

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 3 Women Outdoor Pentathlon 35-39 yrs**

Name	Age	Team	Finals
1 # 3552 Debeljuh, Natalie	35	Geelong	2989
2 # 3551 Barrett, Rachel	38	Throwers	1653
3 # 3553 Dux, Jess	39	Croydon	1652

Event 5 Women Outdoor Pentathlon 40-44 yrs

Name	Age	Team	Finals
1 # 4052 Rheuben, Briony	42	Diamond Valley	3043

Event 6 Men Outdoor Pentathlon 40-44 yrs

Name	Age	Team	Finals
1 # 4002 Hambling, Mark	44	Throwers	954
2 # 4001 Dalton, Stuart	43	Throwers	727

Event 8 Men Outdoor Pentathlon 45-49 yrs

Name	Age	Team	Finals
1 # 4505 Van Baalen, Adam	48	Throwers	270
2 # 4501 Arumainayagam, Ar	46	Diamond Valley	265
3 # 4506 Mutton, Ben	45	South West	229
4 # 4504 Skurka, Ben	47	Mentone	224
5 # 4503 Makin, Matthew	48	Geelong	220

Event 9 Women Outdoor Pentathlon 50-54 yrs

Name	Age	Team	Finals
1 # 5053 Hewitt, Sarah	50	Box Hill	2584
2 # 5052 Graham, Pauline	54	Bendigo	2310
3 # 5055 Merino, Paula	54	Diamond Valley	1838
4 # 5051 Bruce, Allison	51	Collingwood	1825
5 # 5056 Kumari tikiri, We	53	Throwers	1712

Event 10 Men Outdoor Pentathlon 50-54 yrs

Name	Age	Team	Finals
1 # 5004 Van Baalen, Simon	50	Throwers	571
2 # 5002 Lakusa, Kristian	52	Aberfeldie Essendon	278

Event 11 Women Outdoor Pentathlon 55-59 yrs

Name	Age	Team	Finals
1 # 5555 Pfanner, Judy	58	Throwers	2025
2 # 5553 Matters, Toni	56	East Burwood	1817
3 # 5554 Peak, Kim	57	Doncaster	1300
4 # 5552 Jarvis, Heather	59	Throwers	1228
5 # 5551 Albiston, Simone	58	Throwers	927

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 13 Women Outdoor Pentathlon 60-64 yrs**

Name	Age	Team	Finals
1 # 6051 Barr, Sharon	62	Throwers	1131
2 # 6052 Bedyne, Erika	61	Eastern Masters	1121
3 # 6053 Williamson, Kathi	61	East Burwood	699

Event 14 Men Outdoor Pentathlon 60-64 yrs

Name	Age	Team	Finals
1 # 6001 Dell, Tony	61	Collingwood	796

Event 15 Women Outdoor Pentathlon 65-69 yrs

Name	Age	Team	Finals
1 # 6551 Messerle, Narelle	65	Throwers	1229
2 # 6552 Stavely, Rosalie	65	Coburg	786

Event 16 Men Outdoor Pentathlon 65-69 yrs

Name	Age	Team	Finals
1 # 6504 Peska, Stan	67	Aberfeldie Essendon	1331
2 # 6502 Galea, Marty	68	Collingwood	1007
3 # 6501 Cauchi, Mark	66	Throwers	998
4 # 6505 Watts, Andrew	68	Box Hill	887
5 # 6503 Mayston, Rob	67	Box Hill	783

Event 18 Men Outdoor Pentathlon 70-74 yrs

Name	Age	Team	Finals
1 # 7005 Wood, Bruce	70	Diamond Valley	1636
2 # 7002 Haines, Russ	71	Warranwood	1470
3 # 7004 Ranasinghe, Waddu	70	Throwers	1383
4 # 7003 Prowse, Frank	72	Doncaster	815

Event 19 Women Outdoor Pentathlon 75-79 yrs

Name	Age	Team	Finals
1 # 7553 Learmont, Beverle	75	Doncaster	1329
2 # 7552 Kaszubski, Majka	76	Throwers	1322
3 # 7551 Dundas, Rhondda	79	Throwers	1213

Event 20 Men Outdoor Pentathlon 75-79 yrs

Name	Age	Team	Finals
1 # 7501 Jenkins, Bob	78	Shepparton	1337

Event 21 Women Outdoor Pentathlon 80-84 yrs

Name	Age	Team	Finals
1 # 8051 Kinsey, Jane	83	Throwers	1594

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 22 Men Outdoor Pentathlon 80-84 yrs**

Name	Age	Team	Finals
1 # 8003 Tonelli, Didimo	80	Throwers	1525
2 # 8002 Jupp, Trevor	83	East Burwood	1140
3 # 8001 Christodoulou, Ge	84	Throwers	1080

Event 24 Men Outdoor Pentathlon 85-89 yrs

Name	Age	Team	Finals
1 # 8501 Greaves, Brian	89	Collingwood	1593

Event 100 Outdoor Pentathlon: #1 Women Hammer Throw 55-59 yrs

Name	Age	Team	Finals	Points
Flight 1				
1 # 5555 Pfanner, Judy	58	Throwers	29.72m	561
			27.42m 29.72m FOUL	
2 # 5554 Peak, Kim	57	Doncaster	26.72m	493
			FOUL 25.04m 26.72m	
3 # 5553 Matters, Toni	56	East Burwood	25.04m	455
			23.26m 23.88m 25.04m	
4 # 5552 Jarvis, Heather	59	Throwers	18.26m	305
			FOUL 16.07m 18.26m	
5 # 5551 Albiston, Simone	58	Throwers	16.91m	275
			14.51m 16.91m 14.66m	

Event 101 Outdoor Pentathlon: #1 Women Hammer Throw 60-64 yrs

Name	Age	Team	Finals	Points
1 # 6051 Barr, Sharon	62	Throwers	22.74m	462
			22.00m 20.48m 22.74m	
2 # 6052 Bedy, Erika	61	Eastern Masters	15.17m	275
			14.81m 15.17m FOUL	
3 # 6053 Williamson, Kathi	61	East Burwood	8.65m	119
			FOUL 8.04m 8.65m	

Event 102 Outdoor Pentathlon: #1 Women Hammer Throw 65-69 yrs

Name	Age	Team	Finals	Points
1 # 6551 Messerle, Narelle	65	Throwers	23.47m	552
			22.43m FOUL 23.47m	
2 # 6552 Stavely, Rosalie	65	Coburg	9.46m	165
			6.56m 9.46m FOUL	

Event 103 Outdoor Pentathlon: #2 Women Shot Put 55-59 yrs

Name	Age	Team	Finals	Points
1 # 5555 Pfanner, Judy	58	Throwers	10.54m	728
			9.33m 9.51m 10.54m	
2 # 5553 Matters, Toni	56	East Burwood	9.90m	676
			9.81m 9.90m 9.62m	
3 # 5552 Jarvis, Heather	59	Throwers	7.88m	511
			7.66m 7.88m 7.57m	

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****....Event 103 Outdoor Pentathlon: #2 Women Shot Put 55-59 yrs**

4 #	5554 Peak, Kim	57 Doncaster	6.75m	421
	6.46m 6.75m FOUL			
5 #	5551 Albiston, Simone	58 Throwers	5.39m	313
	4.54m 4.97m 5.39m			

Event 104 Outdoor Pentathlon: #2 Women Shot Put 60-64 yrs

Name	Age Team	Finals	Points
1 # 6052 Bedyne, Erika	61 Eastern Masters	6.34m	437
	6.34m 6.00m 6.25m		
2 # 6053 Williamson, Kathi	61 East Burwood	5.60m	372
	5.40m 5.39m 5.60m		
3 # 6051 Barr, Sharon	62 Throwers	4.99m	319
	4.97m 4.99m FOUL		

Event 105 Outdoor Pentathlon: #2 Women Shot Put 65-69 yrs

Name	Age Team	Finals	Points
1 # 6551 Messerle, Narelle	65 Throwers	8.20m	677
	7.95m 8.20m 7.94m		
2 # 6552 Stavely, Rosalie	65 Coburg	7.63m	621
	7.12m 7.63m 7.10m		

Event 106 Outdoor Pentathlon: #3 Women Discus Throw 55-59 yrs

Name	Age Team	Finals	Points
1 # 5555 Pfanner, Judy	58 Throwers	30.91m	736
	28.05m 30.91m 29.72m		
2 # 5553 Matters, Toni	56 East Burwood	29.13m	686
	27.25m 29.13m 28.28m		
3 # 5552 Jarvis, Heather	59 Throwers	19.11m	412
	FOUL 19.11m 19.11m		
4 # 5554 Peak, Kim	57 Doncaster	18.14m	386
	18.14m FOUL 17.10m		
5 # 5551 Albiston, Simone	58 Throwers	16.33m	339
	15.24m 14.15m 16.33m		

Event 107 Outdoor Pentathlon: #3 Women Discus Throw 60-64 yrs

Name	Age Team	Finals	Points
1 # 6052 Bedyne, Erika	61 Eastern Masters	17.11m	409
	17.11m 16.44m 13.88m		
2 # 6051 Barr, Sharon	62 Throwers	15.10m	350
	14.72m FOUL 15.10m		
3 # 6053 Williamson, Kathi	61 East Burwood	10.13m	208
	FOUL 10.13m 9.77m		

Event 108 Outdoor Pentathlon: #3 Women Discus Throw 65-69 yrs

Name	Age Team	Finals	Points
1 # 6552 Stavely, Rosalie	65 Coburg	16.80m	458
	16.80m FOUL 16.61m		
2 # 6551 Messerle, Narelle	65 Throwers	16.30m	442
	FOUL 16.30m FOUL		

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 109 Outdoor Pentathlon: #4 Women Javelin Throw 55-59 yrs**

Name	Age Team	Finals	Points
1 # 5555 Pfanner, Judy 22.89m FOUL FOUL	58 Throwers	22.89m	519
2 # 5553 Matters, Toni 18.09m FOUL FOUL	56 East Burwood	18.09m	391
3 # 5552 Jarvis, Heather 13.74m 12.30m 9.09m	59 Throwers	13.74m	277
4 # 5554 Peak, Kim 11.90m 9.83m 12.00m	57 Doncaster	12.00m	231
5 # 5551 Albiston, Simone 6.64m 8.37m 7.41m	58 Throwers	8.37m	138

Event 110 Outdoor Pentathlon: #4 Women Javelin Throw 60-64 yrs

Name	Age Team	Finals	Points
1 # 6052 Bedyne, Erika FOUL 13.81m 13.98m	61 Eastern Masters	13.98m	326
2 # 6053 Williamson, Kathi 10.54m 10.22m 10.35m	61 East Burwood	10.54m	226
3 # 6051 Barr, Sharon 8.33m 9.01m 8.75m	62 Throwers	9.01m	181

Event 111 Outdoor Pentathlon: #4 Women Javelin Throw 65-69 yrs

Name	Age Team	Finals	Points
1 # 6551 Messerle, Narelle 14.57m FOUL 15.69m	65 Throwers	15.69m	434
2 # 6552 Stavely, Rosalie 12.90m 13.71m FOUL	65 Coburg	13.71m	368

Event 112 Outdoor Pentathlon: #5 Women Weight Throw 55-59 yrs

Name	Age Team	Finals	Points
1 # 5553 Matters, Toni 9.43m 8.93m FOUL	56 East Burwood	9.43m	517
2 # 5555 Pfanner, Judy FOUL 8.14m 9.09m	58 Throwers	9.09m	495
3 # 5554 Peak, Kim 6.55m FOUL 6.93m	57 Doncaster	6.93m	354
4 # 5552 Jarvis, Heather 6.52m 6.74m 6.70m	59 Throwers	6.74m	341
5 # 5551 Albiston, Simone 5.88m 5.72m 5.29m	58 Throwers	5.88m	286

Event 113 Outdoor Pentathlon: #5 Women Weight Throw 60-64 yrs

Name	Age Team	Finals	Points
1 # 6051 Barr, Sharon 7.86m FOUL FOUL	62 Throwers	7.86m	377
2 # 6052 Bedyne, Erika 5.02m 6.29m FOUL	61 Eastern Masters	6.29m	283
3 # 6053 Williamson, Kathi 5.68m FOUL 4.70m	61 East Burwood	5.68m	247

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 114 Outdoor Pentathlon: #5 Women Weight Throw 65-69 yrs**

Name	Age Team	Finals	Points
1 # 6551 Messerle, Narelle	65 Throwers	10.28m	594
		9.65m 10.28m 10.10m	
2 # 6552 Stavely, Rosalie	65 Coburg	5.63m	281
		5.16m 5.63m FOUL	

Event 120 Outdoor Pentathlon: #1 Women Hammer Throw 75-79 yrs

Name	Age Team	Finals	Points
1 # 7553 Learmont, Beverle	75 Doncaster	19.99m	447
		19.99m FOUL 18.35m	
2 # 7552 Kaszubski, Majka	76 Throwers	18.15m	396
		17.32m 18.13m 18.15m	
3 # 7551 Dundas, Rhondda	79 Throwers	15.99m	337
		15.87m 15.99m 15.56m	

Event 121 Outdoor Pentathlon: #1 Men Hammer Throw 75-79 yrs

Name	Age Team	Finals	Points
1 # 7501 Jenkins, Bob	78 Shepparton	16.43m	274
		FOUL 16.43m FOUL	

Event 122 Outdoor Pentathlon: #1 Women Hammer Throw 80-84 yrs

Name	Age Team	Finals	Points
1 # 8051 Kinsey, Jane	83 Throwers	13.74m	337
		13.74m 13.08m FOUL	

Event 123 Outdoor Pentathlon: #1 Men Hammer Throw 80-84 yrs

Name	Age Team	Finals	Points
1 # 8003 Tonelli, Didimo	80 Throwers	25.25m	475
		22.74m FOUL 25.25m	
2 # 8001 Christodoulou, Ge	84 Throwers	19.17m	334
		18.33m 18.20m 19.17m	
3 # 8002 Jupp, Trevor	83 East Burwood	18.78m	325
		17.11m FOUL 18.78m	

Event 124 Outdoor Pentathlon: #1 Men Hammer Throw 85-89 yrs

Name	Age Team	Finals	Points
1 # 8501 Greaves, Brian	89 Collingwood	16.68m	342
		16.62m 13.68m 16.68m	

Event 125 Outdoor Pentathlon: #2 Women Shot Put 75-79 yrs

Name	Age Team	Finals	Points
1 # 7552 Kaszubski, Majka	76 Throwers	6.53m	527
		6.53m FOUL 5.73m	
2 # 7551 Dundas, Rhondda	79 Throwers	6.32m	507
		6.32m 6.11m 6.09m	

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****...Event 125 Outdoor Pentathlon: #2 Women Shot Put 75-79 yrs**

3 # 7553 Learmont, Beverle	75 Doncaster	5.67m	442
		5.11m 5.67m 5.07m	

Event 126 Outdoor Pentathlon: #2 Men Shot Put 75-79 yrs

Name	Age Team	Finals	Points
1 # 7501 Jenkins, Bob	78 Shepparton	4.18m	249
		3.88m 4.18m 4.16m	

Event 127 Outdoor Pentathlon: #2 Women Shot Put 80-84 yrs

Name	Age Team	Finals	Points
1 # 8051 Kinsey, Jane	83 Throwers	4.20m	356
		4.20m 3.97m 4.09m	

Event 128 Outdoor Pentathlon: #2 Men Shot Put 80-84 yrs

Name	Age Team	Finals	Points
1 # 8003 Tonelli, Didimo	80 Throwers	8.99m	636
		8.41m 8.76m 8.99m	
2 # 8002 Jupp, Trevor	83 East Burwood	6.89m	459
		6.66m 6.82m 6.89m	
3 # 8001 Christodoulou, Ge	84 Throwers	6.16m	399
		5.95m 6.16m 5.87m	

Event 129 Outdoor Pentathlon: #2 Men Shot Put 85-89 yrs

Name	Age Team	Finals	Points
1 # 8501 Greaves, Brian	89 Collingwood	7.79m	619
		7.03m 7.79m 7.02m	

Event 130 Outdoor Pentathlon: #3 Women Discus Throw 75-79 yrs

Name	Age Team	Finals	Points
1 # 7553 Learmont, Beverle	75 Doncaster	14.61m	440
		11.16m 14.61m 13.89m	
2 # 7552 Kaszubski, Majka	76 Throwers	13.49m	399
		12.99m 13.49m 13.46m	
3 # 7551 Dundas, Rhondda	79 Throwers	12.69m	369
		11.04m 12.40m 12.69m	

Event 131 Outdoor Pentathlon: #3 Men Discus Throw 75-79 yrs

Name	Age Team	Finals	Points
1 # 7501 Jenkins, Bob	78 Shepparton	16.81m	313
		15.98m 16.81m 15.18m	

Event 132 Outdoor Pentathlon: #3 Women Discus Throw 80-84 yrs

Name	Age Team	Finals	Points
1 # 8051 Kinsey, Jane	83 Throwers	8.39m	262
		7.39m 8.39m 8.21m	

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 133 Outdoor Pentathlon: #3 Men Discus Throw 80-84 yrs**

Name	Age Team	Finals	Points
1 # 8003 Tonelli, Didimo 16.99m 17.57m 18.15m	80 Throwers	18.15m	414
2 # 8002 Jupp, Trevor 16.16m FOUL 15.43m	83 East Burwood	16.16m	356
3 # 8001 Christodoulou, Ge 14.91m 14.33m 15.87m	84 Throwers	15.87m	347

Event 134 Outdoor Pentathlon: #3 Men Discus Throw 85-89 yrs

Name	Age Team	Finals	Points
1 # 8501 Greaves, Brian 14.87m 14.48m 14.34m	89 Collingwood	14.87m	392

Event 135 Outdoor Pentathlon: #4 Women Javelin Throw 75-79 yrs

Name	Age Team	Finals	Points
1 # 7553 Learmont, Beverle 12.28m 11.19m 11.54m	75 Doncaster	12.28m	384
2 # 7552 Kaszubski, Majka FOUL 10.35m FOUL	76 Throwers	10.35m	310
3 # 7551 Dundas, Rhondda 8.00m 9.19m FOUL	79 Throwers	9.19m	266

Event 136 Outdoor Pentathlon: #4 Men Javelin Throw 75-79 yrs

Name	Age Team	Finals	Points
1 # 7501 Jenkins, Bob 11.20m 11.89m 11.62m	78 Shepparton	11.89m	176

Event 137 Outdoor Pentathlon: #4 Women Javelin Throw 80-84 yrs

Name	Age Team	Finals	Points
1 # 8051 Kinsey, Jane 7.30m 7.76m 6.70m	83 Throwers	7.76m	257

Event 138 Outdoor Pentathlon: #4 Men Javelin Throw 80-84 yrs

Name	Age Team	Finals	Points
1 # 8003 Tonelli, Didimo 25.14m 23.95m 22.63m	80 Throwers	25.14m	533
2 # 8002 Jupp, Trevor 11.13m 13.06m 12.09m	83 East Burwood	13.06m	216
3 # 8001 Christodoulou, Ge 12.61m 12.51m 11.63m	84 Throwers	12.61m	205

Event 139 Outdoor Pentathlon: #4 Men Javelin Throw 85-89 yrs

Name	Age Team	Finals	Points
1 # 8501 Greaves, Brian 10.27m 11.77m 9.35m	89 Collingwood	11.77m	240

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 140 Outdoor Pentathlon: #5 Women Weight Throw 75-79 yrs**

Name	Age	Team	Finals	Points
1 # 7553 Learmont, Beverle	75	Doncaster	8.22m	485
6.88m 8.07m 8.22m				
2 # 7552 Kaszubski, Majka	76	Throwers	7.21m	413
7.09m 7.21m 6.86m				
3 # 7551 Dundas, Rhondda	79	Throwers	6.26m	346
6.23m 6.26m 6.23m				

Event 141 Outdoor Pentathlon: #5 Men Weight Throw 75-79 yrs

Name	Age	Team	Finals	Points
1 # 7501 Jenkins, Bob	78	Shepparton	6.87m	325
6.87m 5.50m FOUL				

Event 142 Outdoor Pentathlon: #5 Women Weight Throw 80-84 yrs

Name	Age	Team	Finals	Points
1 # 8051 Kinsey, Jane	83	Throwers	5.87m	382
5.32m 4.94m 5.87m				

Event 143 Outdoor Pentathlon: #5 Men Weight Throw 80-84 yrs

Name	Age	Team	Finals	Points
1 # 8003 Tonelli, Didimo	80	Throwers	9.17m	433
9.17m FOUL 9.07m				
2 # 8002 Jupp, Trevor	83	East Burwood	8.21m	377
6.22m 6.72m 8.21m				
3 # 8001 Christodoulou, Ge	84	Throwers	7.73m	349
6.83m 7.73m 7.66m				

Event 144 Outdoor Pentathlon: #5 Men Weight Throw 85-89 yrs

Name	Age	Team	Finals	Points
1 # 8501 Greaves, Brian	89	Collingwood	8.25m	448
7.73m 8.25m FOUL				

Event 150 Outdoor Pentathlon: #1 Women Hammer Throw 35-39 yrs

Name	Age	Team	Finals	Points
1 # 3552 Debeljuh, Natalie	35	Geelong	49.59m	766
47.40m 49.59m FOUL				
2 # 3551 Barrett, Rachel	38	Throwers	23.50m	306
FOUL 20.71m 23.50m				
3 # 3553 Dux, Jess	39	Croydon	21.59m	274
19.94m 21.53m 21.59m				

Event 151 Outdoor Pentathlon: #1 Women Hammer Throw 40-44 yrs

Name	Age	Team	Finals	Points
1 # 4052 Rheuben, Briony	42	Diamond Valley	47.86m	819
FOUL 47.86m 45.96m				

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 152 Outdoor Pentathlon: #1 Women Hammer Throw 50-54 yrs**

Name	Age	Team	Finals	Points
1 # 5053 Hewitt, Sarah 27.49m 30.46m 31.12m	50	Box Hill	31.12m	524
2 # 5052 Graham, Pauline 28.91m 30.45m FOUL	54	Bendigo	30.45m	510
3 # 5055 Merino, Paula 26.11m 26.72m 26.10m	54	Diamond Valley	26.72m	434
4 # 5051 Bruce, Allison 21.71m 22.73m 25.84m	51	Collingwood	25.84m	417
5 # 5056 Kumari tikiri, We FOUL 22.65m 21.26m	53	Throwers	22.65m	353

Event 153 Outdoor Pentathlon: #2 Women Shot Put 35-39 yrs

Name	Age	Team	Finals	Points
1 # 3552 Debeljuh, Natalie 9.15m 9.32m 9.88m	35	Geelong	9.88m	545
2 # 3553 Dux, Jess 8.34m 7.89m 7.49m	39	Croydon	8.34m	441
3 # 3551 Barrett, Rachel 8.27m 8.32m 7.90m	38	Throwers	8.32m	440

Event 154 Outdoor Pentathlon: #2 Women Shot Put 40-44 yrs

Name	Age	Team	Finals	Points
1 # 4052 Rheuben, Briony 9.54m 9.73m 10.07m	42	Diamond Valley	10.07m	611

Event 155 Outdoor Pentathlon: #2 Women Shot Put 50-54 yrs

Name	Age	Team	Finals	Points
1 # 5052 Graham, Pauline 7.94m 7.35m 9.87m	54	Bendigo	9.87m	607
2 # 5053 Hewitt, Sarah 9.06m 8.78m 8.92m	50	Box Hill	9.06m	546
3 # 5051 Bruce, Allison 7.90m 7.20m 7.59m	51	Collingwood	7.90m	461
4 # 5056 Kumari tikiri, We 7.29m 7.10m 7.56m	53	Throwers	7.56m	436
5 # 5055 Merino, Paula 6.89m 6.89m 6.67m	54	Diamond Valley	6.89m	386

Event 156 Outdoor Pentathlon: #3 Women Discus Throw 35-39 yrs

Name	Age	Team	Finals	Points
1 # 3552 Debeljuh, Natalie 36.03m 36.09m 32.89m	35	Geelong	36.09m	580
2 # 3551 Barrett, Rachel 22.99m FOUL 22.74m	38	Throwers	22.99m	332
3 # 3553 Dux, Jess 18.93m 20.54m 21.79m	39	Croydon	21.79m	310

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 157 Outdoor Pentathlon: #3 Women Discus Throw 40-44 yrs**

Name	Age	Team	Finals	Points
1 # 4052 Rheuben, Briony	42	Diamond Valley	31.41m	533
27.47m 31.41m 29.56m				

Event 158 Outdoor Pentathlon: #3 Women Discus Throw 50-54 yrs

Name	Age	Team	Finals	Points
1 # 5053 Hewitt, Sarah	50	Box Hill	30.32m	640
29.81m 30.32m 29.53m				
2 # 5052 Graham, Pauline	54	Bendigo	21.63m	425
19.77m 17.42m 21.63m				
3 # 5056 Kumari tikiri, We	53	Throwers	20.75m	404
FOUL 20.75m 17.92m				
4 # 5055 Merino, Paula	54	Diamond Valley	17.78m	333
17.78m 14.64m 16.96m				
5 # 5051 Bruce, Allison	51	Collingwood	17.67m	330
17.67m 14.61m 16.95m				

Event 159 Outdoor Pentathlon: #4 Women Javelin Throw 35-39 yrs

Name	Age	Team	Finals	Points
1 # 3552 Debeljuh, Natalie	35	Geelong	25.74m	407
FOUL 25.74m FOUL				
2 # 3553 Dux, Jess	39	Croydon	17.29m	246
FOUL FOUL 17.29m				
3 # 3551 Barrett, Rachel	38	Throwers	16.01m	222
14.28m FOUL 16.01m				

Event 160 Outdoor Pentathlon: #4 Women Javelin Throw 40-44 yrs

Name	Age	Team	Finals	Points
1 # 4052 Rheuben, Briony	42	Diamond Valley	20.21m	342
16.25m 20.21m FOUL				

Event 161 Outdoor Pentathlon: #4 Women Javelin Throw 50-54 yrs

Name	Age	Team	Finals	Points
1 # 5053 Hewitt, Sarah	50	Box Hill	20.41m	398
18.61m FOUL 20.41m				
2 # 5051 Bruce, Allison	51	Collingwood	16.94m	315
16.94m 14.47m FOUL				
3 # 5052 Graham, Pauline	54	Bendigo	15.61m	284
15.57m FOUL 15.61m				
4 # 5055 Merino, Paula	54	Diamond Valley	15.10m	272
FOUL 11.00m 15.10m				
5 # 5056 Kumari tikiri, We	53	Throwers	14.38m	255
13.23m 11.92m 14.38m				

Event 162 Outdoor Pentathlon: #5 Women Weight Throw 35-39 yrs

Name	Age	Team	Finals	Points
1 # 3552 Debeljuh, Natalie	35	Geelong	14.68m	691
12.21m 14.19m 14.68m				

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****...Event 162 Outdoor Pentathlon: #5 Women Weight Throw 35-39 yrs**

2 #	3553 Dux, Jess	39 Croydon	8.97m	381
	FOUL 8.63m 8.97m			
3 #	3551 Barrett, Rachel	38 Throwers	8.45m	353
	7.63m 7.62m 8.45m			

Event 163 Outdoor Pentathlon: #5 Women Weight Throw 40-44 yrs

Name	Age Team	Finals	Points
1 # 4052 Rheuben, Briony	42 Diamond Valley	14.40m	738
	13.50m FOUL 14.40m		

Event 164 Outdoor Pentathlon: #5 Women Weight Throw 50-54 yrs

Name	Age Team	Finals	Points
1 # 5052 Graham, Pauline	54 Bendigo	9.77m	484
	9.71m FOUL 9.77m		
2 # 5053 Hewitt, Sarah	50 Box Hill	9.64m	476
	9.03m FOUL 9.64m		
3 # 5055 Merino, Paula	54 Diamond Valley	8.57m	413
	7.96m 8.57m FOUL		
4 # 5051 Bruce, Allison	51 Collingwood	6.71m	302
	6.28m 6.46m 6.71m		
5 # 5056 Kumari tikiri, We	53 Throwers	6.06m	264
	5.18m 6.06m 6.02m		

Event 180 Outdoor Pentathlon: #1 Men Hammer Throw 55-59 yrs

Name	Age Team	Finals	Points
1 # 5501 Graham, Craig	58 Bendigo	32.33m	507
	31.84m FOUL 32.33m		
2 # 5502 Whitehand, Leon	56 Ballarat	21.93m	309
	21.73m 21.39m 21.93m		
3 # 5503 Duff, Tony	58 Croydon	16.92m	215
	15.33m 16.92m FOUL		

Event 181 Outdoor Pentathlon: #1 Men Hammer Throw 60-64 yrs

Name	Age Team	Finals	Points
1 # 6001 Dell, Tony	61 Collingwood	17.90m	231
	16.85m 17.90m 17.74m		

Event 182 Outdoor Pentathlon: #1 Men Hammer Throw 65-69 yrs

Name	Age Team	Finals	Points
1 # 6504 Peska, Stan	67 Aberfeldie Essendon	29.89m	513
	27.59m FOUL 29.89m		
2 # 6502 Galea, Marty	68 Collingwood	27.59m	465
	FOUL 27.59m FOUL		
3 # 6501 Cauchi, Mark	66 Throwers	26.61m	444
	25.14m 25.91m 26.61m		
4 # 6505 Watts, Andrew	68 Box Hill	25.37m	418
	22.87m FOUL 25.37m		
5 # 6503 Mayston, Rob	67 Box Hill	17.37m	253
	FOUL 16.34m 17.37m		

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 183 Outdoor Pentathlon: #1 Men Hammer Throw 70-74 yrs**

Name	Age Team	Finals	Points
1 # 7002 Haines, Russ 28.16m 25.57m	71 Warranwood	28.16m	473
2 # 7005 Wood, Bruce 24.77m 24.86m 24.22m	70 Diamond Valley	24.86m	405
3 # 7004 Ranasinghe, Waddu 24.51m 23.43m FOUL	70 Throwers	24.51m	397
4 # 7003 Prowse, Frank 15.12m 15.40m 15.14m	72 Doncaster	15.40m	211

Event 184 Outdoor Pentathlon: #2 Men Shot Put 55-59 yrs

Name	Age Team	Finals	Points
1 # 5502 Whitehand, Leon 8.81m 9.45m 9.33m	56 Ballarat	9.45m	590
2 # 5503 Duff, Tony 8.57m 7.68m 8.35m	58 Croydon	8.57m	524
3 # 5501 Graham, Craig 7.51m 7.54m 7.64m	58 Bendigo	7.64m	454

Event 185 Outdoor Pentathlon: #2 Men Shot Put 60-64 yrs

Name	Age Team	Finals	Points
1 # 6001 Dell, Tony 6.20m 5.93m 6.14m	61 Collingwood	6.20m	342

Event 186 Outdoor Pentathlon: #2 Men Shot Put 65-69 yrs

Name	Age Team	Finals	Points
1 # 6504 Peska, Stan 11.43m 11.07m 11.61m	67 Aberfeldie Essendon	11.61m	818
2 # 6501 Cauchi, Mark 8.36m 8.29m 7.87m	66 Throwers	8.36m	554
3 # 6502 Galea, Marty 8.04m 8.21m 8.12m	68 Collingwood	8.21m	542
4 # 6503 Mayston, Rob 7.74m 8.07m FOUL	67 Box Hill	8.07m	530
5 # 6505 Watts, Andrew FOUL 7.30m FOUL	68 Box Hill	7.30m	469

Event 187 Outdoor Pentathlon: #2 Men Shot Put 70-74 yrs

Name	Age Team	Finals	Points
1 # 7002 Haines, Russ 9.68m 10.97m 10.43m	71 Warranwood	10.97m	747
2 # 7005 Wood, Bruce 10.28m 10.20m 10.07m	70 Diamond Valley	10.28m	692
3 # 7004 Ranasinghe, Waddu 8.70m 8.81m 8.55m	70 Throwers	8.81m	575
4 # 7003 Prowse, Frank 5.86m x	72 Doncaster	5.86m	344

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 188 Outdoor Pentathlon: #3 Men Discus Throw 55-59 yrs**

Name	Age	Team	Finals	Points
1 # 5502 Whitehand, Leon	56	Ballarat	29.46m	505
26.77m 28.11m 29.46m				
2 # 5501 Graham, Craig	58	Bendigo	26.08m	475
23.95m 25.25m 26.08m				
3 # 5503 Duff, Tony	58	Croydon	25.76m	425
25.76m 20.87m 18.24m				

Event 189 Outdoor Pentathlon: #3 Men Discus Throw 60-64 yrs

Name	Age	Team	Finals	Points
1 # 6001 Dell, Tony	61	Collingwood	17.97m	223
17.97m 17.17m 16.59m				

Event 190 Outdoor Pentathlon: #3 Men Discus Throw 65-69 yrs

Name	Age	Team	Finals	Points
1 # 6505 Watts, Andrew	68	Box Hill	36.07m	628
35.34m 36.07m 33.94m				
2 # 6504 Peska, Stan	67	Aberfeldie Essendon	35.82m	623
34.55m 28.16m 35.82m				
3 # 6501 Cauchi, Mark	66	Throwers	26.27m	422
24.50m 24.45m 26.27m				
4 # 6503 Mayston, Rob	67	Box Hill	23.18m	358
21.08m FOUL 23.18m				
5 # 6502 Galea, Marty	68	Collingwood	23.07m	356
21.48m 22.59m 23.07m				

Event 191 Outdoor Pentathlon: #3 Men Discus Throw 70-74 yrs

Name	Age	Team	Finals	Points
1 # 7005 Wood, Bruce	70	Diamond Valley	28.75m	539
27.06m 27.99m 28.75m				
2 # 7004 Ranasinghe, Waddu	70	Throwers	23.21m	411
20.87m FOUL 23.21m				
3 # 7003 Prowse, Frank	72	Doncaster	16.48m	260
14.97m 16.48m				
4 # 7002 Haines, Russ	71	Warranwood	16.04m	250
FOUL 16.04m				

Event 192 Outdoor Pentathlon: #4 Men Javelin Throw 55-59 yrs

Name	Age	Team	Finals	Points
1 # 5501 Graham, Craig	58	Bendigo	23.62m	323
FOUL 22.20m 23.62m				
2 # 5503 Duff, Tony	58	Croydon	22.12m	295
22.12m FOUL FOUL				
-- # 5502 Whitehand, Leon	56	Ballarat	FOUL	
FOUL FOUL FOUL				

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 193 Outdoor Pentathlon: #4 Men Javelin Throw 60-64 yrs**

Name	Age	Team	Finals	Points
1 # 6001 Dell, Tony	61	Collingwood	18.32m	230
			16.55m 17.90m 18.32m	

Event 194 Outdoor Pentathlon: #4 Men Javelin Throw 65-69 yrs

Name	Age	Team	Finals	Points
1 # 6504 Peska, Stan	67	Aberfeldie Essendon	32.09m	570
			FOUL 32.09m 31.89m	
2 # 6505 Watts, Andrew	68	Box Hill	31.06m	547
			31.06m 30.44m 30.20m	
3 # 6501 Cauchi, Mark	66	Throwers	30.64m	537
			30.64m FOUL 30.40m	
4 # 6503 Mayston, Rob	67	Box Hill	19.04m	284
			FOUL 18.74m 19.04m	
5 # 6502 Galea, Marty	68	Collingwood	18.91m	281
			17.55m 16.84m 18.91m	

Event 195 Outdoor Pentathlon: #4 Men Javelin Throw 70-74 yrs

Name	Age	Team	Finals	Points
1 # 7004 Ranasinghe, Waddu	70	Throwers	22.50m	370
			22.44m FOUL 22.50m	
2 # 7005 Wood, Bruce	70	Diamond Valley	20.13m	318
			FOUL 19.42m 20.13m	
3 # 7002 Haines, Russ	71	Warranwood	19.42m	302
			FOUL 15.98m 19.42m	
4 # 7003 Prowse, Frank	72	Doncaster	17.06m	251
			17.06m 16.60m PASS	

Event 196 Outdoor Pentathlon: #5 Men Weight Throw 55-59 yrs

Name	Age	Team	Finals	Points
1 # 5501 Graham, Craig	58	Bendigo	11.58m	586
			10.94m 11.58m FOUL	
2 # 5502 Whitehand, Leon	56	Ballarat	7.80m	360
			7.80m 5.59m FOUL	
3 # 5503 Duff, Tony	58	Croydon	5.88m	247
			5.39m 5.88m 5.55m	

Event 197 Outdoor Pentathlon: #5 Men Weight Throw 60-64 yrs

Name	Age	Team	Finals	Points
1 # 6001 Dell, Tony	61	Collingwood	6.90m	283
			6.60m 6.27m 6.90m	

Event 198 Outdoor Pentathlon: #5 Men Weight Throw 65-69 yrs

Name	Age	Team	Finals	Points
1 # 6504 Peska, Stan	67	Aberfeldie Essendon	13.22m	697
			13.22m 12.59m FOUL	
2 # 6502 Galea, Marty	68	Collingwood	11.93m	618
			11.93m 10.44m 10.65m	

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****....Event 198 Outdoor Pentathlon: #5 Men Weight Throw 65-69 yrs**

3 #	6505 Watts, Andrew	68	Box Hill	9.84m	490
	9.84m FOUL FOUL				
4 #	6501 Cauchi, Mark	66	Throwers	9.34m	459
	FOUL 8.14m 9.34m				
5 #	6503 Mayston, Rob	67	Box Hill	6.20m	271
	FOUL FOUL 6.20m				

Event 199 Outdoor Pentathlon: #5 Men Weight Throw 70-74 yrs

Name	Age	Team	Finals	Points	
1 #	7002 Haines, Russ	71	Warranwood	11.54m	555
	FOUL 10.37m 11.54m				
2 #	7004 Ranasinghe, Waddu	70	Throwers	10.66m	505
	10.66m 10.25m 9.89m				
3 #	7005 Wood, Bruce	70	Diamond Valley	9.90m	461
	9.06m FOUL 9.90m				
4 #	7003 Prowse, Frank	72	Doncaster	6.14m	248
	6.14m PASS PASS				

Event 200 Outdoor Pentathlon: #1 Men Hammer Throw 30-34yrs

Name	Age	Team	Finals	Points	
1 #	3001 Close, Andrew	34	Collingwood	9.69m	58
	8.59m 9.30m 9.69m				

Event 201 Outdoor Pentathlon: #1 Men Hammer Throw 35-39 yrs

Name	Age	Team	Finals	Points	
1 #	3501 Dhaliwal, Gurinde	36	Casey Cardinia	18.64m	195
	12.26m FOUL 18.64m				

Event 202 Outdoor Pentathlon: #1 Men Hammer Throw 40-44 yrs

Name	Age	Team	Finals	Points	
1 #	4002 Hambling, Mark	44	Throwers	28.57m	376
	28.57m 27.25m 24.45m				
2 #	4001 Dalton, Stuart	43	Throwers	21.63m	259
	18.58m 19.27m 21.63m				

Event 203 Outdoor Pentathlon: #1 Men Hammer Throw 45-49 yrs

Name	Age	Team	Finals	Points	
1 #	4505 Van Baalen, Adam	48	Throwers	20.90m	270
	20.90m 20.59m 18.39m				
2 #	4501 Arumainayagam, Ar	46	Diamond Valley	20.61m	265
	18.73m 19.65m 20.61m				
3 #	4506 Mutton, Ben	45	South West	18.60m	229
	18.60m 16.32m FOUL				
4 #	4504 Skurka, Ben	47	Mentone	18.31m	224
	15.58m 18.31m FOUL				
5 #	4503 Makin, Matthew	48	Geelong	18.05m	220
	17.08m 18.05m 16.43m				

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 204 Outdoor Pentathlon: #1 Men Hammer Throw 50-54 yrs**

Name	Age	Team	Finals	Points
1 # 5004 Van Baalen, Simon	50	Throwers	38.48m	571
			32.60m 38.48m 37.85m	
2 # 5002 Lakusa, Kristian	52	Aberfeldie Essendon	21.89m	278
			17.97m 21.89m 19.06m	

Event 205 Outdoor Pentathlon: #2 Men Shot Put 30-34yrs

Name	Age	Team	Finals	Points
1 # 3001 Close, Andrew	34	Collingwood	7.34m	327
			6.40m 6.78m 7.34m	

Event 206 Outdoor Pentathlon: #2 Men Shot Put 35-39 yrs

Name	Age	Team	Finals	Points
1 # 3501 Dhaliwal, Gurinde	36	Casey Cardinia	8.97m	448
			8.97m FOUL 7.67m	

Event 207 Outdoor Pentathlon: #2 Men Shot Put 40-44 yrs

Name	Age	Team	Finals	Points
1 # 4002 Hambling, Mark	44	Throwers	10.37m	578
			10.37m 10.18m 9.77m	
2 # 4001 Dalton, Stuart	43	Throwers	8.73m	468
			8.73m 8.62m 8.54m	

Event 208 Outdoor Pentathlon: #2 Men Shot Put 45-49 yrs

Name	Age	Team	Finals	Points
1 # 4503 Makin, Matthew	48	Geelong	8.82m	513
			8.82m 8.07m 8.42m	
2 # 4506 Mutton, Ben	45	South West	8.38m	482
			8.38m 7.83m 8.35m	
3 # 4505 Van Baalen, Adam	48	Throwers	7.87m	445
			7.87m 7.10m 7.44m	
4 # 4504 Skurka, Ben	47	Mentone	7.59m	426
			7.00m 7.27m 7.59m	
4 # 4501 Arumainayagam, Ar	46	Diamond Valley	7.59m	426
			7.59m 7.43m FOUL	

Event 209 Outdoor Pentathlon: #2 Men Shot Put 50-54 yrs

Name	Age	Team	Finals	Points
1 # 5004 Van Baalen, Simon	50	Throwers	11.49m	684
			FOUL 11.49m 11.47m	
2 # 5002 Lakusa, Kristian	52	Aberfeldie Essendon	9.77m	563
			8.96m 9.57m 9.77m	

Event 210 Outdoor Pentathlon: #3 Men Discus Throw 30-34yrs

Name	Age	Team	Finals	Points
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VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****...Event 210 Outdoor Pentathlon: #3 Men Discus Throw 30-34yrs**

1 # 3001 Close, Andrew	34 Collingwood	16.72m	211
13.75m 15.54m 16.72m			

Event 211 Outdoor Pentathlon: #3 Men Discus Throw 35-39 yrs

Name	Age Team	Finals	Points
1 # 3501 Dhaliwal, Gurinde	36 Casey Cardinia	23.26m	334
20.34m 23.26m 13.00m			

Event 212 Outdoor Pentathlon: #3 Men Discus Throw 40-44 yrs

Name	Age Team	Finals	Points
1 # 4002 Hambling, Mark	44 Throwers	28.10m	437
28.10m FOUL FOUL			
2 # 4001 Dalton, Stuart	43 Throwers	26.25m	401
25.14m 25.00m 26.25m			

Event 213 Outdoor Pentathlon: #3 Men Discus Throw 45-49 yrs

Name	Age Team	Finals	Points
1 # 4503 Makin, Matthew	48 Geelong	24.85m	405
24.85m 24.85m 24.81m			
2 # 4506 Mutton, Ben	45 South West	23.32m	373
23.17m 23.32m 20.85m			
3 # 4504 Skurka, Ben	47 Mentone	22.53m	357
22.53m 21.89m FOUL			
4 # 4501 Arumainayagam, Ar	46 Diamond Valley	21.31m	331
21.31m 17.74m 19.91m			
5 # 4505 Van Baalen, Adam	48 Throwers	20.42m	313
19.85m 20.42m 19.15m			

Event 214 Outdoor Pentathlon: #3 Men Discus Throw 50-54 yrs

Name	Age Team	Finals	Points
1 # 5004 Van Baalen, Simon	50 Throwers	36.95m	608
33.62m 33.93m 36.95m			
2 # 5002 Lakusa, Kristian	52 Aberfeldie Essendon	29.69m	463
28.65m 29.69m 25.70m			

Event 215 Outdoor Pentathlon: #4 Men Javelin Throw 30-34yrs

Name	Age Team	Finals	Points
1 # 3001 Close, Andrew	34 Collingwood	15.25m	99
13.99m 15.25m 14.58m			

Event 216 Outdoor Pentathlon: #4 Men Javelin Throw 35-39 yrs

Name	Age Team	Finals	Points
1 # 3501 Dhaliwal, Gurinde	36 Casey Cardinia	29.66m	313
21.93m 29.66m 24.67m			

VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****Event 217 Outdoor Pentathlon: #4 Men Javelin Throw 40-44 yrs**

Name	Age	Team	Finals	Points
1 # 4002 Hambling, Mark	44	Throwers	23.39m	247
			18.69m 23.39m 20.76m	
2 # 4001 Dalton, Stuart	43	Throwers	18.55m	172
			17.24m 18.55m FOUL	

Event 218 Outdoor Pentathlon: #4 Men Javelin Throw 45-49 yrs

Name	Age	Team	Finals	Points
1 # 4506 Mutton, Ben	45	South West	37.55m	522
			32.54m 37.55m 33.72m	
2 # 4501 Arumainayagam, Ar	46	Diamond Valley	27.10m	339
			27.05m 27.10m 26.42m	
3 # 4504 Skurka, Ben	47	Mentone	21.51m	244
			20.76m 20.66m 21.51m	
4 # 4503 Makin, Matthew	48	Geelong	21.23m	239
			17.78m 21.23m FOUL	
5 # 4505 Van Baalen, Adam	48	Throwers	18.92m	201
			13.33m 16.12m 18.92m	

Event 219 Outdoor Pentathlon: #4 Men Javelin Throw 50-54 yrs

Name	Age	Team	Finals	Points
1 # 5004 Van Baalen, Simon	50	Throwers	28.20m	365
			28.20m 27.08m 25.84m	
2 # 5002 Lakusa, Kristian	52	Aberfeldie Essendon	24.08m	294
			21.39m 24.08m FOUL	

Event 220 Outdoor Pentathlon: #5 Men Weight Throw 30-34yrs

Name	Age	Team	Finals	Points
1 # 3001 Close, Andrew	34	Collingwood	5.03m	179
			4.82m 5.03m 4.63m	

Event 221 Outdoor Pentathlon: #5 Men Weight Throw 35-39 yrs

Name	Age	Team	Finals	Points
1 # 3501 Dhaliwal, Gurinde	36	Casey Cardinia	4.89m	172
			FOUL 4.89m 4.52m	

Event 222 Outdoor Pentathlon: #5 Men Weight Throw 40-44 yrs

Name	Age	Team	Finals	Points
1 # 4002 Hambling, Mark	44	Throwers	10.44m	515
			9.42m 10.44m 9.91m	
2 # 4001 Dalton, Stuart	43	Throwers	7.16m	321
			6.81m 7.11m 7.16m	

Event 223 Outdoor Pentathlon: #5 Men Weight Throw 45-49 yrs

Name	Age	Team	Finals	Points
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VMA30+ Throws Pentathlon - 24/03/2024**Duncan McKinnon Reserve****Results****....Event 223 Outdoor Pentathlon: #5 Men Weight Throw 45-49 yrs**

1 #	4505 Van Baalen, Adam	48 Throwers	8.33m	424
	8.33m 8.31m 7.72m			
2 #	4503 Makin, Matthew	48 Geelong	7.33m	360
	6.56m 7.33m 6.21m			
3 #	4506 Mutton, Ben	45 South West	6.98m	339
	FOUL 5.78m 6.98m			
4 #	4504 Skurka, Ben	47 Mentone	6.55m	312
	6.55m PASS PASS			
5 #	4501 Arumainayagam, Ar	46 Diamond Valley	6.15m	287
	FOUL 6.15m 6.10m			

Event 224 Outdoor Pentathlon: #5 Men Weight Throw 50-54 yrs

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	Name	Age Team	Finals	Points
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1 #	5004 Van Baalen, Simon	50 Throwers	15.63m	769
	15.63m 15.30m 15.42m			
2 #	5002 Lakusa, Kristian	52 Aberfeldie Essendon	10.08m	455
	9.32m 10.08m 7.18m			