

XCR'22 Round 1: XC Relays @ Jells Park, Saturday 7May 2022**Men Open Premier 6x6km**

1	Bendigo Region 'M1.3' Nathan Stoate: 18:27, Brady Threlfall: 18:26, Matthew Buckell: 19:17, Brian McGinley: 19:58, Archie Reid: 18:41, Andy Buchanan: 17:41	(BER)	1:52:30
2	Western Athletics 'M1.11' Liam Cashin: 17:56, Callum Drake: 19:39, Jack Rayner: 17:40, Matthew Schaumberg: 19:22, Abdillaziz Haji Ali: 19:30, Nathan Pearce: 18:31	(WES)	1:52:38
3	Box Hill 'M1.4' Alexander Ritchie: 18:25, Nicholas Baggott: 18:39, Joshua McLeod: 19:44, Douglas Buckeridge: 18:28, Lachlan Barber: 19:33, Andre Waring: 17:53	(BOH)	1:52:42
4	St Stephens 'M1.10' ELLIOTT Mcgaughran: 19:25, Thomas Thorpe: 18:03, Samuel Quirk: 19:41, Toby O'Brien: 19:14, Christopher Dale: 18:58, Stewart Mcsweyn: 17:30	(SSH)	1:52:51
5	Melbourne Uni 'M1.9' Caleb Muller: 19:35, Patrick Jaffe: 19:15, Jonathan Squire: 19:51, Isaac Hockey: 19:09, Nicholas Dennis: 19:47, Steven Langdon: 19:18	(MUU)	1:56:55
6	Glenhuntly 'M1.8' Ben Kelly: 18:50, Tom McFarlane: 19:55, Jordan Cowley: 20:49, Jack Highnam: 20:45, Will Ockenden: 19:43, Samuel Toll: 18:31	(GHY)	1:58:33
7	Geelong Region 'M1.7' Toby Menday: 19:06, Tom Hynes: 19:21, Liam Coughlan: 19:24, Richard Johnson: 20:46, Matt Gunther: 19:24, Patrick Monti: 20:39	(GER)	1:58:40
8	APS United 'M1.1' Mark Guirguis: 20:01, Connor Merigan: 19:43, Jonathan Giakoumis: 20:58, Seth Chan: 20:40, Tom Bowers: 18:32, Edward Beischer: 19:48	(APS)	1:59:42
9	Collingwood 'M1.5' Tim Bryant: 20:42, Simon Hanns: 20:30, Samuel Low: 22:25, Hamish McClean: 22:06, Xavier Meade: 20:09, Liam Werrett: 20:02	(COL)	2:05:54
10	Ballarat Region 'M1.2' Matthew Catterson: 19:52, Keith Scott: 20:12, Nicholas Van Raaphorst: 20:34, Darcy Williams: 20:27, Benjamin Stevens: 22:05, Cameron Snowden: 23:06	(BAR)	2:06:16
11	Doncaster 'M1.6' Alastair Christy: 18:30, Matthew Christy: 21:04, Brock Goodings: 28:12, Nathan Down: 26:07, Nick Finch: 20:45, John Portwood: 19:21	(DAC)	2:13:59

XCR Round 1

Men Open Division 2 6x6km

1	Mentone 'M2.9' Seth O'Donnell: 17:55, Michael Kernahan: 18:31, Sam Bunnage: 19:43, Xavier Johnson: 20:00, Michael Tosin: 19:19, Lachie Moorhouse: 19:40	(MEN)	1:55:08
2	Western Athletics 'M2.13' Brandon Muscat: 19:31, Ethan McMinimee: 19:58, Zac Norton: 19:34, Lincoln Bellgrove: 19:25, Robert Weitsz: 19:55, Luca Di Conza: 19:31	(WES)	1:57:54
3	Frankston 'M2.4' Jesse Dunsmore: 18:58, Bevan Does: 19:57, Matthew Davy: 19:50, Dane Verwey: 19:58, Ned Verwey: 20:23, Peter Dutton: 19:57	(FKN)	1:59:03
4	Knox 'M2.7' Lachlan Herd: 18:21, Craig Appleby: 19:44, William Collins: 18:55, Daniel Milone: 20:52, Benjamin Collins: 21:16, Alasdair O'Brien: 22:16	(KNA)	2:01:24
5	Melbourne Uni 'M2.8' Jonny Earl: 19:44, Samuel Eriksson Lidbrink: 19:54, Brodie Nankervis: 19:42, Sho Waller: 21:08, Nick Montgomery: 20:24, Zac Newman: 21:25	(MUU)	2:02:17
6	Vic Cross Country 'M2.12' Michael Marantelli: 18:46, Francis Dowdle: 21:40, Oscar Robinson: 21:39, Finnian Russell: 19:45, Daniel Hopkins: 21:32, Riley Bryce: 20:07	(VCL)	2:03:29
7	Mornington 'M2.10' Zachery Dyer: 21:30, Cameron Hall: 21:47, Jake Stevens: 20:15, Archie Hewett: 22:33, Liam Hemingway: 19:37, Lawson Duff: 20:02	(MPA)	2:05:44
8	Box Hill 'M2.2' Nathan Tiemens: 20:18, Klarie McIntyre: 21:29, Scott Benedict: 21:30, Joshua De Stefanis: 21:33, Adam Schlicht: 21:12, Ross Thomas: 20:13	(BOH)	2:06:15
9	Diamond Valley 'M2.3' Caden Murray: 19:25, Tim Logan: 19:54, Blake Barnes: 20:44, Dylan Littlejohn: 21:13, Brody McCarthy: 23:17, Jarryd Cripps: 23:04	(DIV)	2:07:37
10	Glenhuntly 'M2.5' Aidan Velten: 19:35, Dale Woodbridge: 22:15, Beau Lang: 23:01, Harrison Dziubinski: 23:15, Long Nguyen: 21:39, Chris Winter: 21:25	(GHY)	2:11:10
11	Keilor St Bernards 'M2.6' Jacob Bell: 19:24, Patrick Matthews: 19:52, Lachlan Yourn: 23:39, David Abfalter: 24:33, Domenic Michienzi: 25:10, Hussein Abdi: 24:57	(KSB)	2:17:35
12	Richmond 'M2.11' Ashin Starr: 22:33, Lachlan James: 22:26, Christopher Cornish: 23:59, Elliot Willcocks: 23:25, Aidan Moore: 22:58, Christian Hong-Tan: 26:17	(RIC)	2:21:38
13	Essendon 'M2.1' Liam Adams: 18:35, Jannik Ernst: 24:52, Troy Jardine: 24:42, Aaron Heaney: 27:46, Ben Rowse: 22:07, Danny Hawksworth: 25:31	(ESS)	2:23:33

XCR Round 1

Men Open Division 3 5x6km

1	Yarra Ranges 'M3.15' James Laven: 18:38, Harry Norman: 19:01, Max Savill-Bentley: 20:13, Angus Norman: 21:17, Ashley Bennett: 23:19	(YRA)	1:42:28
2	Mansfield 'M3.8' Tynan Mims: 19:57, Bayden Westerweller: 20:29, Adhamh Mcleod: 22:34, Ed Hawkes: 21:36, Liam Delany: 21:31	(MFD)	1:46:07
3	Melbourne Uni 'M3.9' Erik Ueda: 20:15, Shyam Bhuller: 21:41, Radeyan Sazzad: 22:03, Samuel Foster: 20:37, Bryn Loneragan: 22:11	(MUU)	1:46:47
4	Box Hill 'M3.4' Jackson Deane: 21:59, Zac Hunter: 21:37, Murray Lovass: 21:05, James Taranto: 22:01, Will Carson: 23:18	(BOH)	1:50:00
5	St Stephens 'M3.12' Aiden du Buisson: 20:32, Kevin Craigie: 21:27, Alice Oakley Kerr: 23:50, Jack Davies: 20:12, Whitney Sharpe: 24:04	(SSH)	1:50:05
6	Weapon Runners (INV) 'M3.14' Andrew Carey: 20:06, Michael Swaddle: 22:43, Adamo Traini: 22:34, Joel Fitzgerald: 21:33, David Martinez: 23:36	(WEPN)	1:50:32
7	Traralgon 'M3.13' Corey Milner: 20:50, Ian Cornthwaite: 23:54, Greg Semmler: 22:15, Darrel Cross: 25:27, Miles Verschuur: 22:40	(TRH)	1:55:06
8	South Melbourne 'M3.11' Ross Pentland: 23:47, Adronis KARABAGEGA: 22:57, Daniel Clarke: 23:38, Anmol Benipal: 24:02, Arthur Brenaut: 23:39	(SME)	1:58:03
9	Collingwood 'M3.6' Michael Oke: 23:41, Mason Johns: 21:06, Danny Reddan: 22:58, Steven Simmons: 22:06, John Crameri: 29:17	(COL)	1:59:08
10	Old Xaverians 'M3.10' Aidan Jackson: 20:56, Aidan Biggar: 21:35, Jonah Gannon: 26:12, Lachlan Gordon: 24:37, Simon Bull: 26:47	(OLX)	2:00:07
11	Malvern 'M3.7' Ben Heys: 23:36, Marcus Boxall: 23:30, Neill Leith: 24:26, Arun Ashok: 26:07, Shaun Green: 24:09	(MAL)	2:01:48
12	Nunawading 'M3.2' Norman Marshall: 27:18, Mark Deslandes: 22:31, Matthew Vernal: 25:21, Frank Bertel: 25:40, Alan Vernal: 22:51	(ANW)	2:03:41
13	Waverley 'M3.3' Michael Holst: 23:51, Trevor Nguyen: 23:59, Glenn Carroll: 24:18, Daniel Spiteri: 26:07, Michael Harvey: 26:58	(AWA)	2:05:13
14	Coburg 'M3.5' Luong Dao: 28:07, Jett Fenton: 25:30, Ben Pearmain: 24:21, Tony Cauchi: 24:22, Eric Pritchard: 23:39	(COB)	2:05:59
15	APS United 'M3.1' Sam McLean: 22:53, Andrew Pintar: 25:14, Heather Danks: 27:52, Gary Zuccala: 26:42, Lachlan Stewart: 24:01	(APS)	2:06:42

XCR Round 1

Men Open Division 4 5x6km

1	Bendigo Region 'M4.2'	(BER)	1:45:21
	Jamie Cook: 19:41, Luke Millard: 23:08, Matthew Heislars: 21:24, Jordan Buckell: 21:09, Glenn McMillan: 19:59		
2	Ivanhoe 'M4.5'	(IVA)	1:47:31
	Leo Worsam: 22:20, Benjamin Morrison: 22:21, David Greig: 19:57, Harley Mileto: 22:47, Thomas Langdon: 20:06		
3	Melbourne Uni 'M4.7'	(MUU)	1:56:11
	Patrick Nicholls: 22:49, Tyler Denboer: 24:08, Daniel Sier: 23:14, Matthew Taylor: 23:02, Jack Melleuish: 22:58		
4	Mornington 'M4.8'	(MPA)	1:57:32
	Blake Ireland: 24:48, William Davies: 23:01, Jason Quin: 23:11, Michael Thomas: 23:37, Robert Trott: 22:55		
5	Glenhuntly 'M4.4'	(GHY)	2:05:54
	Bradley Wynne: 25:15, Denyan Claxton: 21:09, Dominic Bongiorno: 29:45, Antony Van Eeten: 23:44, Simon Bowly: 26:01		
6	South Melbourne 'M4.10'	(SME)	2:06:54
	Andrew Ross: 26:36, Clovis Karabagega: 23:47, Alex Colbert: 23:17, warren mcvean: 26:40, Curtis Treloar: 26:34		
7	Collingwood 'M4.3'	(COL)	2:13:18
	Adam Watts: 23:21, Christopher Waldron: 26:10, Nick Watson: 25:02, Paul Viney: 24:34, Andrew Close: 34:11		
8	Malvern 'M4.6'	(MAL)	2:20:35
	Michael McNamara: 28:00, Christopher Scully: 30:11, Nick Patterson: 26:29, Damien Bertram: 25:58, Greg Berti: 29:57		
9	Waverley 'M4.1'	(AWA)	2:21:42
	Ernest Lim: 26:59, Christopher Knott: 26:18, Michael Jansen: 27:24, Wendy Masters: 32:48, James McEniry: 28:13		
10	Old Xaverians 'M4.9'	(OLX)	2:27:33
	Alex O'Callaghan: 29:46, David Martini: 27:14, Robert Meek: 29:53, Alan Colman: 25:14, Christopher Worsnop: 35:26		

XCR Round 1

Men Open Division 5 4x6km

1	Geelong Region 'M5.6' Liam Hanrahan: 20:28, Huw Lacey: 20:57, Grant Simpson: 21:48, Dan Wright: 22:51	(GER)	1:26:04
2	Mentone 'M5.11' Andrew Leggo: 20:31, Sami Merhi: 20:50, Conor Kennedy: 21:27, Mitchell Fly: 23:38	(MEN)	1:26:26
3	Vic Cross Country 'M5.13' David Spence: 22:58, Julian Harris: 22:38, Harry Amos: 22:46, Alex Bacalja: 21:47	(VCL)	1:30:09
4	Box Hill 'M5.1' Lucas Pamminger: 22:48, Michael Vaughan: 21:48, Tarkyn Buckley: 23:04, Justin Jeffery: 24:02	(BOH)	1:31:42
5	Melbourne Uni 'M5.10' Dustin Biernacki: 23:17, Connor Lo: 22:25, Quan Nguyen: 24:26, Taine Lang: 24:24	(MUU)	1:34:32
6	Weapon Runners (INV) 'M5.14' Declan McKenzie: 22:43, Daniel Craig: 24:14, Rhys Collier: 24:54, Steve McSweeney: 23:40	(WEPN)	1:35:31
7	Diamond Valley 'M5.4' Charles Jacobson: 23:34, Matthew Thompson: 25:02, Rory McPhillips: 24:45, Tyler Murphy: 23:11	(DIV)	1:36:32
8	Maccabi 'M5.9' Adam Bogatin: 28:02, Eli Butbul: 24:32, Shane Landon: 23:28, Zac Ashkanasy: 20:54	(MAC)	1:36:56
9	Western Athletics 'M5.15' Michael Masseni: 21:38, Thomas Glover: 25:55, Liam McGrellis: 24:39, Colin Drake: 25:25	(WES)	1:37:37
10	Glenhuntly 'M5.7' Joel Samsu: 25:22, Aaron Murphy: 28:37, Geoff Scott: 23:35, Taylor Kearney: 20:58	(GHY)	1:38:32
11	Doncaster 'M5.5' Anita Finch: 26:04, Joel Tobin-White: 19:00, Brendan Cullen: 23:55, Kath Gawthorn: 34:53	(DAC)	1:43:52
12	Richmond 'M5.12' Michael Johnson: 27:09, Alex Stephenson-Brown: 25:49, Trivess Moore: 27:09, Paul Leonard: 24:44	(RIC)	1:44:51
13	Knox 'M5.8' Jeffrey Wright: 25:53, Carmen Michael: 29:12, John Collins: 25:28, Wayne Hogan: 29:50	(KNA)	1:50:23
14	Coburg 'M5.2' Sam Tabit: 26:56, Michael Meaney: 31:32, Chris Beaty: 27:08, Tim Holloway: 27:49	(COB)	1:53:25
15	Collingwood 'M5.3' Peter Gaunt: 26:41, Tony Dell: 31:18, Liam Dell: 37:47	(COL)	1:35:46

XCR Round 1

Men Open Division 6 4x6km

1	Mentone 'M6.7' Andrew Johnson: 23:04, James Stone: 23:57, Dino Crivelli: 23:50, Markus Schreiter: 22:22	(MEN)	1:33:13
2	Mansfield 'M6.5' Steven Russell: 23:18, martin holt: 24:51, Tristan Fox: 27:33, Charlie Watts: 24:49	(MFD)	1:40:31
3	Ivanhoe 'M6.3' Claude Aquino: 27:28, Josh Philip: 23:03, Vincent Mancuso: 25:10, Charles Shea: 25:42	(IVA)	1:41:23
4	Melbourne Uni 'M6.6' Michael Dardis: 23:37, Paris Gadsden: 26:18, Riku Hayamizu: 26:50, Philip Van Dueren: 25:38	(MUU)	1:42:23
5	Ringwood 'M6.8' Benjamin Reid: 23:40, Shannon Mcdade: 27:08, Carly Mcdade: 26:39, Mitchell Graham: 25:15	(RWD)	1:42:42
6	Traralgon 'M6.9' Glenn Crawford: 26:16, Andrew Greenhill: 25:48, Anthony Magaldi: 27:04, Stephen Renehan: 26:00	(TRH)	1:45:08
7	Yarra Ranges 'M6.12' Matthew Morrison: 25:25, Lachlan Nicholls: 26:59, Craig Hewitson: 32:05, Michael Clarke: 24:47	(YRA)	1:49:16
8	Weapon Runners (INV) 'M6.10' Andrew Dawe: 25:12, Maryanne McSweeney: 26:53, Steve Brennan: 26:42, Bec Coultas: 31:01	(WEPN)	1:49:48
9	Western Athletics 'M6.11' Glenn Evans: 30:13, Stephen Glover: 27:58, Mal Hodgart: 34:02	(WES)	1:32:13
10	Glenhuntly 'M6.2' Athlete 1: 37:59	(GHY)	37:59

XCR Round 1

Men Open Division 7 4x6km

1	Sandringham 'M7.12' Benjamin Gibson: 20:32, William Garbelotto: 19:39, Thomas Bartels: 25:12, James Fallon: 23:35	(SAN)	1:28:58
2	Bendigo Region 'M7.1' Jake Delaney: 23:11, Matthew Schepisi: 21:32, Chris Armstrong: 22:37, Rory Flanagan: 23:55	(BER)	1:31:15
3	Bendigo Region 'M7.2' Ben Stolz: 24:51, David Lonsdale: 25:20, Aaron Norton: 26:00, Darren Hartland: 24:43	(BER)	1:40:54
4	Yarra Ranges 'M7.17' Holly Moreton: 26:20, Bryan Ackerly: 28:10, Connor Thrall: 23:52, Tegyn Love: 25:52	(YRA)	1:44:14
5	Mentone 'M7.9' Ben Skurka: 27:43, Rob Grummitt: 24:37, Luke McCarthy: 24:47, Rupert Van Dongen: 27:57	(MEN)	1:45:04
6	Richmond 'M7.10' Kevin Solomon: 30:28, Kevin Spratt: 29:03, Gareth Ward: 29:05, Peter Risk: 29:03	(RIC)	1:57:39
7	Coburg 'M7.4' Daniel Toyer: 30:59, David Fenton: 30:04, Paul Doughty: 25:46, Madeleine Doughty: 31:03	(COB)	1:57:52
8	Traralgon 'M7.14' Timothy Bye: 28:26, Melissa Jones: 34:50, Ron Verschuur: 31:48, Ian Twite: 29:18	(TRH)	2:04:22
9	Vic Cross Country 'M7.15' Craig Harris: 23:55, Adina Morrow: 27:22, Fraser Murray: 26:09	(VCL)	1:17:26
10	Frankston 'M7.5' Ben Wells: 27:02, Chelsey Wells: 27:51	(FKN)	54:53
11	Richmond 'M7.11' Pauline Lawrence: 33:13, Austen Mates: 34:41	(RIC)	1:07:54
12	Box Hill 'M7.3' Scott Trickett: 30:19	(BOH)	30:19
13	Ivanhoe 'M7.6' David Burke: 31:33	(IVA)	31:33
14	Malvern 'M7.8' Richard Ferrer: 32:31	(MAL)	32:31

XCR Round 1

Women Open Premier 5x6km

1	Box Hill 'W1.2' Stella Radford: 20:42, Georgia Hansen: 20:15, Victoria Skaltsonis: 22:38, Hayley George: 23:53, Sarah Billings: 20:55	(BOH)	1:48:23
2	South Melbourne 'W1.7' Deborah Bruce: 22:11, Georgia Barr: 24:49, Simone Brick: 22:41, Gabrielle Vincent: 21:45, Rachel McGuinness: 21:07	(SME)	1:52:33
3	Glenhuntly 'W1.4' Erika Florez: 22:26, Emma Hogan: 22:20, Emilie Guy: 22:10, Alexandria Anthony: 23:09, Anna Kentwell: 23:08	(GHY)	1:53:13
4	Melbourne Uni 'W1.5' Simone Maillardet: 24:29, Aleksandra Bucki-Smith: 23:39, Aislinn Prendergast: 24:05, Madison Button: 24:47, Madelyn Brunt: 22:45	(MUU)	1:59:45
5	Essendon 'W1.1' Linden Hall: 20:07, Maddison Caulfield: 23:17, Matisse Lazzari: 23:34, Lisa Gunn: 30:49, Charlotte Wilson: 22:44	(ESS)	2:00:31
6	Western Athletics 'W1.8' Abigail Thomas: 23:55, Mel Kodi: 27:18, Stephanie Thomas: 24:53, Nardine Bainbridge: 25:24, Sophie McMinimee: 27:35	(WES)	2:09:05
7	Collingwood 'W1.3' Lauren Burrow: 25:35, Zoe Delany: 28:00, Evie Rosa: 30:40, Grace Young: 25:19, Mikaila Young: 23:53	(COL)	2:13:27
8	Old Xaverians 'W1.6' Daisy Hinckfuss: 38:22, Susan Hinckfuss: 26:57, Di Guiney: 27:24, Georgia Guiney: 30:11, Laura Robson: 28:50	(OLX)	2:31:44

XCR Round 1

Women Open Division 2 4x6km

1	St Stephens 'W2.10' Simone McInnes: 22:34, Andrea de Jong: 23:22, Saskia Lloyd: 23:53, Madeleine Murray: 21:24	(SSH)	1:31:13
2	Melbourne Uni 'W2.8' Chelsea Saw: 24:59, Gabriella Springall: 24:13, Cassandra Siepen: 27:31, Rebecca Barry: 24:19	(MUU)	1:41:02
3	Mansfield 'W2.7' Amy Robinson: 21:27, Victoria Mitchell: 23:57, Julie-Ann Undrill: 24:29, Estelle O'Neill: 31:32	(MFD)	1:41:25
4	Glenhuntly 'W2.4' Aimee Davenport: 24:43, Dana Dekkers: 23:12, Rebecca Beagley: 23:30, Hannah Crowther: 30:29	(GHY)	1:41:54
5	Yarra Ranges 'W2.12' Olivia Twining: 23:29, Bonnie Morris: 27:34, Katrina Winger: 25:21, Georgia Brock: 26:20	(YRA)	1:42:44
6	Traralgon 'W2.11' Emilie Cutler: 24:25, Sarah Lewis: 26:03, Sally Theobald: 26:01, Yani Cornthwaite: 26:27	(TRH)	1:42:56
7	Diamond Valley 'W2.3' Shania Murray: 22:21, Vula Sheens: 26:49, Taylor Radatti: 27:32, Sarah Leeming: 27:19	(DIV)	1:44:01
8	Malvern 'W2.6' Amy Hessel: 24:17, Matilda Wolton: 28:44, Natalie Uren: 27:35, Tracey Austin: 25:18	(MAL)	1:45:54
9	Mentone 'W2.9' Joanne Pratt: 25:11, Louise Shaw: 27:24, Anna Moore: 26:45, Claire Johnson: 27:29	(MEN)	1:46:49
10	Keilor St Bernards 'W2.5' Kate Abfalter: 27:57, Meg Richmond: 34:46, Maria Abfalter: 26:33, Kate Sarris: 25:16	(KSB)	1:54:32
11	Waverley 'W2.1' Uma Muthia: 26:40, Emily Stokes: 33:20, Jenny WANG: 35:17, Jacqueline Mitchell: 40:46	(AWA)	2:16:03
12	Collingwood 'W2.2' Janette Chapman: 33:47, Heather Gaunt: 32:40, Alison Chapman: 29:05	(COL)	1:35:32

XCR Round 1

Women Open Division 3 4x6km

1	Glenhuntly 'W3.3' Rebecca Kirkham: 28:35, Madison King: 21:17, Amelia Cowley: 24:48, Sarah Howe: 23:12	(GHY)	1:37:52
2	Coburg 'W3.1' Liv Shanahan: 25:02, Stefanie Modesti: 28:22, Felicity Valetini: 25:53, Laura Perez: 25:32	(COB)	1:44:49
3	Doncaster 'W3.2' Alissa Ramsdale: 27:12, Melissa Niewoudt: 26:29, Georgia Chalmers: 28:43, Leah Finch: 31:15	(DAC)	1:53:39
4	Richmond 'W3.5' Marianne Quigley: 29:34, Lea Deiss: 26:43, Jo Noesgaard: 27:11, Timotia Devi: 32:38	(RIC)	1:56:06
5	Western Athletics 'W3.7' Mechelle Lane: 29:12, Alexie Barlow: 32:55, Hayley Burke: 34:07, Joanne Francken: 33:55	(WES)	2:10:09
6	Traralgon 'W3.6' Ann Bomers: 41:54, Lucy Magaldi: 32:12, Callie Cook: 35:07, Michelle Sawyer: 33:51	(TRH)	2:23:04
7	Mentone 'W3.4' Christina Petrakos: 32:48, Kerrie Gibson: 32:08, Heather Whitaker: 30:07	(MEN)	1:35:03

Women Open Division 4 3x6km

1	Bendigo Region 'W4.1' Ingrid Woodward: 24:34, Alice Wilkinson: 23:41, Rebecca Wilkinson:	(BER)	1:13:29
2	Mornington 'W4.6' Jaime Wainwright: 24:34, Rebecca Black: 27:55, Kate Mason: 21:26	(MPA)	1:13:55
3	Box Hill 'W4.2' Holly Pedersen: 26:55, Shweta Ilango: 33:03, Kaman Ip: 27:33	(BOH)	1:27:31
4	Diamond Valley 'W4.4' Sarah Papadopoulos: 36:51, Elyse Scheuermann: 36:38, Alana Barnes: 29:47	(DIV)	1:43:16
5	Western Athletics 'W4.8' Janice Hodgart: 34:10, Cath Cleveland: 33:28, Ruby Beveridge: 39:28	(WES)	1:47:06

Women Open Division 5 3x6km

1	Melbourne Uni 'W5.6' Charlotte Gibbs: 27:30, sarah horsfield: 26:30, Rose Walshe: 26:41	(MUU)	1:20:41
2	South Melbourne 'W5.11' Kim Wen: 32:59, Lucinda Buckley: 24:21, Kristy-Lee Jones: 24:38	(SME)	1:21:58
3	Malvern 'W5.4' Nicki Macfarlane: 26:44, Kate Fitzpatrick: 28:54, Nicole Leith: 31:03	(MAL)	1:26:41
4	Melbourne Uni 'W5.7' GEORGINA MCWHAE: 29:02, Allyson O'Brien: 30:22, Anna Louey: 27:18	(MUU)	1:26:42
5	Coburg 'W5.1' Sarah Restuccia: 32:31, Zoe Asher: 32:29, Daniella Modesti: 27:27	(COB)	1:32:27
6	Malvern 'W5.5' Myai Pham: 37:36, Carlie Campbell: 34:00, Frances Alberton: 29:52	(MAL)	1:41:28
7	Old Xaverians 'W5.9' Margaret Cass: 36:08, kim drever: 32:22, Mary Grutzner: 34:12	(OLX)	1:42:42
8	Glenhuntly 'W5.3' Anindita Samsu: 28:15, Layla Marvin: 40:06	(GHY)	1:08:21

XCR Round 1

9	Sandringham 'W5.10' Sophie Coughlin: 22:09, Katinka von Elsner-Wellsteed	(SAN)	22:09
Men 40+ 3x6km			
1	Bendigo Region 'M40.4' Nick McDermott: 24:31, Mike Bieleny: 22:28, Stephen van Rees: 20:05	(BER)	1:07:04
2	Box Hill 'M40.5' Stephen Dinneen: 20:17, Michael Sleap: 22:55, Gaurav Agarwal: 24:06	(BOH)	1:07:18
3	Richmond 'M40.12' Mark Stodden: 23:04, Simon Tu: 22:57, Joji Mori: 21:42	(RIC)	1:07:43
4	Mentone 'M40.9' Greg Watson: 22:46, Corey Lawson: 22:44, Simon Glendenning: 22:21	(MEN)	1:07:51
5	Essendon 'M40.2' Jeffrey Jones: 24:36, Damien Bruneau: 21:33, Daniel Rees: 23:19	(ESS)	1:09:28
6	Mornington 'M40.11' Wil Pratt: 24:36, Richard Dawe: 24:06, Craig Colgan: 28:17	(MPA)	1:16:59
7	Keilor St Bernards 'M40.8' Russell Bourke: 25:20, Nathan Bennett: 27:17, Laz Sarris: 27:20	(KSB)	1:19:57
8	Ballarat Region 'M40.3' Nicholas Burnett: 28:47, Colleen Stephens: 32:43, Phillip McLennan:	(BAR)	1:27:59
9	Diamond Valley 'M40.7' Aaron Bourne: 26:23	(DIV)	26:23

XCR Round 1

Men 50+ 3x6km

1	Glenhuntly 'M50.11' Andrew McEvoy: 21:37, Antonio Russo: 22:20, ROB O'DONNELL: 22:14	(GHY)	1:06:11
2	Collingwood 'M50.6' Magnus Michelsson: 21:51, Campbell Maffett: 22:14, Tim Stickley: 24:05	(COL)	1:08:10
3	APS United 'M50.1' Robert Schwerkolt: 23:21, Luke Goodman: 24:54, Antony Rickards: 22:41	(APS)	1:10:56
4	Glenhuntly 'M50.12' Kevin Mannix: 22:46, Mickael Soussan: 24:36, Jamie Rossjohn: 24:35	(GHY)	1:11:57
5	Waverley 'M50.2' David Venour: 21:56, Martin Spiteri: 24:06, Glenn Goodman: 26:25	(AWA)	1:12:27
6	Box Hill 'M50.4' Garth Calder: 25:27, Peter Stefanos: 26:07, John Meagher: 22:00	(BOH)	1:13:34
7	Richmond 'M50.19' David Lawson: 23:28, Tony Langelaan: 22:54, David Crouch: 27:38	(RIC)	1:14:00
8	Diamond Valley 'M50.7' Aaron Scot-Dalgleish: 24:14, Damien Clifford: 27:49, Mark Tapping: 28:30	(DIV)	1:20:33
9	Mornington 'M50.17' John Sidebottom: 24:47, Robert Zwierlein: 27:51, Chris Rayment: 28:41	(MPA)	1:21:19
10	Doncaster 'M50.9' David Vaughan: 25:56, John Curry: 27:42, Jason Merrett: 28:24	(DAC)	1:22:02
11	Keilor St Bernards 'M50.14' Jason Hill: 27:08, Russell Cram: 28:08, Prabhath Egodawatte: 28:28	(KSB)	1:23:44
12	Mornington 'M50.16' Matthew Banks: 27:47, Ceri Banks: 31:24, Rohan Day: 25:07	(MPA)	1:24:18
13	Bendigo Region 'M50.3' Antony Langdon: 30:12, James Russell: 30:24, David Heislars: 25:26	(BER)	1:26:02
14	Mentone 'M50.15' Sean Williams: 22:42, Vernon Gibson: 28:19, Ivan Marsic: 37:31	(MEN)	1:28:32
15	Doncaster 'M50.10' Warren Hattwich: 27:15, James Finch: 33:40, Darryl Kilmartin: 31:13	(DAC)	1:32:08
16	Glenhuntly 'M50.13' John O'Leary: 19:27, Richard McGuire White: 28:53, Anthony Wallace	(GHY)	48:20
17	Diamond Valley 'M50.8' Andrew McKenzie: 28:27, Rick Clarke: 30:59	(DIV)	59:26

Men 60+ 3x6km

1	APS United 'M60.1' Scott Lawrence: 24:20, Andrew Edwards: 24:38, Mark Purvis: 26:23	(APS)	1:15:21
2	Glenhuntly 'M60.6' Peter Rushen: 24:55, Joseph Murphy: 29:52, Michael Ryan: 30:12	(GHY)	1:24:59
3	Glenhuntly 'M60.7' Joseph Campisi: 29:27, Rob Dunbar: 30:54, Chris Wardlaw: 30:03	(GHY)	1:30:24
4	Diamond Valley 'M60.5' Peter Ramsay: 26:42, Lyal Douglas: 32:28, Rob Wendel: 31:16	(DIV)	1:30:26
5	Keilor St Bernards 'M60.9' Paul Kennedy: 33:42, Gregory Moore: 28:54, John Kondogonis: 28:08	(KSB)	1:30:44
6	Essendon 'M60.2' Brian Anderson: 30:08, David Jones: 34:51, Stephen Murphy: 34:52	(ESS)	1:39:51
7	South Melbourne 'M60.10' STUART NICOL: 35:40, Chau Le: 34:42, ed chan: 30:24	(SME)	1:40:46

XCR Round 1

8	Glenhuntly 'M60.8' Hugh Wilson: 32:42, Ian Rands: 38:45, Kevin Esmore: 1:13:29	(GHY)	2:24:56
9	Coburg 'M60.4' Charles Clark: 33:27, Brian Delaney: 36:05, Kenneth Carter: 1:22:45	(COB)	2:32:17

Women 40+ 3x6km

1	South Melbourne 'W40.12' Amber Jenkins: 24:27, Francesca Coles: 26:18, Kirstin Bull: 23:25	(SME)	1:14:10
2	Ballarat Region 'W40.2' Angela Williams: 25:15, Alison Fidler: 25:33, Michelle Hawkes: 25:47	(BAR)	1:16:35
3	Doncaster 'W40.4' Lydia Rinaudo: 22:52, Natalie Harvey: 26:19, Kate Downward: 27:45	(DAC)	1:16:56
4	Glenhuntly 'W40.7' Fiona Noble: 25:43, Anna Munro: 22:49, Kara Gilbert: 31:08	(GHY)	1:19:40
5	Mentone 'W40.10' Renee Byers: 28:38, Sally Morrison: 29:02, Leah Taylor: 28:20	(MEN)	1:26:00
6	Mornington 'W40.11' Aisha Baker: 30:50, Gaye Watts: 30:51, Kate Seibold: 24:33	(MPA)	1:26:14
7	Doncaster 'W40.6' Emma Schuette: 28:16, Selma Roth: 24:21, Allison Parrott: 35:03	(DAC)	1:27:40
8	Doncaster 'W40.5' Sue Kilmartin: 29:25, Colleen Kelly: 31:49, Laura McLennan: 33:47	(DAC)	1:35:01
9	Glenhuntly 'W40.8' Robyn Fletcher: 31:59, Kellie Macknamara: 34:01, Nat Esparon: 32:10	(GHY)	1:38:10
10	Keilor St Bernards 'W40.9' Kerryn Walshe: 27:37, Rebecca Kane: 36:56, Catherine Matthews: 34:22	(KSB)	1:38:55

Women 50+ 3x6km

1	APS United 'W50.1' Anne Martin: 26:21, Caroline Beischer: 28:56, Bev Thomas: 23:39	(APS)	1:18:56
2	Box Hill 'W50.5' Pia Hunter: 27:08, Kerry Lyn Putt: 28:58, Julie Norney: 24:28	(BOH)	1:20:34
3	Mentone 'W50.9' Helen Bryan: 25:24, Lynda Dickson: 27:53, Caroline Cleary: 28:58	(MEN)	1:22:15
4	Waverley 'W50.2' Sally Lim: 26:54, Janice Marston: 31:12, Niamh O'Reilly: 29:06	(AWA)	1:27:12
5	Glenhuntly 'W50.7' Kim Nanscawen: 28:20, Rozlyn Walker: 31:41, Gill Highnam: 27:13	(GHY)	1:27:14
6	Bendigo Region 'W50.3' Anne Buckley: 27:27, Helen Anderson: 34:14, Debby Kirne: 30:10	(BER)	1:31:51
7	Diamond Valley 'W50.6' Laura Campbell: 29:51, Debbie McKenzie: 31:27, Gayle Clifford: 42:50	(DIV)	1:44:08
8	Glenhuntly 'W50.8' Lisa Deramond: 33:11, Michele Forbes: 49:33, Victoria Haritos: 35:08	(GHY)	1:57:52

XCR Round 1

Men Under 20 3x6km

1	Ballarat Region 'M20.1' Ben Ludbrook: 19:30, Joshua Johnston: 19:49, Isaac Rossato: 21:13	(BAR)	1:00:32
2	Knox 'M20.3' Nicholas Martin: 20:09, Matthew Venour: 20:07, Matthew Patton: 20:58	(KNA)	1:01:14
3	Mentone 'M20.4' Alexander Gibson: 21:25, James Pizer-Di Ciero: 22:23, Jake Beitmanas: 25:22	(MEN)	1:09:10

Women Under 20 3x3km

1	Geelong Region 'W20.3' Skye Ellis: 11:03, Zoe Woods: 11:13, Megan Dickson: 10:37	(GER)	32:53
2	Bendigo Region 'W20.1' Phoebe Lonsdale: 11:36, Taryn Furletti: 12:07, Tullie Rowe: 11:25	(BER)	35:08
3	Sandringham 'W20.6' Orla Shackcloth: 11:26, Bianca Croucher: 11:59, Rosanna Pugh: 11:58	(SAN)	35:23
4	Mentone 'W20.4' Siorcha Creaton: 11:47, Celestine Debargue-Tamai: 11:51, Emily Hart: 12:30	(MEN)	36:08
5	Mornington 'W20.5' Kiralee Turver: 11:46, Emma Banks: 13:36, Olivia Ponchard: 13:43	(MPA)	39:05
6	Yarra Ranges 'W20.8' Ciara Willey: 13:15, Rori Jones: 13:50, Asha Jones: 14:26	(YRA)	41:31

Men Under 18 3x6km

1	Bendigo Region 'M18.3' Harrison Boyd: 09:13, Jayden Padgham: 09:37, Logan Tickell: 09:30	(BER)	28:20
2	Doncaster 'M18.9' Remy Williams: 09:09, Benjamin Purser: 10:11, Luca Scholes-Robertson: 09:48	(DAC)	29:08
3	Ballarat Region 'M18.1' Ben Mornane: 09:17, Zac Grainger: 10:13, Charles Chandler: 09:44	(BAR)	29:14
4	Box Hill 'M18.6' Toby Griffith: 09:42, Jack Waters: 09:50, Andre Maillardet: 11:36	(BOH)	31:08
5	Glenhuntly 'M18.11' Will Orchard: 10:37, Kevin ZHOU: 10:11, Xavier Wallace: 10:49	(GHY)	31:37
6	Bendigo Region 'M18.4' `ason Woodward: 10:40, Max Rowe: 10:31	(BER)	31:40
7	Ballarat Region 'M18.2' Axel Caldow: 10:52, Mitchell Korosec: 10:47, Kody Taggart: 10:18	(BAR)	31:57
8	Doncaster 'M18.10' Lachlan Marasco: 10:21, Matthew Parrott: 11:09, Liam McLennan: 10:34	(DAC)	32:04
9	Mentone 'M18.15' Edward Gibson: 10:42, Baden Mooney: 10:22, Maddix Michel: 12:21	(MEN)	33:25
10	Yarra Ranges 'M18.16' Bailey Van Bert: 11:41, Mitchell Pointon: 11:32, Ky Harris: 11:10	(YRA)	34:23
11	Keilor St Bernards 'M18.13' Thomas Kennedy: 13:57, Jack Roberts: 11:32, Samuel Scodella: 10:58	(KSB)	36:27

XCR Round 1

12	Diamond Valley 'M18.8' Dillon Vidanapathirana: 15:13	(DIV)	15:13
----	--	-------	-------

Women Under 18 3x6km

1	Yarra Ranges 'W18.16' Kiara Flavel: 10:46, Zoe Clarke: 11:51, Madeline Laven: 10:45	(YRA)	33:22
2	Ballarat Region 'W18.2' Daisy Sudholz: 10:35, Lucy Jones: 10:55, Olivia Johnston: 12:38	(BAR)	34:08
3	Essendon 'W18.1' Emily Mifsud: 11:44, Charlotte Jackson: 12:00, Lara Sacaner: 11:38	(ESS)	35:22
4	Wellington 'W18.15' Antje Kempff: 11:58, Elly Fleming: 12:09, mia calleja: 12:36	(WEL)	36:43
5	Collingwood 'W18.4' Niamh Tabit: 11:14, Gracie Lourey: 12:26, Aoife Dennehy: 13:10	(COL)	36:50
6	Doncaster 'W18.6' Sanne Bakker: 12:38, Jemma Young: 12:14, Grace Wilson: 12:40	(DAC)	37:32
7	Mornington 'W18.14' Charlotte O'Brien: 12:11, Isabelle Matthews: 13:15, Mathilda Grant: 12:29	(MPA)	37:55
8	Keilor St Bernards 'W18.10' Lauren Bourke: 12:05, Halle Hughes: 12:49, Olivia Grima: 13:25	(KSB)	38:19
9	Bendigo Region 'W18.3' Chelsea Tickell: 12:02, Ebony Woodward: 13:51, Tully Lang: 13:28	(BER)	39:21
10	Diamond Valley 'W18.5' Matilda L'Estrange: 12:39, Sugi NeeCowen: 14:30, Georgia L'Estrange: 14:32	(DIV)	41:41
11	Mentone 'W18.12' Freya Brown: 13:16, Sophia Pizer: 15:04, Madison Driscoll: 13:23	(MEN)	41:43
12	Mansfield 'W18.11' Adele Leon: 16:15	(MFD)	16:15

Men Under 16 3x6km

1	Mornington 'M16.9' Brodie Atcheson: 10:18, Andrew Turver: 10:14, Joel Davies: 10:10	(MPA)	30:42
2	Box Hill 'M16.1' Fabiano Aguiard: 10:40, Kalan Luong: 10:05, Campbell Brooks: 10:19	(BOH)	31:04
3	Glenhuntly 'M16.4' Ethan Miller: 10:43, Kane Hijlkema: 10:02, William Short: 11:37	(GHY)	32:22
4	Mentone 'M16.8' Lachlan Fulton: 10:42, Matthew Bergin: 11:34, Alex Pizer -Di Ciero: 11:16	(MEN)	33:32
5	Ringwood 'M16.11' Callum Settle: 10:31, Thomas Linnett: 10:53, Charlie Orpwood: 12:16	(RWD)	33:40
6	Glenhuntly 'M16.5' George Fowler: 10:31, Archie Sideridis: 10:19, Jackson Sealie: 13:10	(GHY)	34:00
7	Williamstown 'M16.13' Isaac Sontag: 10:45, James Lynn: 11:56, Harry Lynn: 12:21	(WTN)	35:02
8	Diamond Valley 'M16.3' Ethan Armstrong-Bourne: 10:56, Felix Morgan: 12:16, Rhodri Whelan: 12:26	(DIV)	35:38
9	Glenhuntly 'M16.6' Henry Dwyer: 12:20, Zach Bright: 12:11, William O'Shannessy: 12:12	(GHY)	36:43
10	Western Athletics 'M16.12' Aiden Muscat: 11:02, Emerson Arnold: 13:11	(WES)	24:13

XCR Round 1

Women Under 16 3x6km

1	Mornington 'W16.10' Imogen Baker: 11:00, Kylah Schuwalow: 12:10, Baia Pugh: 11:12	(MPA)	34:22
2	Diamond Valley 'W16.4' Jamieson Lander: 11:58, Poppy Scot-Dalgleish: 11:55, Ally Brooks: 11:45	(DIV)	35:38
3	Western Athletics 'W16.13' Lucy Cleveland: 11:22, Ella Vrhovac: 12:36, Elizabeth Hall: 12:33	(WES)	36:31
4	Ringwood 'W16.12' Erin Marriner: 11:28, Ruby Baxter: 13:35, Chloe Linnett: 12:14	(RWD)	37:17
5	Collingwood 'W16.3' Piper Hartnett: 12:28, Niki Tsemtsidis: 12:34, Ruby Callahan: 12:15	(COL)	37:17
6	Mornington 'W16.11' Charlotte Crawford: 11:59, Claudia Grant: 12:55, Charlee Dornom: 12:27	(MPA)	37:21
7	Essendon 'W16.1' Molly Bremner: 12:19, Alexis Shead: 12:43, Jayme-lee Cobain: 12:23	(ESS)	37:25
8	Mentone 'W16.9' Sarah Hastings: 12:45, Kiara Mooney: 12:12, Brooklyn Towler: 13:44	(MEN)	38:41
9	Doncaster 'W16.5' Rachel White: 11:16, Ella Goh: 14:18, Faith Ng: 13:36	(DAC)	39:10
10	Ivanhoe 'W16.7' Paige Bukovsan: 13:01, Eliza Nelson: 14:01, Kate Bukovsan: 12:56	(IVA)	39:58
11	Keilor St Bernards 'W16.8' Natasha Castello: 13:33, Alex Kennedy: 15:46, Lexie Prout: 14:42	(KSB)	44:01
12	Box Hill 'W16.2' Hannah Rusmir: 11:02, Khushi Deol	(BOH)	11:02

Men Under 14 3x6km

1	Williamstown 'M14.7' Jasper Gay: 10:58, Rhys Kane: 10:44, Finn Kane: 10:05	(WTN)	31:47
2	Nunawading 'M14.1' Oscar Wright: 10:34, Shevin Hettiarachchi: 11:30, Zac Mellech: 10:37	(ANW)	32:41
3	Mornington 'M14.5' Ollie Mayhew-Sharp: 11:48, Freddie Barrett-Judd: 10:55, Tyler Hughes: 11:27	(MPA)	34:10
4	Doncaster 'M14.3' Joel Denny: 10:58, Lewis McLennan: 14:17, Chloe Baldock: 11:59	(DAC)	37:14
5	Mornington 'M14.6' William Hughes: 11:08, Tom Henshall: 13:14	(MPA)	24:22
6	Box Hill 'M14.2' Sajan Deol: 10:55	(BOH)	10:55
7	Mentone 'M14.4' Samuel Gibson: 12:18	(MEN)	12:18

XCR Round 1

Women Under 14 3x6km

1	Box Hill 'W14.1' Sophie Hall: 10:51, Lauren Tay: 12:35, Priya Deol: 11:47	(BOH)	35:13
2	Box Hill 'W14.2' Charlee Newman: 12:38, Lacey Williams: 12:21, Ella Kavouris: 14:46	(BOH)	39:45
3	Mentone 'W14.4' Maya Pendrigh: 13:09, Eloise Glendenning: 12:26, Layla Beitmanas:	(MEN)	40:05
4	St Kevins 'W14.6' Lucie Thompson: 13:59, Jocelyn Kerr: 13:54, Saskia Klotz: 12:31	(STK)	40:24
5	Mornington 'W14.5' Florence Hewett: 13:25, Elly Roach: 13:57, Asha Taylor: 13:06	(MPA)	40:28