster	13:35.94	LS
4	Lewis, Shaun	79 Williamstown	13:58.82	LS

Event 14A Men 2000 Metre Steeplechase RESULTS Results

Name	Year	Team	Finals	Points
1	Bramble, Archer	09 Essendon	6:19.49	LS
2	Harris, Lucas	09 Essendon	6:27.03	LS
3	Buchan, Angus	10 Collingwood	6:29.11	LS
4	Thompson, Miles	09 Essendon	6:29.15	LS
5	Batt, Brodie	09 Diamond Valley	6:36.10	LS

2025/26 AVSL - Round 10 - Zone A**Results****...Event 14A Men 2000 Metre Steeplechase RESULTS Results**

6	Loeckx, Declan	09	Collingwood	6:44.65	LS
7	Tomkins, Nicholas	09	Diamond Valley	6:51.19	LS
8	Crouch, Jude	08	Box Hill	7:39.38	LS

Event 15A Women 3000 Metre Steeplechase RESULTS Results

Name	Year	Team	Finals	Points	
1	Woods, Zoe	03	Melbourne Uni	10:38.29	LS
2	Abfalter, Kate	99	Melbourne Uni	12:02.93	LS
3	Hore, Ruby	02	Collingwood	13:27.11	LS
4	Ettridge, Eloise	98	Ringwood	17:02.01	LS

Event 16A Women 2000 Metre Steeplechase RESULTS Results

Name	Year	Team	Finals	Points	
1	Reid, Abbey	08	Bendigo Uni	7:08.63	LS
2	Bremner, Molly	10	Essendon	7:11.58	LS
3	Ayres, Eliza	12	Mentone	7:13.27	LS
4	Hardiman, Orla	10	Essendon	7:25.03	LS
5	Jennings, Isla	12	Knox	7:37.11	LS
6	Morton, Tilly	12	Knox	7:47.35	LS
7	Casey, Lila	08	Essendon	7:56.19	LS
8	Gilcrist, Madi	11	Essendon	8:19.32	LS
9	Fleisner, Sienna	12	Casey Cardinia	8:40.26	LS
10	Ryan, Zoey	09	Diamond Valley	8:55.44	LS
11	Kondys, Evangeline	10	Collingwood	9:14.45	LS
12	Kennedy, Alex	10	Keilor St Bernards	9:22.77	LS

Event 17 Mixed Pole Vault 3.25m+ Sheet 01

Name	Year	Team	Finals	Points
Flight 1				
1	Gumley, Lachlan	M09	Old Scotch	4.00m
2	Rangi, Khushnoor	W07	Essendon	3.85m
2	Rangi, Sukhnoor	W07	Essendon	3.85m
4	D'Onofrio, Leon	M75	Coburg	3.70m
4	Bradshaw, Cassidy	W03	Deakin	3.70m
6	Bonche, Lilou	W04	Melbourne Uni	3.55m
6	Andrews, Asher	M07	Diamond Valley	3.55m
6	Collins, Jeff	M06	Athletics So	3.55m
--	Garbiec, Tesia	W10	Essendon	NH

Event 17A Men 2000 Metre Steeplechase RESULTS Results

Name	Year	Team	Finals	Points	
Section 1					
1	Konstantinidis, Alex	11	Essendon	6:38.08	LS
2	Hunter, Linus	11	Sandringham	6:51.95	LS
3	Bremner, Manaia	12	Athletics So	6:59.77	LS
4	Baxter, Lachlan	11	Box Hill	7:14.19	LS
5	Power, Finn	11	Box Hill	7:21.66	LS
6	Crutchley, Flynn	12	Knox	7:25.87	LS
7	Ball, Lachlan	10	Casey Cardinia	8:19.76	LS
8	Chhoker, Jigar	10	Preston	8:55.60	LS
9	Bhullar, Rajnihal Singh	10	Preston	8:56.59	LS
10	Hunter, Elliot	13	Sandringham	9:24.85	LS

2025/26 AVSL - Round 10 - Zone A**Results****...Event 17A Men 2000 Metre Steeplechase RESULTS Results**

11	Maharjan, Arnav	10	Preston	11:01.88	LS
12	Bhatt, Prem	10	Preston	11:02.02	LS
13	Jhangra, Jasman	10	Preston	11:03.04	LS
14	Chauhan, Ansh	12	Preston	11:14.64	LS

Event 18 Mixed Triple Jump Controlled Sheet 01

Name	Year	Team	Finals	Wind	Points
Flight 1					
1	Vijayagopal, Jeeva	M07 Western Athletics	13.55m	+0.0	
	13.55m(+0.0) 13.29m(2.9)	PASS			
2	Young, Ethan	M10 Western Athletics	12.57m	1.8	
	FOUL(0.2) 12.57m(1.8) 12.43m(+0.0)				
3	Moore, Stanley	M11 Box Hill	12.39m	0.8	
	FOUL(0.3) 12.39m(0.8) 12.11m(0.1)				
4	Zarafa, Sophie	W05 Box Hill	11.93m	+0.0	
	11.72m(+0.0) 11.82m(0.4) 11.93m(+0.0)				
5	Basile, Elijah	M10 Collingwood	11.59m	1.8	
	FOUL(2.1) 11.59m(1.8) FOUL(+0.0)				
6	Bernays, Isabella	W11 Essendon	11.56m	1.2	
	11.56m(1.2) 10.61m(3.1) 11.46m(1.9)				
7	Hughes, Sarai	W07 Frankston	11.47m	1.4	
	FOUL(2.7) 11.47m(1.4) FOUL(+0.0)				
8	Elvish, Kaelah	W00 Ringwood	11.38m	1.0	
	11.38m(1.0) FOUL(1.4) FOUL(+0.0)				
9	Shaw, Lucia	W10 Glenhuntly	11.07m	0.8	
	9.96m(1.9) 10.55m(3.2) 11.07m(0.8)				
10	Fox, Isabella	W11 St Kevins	11.00m	2.0	
	10.89m(2.3) FOUL(2.0) 11.00m(2.0)				
11	Liyanage, Neha	W05 Ringwood	10.85m	2.0	
	10.52m(0.3) 10.85m(2.0) 10.58m(0.8)				
12	Liyanage, Nethaya	W09 Ringwood	10.02m	2.5	
	FOUL(2.6) 10.02m(2.5) 9.98m(2.3)				

Event 18A Mixed 2000 Metre Steeplechase RESULTS Results

Name	Year	Team	Finals	Points
Section 1				
1	Baldry, Alan	M63 Western Athletics	9:03.47	LS
2	Carey, Mark	M63 South Bendigo	9:14.64	LS
3	Van Dueren, Philip	M59 Melbourne Uni	9:37.94	LS
4	Ryan, Kate	W78 Diamond Valley	9:53.48	LS
5	McKenzie, Debbie	W69 Diamond Valley	10:08.91	LS
6	Hodgart, Janice	W63 Western Athletics	10:57.38	LS
7	Dell, Tony	M63 Collingwood	11:07.40	LS
8	Moxon, Jo	W64 Diamond Valley	11:11.42	LS
9	Kennedy, Paul	M57 Keilor St Bernards	11:12.17	LS
10	Hopkins, Jim	M49 Collingwood	11:20.49	LS
11	Moore, Gregory	M52 Keilor St Bernards	11:31.22	LS
12	Nelson, Cheryl	W65 Western Athletics	12:03.41	LS
13	Szuhai-Andrews, Jenny-Ro	W65 Brunswick	15:26.54	LS

Event 18E Mixed Triple Jump Extra Jumps Non Scoring

Name	Year	Team	Finals	Wind	Points
Flight 1					

2025/26 AVSL - Round 10 - Zone A**Results****...Event 18E Mixed Triple Jump Extra Jumps Non Scoring**

-- Young, Ethan	M10 Western Athletics	X12.37m	2.1
	12.00m(2.3) 11.99m(0.5) 12.37m(2.1)		
-- Zarafa, Sophie	W05 Box Hill	X12.06m	1.0
	FOUL(1.5) 11.53m(2.1) 12.06m(1.0)		
-- Basile, Elijah	M10 Collingwood	X11.87m	1.9
	FOUL(3.1) FOUL(1.6) 11.87m(1.9)		
-- Hughes, Sarai	W07 Frankston	X11.60m	+0.0
	11.48m(1.9) 11.60m(+0.0) 10.25m(0.8)		
-- Bernays, Isabella	W11 Essendon	X11.32m	0.6
	11.26m(2.3) FOUL(2.3) 11.32m(0.6)		
-- Moore, Stanley	M11 Box Hill	XFOUL	NWI
	FOUL(1.8) FOUL(2.4) FOUL(+0.0)		

Event 19 Mixed Shot Put Sheet 01

Name	Year Team	Finals	Points
1 Peska, Stan	M56 Western Athletics	11.18m	
2 Walsh, Kim	W72 Essendon	10.11m	
3 Wright, Kirra	W08 Diamond Valley	8.52m	
4 Howitt, Jodie	W66 Brunswick	8.13m	
5 Graham, Michelle	W67 Keilor St Bernards	7.34m	
6 Galea, Marty	M56 Collingwood	7.24m	
7 Brown, Charli	W10 Western Athletics	7.18m	
8 Dell, Liam	M94 Collingwood	6.66m	
9 Mavrakis, Angela	W71 Keilor St Bernards	6.39m	
10 Gittins, Sarah	W70 Diamond Valley	5.66m	
11 Meaney, Michael	M55 Coburg	5.55m	
12 Cashin, Brenda	W64 Western Athletics	4.90m	
13 Hodgart, Janice	W63 Western Athletics	4.42m	
14 Moxon, Jo	W64 Diamond Valley	4.17m	
15 Brain, Tony	M64 Melbourne Uni	4.14m	

Event 20 Mixed Shot Put Sheet 02

Name	Year Team	Finals	Points
1 Wood, Bruce	M54 Diamond Valley	10.27m	
2 Udugampala, Lalith	M72 Diamond Valley	9.65m	
3 Cummings, Marlon	M78 Essendon	9.12m	
4 Petersen, Timothy	M98 Keilor St Bernards	8.89m	
5 Stott, Indiana	W07 Keilor St Bernards	7.67m	
6 Grenade, Chloe	W99 Preston	7.63m	
7 Hawkins, Trenton	M79 Preston	7.61m	
8 Derby, Shane	M60 Collingwood	7.02m	
9 Neale, John	M51 Preston	6.83m	
10 Clark, Charles	M61 Coburg	6.65m	
11 Mann, Jasman	M09 Preston	6.64m	
12 Luck, Greg	M61 Diamond Valley	6.63m	
12 Hawkins, Charmaine	W93 Preston	6.63m	
14 Hawksworth, Danny	M79 Essendon	6.55m	
14 Dell, Kieran	M91 Collingwood	6.55m	
16 Kaur, Jagjit	W83 Preston	6.54m	
17 Dell, Brendan	M87 Collingwood	6.43m	
17 Dell, Tony	M63 Collingwood	6.43m	
19 Margiolis, Joanna	W96 Preston	5.99m	
20 Keranen, Eero	M55 Williamstown	5.94m	
21 Papadopoulos, Sarah	W87 Diamond Valley	5.36m	
22 Szuhai-Andrews, Jenny-Ro	W65 Brunswick	4.62m	
-- Chivers, Eliza	W07 Doncaster	X7.39m	nci

2025/26 AVSL - Round 10 - Zone A**Results****Event 21 Mixed Discus Throw Controlled Sheet 01**

Name	Year Team	Finals	Points
1 Dayaseela, Levi	M12 Sandringham	53.45m	
2 McKinlay, Jacob	M07 Sandringham	52.01m	
3 Nunn, Zac	M11 Whittlesea C	41.92m	
4 Withers, Lucas	M10 Keilor St Bernards	41.79m	
5 Tanojevic, Tom	M98 Sandringham	41.12m	
6 Reniguntala, Sonali	W10 Coburg	40.63m	
7 Seton, William	M97 Box Hill	40.27m	
8 Withers, Ruby	W12 Keilor St Bernards	40.09m	
9 Carstairs, Shane	M88 Waverley-Malvern	39.53m	
10 Pezos, Andrew	M08 Doncaster	37.39m	
11 Sutherland, Ella	W09 Keilor St Bernards	36.29m	
12 Udugampala, Chehan	M09 Diamond Valley	36.22m	
13 Riley, Wilson	M10 Diamond Valley	31.25m	
14 Menzies, Erin	W04 Williamstown	30.80m	
15 Menzies, Madalyn	W04 Williamstown	27.54m	
-- Jeffrey, Tom	M11 Mentone	ND	

Event 21E Mixed Discus Throw Extra Throws Non Scoring

Name	Year Team	Finals	Points
-- Dayaseela, Levi	M12 Sandringham	X53.45m	
-- McKinlay, Jacob	M07 Sandringham	X52.01m	
-- Nunn, Zac	M11 Whittlesea C	X41.92m	
-- Reniguntala, Sonali	W10 Coburg	X40.63m	
-- Withers, Ruby	W12 Keilor St Bernards	X40.09m	
-- Sutherland, Ella	W09 Keilor St Bernards	X36.29m	

Event 22 Mixed Triple Jump Sheet 02

Name	Year Team	Finals	Wind	Points
1 Williams, Elliot	M09 Diamond Valley	11.66m	NWI	
2 Petersen, Timothy	M98 Keilor St Bernards	11.26m	NWI	
3 Cuce, Kaden	M08 Essendon	11.12m	NWI	
4 Ryan, Ned	M11 Essendon	10.39m	NWI	
5 Ouma, Joan	W10 Western Athletics	10.31m	NWI	
6 Arunan, Aylaa	W12 Diamond Valley	10.18m	NWI	
7 Hutchison, Avery	W10 Essendon	9.93m	NWI	
8 Burke, David	M75 Ivanhoe	9.47m	NWI	
9 Nicholls, Liv	W09 Diamond Valley	9.19m	NWI	
10 Wilkins, Alice	W12 Collingwood	8.95m	NWI	
11 Schroeter, James	M70 Whittlesea C	8.65m	NWI	
12 Peak, Emma	W04 Doncaster	8.63m	NWI	
13 Nicholls, Angus	M11 Diamond Valley	8.05m	NWI	
14 Johnson, Gabriella	W09 Western Athletics	7.85m	NWI	
15 Kondys, Evangeline	W10 Collingwood	7.83m	NWI	
16 Dell, Liam	M94 Collingwood	7.73m	NWI	
17 Matthews, Cathy	W66 Keilor St Bernards	7.31m	NWI	
18 Nicholls, Meg	W78 Diamond Valley	7.22m	NWI	
19 Ettridge, Eloise	W98 Ringwood	7.10m	NWI	
-- Dell, Kieran	M91 Collingwood	ND	NWI	

Event 23 Mixed Shot Put Sheet 03

Name	Year Team	Finals	Points
1 Riley, Wilson	M10 Diamond Valley	11.12m	

2025/26 AVSL - Round 10 - Zone A**Results****...Event 23 Mixed Shot Put Sheet 03**

2	Nunn, Zac	M11	Whittlesea C	10.75m
3	Hambling, Mark	M79	Western Athletics	10.66m
4	Young, Ethan	M10	Western Athletics	10.30m
5	Hambling, Mason	M10	Western Athletics	10.24m
6	Adams, Jarrod	M76	Williamstown	10.18m
7	Papakonstantinou, Mariah	W01	Doncaster	9.94m
8	Hastie, Damian	M74	Chilwell	9.85m
9	Koutsogiannis, Scarlett	W11	Keilor St Bernards	9.69m
10	Makin, Matthew	M75	Western Athletics	9.13m
11	Lovell, Scott	M65	Collingwood	8.77m
12	Louw, Amber	W04	Melbourne Uni	8.50m
13	Hore, Ruby	W02	Collingwood	8.07m
14	Dodd, Andrew	M66	Collingwood	7.87m
15	Kilmartin, Darryl	M66	Doncaster	7.61m
16	Kilmartin, Joshua	M09	Doncaster	7.59m
17	Menzies, Madalyn	W04	Williamstown	7.56m
18	Menzies, Erin	W04	Williamstown	7.40m
19	Kyriakakis, Michael	M60	Collingwood	6.96m
20	Ryan, Kate	W78	Diamond Valley	6.48m
21	Rickard, Ian	M56	Brunswick	5.48m
22	Richards, Leanne	W65	Preston	4.78m

Event 24 Mixed Shot Put Controlled Sheet 04

Name	Year	Team	Finals	Points
1	Korman, Lincoln	M11	Glenhuntly	15.35m
2	McKinlay, Jacob	M07	Sandringham	15.04m
3	Dayaseela, Levi	M12	Sandringham	13.84m
4	Carstairs, Shane	M88	Waverley-Malvern	13.05m
5	Shaw, Lucia	W10	Glenhuntly	12.64m
6	Moore, James	M10	Essendon	12.60m
7	Withers, Lucas	M10	Keilor St Bernards	12.51m
8	Udugampala, Chehan	M09	Diamond Valley	12.50m
9	Withers, Ruby	W12	Keilor St Bernards	12.41m
10	Tanojevic, Tom	M98	Sandringham	11.55m
11	Dela Cruz-Smalton, Layla	W11	Whittlesea C	9.43m

Event 24E Mixed Shot Put Extra Throws Non Scoring

Name	Year	Team	Finals	Points
--	Korman, Lincoln	M11	Glenhuntly	X15.35m
--	McKinlay, Jacob	M07	Sandringham	X15.04m
--	Dayaseela, Levi	M12	Sandringham	X13.84m
--	Withers, Ruby	W12	Keilor St Bernards	X12.64m
--	Moore, James	M10	Essendon	X12.41m

Event 25 Mixed Discus Throw Sheet 02

Name	Year	Team	Finals	Points
1	Smith, Vanessa	W07	Diamond Valley	32.09m
2	Collins, Jeff	M06	Athletics So	31.06m
3	Peska, Stan	M56	Western Athletics	30.01m
4	Wood, Bruce	M54	Diamond Valley	29.12m
5	Bhullar, Rajnihal Singh	M10	Preston	26.10m
6	Walsh, Kim	W72	Essendon	23.42m
7	Derby, Shane	M60	Collingwood	22.72m
8	Galea, Marty	M56	Collingwood	22.26m

2025/26 AVSL - Round 10 - Zone A**Results****...Event 25 Mixed Discus Throw Sheet 02**

9	Maharjan, Arnav	M10	Preston	20.42m
10	Chhoker, Jigar	M10	Preston	19.81m
11	Jhangra, Jasman	M10	Preston	18.54m
12	Mann, Jasman	M09	Preston	17.92m
13	Aulakh, Arnavjot	M05	Preston	16.97m
14	Hawksworth, Danny	M79	Essendon	16.78m
15	Howitt, Jodie	W66	Brunswick	16.74m
16	Dell, Brendan	M87	Collingwood	15.51m
17	Sandhu, Reet	W11	Preston	14.03m
18	Papadopoulos, Sarah	W87	Diamond Valley	13.48m
19	Kaur, Jagjit	W83	Preston	12.75m
20	Cashin, Brenda	W64	Western Athletics	10.15m
21	Oberoi, Manya	W13	Preston	8.34m
--	Chauhan, Ansh	M12	Preston	ND

Event 26 Mixed Pole Vault 2.65m-3.55m Sheet 02

Name	Year	Team	Finals	Points
1	Glogolja, Chantel	W05	Geelong Guild	3.10m
2	Lewis, Jordyn	W11	South Bendigo	2.80m
2	Boylen, Christopher	M63	Collingwood	2.80m
4	Synoradzki, Kate	W03	Geelong Guild	2.65m

Event 27 Mixed Triple Jump Sheet 03

Name	Year	Team	Finals	Wind	Points
1	Hurley, James	M05	Diamond Valley	11.71m	NWI
2	Orr, Edward	M09	Essendon	11.32m	NWI
3	Poddubnaia, Taya	W12	Sandringham	10.17m	NWI
4	Riley, Wilson	M10	Diamond Valley	10.16m	NWI
5	Morton, Tilly	W12	Knox	9.72m	NWI
6	Bishop, Riley	W11	Essendon	9.57m	NWI
7	Rudd, Darren	M66	Diamond Valley	9.31m	NWI
8	Trinder-Rothin, Sebastia	M11	Collingwood	9.11m	NWI
9	Rudd, Jordan	M06	Diamond Valley	8.67m	NWI
10	Rai, Navdeep	W96	Preston	8.01m	NWI
11	Luck, Greg	M61	Diamond Valley	7.74m	NWI
12	Dell, Brendan	M87	Collingwood	7.24m	NWI
13	Robertson, Catherine	W76	Melbourne Uni	6.66m	NWI
14	Galea, Marty	M56	Collingwood	6.48m	NWI
15	Peska, Stan	M56	Western Athletics	6.24m	NWI
16	Benke, Geza	M56	Old Melburnians	5.60m	NWI

Event 28 Mixed Shot Put Sheet 05

Name	Year	Team	Finals	Points
1	Andrews, Asher	M07	Diamond Valley	11.51m
2	Williams, Elliot	M09	Diamond Valley	9.73m
3	Sutherland, Ella	W09	Keilor St Bernards	9.66m
4	Ryan, Zoey	W09	Diamond Valley	8.45m
5	Smith, Vanessa	W07	Diamond Valley	8.39m
6	Cram, Russell	M70	Keilor St Bernards	7.85m
7	Arunan, Aylaa	W12	Diamond Valley	7.48m
8	Risk, Peter	M56	Richmond	7.24m
9	Hong-Tan, Christian	M89	Richmond	6.97m
10	Nicholls, Liv	W09	Diamond Valley	6.77m
11	Mori, Joji	M79	Richmond	6.58m

2025/26 AVSL - Round 10 - Zone A**Results****...Event 28 Mixed Shot Put Sheet 05**

12	Arumainayagam, Arunan	M77	Diamond Valley	6.56m
13	Nicholls, Angus	M11	Diamond Valley	6.26m
14	Pilkington, Craig	M89	Melbourne Uni	5.88m
15	Nicholls, Meg	W78	Diamond Valley	5.77m
16	Carter, Kenneth	M52	Coburg	5.73m
17	Devi, Timotia	W86	Richmond	5.43m
18	Kane, Rebecca	W80	Preston	5.25m
19	Bauman, Cally	W76	Old Xaverians	4.34m

Event 29 Mixed Shot Put Sheet 06

Name	Year	Team	Finals	Points
1	Ellis, Charlie	M12	Casey Cardinia	12.45m
2	Harris, Lucas	M09	Essendon	10.70m
3	Cuce, Kaden	M08	Essendon	9.56m
4	McLennan, Campbell	M72	Doncaster	9.26m
5	Bowden, Lucy	W07	St Kevins	9.00m
6	Hamilton, Toby	M10	Diamond Valley	8.89m
7	McLennan, Hamish	M09	Doncaster	8.87m
8	Burke, David	M75	Ivanhoe	7.57m
9	Griffiths, Stephen	M48	Collingwood	6.50m
10	Bandara, Okitha	M11	Casey Cardinia	6.34m
11	Delany, Liam	M76	Mansfield	6.15m
12	Abfalder, Kate	W99	Melbourne Uni	5.94m
13	Evans, Andrew	M68	Collingwood	5.70m
14	Delany, Archie	M14	Mansfield	5.03m
15	Thode Minguet, Elena	W86	Melbourne Uni	4.41m

Event 30 Mixed Discus Throw Sheet 03

Name	Year	Team	Finals	Points
1	Gumley, Lachlan	M09	Old Scotch	42.46m
2	Shrivastava, Nayan	M10	Sandringham	36.16m
3	Moore, James	M10	Essendon	32.42m
4	Hambling, Mark	M79	Western Athletics	30.35m
5	Lovell, Scott	M65	Collingwood	28.89m
6	Adams, Jarrod	M76	Williamstown	27.24m
7	Makin, Matthew	M75	Western Athletics	25.25m
8	Hambling, Mason	M10	Western Athletics	23.73m
9	Petersen, Timothy	M98	Keilor St Bernards	22.23m
10	Bhatt, Prem	M10	Preston	21.20m
11	Dell, Liam	M94	Collingwood	19.19m
12	Pilkington, Craig	M89	Melbourne Uni	18.83m
13	Hore, Ruby	W02	Collingwood	18.70m
14	Graham, Michelle	W67	Keilor St Bernards	17.94m
15	Dell, Tony	M63	Collingwood	17.11m
16	Margiolis, Joanna	W96	Preston	16.65m
17	Dell, Kieran	M91	Collingwood	16.64m
18	Rickard, Ian	M56	Brunswick	13.80m
19	Richards, Leanne	W65	Preston	11.52m
20	Matthews, Cathy	W66	Keilor St Bernards	11.03m

Event 31 Mixed Pole Vault 1.60m-2.95m Sheet 03

Name	Year	Team	Finals	Points
1	Cooper, Charlie	M09	Diamond Valley	2.65m
2	Kilmartin, Darryl	M66	Doncaster	2.50m

2025/26 AVSL - Round 10 - Zone A**Results****...Event 31 Mixed Pole Vault 1.60m-2.95m Sheet 03**

2	Suckling, Mia	W10	Melbourne Uni	2.50m
2	Hoban, Holly	W11	Melbourne Uni	2.50m
2	Hofmann, Pia	W10	Melbourne Uni	2.50m
6	Elvish, Kaelah	W00	Ringwood	2.35m
6	Dell, Liam	M94	Collingwood	2.35m
6	Dell, Brendan	M87	Collingwood	2.35m
6	Robertson, Catherine	W76	Melbourne Uni	2.35m
10	Maddineni, Sri Lakshmi	W13	Coburg	2.20m
11	Reniguntala, Sonali	W10	Coburg	2.05m
11	Kyriakakis, Michael	M60	Collingwood	2.05m
11	Bishop, Riley	W11	Essendon	2.05m
14	Galea, Marty	M56	Collingwood	1.75m
15	Hill, Warren	M68	Melbourne Uni	1.60m
--	Derby, Shane	M60	Collingwood	NH

Event 32 Mixed Triple Jump Sheet 04

Name	Year	Team	Finals	Wind	Points
1	Bhullar, Rajnihal Singh	M10	Preston	12.16m	NWI
2	Aulakh, Arnavjot	M05	Preston	12.00m	NWI
3	Mann, Jasman	M09	Preston	11.81m	NWI
4	Jhangra, Jasman	M10	Preston	11.20m	NWI
5	Prasanth, Anwita	W11	Preston	10.49m	NWI
6	Ong, Ruth	W06	Western Athletics	10.39m	NWI
7	Chhoker, Jigar	M10	Preston	10.20m	NWI
8	Maharjan, Arnav	M10	Preston	9.97m	NWI
9	Bhatt, Prem	M10	Preston	9.60m	NWI
10	Sandhu, Reet	W11	Preston	9.21m	NWI
11	Kaur, Sukhman	W10	Preston	9.17m	NWI
12	Smith, Vanessa	W07	Diamond Valley	8.81m	NWI
13	Jennings, Isla	W12	Knox	8.64m	NWI
14	Lindores, Victoria	W82	Diamond Valley	8.30m	NWI
15	Oberoi, Manya	W13	Preston	7.10m	NWI
16	Kaur, Jagjit	W83	Preston	6.76m	NWI

Event 33 Mixed Shot Put Sheet 07

Name	Year	Team	Finals	Points
1	Hosie, Matthew	M98	Essendon	11.20m
2	Shrivastava, Nayan	M10	Sandringham	10.90m
3	Crouch, Jude	M08	Box Hill	9.67m
4	Lakusa, Kristian	M71	Essendon	9.30m
5	Riddoch, Clyde	M53	Waverley-Malvern	7.30m
6	Ford, Graham	M49	Doncaster	6.62m
7	King, Michelle	W64	Diamond Valley	6.40m
8	Hunt, Ian	M58	Coburg	6.37m
9	Nelson, Cheryl	W65	Western Athletics	6.35m
10	Murray, Caden	M02	Diamond Valley	6.18m
11	Muse, Louise	W69	Keilor St Bernards	5.95m
12	Benke, Geza	M56	Old Melburnians	5.87m
13	Bukovsan, Kate	W09	Ivanhoe	5.46m
14	Matthews, Cathy	W66	Keilor St Bernards	5.40m
15	Tormey, Margaret	W66	Keilor St Bernards	5.05m
16	Palmer, Ashleigh	W10	Ivanhoe	4.51m

2025/26 AVSL - Round 10 - Zone A**Results****Event 34 Mixed Shot Put Sheet 08**

Name	Year Team	Finals	Points
1 Collins, Jeff	M06 Athletics So	9.54m	
2 Schroeter, James	M70 Whittlesea C	8.36m	
3 Peak, Kim	W66 Doncaster	6.54m	
4 Jones, David	M51 Essendon	6.01m	
5 Peak, Emma	W04 Doncaster	5.77m	
-- Norman, Philip	M63 Brunswick	X7.48m	nci

Event 35 Mixed Discus Throw Sheet 04

Name	Year Team	Finals	Points
1 Andrews, Asher	M07 Diamond Valley	40.18m	
2 Veltman, Felix	M12 Essendon	34.05m	
3 Hawkins, Trenton	M79 Preston	26.29m	
4 Rowe, Hanna	W09 Diamond Valley	24.46m	
5 Rowe, Anni	W70 Diamond Valley	23.52m	
6 Kilmartin, Darryl	M66 Doncaster	21.42m	
7 Ryan, Zoey	W09 Diamond Valley	21.16m	
8 Ryan, Kate	W78 Diamond Valley	19.55m	
9 Rowe, Tommi	M13 Diamond Valley	18.90m	
10 Nicholls, Angus	M11 Diamond Valley	18.85m	
11 Hawkins, Charmaine	W93 Preston	14.48m	
12 Mavrakakis, Angela	W71 Keilor St Bernards	12.61m	
13 Nicholls, Meg	W78 Diamond Valley	12.42m	
14 Nicholls, Liv	W09 Diamond Valley	12.24m	
15 Walshe, Kerryn	W62 Keilor St Bernards	11.97m	
16 Gittins, Sarah	W70 Diamond Valley	11.62m	
17 Kane, Rebecca	W80 Preston	10.93m	
18 Elms, Donna-Marie	W61 Preston	8.00m	
19 Hodgart, Janice	W63 Western Athletics	7.51m	

Event 36 Mixed Triple Jump Sheet 05

Name	Year Team	Finals	Wind	Points
1 Firth, David	M77 Doncaster	10.91m	NWI	
2 Jordan, Callan	M10 Western Athletics	10.75m	NWI	
3 Mann, Balreet Kaur	W12 Essendon	10.37m	NWI	
4 Brown, Charli	W10 Western Athletics	9.95m	NWI	
5 Parris, Carla	W12 Ivanhoe	9.27m	NWI	
6 Willis, Harlem	M13 Yarra Ranges	9.05m	NWI	
7 Baldry, Alan	M63 Western Athletics	8.92m	NWI	
8 Wong, Cyrus	M80 Diamond Valley	7.62m	NWI	
9 Hunter, Elliot	M13 Sandringham	6.95m	NWI	
10 Norman, Philip	M63 Brunswick	6.70m	NWI	
11 Van Dueren, Philip	M59 Melbourne Uni	6.47m	NWI	

Event 37 Mixed Shot Put Sheet 09

Name	Year Team	Finals	Points
1 Bhullar, Rajnihal Singh	M10 Preston	9.98m	
2 Rowe, Hanna	W09 Diamond Valley	9.27m	
3 Elvish, Kaelah	W00 Ringwood	8.53m	
4 Aulakh, Arnavjot	M05 Preston	7.69m	
5 Rowe, Tommi	M13 Diamond Valley	7.60m	
6 Rowe, Anni	W70 Diamond Valley	7.54m	
6 Chauhan, Ansh	M12 Preston	7.54m	

2025/26 AVSL - Round 10 - Zone A**Results****...Event 37 Mixed Shot Put Sheet 09**

8	Chhoker, Jigar	M10	Preston	7.52m
9	Muse, Roman	M08	Keilor St Bernards	7.41m
10	Bhatt, Prem	M10	Preston	7.17m
11	Jhangra, Jasman	M10	Preston	7.02m
12	Rai, Navdeep	W96	Preston	6.99m
13	Maharjan, Arnav	M10	Preston	6.79m
14	Lindores, Victoria	W82	Diamond Valley	6.76m
15	Kaur, Sukhman	W10	Preston	6.74m
16	Albiston, Simone	W66	Waverley-Malvern	6.33m
17	Prasanth, Anwita	W11	Preston	6.32m
18	Sandhu, Reet	W11	Preston	6.09m
19	Talbot, Nick	M64	Coburg	5.92m
20	Elms, Donna-Marie	W61	Preston	4.08m

Event 38 Mixed Shot Put Sheet 10

Name	Year	Team	Finals	Points
1	Munasinghe, Kiyara	W13	Box Hill	10.05m
2	Rudd, Darren	M66	Diamond Valley	8.31m
3	Ong, Ruth	W06	Western Athletics	8.10m
4	Miesen, Paul	M65	Keilor St Bernards	7.64m
5	Walshe, Kerryan	W62	Keilor St Bernards	5.18m
6	Voogd, Debbie	W65	Ringwood	4.73m

Event 39 Mixed Discus Throw Sheet 05

Name	Year	Team	Finals	Points
1	Hosie, Matthew	M98	Essendon	35.08m
2	Lakusa, Kristian	M71	Essendon	25.18m
3	Scott, Adam	M71	Diamond Valley	24.13m
4	Cram, Russell	M70	Keilor St Bernards	23.03m
5	Ford, Graham	M49	Doncaster	21.45m
6	Grenade, Chloe	W99	Preston	19.24m
7	Rai, Navdeep	W96	Preston	19.04m
8	Peak, Emma	W04	Doncaster	17.30m
9	Peak, Kim	W66	Doncaster	17.03m
10	Murray, Caden	M02	Diamond Valley	15.55m
11	Benke, Geza	M56	Old Melburnians	15.53m
12	Voogd, Debbie	W65	Ringwood	13.90m
13	Jones, David	M51	Essendon	13.75m
14	Nelson, Cheryl	W65	Western Athletics	10.80m

Event 40 Mixed Shot Put Throw & Go Sheet 11

Name	Year	Team	Finals	Points	
1	Bentley, Ryan	M85	Waverley-Malvern	7.60m	
2	Firth, David	M77	Doncaster	7.51m	
3	Burke, Hayley	W96	Western Athletics	6.03m	
4	Morton, Tilly	W12	Knox	5.75m	
5	Johnson, Gabriella	W09	Western Athletics	5.44m	
6	Fukunaga, Aya	W74	Old Xaverians	4.81m	
7	Kiran, Jayne	W11	Western Athletics	4.67m	
8	Hunter, Elliot	M13	Sandringham	4.40m	
--	Harper, Kahan	M04	Melbourne Uni	X5.35m	nci
--	Young, Jeff	M65	Diamond Valley	ND	

2025/26 AVSL - Round 10 - Zone A**Results****Event 41 Mixed Discus Throw Throw & Go Sheet 06**

Name	Year	Team	Finals	Points
1 Udugampala, Lalith	M72	Diamond Valley	32.50m	
2 Papakonstantinou, Mariah	W01	Doncaster	26.24m	
3 Bentley, Ryan	M85	Waverley-Malvern	22.66m	
4 Boylen, Christopher	M63	Collingwood	21.21m	
5 Dodd, Andrew	M66	Collingwood	19.22m	
6 Ridloch, Clyde	M53	Waverley-Malvern	19.06m	
7 Burke, David	M75	Ivanhoe	18.98m	
8 Elvish, Kaelah	W00	Ringwood	18.97m	
9 Keranen, Eero	M55	Williamstown	18.61m	
9 Neale, John	M51	Preston	18.61m	
11 Arunan, Aylaa	W12	Diamond Valley	18.19m	
12 Clark, Charles	M61	Coburg	15.39m	
13 Carter, Kenneth	M52	Coburg	14.72m	
14 Arumainayagam, Arunan	M77	Diamond Valley	12.63m	
15 Szuhai-Andrews, Jenny-Ro	W65	Brunswick	10.37m	
16 Bauman, Cally	W76	Old Xaverians	9.79m	
-- Ettridge, Eloise	W98	Ringwood	ND	