

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****Event 1 Men 110 Metre Hurdles Hurdles 1.067m**

Name	Year Team	Finals
Section 1 Wind: 0.1		
1 Van Der Westhuizen, Ben	90 Nunawading	22.07
2 Almond, Ash	91 Yarra Ranges	23.37

Event 2 Men 110 Metre Hurdles Hurdles 0.991m

Name	Year Team	Finals
1 Merrick, William	05 Casey Cardinia	19.12

Event 3 Men 110 Metre Hurdles Hurdles 0.914m

Name	Year Team	Finals
Section 1 Wind: 1.1		
1 Andrews, Asher	07 Diamond Valley	16.43
2 Pidgeon, Aidan	06 Box Hill	16.77
Section 2 Wind: 0.8		
1 Russell, Cooper	06 Mentone	19.60
2 Smerdon, Alex	07 Casey Cardinia	20.46

Event 4 Men 100 Metre Hurdles Hurdles 0.838m

Name	Year Team	Finals
Section 1 Wind: 0.3		
1 Risseeuw, Oliver	08 Old Melburnians	14.90
2 Theodoro, Omal	09 Glenhuntly	17.33
3 Chandrasena, Leonka	09 Mentone	20.25

Event 5 Women 100 Metre Hurdles Hurdles 0.838m

Name	Year Team	Finals
Section 1 Wind: -0.9		
1 Chapman, Alana	04 Box Hill	15.53
2 McBrien, Maddison	03 Box Hill	15.94
3 Zarafa, Sophie	05 Box Hill	16.43
Section 2 Wind: 1.5		
1 Arendt, Maya	05 Ringwood	17.43
2 Bullard, Shani	00 Yarra Ranges	20.35

Event 6 Women 100 Metre Hurdles Hurdles 0.762m

Name	Year Team	Finals
Section 1 Wind: 0.1		
1 Hollingsworth, Alice	07 Glenhuntly	15.38
2 Card, Vivienne Helena	06 Mentone	15.76
3 Matthews, Charli	06 St Kevins	16.77
Section 3 Wind: 1.7		
1 Bridle, Teeghan	06 Casey Cardinia	17.95
2 Kratina, Amaya	07 Casey Cardinia	18.21
3 Parsons, Lily	06 Mentone	19.33
4 Axarlis, Danielle	06 Maccabi	21.05

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****Event 7 Women 90 Metre Hurdles Hurdles 0.762m**

Name	Year Team	Finals
Section 1 Wind: 0.4		
1 Goss, Georgia	08 Mornington	14.19

Event 8 Women 80 Metre Hurdles Hurdles 0.762m

Name	Year Team	Finals
Section 1 Wind: 1.7		
1 Adelaja, Symone	11 Frankston	17.01

Event 9A Women 1000 Metre Run RESULTS Results

Name	Year Team	Finals
Section 1		
1 Williams, Tilly	09 Mentone	3:02.23
2 Haidar, Karen	01 Mentone	3:08.36
3 Harmer, Aleisha	08 Ringwood	3:11.49
4 Tomic, Laura	83 South Coast	3:12.23
5 Debargue-Tamai, Celestin	07 Mentone	3:12.68
6 Louw, Amber	04 Sandringham	3:14.76
7 Pennings, Nicole	95 Nunawading	3:25.57
8 Nackovski, Kristina	08 Yarra Ranges	3:28.08
9 Sujeendran, Surapiga	10 Glenhuntly	3:32.70
10 Ickowicz, Micaela	09 Maccabi	3:38.97
Section 2		
1 Scherer, Amelie	08 Ringwood	3:10.23
2 Duffy, Maysen	01 Glenhuntly	3:19.33
3 Williams, Millie	06 Sandringham	3:22.06
4 Dornom, Charlee	08 Mornington	3:24.60
5 Ponchard, Olivia	07 Mornington	3:25.69
6 Hastings, Sarah	07 Mentone	3:27.27
7 Smullen, Teagan	11 Mentone	3:30.33
8 Austin, Tracey	77 Waverley-Malvern	3:36.75
9 Chis, Sofie	11 Casey Cardinia	3:41.55
10 Allen, Talia	04 Nunawading	3:44.18
Section 3		
1 Danks, Heather	69 Old Scotch	3:35.08
2 Bragg, Ruby	11 Mentone	3:35.85
3 Atkins, Annabel	09 Old Scotch	3:41.32
4 Cleary, Caroline	71 Mentone	3:44.89
5 Mossman, Grace	08 Mentone	3:46.38
6 Hess, Gabrielle	08 Ringwood	3:50.00
7 Wood, Michaela	02 Sandringham	3:56.70
8 Watts, Gaye	71 Mornington	3:59.00
9 Axarlis, Danielle	06 Maccabi	4:03.35
10 Donner, Keira	08 Maccabi	4:28.63
Section 4		
1 Hessell, Amy	83 Waverley-Malvern	3:42.08
2 Richards, Niesha	10 Mornington	3:58.04
3 Hewett, Sarah	69 Mornington	4:03.54
4 Geisler, Sandra	77 Ringwood	4:13.18
5 Gibson, Kerrie	71 Mentone	4:21.76
6 Smullen, Theresa	75 Mentone	4:24.58
7 Anderson, Helen	62 Waverley-Malvern	4:29.24
8 Gately, Elisse	76 Old Xaverians	4:30.44
9 Johansen, Nicole	73 Ringwood	6:04.63

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****....Event 9A Women 1000 Metre Run RESULTS Results**

10 Griffiths, Tania 71 Nunawading 6:18.44

Event 10 Men 150 Metre Sprint All Male

Name	Year Team	Finals
Section 1 Wind: NWI		
1 McHugh, Archer	05 Mornington	16.09
2 Templeton, Tom	92 Collingwood	16.35
3 Kariuki, Jeremy	06 Casey Cardinia	16.78
4 Tanojevic, Tom	98 Sandringham	17.10
5 Olaniyan, Zion-Great	07 Casey Cardinia	17.16
6 Wood, Xavier	07 Knox	18.80
7 Jordan, Brodie	09 Glenhuntly	24.80
Section 2 Wind: NWI		
1 Shaw, Blake	03 Frankston	16.95
2 Amofo, Asare	98 Glenhuntly	17.06
3 Marriner, Lachlan	05 Glenhuntly	17.50
4 Somasundaram, Sachenn	99 Knox	17.81
5 Wilmot, Zachary	97 Nunawading	17.88
6 Krawczyk, Nick	03 Knox	18.73
7 Ryan, Jackson	07 Knox	18.94
Section 3 Wind: NWI		
1 Andrews, Asher	07 Diamond Valley	17.51
2 D'Silva, Jared	06 Casey Cardinia	17.61
3 Giarrocco, Ayrton	98 Mentone	17.78
4 Placella, Thomas	06 Nunawading	17.88
5 Wrigley, Miles	04 South Coast	17.96
6 Olaniyan, Israel	09 Casey Cardinia	18.17
7 Heward, Tyran	01 Ringwood	18.71
8 Pidgeon, Aidan	06 Box Hill	19.11
Section 4 Wind: NWI		
1 De Sa, Tyler	05 Glenhuntly	17.78
2 Meagher, Jarrod	77 Ringwood	17.86
3 Merrilees, Matthew	03 South Coast	18.13
4 Tassone, Sam	02 Nunawading	18.23
5 Banks, Teddy	05 Mornington	18.40
6 Gowing, Edward	07 Glenhuntly	18.64
7 Mok, Alex	94 Mentone	18.79
-- Wilson, Kipp	98 Sandringham	DNF
Section 5 Wind: NWI		
1 Merrick, Nicholas	96 Casey Cardinia	18.00
2 Macdonald, Liam	06 Nunawading	18.39
3 Maher, Tim	95 Mentone	18.61
4 Merrick, William	05 Casey Cardinia	18.66
5 Risseuw, Oliver	08 Old Melburnians	18.71
6 Rikanovic, Maksim	06 Mentone	19.15
7 Smerdon, Nicholas	05 Casey Cardinia	19.28
8 Griffiths, Darryl	69 Nunawading	20.02
Section 6 Wind: NWI		
1 Zeng, Elden	06 Old Scotch	17.64
2 Attana, Cooper	08 Mentone	18.26
3 Dawborn, Henry	07 Old Scotch	18.53
4 Graham, Bayley	05 Ringwood	18.67
5 Sujeendran, Suvan	09 Glenhuntly	18.72
6 Lawrence, Ashton	07 Mentone	19.28
7 Smerdon, Alex	07 Casey Cardinia	20.17
8 Dyer, Zachery	03 Mornington	20.59
Section 7 Wind: NWI		

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****...Event 10 Men 150 Metre Sprint All Male**

1	Theodoro, Omal	09	Glenhuntly	18.48
2	Gibson, Alexander	04	Mentone	19.01
3	Ashok, Arun	91	Waverley-Malvern	19.76
4	Soldati, Theo	02	Glenhuntly	19.93
5	McGough, Thomas Tnn;Fnn	10	Mornington	20.83
6	Dawe, Richard	68	Mornington	21.11
7	Hewitson, Craig	71	Yarra Ranges	21.45
8	Ryan, Paul	09	Old Xaverians	21.54

Section 8 Wind: NWI

1	Kernick, Liam Fnn	01	Nunawading	19.24
2	Fly, Mitchell	93	Mentone	20.09
3	Rentschler, James	87	Old Scotch	20.38
4	Drabkin, Ori Tnn;Fnn	05	Maccabi	21.04
5	Christodoulou, Christian	10	Dandenong-Sp	21.09
5	Davenport, Kai Tnn;Fnn	07	Mornington	21.09
7	Pratt, Wil	73	Mornington	21.73
8	Baldwin, Terry	63	Waverley-Malvern	22.04

Section 9 Wind: NWI

1	Gibson, Edward	06	Mentone	18.86
2	Gibson, Samuel	09	Mentone	21.17
2	Johnston, Joseph	02	Yarra Ranges	21.17
4	Colgan, Craig	72	Mornington	21.50
5	Hughes, William	09	Mornington	21.57
6	Shipham, Patrick	04	Knox	21.73
7	Zwierlein, Robert	63	Mornington	23.18
8	Evans, Simon	60	Box Hill	23.87

Section 10 Wind: NWI

1	Dawborn, Antony	09	Old Scotch	22.45
2	Day, Rohan	70	Mentone	23.56
3	Wright, Jeffrey	58	Knox	24.63
4	Newling, Rob	59	Mornington	25.01
5	Vorchheimer, Myer	45	Maccabi	26.40
6	Arumainayagam, Arunan	77	Diamond Valley	26.54

Event 11 Women 150 Metre Sprint All Female

Name	Year	Team	Finals	
=====				
Section 1 Wind: NWI				
1	Chapman, Alana	04	Box Hill	19.23
2	Romanoff, Lucy	97	Frankston	19.34
3	Barrett, Kaylah	06	Frankston	19.48
4	Elvey, Paige	03	Frankston	19.64
5	Buckley, Hailey	07	Knox	19.70
6	Axarlis, Danielle	06	Maccabi	19.93
7	McBrien, Maddison	03	Box Hill	20.11
8	Arnold, Ashleigh	03	Old Scotch	20.46
Section 2 Wind: NWI				
1	Hui, Morgan	07	Knox	19.35
2	Larose, Monique	00	Nunawading	20.04
3	Goodman, Taylah	07	Casey Cardinia	20.22
4	Kratina, Amaya	07	Casey Cardinia	21.00
5	Hewett, Florence	10	Mornington	21.88
6	Barratt, Serana	09	Mentone	22.79
--	Hughes, Sarai	07	Mornington	DQ 19.99
Section 3 Wind: NWI				
1	McMaster, Abigail	06	Sandringham	19.57
2	Bienaime, Gabrielle	07	Frankston	20.37
3	Hastings, Sarah	07	Mentone	20.38

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****....Event 11 Women 150 Metre Sprint All Female**

4	Lay, Teagan	08	Mentone	20.86
5	Goss, Georgia	08	Mornington	20.91
6	Bolisetty, Shri Nidhi	08	Nunawading	20.92
7	Bridle, Teeghan	06	Casey Cardinia	21.06
8	Donner, Keira	08	Maccabi	21.38
Section 4 Wind: NWI				
1	Canning, Molly	09	Casey Cardinia	20.31
2	Ponchard, Olivia	07	Mornington	20.58
3	Kuthan, Gabriella	08	Frankston	20.59
4	Parsons, Lily	06	Mentone	20.98
5	Dornom, Charlee	08	Mornington	21.60
6	Williams, Tilly	09	Mentone	22.05
7	Dyer, Kobi-Lee Fnn	05	Frankston	22.28
8	Harris, Tora	11	Mornington	22.65
Section 5 Wind: NWI				
1	Adelaja, Symone	11	Frankston	20.99
2	Cazaux, Claudia	04	Mentone	21.45
3	Adams, Jessica	08	Mentone	21.96
4	Bullard, Shani	00	Yarra Ranges	22.00
5	De Vries, Ava	09	Mornington	22.09
6	Hewett, Sarah	69	Mornington	22.93
7	Smith, Wendy	73	Doncaster	23.96
8	Allen, Talia	04	Nunawading	24.06
Section 6 Wind: NWI				
1	Scherer, Amelie	08	Ringwood	22.31
2	Brand, Maayan	08	Maccabi	22.73
3	Crawford, Charlotte	07	Mornington	23.05
4	Richards, Niesha	10	Mornington	23.68
5	Hosseini, Paaniz	99	Sandringham	23.70
6	McLean, Louise	65	Glenhuntly	24.30
7	Danks, Heather	69	Old Scotch	25.05
8	Anderson, Helen	62	Waverley-Malvern	25.35
Section 7 Wind: NWI				
1	Buttigieg, Linda	64	Waverley-Malvern	24.84
2	Watts, Gaye	71	Mornington	25.96
3	Hewitson, Kathi	72	Yarra Ranges	27.09
4	Austin, Tracey	77	Waverley-Malvern	29.15
5	Gibson, Kerrie	71	Mentone	29.91
6	Johansen, Nicole	73	Ringwood	33.70
7	Griffiths, Tania	71	Nunawading	37.22

Event 12A Men 1000 Metre Run RESULTS Results

Name	Year	Team	Finals	
Section 1				
1	Chis, Lucas	08	Casey Cardinia	2:32.53
2	Gibson, Alexander	04	Mentone	2:35.04
3	Pratt, Oliver	05	Mornington	2:38.65
4	Does, Bevan	02	Frankston	2:39.77
5	Settle, Callum	08	Ringwood	2:40.01
6	Alder, Harry	08	Ringwood	2:40.35
7	Kernahan, Michael	96	Mentone	2:42.33
8	Stubbs, Hugo	08	Old Scotch	2:42.92
9	Ruda, Aleksandr	81	Mentone	2:43.37
10	Hewett, Archie	06	Mornington	2:48.82
11	Hughes, Tyler	10	Mornington	2:58.52
Section 2				
1	Gibson, Edward	06	Mentone	2:43.34

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****...Event 12A Men 1000 Metre Run RESULTS Results**

2	Banks, Teddy	05	Mornington	2:52.43
3	Reeve, Maximilian	09	Sandringham	2:53.47
4	Hughes, William	09	Mornington	2:59.80
5	Field, Jack	10	Ringwood	3:00.02
6	Macdonald, Liam	06	Nunawading	3:00.97
7	Dawe, Richard	68	Mornington	3:01.10
8	Banfield, Ethan	09	Mornington	3:03.78
9	Brennan, Neil	79	Mentone	3:16.93
10	Theodoro, Omal	09	Glenhuntly	3:26.77
11	Jordan, Brodie	09	Glenhuntly	3:57.77

Section 3

1	Fly, Mitchell	93	Mentone	2:58.76
2	Ashok, Arun	91	Waverley-Malvern	2:59.35
3	Lawrence, Ashton	07	Mentone	2:59.45
4	Lynch, Martin	84	South Coast	3:08.17
5	Davenport, Kai Tnn;Fnn	07	Mornington	3:09.43
6	Pratt, Wil	73	Mornington	3:10.47
7	Krawczyk, Nick	03	Knox	3:13.28
8	Lawson, Corey	77	Mentone	3:13.35
9	Christodoulou, Christian	10	Dandenong-Sp	3:26.70
10	McGough, Thomas Tnn;Fnn	10	Mornington	3:33.79

Section 4

1	Bayliss, Cooper	07	Mentone	2:59.34
2	Smith, Jordan	01	Mentone	3:00.56
3	Rikanovic, Maksim	06	Mentone	3:06.31
4	Dyer, Zachery	03	Mornington	3:09.52
5	Taylor, Zachary	08	Old Xaverians	3:25.27
6	Zwierlein, Robert	63	Mornington	3:29.07
7	Hewitson, Craig	71	Yarra Ranges	3:38.03
8	Day, Rohan	70	Mentone	3:46.92
9	Settle, Lee	71	Ringwood	3:50.24
10	Banks, Matthew	70	Mornington	3:57.03
11	Newling, Rob	59	Mornington	4:17.30

Section 5

1	Heward, Tyran	01	Ringwood	3:06.42
2	Williams, Chris	90	Sandringham	3:12.79
3	Edwards, Lee	78	Mentone	3:21.09
4	Wright, Jeffrey	58	Knox	3:38.40
5	Harvey, Matt	07	Waverley-Malvern	3:44.47
6	Skurka, Ben	76	Mentone	3:44.49
7	Van Dongen, Rupert	74	Mentone	4:01.94
8	Evans, Simon	60	Box Hill	4:04.47
9	Ferrer, Richard	60	Waverley-Malvern	4:32.85

Event 13A Women 3000 Metre Run RESULTS Results

Name	Year	Team	Finals
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Section 1

1	Sidebottom, Jasmine	06	Mornington	11:01.83	YLS
2	Hessell, Amy	83	Waverley-Malvern	11:02.62	YLS
3	Tomic, Laura	83	South Coast	11:09.53	YLS
4	Crawford, Charlotte	07	Mornington	11:18.87	YLS
5	Thadani, Hridhika	10	Waverley-Malvern	11:31.96	YLS
6	Wetzels, Emily	11	Glenhuntly	11:35.17	YLS
7	Barr, Natalie	07	Ringwood	11:52.13	YLS
8	Pratt, Joanne	87	Mentone	11:54.58	YSL
9	Christensen, Naomi	94	Melbourne Uni	11:54.78	YLS
10	Hastings, Sarah	07	Mentone	11:56.81	YLS

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****...Event 13A Women 3000 Metre Run RESULTS Results**

11 Williams, Tilly	09 Mentone	11:58.30	YLS
12 Matthews, Isabelle	06 Mornington	12:28.41	YLS
13 Cleary, Caroline	71 Mentone	12:30.14	YLS
14 Edwards, Lesley	75 Mentone	12:47.99	YLS
15 Stubbs, Alexandra	10 Old Scotch	13:20.53	YLS
16 Turner, Alanna	06 Old Scotch	13:26.63	YLS
17 Rosenbrock, Carolyn	62 Yarra Ranges	13:59.50	YLS
18 Gately, Elisse	76 Old Xaverians	15:16.43	YLS

Event 14A Men 3000 Metre Run RESULTS Results

Name	Year Team	Finals	
1 Albiston, Sam	05 Mentone	9:05.06	YLS
2 Asi, Jen0	06 Knox	9:11.27	YLS
3 Turver, Andrew	07 Mentone	9:11.55	YLS
4 Hijlkema, Kane	08 Glenhuntly	9:11.81	YLS
5 Larner, Jack	09 Glenhuntly	9:12.25	YLS
6 Lindeman, Thomas	08 Old Scotch	9:16.23	YLS
7 Sullivan, Riley	09 Mentone	9:20.63	YLS
8 Hettiarachchi, Shevin	09 Nunawading	9:26.67	YLS
9 Short, William Tnn;Fnn	07 Glenhuntly	9:41.17	YLS
10 Bignell, Jesper	10 Sandringham	10:01.66	YLS
11 McCann, Gilbert	08 Nunawading	10:04.57	YLS
12 Davenport, Kai Tnn;Fnn	07 Mornington	10:09.33	YLS
13 Fly, Mitchell	93 Mentone	10:21.96	YLS
14 Thomas, Michael	71 Mornington	10:24.06	YLS
15 Vaughan, David	66 Doncaster	10:40.00	YLS
16 Lawson, Corey	77 Mentone	10:45.87	YLS
17 Banfield, Ethan	09 Mornington	10:54.09	YLS
18 Brennan, Neil	79 Mentone	11:32.35	YLS
-- Day, Rohan	70 Mentone	DNF	YLS
Section 2			
1 Bayliss, Cooper	07 Mentone	10:29.50	Y LS
2 McAllister, Harry	11 Sandringham	10:57.48	Y LS
3 Tyo, Scott	72 Mentone	11:02.62	Y LS
4 Lynch, Martin	84 South Coast	11:04.46	Y LS
5 Smith, Jordan	01 Mentone	11:04.47	Y LS
6 Edwards, Lee	78 Mentone	11:11.79	Y LS
7 Alder, Angus	10 Ringwood	11:14.74	Y LS
8 Williams, Chris	90 Sandringham	11:31.01	Y LS
9 Dyer, Zachery	03 Mornington	11:36.18	Y LS
10 Taylor, Zachary	08 Old Xaverians	11:37.82	Y LS
11 Sidebottom, John	69 Mornington	11:41.52	Y LS
12 Colgan, Craig	72 Mornington	11:56.31	YLS
13 Hughes, William	09 Mornington	12:09.16	Y LS
14 Hughes, Marty	03 Unattached	12:09.22	Y LS
15 Wright, Jeffrey	58 Knox	12:37.45	Y LS
16 Van Dongen, Rupert	74 Mentone	12:51.10	YLS
17 Zwierlein, Robert	63 Mornington	13:15.34	Y LS
18 Harvey, Matt	07 Waverley-Malvern	13:30.97	Y LS

Event 15A Mixed 5000 Metre Run RESULTS Results

Name	Year Team	Finals	
Section 1			
1 Kernahan, Michael	M96 Mentone	14:58.14	YLS
2 Boyle, Travis	M79 Mentone	15:58.78	YLS

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****...Event 15A Mixed 5000 Metre Run RESULTS Results**

3	Lynch, Matthew	M99	St Kevins	17:02.04	YLS
4	Golvan, Ariel	M95	Maccabi	17:31.20	YLS
5	Russell, Julian	M80	Waverley-Malvern	18:49.94	YLS
6	Bishop, Michael	M71	Mornington	19:29.36	YLS
7	Hinds, Tessa	W72	Mentone	20:44.10	YLS
8	Harvey, Michael	M62	Waverley-Malvern	22:17.00	YLS
9	Dawe, Richard	M68	Mornington	22:31.43	YLS
10	Watts, Gaye	W71	Mornington	22:32.83	YLS
--	Austin, Tracey	W77	Waverley-Malvern	DNF	YLS

Event 21 Mixed High Jump 1.64m+ Sheet 01

Name	Year	Team	Finals
Flight 1			
1	Allen, Sam	M07 Old Scotch	1.94m
2	Faber, Lucas	M06 Glenhuntly	1.89m
3	Merrilees, Matthew	M03 South Coast	1.84m
3	Tully, Liam	M01 Melbourne Uni	1.84m
5	Still, Darcy	M09 Mornington	1.74m
--	Macdonald, Liam	M06 Nunawading	NH

Event 22 Mixed Triple Jump Controlled Sheet 01

Name	Year	Team	Finals	Wind
1	Paull, Fraser	M00 Sandringham	14.54m	-2.2
2	Sweet, Jackson	M03 Sandringham	14.27m	-0.1
3	Harvey, Quinn	M07 Frankston	13.26m	+0.0
4	Hughes, Sarai	W07 Mornington	10.93m	-0.1
5	Buckley, Hailey	W07 Knox	10.46m	0.3

Event 23 Mixed Hammer Throw Controlled Sheet 01

Name	Year	Team	Finals
1	Voogd, Benjamin	M02 Ringwood	51.45m
1	Amiatu, Will	M08 Glenhuntly	51.45m
3	Swanevelde, Ruan	M03 Ringwood	49.50m
4	Wilson, Eva	W06 Box Hill	42.50m
5	Werner, Emma	W92 Eureka	42.09m
6	Sanchez, Keira	W06 Diamond Valley	41.70m
7	Barnet, Ebony	W07 Box Hill	39.83m
8	Wooding, Alyssa	W03 Frankston	39.33m
9	El Shorbagy, Seif	M06 Mentone	38.19m
10	Johansen, Nicole	W73 Ringwood	37.26m
11	Buttigieg, Linda	W64 Waverley-Malvern	36.89m
12	Newman, Colin	M83 Diamond Valley	36.61m

Event 23E Mixed Hammer Throw Extra Throws Non Scoring

Name	Year	Team	Finals
--	Amiatu, Will	M08 Glenhuntly	X55.52m
--	Voogd, Benjamin	M02 Ringwood	X52.31m
--	Swanevelde, Ruan	M03 Ringwood	X49.95m
--	Wilson, Eva	W06 Box Hill	X44.56m
--	Werner, Emma	W92 Eureka	X43.15m

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****Event 24 Mixed Javelin Throw Sheet 01**

Name	Year	Team	Finals
1 Wilkins, Hayley	W03	Yarra Ranges	32.91m
2 Van Der Westhuizen, Ben	M90	Nunawading	30.50m
3 Laurie, Natalie	W91	Nunawading	30.44m
4 Arumainayagam, Arunan	M77	Diamond Valley	28.46m
5 De Vries, Wayne	M73	Ringwood	28.22m
6 Barratt, Serana	W09	Mentone	26.01m
7 Wrzuszczyk, Peter	M60	Corio	21.26m
8 Plant, Ava	W10	Box Hill	20.21m
9 Banks, Teddy	M05	Mornington	20.14m
10 Gibson, Samuel	M09	Mentone	17.80m
11 Fly, Mitchell	M93	Mentone	17.47m
12 Peak, Emma	W04	Doncaster	16.75m
13 Bridle, Christine	W57	Waverley-Malvern	14.96m
14 Bullard, Shani	W00	Yarra Ranges	12.83m
15 Peak, Kim	W66	Doncaster	12.81m
16 Voogd, Debbie	W65	Ringwood	10.88m

Event 25 Mixed High Jump 1.39m-1.84m Sheet 02

Name	Year	Team	Finals
1 Smerdon, Nicholas	M05	Casey Cardinia	1.74m
2 Krawczyk, Alex	M08	Knox	1.69m
2 Russell, Cooper	M06	Mentone	1.69m
2 Van Der Westhuizen, Ben	M90	Nunawading	1.69m
5 Theodoro, Omal	M09	Glenhuntly	1.64m
6 Zarafa, Sophie	W05	Box Hill	1.54m
7 Phelan, Anna	W09	Box Hill	1.49m
7 Matthews, Charli	W06	St Kevins	1.49m
7 Cronin, Joshua	M09	Glenhuntly	1.49m
10 Chapman, Alana	W04	Box Hill	1.44m
10 Plant, Ava	W10	Box Hill	1.44m
10 Adams, Jessica	W08	Mentone	1.44m
10 McBrien, Maddison	W03	Box Hill	1.44m
-- Ryan, Jackson	M07	Knox	NH

Event 26 Mixed Triple Jump Sheet 02

Name	Year	Team	Finals	Wind
1 McHugh, Archer	M05	Mornington	12.43m	NWI
2 Faber, Lucas	M06	Glenhuntly	11.95m	NWI
3 Still, Darcy	M09	Mornington	11.24m	NWI
4 Van Der Westhuizen, Ben	M90	Nunawading	10.27m	NWI
5 Lay, Teagan	W08	Mentone	9.65m	NWI
6 Goss, Georgia	W08	Mornington	9.50m	NWI
7 Bullard, Shani	W00	Yarra Ranges	9.19m	NWI
8 Arnold, Ashleigh	W03	Old Scotch	9.08m	NWI
9 Lester, Rhiannon	W79	Mornington	9.01m	NWI
10 Arumainayagam, Arunan	M77	Diamond Valley	8.81m	NWI
11 Laurie, Natalie	W91	Nunawading	8.75m	NWI
12 Shipham, Patrick	M04	Knox	8.66m	NWI
13 Klotz, Saskia	W09	St Kevins	8.65m	NWI
14 Barratt, Serana	W09	Mentone	8.63m	NWI
15 Upson, Shkyiah	W05	Mornington	8.35m	NWI
16 Allen, Talia	W04	Nunawading	8.27m	NWI
17 Evans, Simon	M60	Box Hill	7.30m	NWI

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****...Event 26 Mixed Triple Jump Sheet 02**

18 Buttigieg, Linda	W64 Waverley-Malvern	6.85m	NWI
19 Hewitson, Kathi	W72 Yarra Ranges	6.53m	NWI

Event 27 Mixed Hammer Throw Sheet 02

Name	Year Team	Finals
1 Wrzuszczyk, Peter	M60 Corio	33.77m
2 Ebbels, Sarah	W05 Yarra Ranges	31.30m
3 Smith, Jasmine	W06 Doncaster	30.14m
4 Ebbels, Anne-Marie	W73 Yarra Ranges	29.88m
5 Cauchi, Mark	M57 Knox	27.42m
6 Bridle, Christine	W57 Waverley-Malvern	26.71m
7 Merino, Paula	W69 Diamond Valley	24.89m
8 Messerle, Narelle	W58 Ringwood	22.43m
9 Pennings, Nicole	W95 Nunawading	21.30m
10 Laurie, Natalie	W91 Nunawading	21.27m
11 Brown, Nigel	M74 Mentone	21.01m
12 Barrow, Geoffrey	M49 Mentone	18.38m
13 Skurka, Ben	M76 Mentone	17.49m
-- Peak, Kim	W66 Doncaster	ND

Event 28 Mixed Javelin Throw Controlled Sheet 02

Name	Year Team	Finals
1 Blackburn, Oliver	M02 Collingwood	61.56m
2 Almond, Ash	M91 Yarra Ranges	50.00m
3 Lahood, Jake	M08 Sandringham	48.46m
4 El Shorbagy, Seif	M06 Mentone	45.99m
5 Kannan, Vaibhav	M06 Knox	45.89m
6 Nolan, Jessica	W08 Doncaster	40.96m
7 Chandrasena, Leonka	M09 Mentone	35.62m
8 De Vries, Jade	W06 Ringwood	34.11m
9 Giddy, Penny	W02 Box Hill	32.88m
10 Krawczyk, Brad	M75 Knox	32.55m
11 Plant, Hannah	W07 Box Hill	31.88m
12 Johansen, Nicole	W73 Ringwood	29.33m
13 Loudon, Kelsey	W11 Box Hill	29.14m
-- Amiatu, Will	M08 Glenhuntly	ND

Event 28E Mixed Javelin Throw Extra Throws Non Scoring

Name	Year Team	Finals
-- Blackburn, Oliver	M02 Collingwood	X65.06m

Event 29 Mixed High Jump 1.29m-1.74m Sheet 03

Name	Year Team	Finals
1 Andrews, Asher	M07 Diamond Valley	1.74m
2 Amiatu, Will	M08 Glenhuntly	1.64m
3 Pidgeon, Aidan	M06 Box Hill	1.59m
4 Smerdon, Alex	M07 Casey Cardinia	1.54m
5 Meier, James	M06 Casey Cardinia	1.49m
5 Baldwin, Terry	M63 Waverley-Malvern	1.49m
7 Giddy, Penny	W02 Box Hill	1.39m
7 Laurie, Natalie	W91 Nunawading	1.39m

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****Event 30 Mixed Triple Jump Sheet 03**

Name	Year	Team	Finals	Wind
1 Wrigley, Miles	M04	South Coast	12.13m	NWI
2 Russell, Cooper	M06	Mentone	11.53m	NWI
3 Merrilees, Matthew	M03	South Coast	10.65m	NWI
4 Davison, Bridie	W04	Box Hill	10.39m	NWI
5 Theodoro, Omal	M09	Glenhuntly	10.34m	NWI
6 Ashok, Arun	M91	Waverley-Malvern	9.88m	NWI
7 Cronin, Joshua	M09	Glenhuntly	9.76m	NWI
8 Soldati, Theo	M02	Glenhuntly	9.42m	NWI
9 Bienaime, Gabrielle	W07	Frankston	9.05m	NWI
10 De Vries, Ava	W09	Mornington	8.72m	NWI
11 Hughes, Kate	W95	Collingwood	7.11m	NWI
12 Brown, Nigel	M74	Mentone	6.82m	NWI
13 Vorchheimer, Myer	M45	Maccabi	6.10m	NWI

Event 31 Mixed Hammer Throw Throw & Go Sheet 03

Name	Year	Team	Finals
1 Arumainayagam, Arunan	M77	Diamond Valley	17.72m

Event 32 Mixed Javelin Throw Sheet 03

Name	Year	Team	Finals
1 Hughes, William	M09	Mornington	33.34m
2 Chapman, Alana	W04	Box Hill	29.49m
3 Sanchez, Keira	W06	Diamond Valley	28.76m
4 Hynes, Eliza	W05	Box Hill	27.34m
5 Zwierlein, Robert	M63	Mornington	24.29m
6 Zarafa, Sophie	W05	Box Hill	23.57m
7 Cazaux, Claudia	W04	Mentone	23.33m
8 Newling, Rob	M59	Mornington	22.07m
9 Lay, Teagan	W08	Mentone	21.77m
10 Pennings, Nicole	W95	Nunawading	20.76m
11 Smith, Jasmine	W06	Doncaster	20.68m
12 Skurka, Ben	M76	Mentone	17.94m
13 Davenport, Kai Tnn;Fnn	M07	Mornington	17.79m
14 Messerle, Narelle	W58	Ringwood	16.38m
15 Still, Darcy	M09	Mornington	16.14m
16 Ebbels, Anne-Marie	W73	Yarra Ranges	14.98m
17 Merino, Paula	W69	Diamond Valley	13.05m
18 D'Silva, Jared	M06	Casey Cardinia	12.86m
19 Shipham, Patrick	M04	Knox	11.86m
20 McGough, Thomas Tnn;Fnn	M10	Mornington	11.59m
21 Carr, Heather	W49	Glenhuntly	10.31m
22 Cleary, Caroline	W71	Mentone	10.07m
23 Gibson, Kerrie	W71	Mentone	9.03m

Event 33 Mixed High Jump 1.14m-1.59m Sheet 04

Name	Year	Team	Finals
1 Wrigley, Miles	M04	South Coast	1.54m
2 Dziurek, Eve	W09	Box Hill	1.44m
3 Dyer, Kobi-Lee Fnn	W05	Frankston	1.39m
3 Nolan, Jessica	W08	Doncaster	1.39m
5 Bullard, Shani	W00	Yarra Ranges	1.34m

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****...Event 33 Mixed High Jump 1.14m-1.59m Sheet 04**

5	Cazaux, Claudia	W04	Mentone	1.34m
5	Buckley, Hailey	W07	Knox	1.34m
8	Shipham, Patrick	M04	Knox	1.24m
8	Somasundaram, Sachenn	M99	Knox	1.24m
8	Dawborn, Antony	M09	Old Scotch	1.24m
11	Dawborn, Henry	M07	Old Scotch	1.14m

Event 34 Mixed Hammer Throw Sheet 04

Name	Year	Team	Finals	
1	Jenkins, Dorn	W55	Mentone	34.28m
2	De Vries, Wayne	M73	Ringwood	30.47m
3	Krawczyk, Brad	M75	Knox	25.39m
4	Merrilees, Matthew	M03	South Coast	23.57m
5	Loudon, Kelsey	W11	Box Hill	23.45m
6	De Vries, Jade	W06	Ringwood	22.80m
7	Chandrasena, Leonka	M09	Mentone	22.70m
8	Barrett, Rachel	W85	Sandringham	22.55m
9	Hewitson, Kathi	W72	Yarra Ranges	22.42m
10	Nolan, Jessica	W08	Doncaster	22.39m
11	Vorchheimer, Myer	M45	Maccabi	21.77m
12	Dawe, Richard	M68	Mornington	20.89m
13	Lang, Jeffrey	M65	Glenhuntly	17.95m
14	Rentschler, James	M87	Old Scotch	15.66m
15	Krawczyk, Nick	M03	Knox	15.36m
16	Wright, Jeffrey	M58	Knox	14.96m

Event 35 Mixed Triple Jump Sheet 04

Name	Year	Team	Finals	Wind	
1	Smerdon, Nicholas	M05	Casey Cardinia	12.12m	NWI
2	Kannan, Vaibhav	M06	Knox	11.28m	NWI
3	Krawczyk, Alex	M08	Knox	10.57m	NWI
4	Wood, Xavier	M07	Knox	10.55m	NWI
5	Smerdon, Alex	M07	Casey Cardinia	10.53m	NWI
6	McMaster, Abigail	W06	Sandringham	9.66m	NWI
7	Tassone, Sam	M02	Nunawading	9.51m	NWI
8	Bridle, Teeghan	W06	Casey Cardinia	9.43m	NWI
9	Banfield, Ethan	M09	Mornington	9.37m	NWI
10	Baldwin, Terry	M63	Waverley-Malvern	9.02m	NWI
11	Fox, Eloise	W11	Ringwood	8.36m	NWI
12	Stubbs, Alexandra	W10	Old Scotch	6.36m	NWI
13	Ryan, Kate	W78	Diamond Valley	6.26m	NWI

Event 36 Mixed Javelin Throw Sheet 04

Name	Year	Team	Finals	
1	Andrews, Asher	M07	Diamond Valley	48.08m
2	Tanojevic, Tom	M98	Sandringham	30.37m
3	Cauchi, Mark	M57	Knox	30.19m
4	Ryan, Zoey	W09	Diamond Valley	24.94m
5	Brown, Nigel	M74	Mentone	23.63m
6	Dawborn, Henry	M07	Old Scotch	23.42m
7	Thomas, Michael	M71	Mornington	21.29m
8	Parsons, Lily	W06	Mentone	20.82m
9	Mahony, Craig	M58	Mornington	20.62m

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****...Event 36 Mixed Javelin Throw Sheet 04**

10	Buttigieg, Linda	W64	Waverley-Malvern	18.96m
11	Lang, Jeffrey	M65	Glenhuntly	17.50m
12	Van Dongen, Rupert	M74	Mentone	17.41m
13	Barrow, Geoffrey	M49	Mentone	14.12m
14	Lawson, Corey	M77	Mentone	13.82m
15	Evans, Simon	M60	Box Hill	13.03m
16	Edwards, Lesley	W75	Mentone	11.77m
--	Meier, James	M06	Casey Cardinia	ND

Event 37 Mixed Hammer Throw Sheet 05

Name	Year	Team	Finals
1	Sutton, Rebekah	W02 Western Athletics	42.59m
2	Hughes, Kate	W95 Collingwood	35.09m
3	Galea, Marty	M56 Collingwood	29.01m
4	Peska, Stan	M56 Western Athletics	28.14m
5	Ryan, Kate	W78 Diamond Valley	18.25m
6	Walker, John	M55 Ringwood	18.10m

Event 38 Mixed High Jump 1.04m-1.49m Sheet 05

Name	Year	Team	Finals
1	Barrett, Rachel	W85 Sandringham	1.14m
2	Cauchi, Mark	M57 Knox	1.09m
3	Wright, Jeffrey	M58 Knox	1.04m

Event 39 Mixed Triple Jump Sheet 05

Name	Year	Team	Finals	Wind
1	Banks, Teddy	M05 Mornington	11.22m	NWI
2	Tanojevic, Tom	M98 Sandringham	10.58m	NWI
3	Williams, Chris	M90 Sandringham	10.48m	NWI
4	Gibson, Alexander	M04 Mentone	9.55m	NWI
5	Nolan, Jessica	W08 Doncaster	9.37m	NWI
6	Banks, Matthew	M70 Mornington	8.75m	NWI
7	Gibson, Edward	M06 Mentone	8.74m	NWI
8	Ryan, Zoey	W09 Diamond Valley	8.01m	NWI
9	Dyer, Kobi-Lee Fnn	W05 Frankston	7.97m	NWI
10	Gibson, Samuel	M09 Mentone	7.92m	NWI
11	Hewitson, Craig	M71 Yarra Ranges	7.56m	NWI

Event 40 Mixed Javelin Throw Throw & Go Sheet 05

Name	Year	Team	Finals
1	Baldwin, Terry	M63 Waverley-Malvern	29.17m
2	Di Benedetto, Amelia	W08 Diamond Valley	25.40m
3	Pratt, Wil	M73 Mornington	25.00m
4	Lynch, Martin	M84 South Coast	22.49m
5	Pratt, Oliver	M05 Mornington	18.67m
6	Heward, Tyran	M01 Ringwood	17.24m
7	Ferrer, Richard	M60 Waverley-Malvern	14.61m
8	Anderson, Helen	W62 Waverley-Malvern	10.57m
9	Austin, Tracey	W77 Waverley-Malvern	10.33m
10	Hewitson, Kathi	W72 Yarra Ranges	8.19m
--	Hall, Brenton	M74 Ivanhoe	ND

2023/24 AVSL Round 05 - Frankston - 18/11/2023**Ballam Park Athletics Track****Results****Event 41 Mixed Hammer Throw Sheet 06**

Name	Year Team	Finals
1 Ryan, Zoey	W09 Diamond Valley	46.01m
2 Di Benedetto, Amelia	W08 Diamond Valley	27.05m
3 Mahony, Craig	M58 Mornington	25.95m

Event 42 Mixed Javelin Throw Sheet 06

Name	Year Team	Finals
1 Lester, Rhiannon	W79 Mornington	30.71m
2 Peska, Stan	M56 Western Athletics	28.65m
3 Fox, Eloise	W11 Ringwood	25.05m
4 Banks, Matthew	M70 Mornington	25.02m
5 Hughes, Kate	W95 Collingwood	22.36m
6 Walker, John	M55 Ringwood	20.63m
7 Galea, Marty	M56 Collingwood	19.75m
8 Ryan, Kate	W78 Diamond Valley	13.96m
9 Barrett, Rachel	W85 Sandringham	13.84m
10 Haag-Witherden, Chelsea	W00 Ringwood	10.12m
-- Buckley, Hailey	W07 Knox	ND