

2022/23 AVSL - Round 3 - Knox - 22/10/2022**Knox
Results****Event 1 Men 400 Metre Hurdles 0.914m Hurdles 91.4**

Name	Year Team	Finals
Section 1		
1 Robinson, Corey	Nunawading	56.08
2 Ranasinghe, Kulan	Glenhuntly	1:07.29
Section 2		
1 Fairburn, Craig	Knox	1:06.48

Event 2 Men 400 Metre Hurdles 0.840m Hurdles 84.0

Name	Year Team	Finals
Section 1		
1 Umezu, Kohen	Dandenong-Sp	57.01
2 Shears-Jones, Alex	Old Scotch	58.36
3 Banks, Teddy	Mornington	1:02.36
-- Merrick, William	Casey Cardinia	DNF

Event 3 Women 400 Metre Hurdles 0.762m Hurdles 76.2

Name	Year Team	Finals
Section 1		
1 Elvey, Paige	Frankston	1:03.07
2 Holah, Amelie	Box Hill	1:05.15
3 Symonds, Elli	Frankston	1:06.81
Section 2		
1 Meerwald, Stephanie	Nunawading	1:06.88
2 McEvoy, Maire	Keilor St Bernards	1:17.77

Event 4 Men 300 Metre Hurdles 0.762m Hurdles 76.2

Name	Year Team	Finals
Section 1		
1 McConnell, David	Box Hill	56.77

Event 6 Men 200 Metre Hurdles 0.762m Hurdles 76.2

Name	Year Team	Finals
Section 1 Wind: -1.2		
1 Harvey, Quinn	Frankston	28.21
2 Brewster, Jack	Frankston	29.91
Section 2 Wind: -1.3		
1 Piccolo, Liam	Casey Cardinia	30.57
2 Wright, Max	Nunawading	31.48
3 Riseeuw, Oliver	Old Melburnians	33.65
Section 3 Wind: -0.5		
1 Conrad, Oliver	Sandringham	35.23
2 Perera, Yenuka	Casey Cardinia	36.19
Section 4 Wind: -1.7		
1 Zheng, William	Nunawading	37.82

Event 7 Women 200 Metre Hurdles 0.762m Hurdles 76.2

Name	Year Team	Finals
Section 1 Wind: -0.2		
1 Harding, Shakira	Doncaster	29.79

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Results****...Event 7 Women 200 Metre Hurdles 0.762m Hurdles 76.2**

2 Leung, Gemma	Nunawading	31.12
3 Wong, Laura	Glenhuntly	31.74
4 Henry, Vegas	Sandringham	32.89
Section 2 Wind: -1.1		
1 Williams, Lacey	Box Hill	32.04
2 Harding, Jamison	Doncaster	34.02
Section 3 Wind: -1.0		
1 Ong, Jaslene	Nunawading	34.99
2 Jabke, Amalia	Knox	42.82

Event 8A Women 800 Metre Run RESULTS

Name	Year Team	Finals
Section 1		
1 King, Madison	Glenhuntly	2:18.94
2 McKinley, Amy	Glenhuntly	2:19.32
3 Debargue-Tamai, Celestin	Mentone	2:20.17
4 Wadley, Emma	Glenhuntly	2:21.47
5 Sherry, Briana	Casey Cardinia	2:24.62
6 Lewis, Sarah	South Coast	2:25.91
7 Brown, Freya	Mentone	2:28.45
8 Umezu, Raena	Dandenong-Sp	2:29.40
9 Senior, Charlotte	Doncaster	2:31.33
10 Hastings, Sarah	Mentone	2:32.86
Section 2		
1 Kearney, Lucy	Doncaster	2:27.60
2 Muthia, Uma	Waverley-Malvern	2:27.75
3 Nackovski, Kristina	Yarra Ranges	2:31.62
4 Dornom, Charlee	Mornington	2:34.77
5 Ward, Mikalea	Box Hill	2:36.26
6 Jones, Rori	Yarra Ranges	2:39.62
7 Williams, Millie	Sandringham	2:40.34
8 Sidebottom, Jasmine	Mornington	2:42.11
9 Kearney, Madeleine	Doncaster	2:42.94
10 Beitmanas, Layla	Mentone	2:43.78
11 Ponchard, Olivia	Mornington	2:45.48
12 De Banks, Amelie	Box Hill	2:48.86
Section 3		
1 Willey, Ciara	Yarra Ranges	2:40.89
2 Mitchell, Ella	Mentone	2:44.01
3 Driscoll, Madison	Mentone	2:44.30
4 Morrison, Sally	Mentone	2:45.77
5 Cleary, Caroline	Mentone	2:52.77
6 Georgiadis, Mel	Mentone	2:53.11
7 Gniatkiewicz, Lara	Nunawading	2:53.17
8 Ong, Jaslene	Nunawading	2:57.94
9 Donner, Keira	Maccabi	3:03.61
10 Burton, Catherine	Glenhuntly	3:11.84
Section 4		
1 Ickowicz, Mica	Maccabi	2:57.61
2 Khamis Ibrahim, Kaltouma	Mentone	3:00.77
3 Hinckfuss, Millie	Box Hill	3:04.97
4 Edwards, Lesley	Mentone	3:10.88
5 Anderson, Helen	Eaglehawk	3:14.02
6 Gibson, Kerrie	Mentone	3:16.32
7 Jones, Joelle	Glenhuntly	3:22.26
-- Martin, Anne	Old Scotch	X2:52.81

2022/23 AVSL - Round 3 - Knox - 22/10/2022**Knox
Results****Event 9 Men 200 Metre Sprint All Men**

Name	Year Team	Finals
Section 1 Wind: +0.0		
1 Baker, Corey	Frankston	22.09
1 Elvey, Samuel	Frankston	22.09
3 O'Rourke, Tom	Sandringham	22.51
4 Gilbert, Jordan	Nunawading	22.83
5 Robinson, Corey	Nunawading	22.94
6 Olaniyan, Zion-Great	Casey Cardinia	23.08
Section 2 Wind: -0.7		
1 Brewster, Jack	Frankston	23.46
2 Umezu, Kohen	Dandenong-Sp	23.61
3 Wilmot, Zachary	Nunawading	23.62
4 Harris, River	Mornington	23.79
5 Goodman, Nicholas	Glenhuntly	24.09
6 Blecher, Benjamin	Maccabi	24.38
Section 3 Wind: +0.0		
1 Stapleton, Joel	Frankston	24.01
2 Mullens, Mitchell	Yarra Ranges	24.22
3 Williamson, Benjamin	Keilor St Bernards	24.59
4 Rowlands, Alexander	Doncaster	24.83
5 Gunnoo, Malik	Casey Cardinia	24.93
6 Hunak, Kai	Williamstown	25.00
Section 4 Wind: +0.0		
1 Harvey, Quinn	Frankston	24.35
2 Taylor, Shaun	Casey Cardinia	24.63
3 Krawczyk, Brad	Knox	24.98
4 Tassone, Sam	Nunawading	25.14
5 Krawczyk, Alex	Knox	26.49
6 Sujeendran, Suvan	Dandenong-Sp	26.68
Section 5 Wind: +0.0		
1 Ryan, Jackson	Knox	25.19
2 De Silva, Tanila	Knox	25.26
3 Lumby, Jesse	Essendon	25.43
4 Krawczyk, Nick	Knox	25.57
5 Ranasinghe, Kulan	Glenhuntly	25.89
6 Duncan, Oliver	Yarra Ranges	25.90
7 Banks, Teddy	Mornington	26.40
Section 6 Wind: -0.6		
1 Merrilees, Matthew	South Coast	25.15
2 Soldati, Theo	Glenhuntly	25.82
3 Gee, Xavier	Mornington	26.09
4 Wright, Max	Nunawading	26.29
5 Griffiths, Darryl	Nunawading	26.68
Section 7 Wind: -1.4		
1 Kannan, Vaibhav	Knox	25.72
2 Merrick, William	Casey Cardinia	26.25
3 Weerasinghe, Nemindu	Casey Cardinia	26.44
4 Kernick, Liam F00;T37	Nunawading	26.69
5 Kanthasamy, Chellian	Box Hill	26.73
6 Piccolo, Liam	Casey Cardinia	26.74
Section 8 Wind: -1.7		
1 Olaniyan, Israel	Casey Cardinia	26.16
2 Brewster, Harrison	Frankston	26.63
3 Ritchie, Colin	Essendon	26.91
4 Ashok, Arun	Waverley-Malvern	26.95
5 Newman, Alexander	Glenhuntly	27.11
6 Dickens, Bailey	Casey Cardinia	27.76
7 Banks, Matthew	Mornington	27.95

2022/23 AVSL - Round 3 - Knox - 22/10/2022**Knox
Results****....Event 9 Men 200 Metre Sprint All Men**

Section 9 Wind: -0.1

1	Gibson, Alexander	Mentone	25.75
2	Thomas, Bryce	Casey Cardinia	27.83
3	Conrad, Oliver	Sandringham	28.20
4	Sutherland, Henry	Glenhuntly	30.12

Section 10 Wind: 0.1

1	Ong, Syrus	Nunawading	28.13
2	Zheng, William	Nunawading	28.16
3	McKinna, Jasper	Glenhuntly	29.03
4	Newman, Michael	Knox	29.31
5	Dyer, Zachery	Mornington	29.64

Section 11 Wind: +0.0

1	Gibson, Samuel	Mentone	28.44
2	Gibson, Edward	Mentone	28.77
3	Willey, Michael	Yarra Ranges	29.69
4	Dell, Liam	Collingwood	30.39
5	Newman, Ethan	Knox	30.62

Section 12 Wind: -2.2

1	Gibson, Vernon	Mentone	29.98
2	Hvalica, David	Diamond Valley	30.15
3	Davenport, Kai Yes;Yes	Mornington	31.18
4	Shipham, Patrick	Knox	31.43
5	Christodoulou, Christian	Dandenong-Sp	31.62
6	Wyatt, Peter	Mornington	32.91

Section 13 Wind: -0.7

1	Merrilees, Benjamin	South Coast	32.96
2	Vorchheimer, Myer	Maccabi	36.25
3	Dell, Kieran	Collingwood	41.10

Section 14 Wind: NWI

1	Newling, Rob	Mornington	33.69
2	Harvey, Michael	Waverley-Malvern	38.58
3	Hodgens, Ben	Glenhuntly	39.46

Event 10 Women 200 Metre Sprint All Women

Name	Year	Team	Finals
=====			
Section 1 Wind: NWI			
1		Symonds, Elli	Frankston 26.38
2		Elvey, Paige	Frankston 26.44
3		Wong, Laura	Glenhuntly 26.54
4		Hvalica, Rebecca	Diamond Valley 26.70
5		Middleton, Georgia	Frankston 27.63
--		Harding, Shakira	Doncaster DQ 26.29
Section 2 Wind: +0.0			
1		Agostino, Cecilia	Frankston 26.82
2		Leung, Gemma	Nunawading 27.29
3		Buckley, Hailey	Knox 27.35
4		Powell, Kundali	Sandringham 27.79
5		Furber, Isabelle	Sandringham 28.18
Section 3 Wind: 0.1			
1		Holah, Amelie	Box Hill 26.83
2		Zhang, Isabel	Glenhuntly 26.88
3		Carr, Madison	Mentone 27.33
4		Chapman, Alyssa	Nunawading 27.49
5		Williams, Lacey	Box Hill 28.21
6		McEvoy, Maire	Keilor St Bernards 28.46
7		Zhong, Avestina	Glenhuntly 28.58
Section 4 Wind: -1.2			

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Results****...Event 10 Women 200 Metre Sprint All Women**

1	McMaster, Abigail	Sandringham	27.51
2	Manchanayake, Aranya	Nunawading	27.69
3	Limpens, Erin	Frankston	28.01
4	Muthia, Uma	Waverley-Malvern	28.49
5	Chapman, Kyla	Nunawading	28.68
6	Henry, Vegas	Sandringham	28.93
7	Towler, Brooklyn	Mentone	29.09
Section 5 Wind: -1.6			
1	Gattino, Paloma	St Kevins	28.30
2	Hastings, Sarah	Mentone	29.16
3	Hollins, Isabella	Glenhuntly	29.79
4	Harding, Jamison	Doncaster	30.15
5	Bollaart, Stephanie	Yarra Ranges	30.43
Section 6 Wind: -1.4			
1	Van Ravenstein, Cheyenne	Nunawading	28.54
2	Brown, Lexie	Mentone	28.94
3	De Banks, Amelie	Box Hill	29.72
4	Donner, Keira	Maccabi	29.75
5	Griffiths, Tess	Nunawading	30.58
6	Kearney, Lucy	Doncaster	30.61
Section 7 Wind: +0.0			
1	Cordy, Evette	Glenhuntly	29.18
2	Dornom, Charlee	Mornington	29.29
3	Gniatkiewicz, Lara	Nunawading	29.48
4	Senior, Charlotte	Doncaster	29.66
5	Lewis, Sarah	South Coast	30.71
Section 8 Wind: -0.3			
1	Woods, Jasmine	Nunawading	28.90
2	Hui, Morgan	Knox	29.40
3	Ross, Anna	Glenhuntly	29.80
4	Fernando, Nilani	Knox	30.35
5	Willey, Ciara	Yarra Ranges	31.35
6	Jabke, Amalia	Knox	32.58
Section 9 Wind: -2.3			
1	Romanoff, Lucy	Frankston	26.24
2	Umezu, Raena	Dandenong-Sp	30.25
3	Byers, Aggie	Glenhuntly	32.13
4	Pollard, Sonya	Vic Masters	32.61
5	Ward, Mikalea	Box Hill	32.98
6	Beitmanas, Layla	Mentone	33.54
Section 10 Wind: -1.0			
1	Giret, Jasmine	Box Hill	29.27
2	Michell, Ella	Mentone	31.98
3	Kearney, Madeleine	Doncaster	33.13
4	Martin, Anne	Old Scotch	33.55
5	Anderson, Helen	Eaglehawk	33.67
6	Ilardi, Kara	Doncaster	37.23
Section 11 Wind: -0.6			
1	Tyurina, Antonina	Glenhuntly	28.94
2	Korchova, Svitlana	Glenhuntly	35.37
3	Robinson, Christine	Vic Masters	35.42
4	Bridle, Christine	Waverley-Malvern	35.59
5	Buttigieg, Linda	Waverley-Malvern	35.96
6	Jones, Joelle	Glenhuntly	36.03
7	Green, Kathy	Ringwood	38.28
Section 12 Wind: -1.0			
1	Bienaime, Gabrielle	Frankston	29.64
2	Ickowicz, Mica	Maccabi	30.94
3	Peters, Linn	St Kevins	32.12

2022/23 AVSL - Round 3 - Knox - 22/10/2022**Knox
Results****...Event 10 Women 200 Metre Sprint All Women**

4 Edwards, Lesley	Mentone	42.13
5 Gibson, Kerrie	Mentone	43.53

Event 11A Men 800 Metre Run RESULTS

Name	Year Team	Finals
Section 1		
1 Kuol, John	Casey Cardinia	1:59.47
2 Gibson, Alexander	Mentone	2:01.63
3 Venour, Matthew	Knox	2:03.81
4 Oconnor, Oscar	Doncaster	2:03.89
5 Mitchell, Jordan	Melbourne Uni	2:04.43
6 Ryan, Brady	Glenhuntly	2:04.51
7 Vernal, Alan	Nunawading	2:07.58
8 Dahan, Sebastian	Old Xaverians	2:09.39
9 Gilbert, Jordan	Nunawading	2:11.88
10 Zhou, Kevin	Glenhuntly	2:15.63
Section 2		
1 Mattsson, Archie	Glenhuntly	2:05.75
2 Fly, Mitchell	Mentone	2:10.52
3 Lumby, Jesse	Essendon	2:11.84
4 Freedman, Shamir	Glenhuntly	2:13.41
5 Gee, Xavier	Mornington	2:14.79
6 Blecher, Benjamin	Maccabi	2:22.03
7 Gunnoo, Malik	Casey Cardinia	2:26.93
8 Turver, Andrew	Mornington	2:27.35
Section 3		
1 Gibson, Edward	Mentone	2:10.31
2 Blackburn, Harry	Collingwood	2:12.29
3 Gibson, Samuel	Mentone	2:12.84
4 Orchard, Will	Glenhuntly	2:16.92
5 Lindeman, Thomas	Old Scotch	2:18.14
6 Williams, Chris	Sandringham	2:19.22
7 Sujeendran, Suvan	Dandenong-Sp	2:22.31
8 Ryan, Marcus	Collingwood	2:26.87
Section 4		
1 Venour, David	Waverley-Malvern	2:13.87
2 Bergin, Matthew	Mentone	2:15.91
3 Ashok, Arun	Waverley-Malvern	2:18.68
4 Piccolo, Liam	Casey Cardinia	2:19.85
5 Sutherland, Charlie	Glenhuntly	2:22.75
6 Zheng, William	Nunawading	2:23.43
7 Pointon, Mitchell	Yarra Ranges	2:25.91
Section 5		
1 O'Brien, Alasdair	Knox	2:19.99
2 Newman, Michael	Knox	2:24.51
3 McKinna, Jasper	Glenhuntly	2:27.32
4 Reeve, Maximilian	Sandringham	2:27.80
5 Mayhew-Sharp, Ollie	Mornington	2:28.56
6 Boxall, Marcus	Waverley-Malvern	2:29.31
7 Newman, Ethan	Knox	2:30.81
8 Michel, Maddix	Mentone	2:33.96
9 Banks, Matthew	Mornington	2:35.07
Section 6		
1 Blackwood, Mark	Knox	2:35.23
2 Davenport, Kai Yes;Yes	Mornington	2:38.59
3 Skurka, Ben	Mentone	2:38.97
4 Newling, Rob	Mornington	2:40.10

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Results****...Event 11A Men 800 Metre Run RESULTS**

5	Willey, Michael	Yarra Ranges	2:43.98
6	Gibson, Vernon	Mentone	2:44.38
7	Dmytrenko, Russell	Williamstown	2:46.46
8	Atkinson, James	Waverley-Malvern	2:48.83

Section 7

1	Singh, Virendra	Mentone	2:43.61
2	Colgan, Craig	Mornington	2:45.70
3	Christodoulou, Christian	Dandenong-Sp	2:46.87
4	Ong, Syrus	Nunawading	2:55.01
5	Harvey, Michael	Waverley-Malvern	3:02.30

Section 8

1	Williamson, Benjamin	Keilor St Bernards	3:00.30
2	Marsic, Ivan	Mentone	3:14.74
3	Dolfini, John	Waverley-Malvern	3:23.85

Event 12A Women 3000 Metre Run RESULTS

Name	Year	Team	Finals
Section 1			
1	Humphrey, Brigitte	St Stephens	10:17.02 YLS
2	Laven, Madeline	Yarra Ranges	10:34.30 YLS
3	Debargue-Tamai, Celestin	Mentone	10:49.47 YLS
4	Mifsud, Emily	Essendon	10:51.75 YLS
5	Marriner, Erin	Ringwood	10:54.84 YLS
6	Williams, Monique	Box Hill	11:11.69 YLS
7	Sidebottom, Jasmine	Mornington	11:16.60 YSL
8	Crawford, Charlotte	Mornington	11:17.29 YLS
9	Brown, Freya	Mentone	11:20.48 YLS
10	Bryant, Serena	Glenhuntly	11:22.45 YLS
11	Dornom, Charlee	Mornington	11:23.39 YLS
12	Hastings, Sarah	Mentone	11:32.91 YLS
13	Morris, Bonnie	Yarra Ranges	11:34.54 YSL
14	Muthia, Uma	Waverley-Malvern	11:59.75 YSL
15	Martin, Anne	Old Scotch	12:09.76 YSL
16	Cleary, Caroline	Mentone	12:38.70 YSL
17	Tan, Emma	Nunawading	12:55.62 YSL
18	Driscoll, Madison	Mentone	12:57.77 YSL
19	Edwards, Lesley	Mentone	13:04.06 YSL
20	Beitmanas, Layla	Mentone	13:19.19 YLS
21	Morrison, Sally	Mentone	13:46.93 YLS
22	Willey, Ciara	Yarra Ranges	13:48.84 YLS
23	Klep, Chantal	Nunawading	14:07.81 YSL
24	Gibson, Kerrie	Mentone	14:22.22 YSL
25	Wright, Jay	Waverley-Malvern	18:58.51 YSL
26	Johansen, Nicole	Ringwood	20:00.17 YSL

Event 13A Men 3000 Metre Run RESULTS

Name	Year	Team	Finals
1	Venour, Matthew	Knox	9:15.82 YLS
2	Gibson, Alexander	Mentone	9:16.81 YLS
3	Settle, Callum	Ringwood	9:19.26 YLS
4	Merhi, Sami	Mentone	9:29.67 YLS
5	Gibson, Edward	Mentone	9:35.97 YLS
6	Turver, Andrew	Mornington	9:38.92 YLS
7	Fowler, George	Glenhuntly	9:40.60 YLS
8	Hong, Seunggil	Mentone	9:44.28 YLS

2022/23 AVSL - Round 3 - Knox - 22/10/2022**Knox
Results****...Event 13A Men 3000 Metre Run RESULTS**

9 Wallace, Xavier	Glenhuntly	9:46.19	YLS
10 Mellech, Zac	Nunawading	9:47.82	YLS
11 Fly, Mitchell	Mentone	9:54.68	YLS
12 Fang, Nick	Nunawading	9:54.95	YLS
13 Hettiarachchi, Shevin	Nunawading	9:55.16	YLS
14 Howe, William	Glenhuntly	9:58.83	YLS
15 Venour, David	Waverley-Malvern	10:28.49	YLS

Section 2

1 Bergin, Matthew	Mentone	10:18.98	YLS
2 Meier, James	Casey Cardinia	10:58.01	YLS
3 Dmytrenko, Cooper	Williamstown	11:02.82	YLS
4 Atkinson, James	Waverley-Malvern	11:17.13	YLS
5 Blackwood, Mark	Knox	11:23.44	YLS
6 Willey, Michael	Yarra Ranges	11:45.48	YLS
7 McTaggart, Chris	Mentone	11:49.11	YLS
8 Davenport, Kai Yes;Yes	Mornington	12:01.56	YLS
9 Newling, Rob	Mornington	12:05.04	YLS

Event 14A Mixed 5000 Metre Run RESULTS

Name	Year Team	Finals	
Section 1			
1 Dutton, John	M Frankston	15:22.34	YLS
2 Martin, Nicholas	M Knox	16:19.70	YLS
3 Dyer, Zachery	M Mornington	16:44.74	YLS
4 Vernal, Alan	M Nunawading	16:56.20	YLS
5 Lawson, Corey	M Mentone	18:19.34	YLS
6 Boxall, Marcus	M Waverley-Malvern	18:49.89	YLS
7 Williams, Chris	M Sandringham	18:52.95	YLS
8 Raikhlin, Ortal	W Maccabi	19:27.77	YLS
9 Noble, Fiona	W Glenhuntly	19:57.96	YLS
10 Hinckfuss, Susan	W Old Xaverians	20:43.01	YLS
11 Curry, John	M Doncaster	20:57.91	YLS
12 O'Connor, Christopher	M Box Hill	21:03.10	YLS
13 Ip, Kaman	W Box Hill	21:24.06	YLS
14 Harvey, Michael	M Waverley-Malvern	21:36.30	YLS
15 Van Dongen, Rupert	M Mentone	23:10.98	YLS
16 Payne, Greg	M South Melbourne	26:40.74	YLS
-- Hay, Wes	M Melbourne Uni	X16:54.14	NLS

Event 15 Men 4x400 Metre Relay All

Team	Finals
1 Knox 'A'	3:54.84
1) Krawczyk, Nick	2) De Silva, Tanila
3) Krawczyk, Brad	4) Fairburn, Craig
2 Nunawading 'A'	3:59.36
1) Tassone, Sam	2) Robinson, Corey
3) Kernick, Liam	4) Gilbert, Jordan
3 Mentone 'A'	4:07.22
1) Fly, Mitchell	2) Gibson, Alexander
3) Gibson, Edward	4) Gibson, Samuel
4 Knox 'C'	4:16.90
1) Krawczyk, Alex	2) Ryan, Jackson
3) Kannan, Vaibhav	4) Newman, Ethan
5 Knox 'B'	4:35.42
1) Newman, Michael	2) Somasundaram, Sacheen

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Results****....Event 15 Men 4x400 Metre Relay All**

3) Blackwood, Mark	4) O'Brien, Alasdair
6 Mentone 'B'	4:44.50
1) Gibson, Vernon	2) Singh, Virendra
3) Lawson, Corey	4) McTaggart, Chris

Event 16 Women 4x400 Metre Relay All

Team	Finals
1 Mentone 'A'	4:32.45
1) Driscoll, Madison	2) Brown, Lexie
3) Towler, Brooklyn	4) Hastings, Sarah
2 Glenhuntly 'A'	4:47.57
1) Zhong, Avestina	2) Jones, Joelle
3) Byers, Aggie	4) Zhang, Isabel
3 Knox 'A'	4:47.91
1) Buckley, Hailey	2) Hui, Morgan
3) Fernando, Nilani	4) Jabke, Amalia

Event 17 Mixed High Jump 1.00pm 1.64m High Jump 1

Name	Year Team	Finals
Flight 1		
1 Curry, Lochlan	M Glenhuntly	1.89m
2 Bickford, Nathan	M Glenhuntly	1.84m
3 Merrilees, Matthew	M South Coast	1.79m
3 Stefanec, Sam	M Mentone	1.79m
3 Faber, Lucas	M Mentone	1.79m
6 Sutherland, Henry	M Glenhuntly	1.64m
6 Dickens, Bailey	M Casey Cardinia	1.64m

Event 19 Mixed Triple Jump 1.00pm Contr Triple Jump 1

Name	Year Team	Finals	Wind
1 Harvey, Quinn	M Frankston	12.99m	+0.0
2 Brewster, Jack	M Frankston	12.93m	-0.2
3 Liyanage, Neha	W Ringwood	11.74m	+0.0
4 Smerdon, Nicholas	M Casey Cardinia	11.52m	1.0
5 Williamson, Benjamin	M Keilor St Bernards	11.39m	+0.0
6 Orso, Allegra	W Glenhuntly	11.33m	+0.0
7 Haggai, Tesia	W Essendon	11.29m	+0.0

Event 19E Mixed Triple Jump Extra Jumps Triple Jump-NonScore

Name	Year Team	Finals	Wind
-- Smerdon, Nicholas	M Casey Cardinia	X11.53m	1.4

Event 20 Mixed Shot Put 1.00pm Shot Put 1

Name	Year Team	Finals
1 Makin, Imogen	W Essendon	11.91m
2 Carr, Madison	W Mentone	11.79m
3 Hambling, Mark	M Essendon	11.22m
4 Blackburn, Harry	M Collingwood	9.35m
5 Matthews, Lily	W Nunawading	9.18m

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Results****...Event 20 Mixed Shot Put 1.00pm Shot Put 1**

6	Galea, Marty	M Collingwood	8.43m
7	Carstairs, Greg	M Waverley-Malvern	8.32m
8	Holohan, Anthony	M Sandringham	8.20m
9	Ebbels, Sarah	W Yarra Ranges	7.66m
10	Klep, Chantal	W Nunawading	7.58m
11	Hambling, Mason	M Essendon	6.91m
12	Dell, Liam	M Collingwood	6.71m
13	Campbell, Douglas	M Old Scotch	6.66m
14	Dell, Brendan	M Collingwood	6.56m
15	Holohan, Dee	W Sandringham	6.19m
16	Ebbels, Anne-Marie	W Yarra Ranges	6.15m
17	Willey, Ciara	W Yarra Ranges	5.69m
18	Willey, Michael	M Yarra Ranges	5.04m

Event 21 Mixed Shot Put 1.00pm Shot Put 2

Name	Year Team	Finals	
1	Revale, Ian	M Maccabi	13.58m
2	Newman, Colin	M Diamond Valley	12.14m
3	Newman, Alexander	M Glenhuntly	10.12m
4	Krawczyk, Alex	M Knox	10.09m
5	Banks, Matthew	M Mornington	8.80m
6	Krawczyk, Nick	M Knox	8.70m
7	Gibson, Vernon	M Mentone	8.45m
8	Krawczyk, Brad	M Knox	8.23m
9	Morrison, Sally	W Mentone	7.93m
10	Bridle, Christine	W Waverley-Malvern	7.65m
11	Buttigieg, Linda	W Waverley-Malvern	7.48m
12	Skurka, Ben	M Mentone	7.24m
13	Van Ravenstein, Cheyenne	W Nunawading	6.98m
14	Dell, Kieran	M Collingwood	6.25m
15	Colbert, Tracy	W Preston	5.87m
16	Robinson, Christine	W Vic Masters	5.67m
17	Voogd, Debbie	W Ringwood	5.52m
18	Gibson, Kerrie	W Mentone	5.02m

Event 22 Mixed Hammer Throw 1.00pm Contr Hammer 1

Name	Year Team	Finals	
1	Voogd, Benjamin	M Ringwood	51.97m
2	Amiatu, Will	M Waverley-Malvern	50.67m
3	Wilson, Eva	W Box Hill	49.13m
4	Swanevelde, Ruan	M Ringwood	48.41m
5	Wooding, Melanie	W Frankston	46.67m
6	Sutton, Rebekah	W Western Athletics	42.91m
7	Wooding, Alyssa	W Frankston	41.91m
8	Jenkins, Dorn	W Mentone	36.71m

Event 23 Mixed High Jump 2.00pm 1.39m High Jump 2

Name	Year Team	Finals	
1	Golonka, Nathan	M Glenhuntly	1.69m
2	Russell, Cooper	M Mentone	1.64m
2	Banks, Teddy	M Mornington	1.64m
4	Still, Darcy	M Mornington	1.59m
4	Kino, Noa	W Glenhuntly	1.59m

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Results****...Event 23 Mixed High Jump 2.00pm 1.39m High Jump 2**

4 Blackburn, Harry	M Collingwood	1.59m
4 Smerdon, Nicholas	M Casey Cardinia	1.59m
8 Carr, Madison	W Mentone	1.49m
9 Furber, Isabelle	W Sandringham	1.44m
-- Harris, River	M Mornington	NH

Event 24 Mixed Shot Put 2.00pm Shot Put 3

Name	Year Team	Finals
1 Sanchez, Keira	W Diamond Valley	10.93m
2 Hodgens, Ben	M Glenhuntly	10.27m
3 McMaster, Abigail	W Sandringham	9.10m
4 Johansen, Gemma	W Ringwood	8.89m
5 Johansen, Nicole	W Ringwood	8.70m
6 Wooding, Alyssa	W Frankston	8.52m
7 Howitt, Jodie	W Brunswick	8.33m
8 Brown, Nigel	M Mentone	8.27m
9 Giret, Jasmine	W Box Hill	8.18m
10 Ilardi, Kara	W Doncaster	8.06m
11 Buckley, Hailey	W Knox	8.05m
12 Jenkins, Dorn	W Mentone	7.98m
13 Kearney, Leighton	M Doncaster	7.62m
14 Chapman, Kyla	W Nunawading	7.14m
15 Kearney, Lucy	W Doncaster	7.07m
16 Singh, Virendra	M Mentone	5.42m
17 Howitt, Claire	W Brunswick	5.17m
18 Howitt, Lauren	W Brunswick	5.12m
19 Kearney, Madeleine	W Doncaster	5.05m

Event 25 Mixed Shot Put 2.00pm Contr Shot Put 4

Name	Year Team	Finals
1 Hodgetts, Todd Yes;Yes	M Ringwood	14.58m
2 Amiatu, Will	M Waverley-Malvern	11.67m
3 Sutton, Rebekah	W Western Athletics	11.21m
4 Holah, Amelie	W Box Hill	10.64m
5 McCormick, Caitlyn	W Casey Cardinia	10.55m
6 Peters, Linn	W St Kevins	4.80m

Event 25E Mixed Shot Put Extra Throws Shot Put-NonScore

Name	Year Team	Finals
-- Hodgetts, Todd Yes;Yes	M Ringwood	X14.60m

Event 26 Mixed Hammer Throw 2.00pm Hammer 2

Name	Year Team	Finals
1 Ebbels, Sarah	W Yarra Ranges	40.38m
2 Newman, Colin	M Diamond Valley	38.22m
3 Buttigieg, Linda	W Waverley-Malvern	37.23m
4 Hambling, Mark	M Essendon	29.60m
5 Galea, Marty	M Collingwood	29.48m
6 Bridle, Christine	W Waverley-Malvern	28.18m
7 Ebbels, Anne-Marie	W Yarra Ranges	24.13m
8 Matthews, Lily	W Nunawading	21.86m

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Results****....Event 26 Mixed Hammer Throw 2.00pm Hammer 2**

9 Voogd, Debbie	W Ringwood	21.35m
10 Makin, Imogen	W Essendon	20.06m
11 Klep, Chantal	W Nunawading	19.90m
12 Dell, Brendan	M Collingwood	17.22m
13 Holohan, Dee	W Sandringham	15.10m
14 Holohan, Anthony	M Sandringham	12.93m
15 Hambling, Mason	M Essendon	11.70m

Event 27 Mixed Shot Put 2:15pm Seated Shot Put

Name	Year Team	Finals
1 Wyatt, Jessee T/F33;T/F3	M Casey Cardinia	9.15m
6.31m 6.65m 9.13m 6.82m 9.15m 6.82m		
2 Crees, Dayna Yes;Yes	W Casey Cardinia	6.25m
5.97m 6.25m 6.13m 6.16m 6.13m 5.83m		

Event 28 Mixed Triple Jump 2.15pm Triple Jump 2

Name	Year Team	Finals	Wind
1 Phanivong, Orlando	M Frankston	11.72m	+0.0
2 Symonds, Elli	W Frankston	11.66m	0.3
3 Faber, Lucas	M Mentone	11.39m	+0.0
4 Hughes, Sarai	W Mornington	10.99m	0.1
5 Fly, Mitchell	M Mentone	10.30m	+0.0
6 Weerasinghe, Nemindu	M Casey Cardinia	10.08m	-0.3
7 Woods, Jasmine	W Nunawading	9.99m	NWI
8 Ashton, Amelia	W Essendon	9.86m	0.7
9 Lay, Teagan	W Mentone	9.72m	+0.0
10 Van Ravenstein, Cheyenne	W Nunawading	8.90m	+0.0
11 Boxall, Marcus	M Waverley-Malvern	8.70m	-1.0
12 Louey, Grace	W Knox	8.31m	+0.0
13 De Vries, Wayne	M Ringwood	7.69m	-0.6
14 De Vries, Jade	W Ringwood	7.44m	+0.0
15 Vorchheimer, Myer	M Maccabi	6.22m	+0.0

Event 29 Mixed High Jump 3.00pm 1.29m High Jump 3

Name	Year Team	Finals
1 Krawczyk, Brad	M Knox	1.69m
2 Duncan, Oliver	M Yarra Ranges	1.64m
2 Ryan, Jackson	M Knox	1.64m
4 Fairburn, Craig	M Knox	1.59m
5 Krawczyk, Alex	M Knox	1.49m
5 Krawczyk, Nick	M Knox	1.49m
7 Muthia, Uma	W Waverley-Malvern	1.44m
7 Adams, Jessica	W Mentone	1.44m
7 Pratt, Wil	M Mornington	1.44m
7 O'Dea, Finley	M Casey Cardinia	1.44m
11 Louey, Grace	W Knox	1.39m
11 Dziurek, Eve	W Box Hill	1.39m
11 Ong, Syrus	M Nunawading	1.39m

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Results****Event 30 Mixed Triple Jump 3.00pm Triple Jump 3**

Name	Year	Team	Finals	Wind
1 Russell, Cooper	M	Mentone	11.64m	1.6
2 Golonka, Nathan	M	Glenhuntly	11.12m	+0.0
3 Kanthasamy, Chellian	M	Box Hill	10.70m	0.2
4 Merrick, William	M	Casey Cardinia	10.51m	2.1
5 Soldati, Theo	M	Glenhuntly	10.22m	2.0
6 Meier, James	M	Casey Cardinia	10.09m	+0.0
7 Brown, Lexie	W	Mentone	9.80m	+0.0
8 Still, Darcy	M	Mornington	9.57m	1.6
9 Dell, Liam	M	Collingwood	8.73m	+0.0
10 Umezu, Raena	W	Dandenong-Sp	8.60m	+0.0
11 Newman, Ethan	M	Knox	7.82m	+0.0
12 Dell, Brendan	M	Collingwood	7.78m	1.2
13 Kearney, Madeleine	W	Doncaster	7.21m	+0.0
14 Galea, Marty	M	Collingwood	6.99m	+0.0
15 Beitmanas, Layla	W	Mentone	6.55m	NWI
16 Dell, Kieran	M	Collingwood	5.65m	0.6
17 Cleary, Caroline	W	Mentone	5.57m	NWI
18 Harvey, Michael	M	Waverley-Malvern	5.52m	+0.0

Event 31 Mixed Shot Put 3.00pm Shot Put 5

Name	Year	Team	Finals
1 Symonds, Elli	W	Frankston	11.84m
2 Conrad, Oliver	M	Sandringham	11.27m
3 De Vries, David	M	Keilor St Bernards	9.33m
4 De Vries, Wayne	M	Ringwood	9.30m
5 Ong, Jaslene	W	Nunawading	9.24m
6 Ashton, Amelia	W	Essendon	9.23m
7 Champion, Megan	W	Mentone	8.80m
8 Messerle, Narelle	W	Ringwood	8.64m
9 Cauchi, Mark	M	Knox	8.14m
10 Barrett, Rachel	W	Sandringham	8.11m
11 Wilson, Gary	M	Sandringham	8.08m
12 Bruce, Allison	W	Collingwood	7.91m
13 Newman, Michael	M	Knox	7.49m
14 Golonka, Kurt	M	Glenhuntly	5.88m
15 Whitaker, Heather	W	Mentone	5.83m
16 Roach, Tom Yes;Yes	M	Old Scotch	4.98m
17 Shipham, Patrick	M	Knox	4.38m

Event 32 Mixed Shot Put 3.00pm Shot Put 6

Name	Year	Team	Finals
1 Merrilees, Matthew	M	South Coast	10.44m
2 Hollins, Isabella	W	Glenhuntly	10.43m
3 De Vries, Jade	W	Ringwood	9.61m
4 Rowe, Anni	W	Diamond Valley	8.08m
5 De Banks, Amelie	W	Box Hill	7.61m
6 Ritchie, Colin	M	Essendon	7.29m
7 Rowe, Tuomas	M	Diamond Valley	7.26m
8 Wyatt, Peter	M	Mornington	7.24m
9 Byers, Aggie	W	Glenhuntly	7.07m
10 Rowe, Hanna	W	Diamond Valley	7.02m
11 Newling, Rob	M	Mornington	6.99m
12 Ross, Anna	W	Glenhuntly	6.81m

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Results****...Event 32 Mixed Shot Put 3.00pm Shot Put 6**

13 Merrilees, Benjamin	M South Coast	6.19m
14 Coffey, Elisabeth	W Yarra Ranges	6.15m
15 Haritos, Victoria	W Glenhuntly	5.68m
16 Anderson, Helen	W Eaglehawk	5.13m

Event 33 Mixed Hammer Throw 3:00pm Hammer 3

Name	Year Team	Finals
1 Sanchez, Keira	W Diamond Valley	46.57m
2 Johansen, Gemma	W Ringwood	32.81m
3 Johansen, Nicole	W Ringwood	31.78m
4 Hodgens, Ben	M Glenhuntly	30.59m
5 Howitt, Jodie	W Brunswick	25.89m
6 Newman, Alexander	M Glenhuntly	22.41m
7 Carstairs, Greg	M Waverley-Malvern	21.45m
8 Skurka, Ben	M Mentone	19.90m
9 Brown, Nigel	M Mentone	19.81m
10 Morrison, Sally	W Mentone	17.93m
11 Colbert, Tracy	W Preston	14.77m
12 Howitt, Lauren	W Brunswick	10.74m

Event 34 Mixed Shot Put 4.00pm T&G Shot Put 7

Name	Year Team	Finals
1 Kannan, Vaibhav	M Knox	9.53m
2 Olaniyan, Israel	M Casey Cardinia	9.48m
3 Gibson, Samuel	M Mentone	8.10m
4 O'Brien, Alasdair	M Knox	6.26m
5 Atkinson, James	M Waverley-Malvern	5.84m
6 Wright, Jay	W Waverley-Malvern	5.50m
7 Dyer, Zachery	M Mornington	5.20m
8 Hui, Morgan	W Knox	5.12m
9 Louey, Grace	W Knox	5.04m
10 Fernando, Nilani	W Knox	4.71m
11 Williamson, Dean	M Keilor St Bernards	4.66m
12 Jabke, Amalia	W Knox	3.90m
13 Zhong, Avestina	W Glenhuntly	3.77m
14 Vernal, Alan	M Nunawading	3.66m

Event 35 Mixed Shot Put 4.00pm T&G Shot Put 8

Name	Year Team	Finals
1 Marsic, Ivan	M Mentone	6.14m
-- Colgan, Craig	M Mornington	DNF

Event 36 Mixed High Jump 4.00pm 1.14m High Jump 4

Name	Year Team	Finals
1 Conrad, Oliver	M Sandringham	1.54m
2 Dell, Brendan	M Collingwood	1.39m
2 Ross, Anna	W Glenhuntly	1.39m
2 Ong, Jaslene	W Nunawading	1.39m
5 Ritchie, Colin	M Essendon	1.34m
5 Dell, Liam	M Collingwood	1.34m
7 McConnell, David	M Box Hill	1.24m

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Results****...Event 36 Mixed High Jump 4.00pm 1.14m High Jump 4**

7 Merrilees, Benjamin	M South Coast	1.24m
7 Dolfini, John	M Waverley-Malvern	1.24m
10 De Vries, Wayne	M Ringwood	1.19m
11 De Vries, David	M Keilor St Bernards	1.14m

Event 37 Mixed Triple Jump 4.00pm Triple Jump 4

Name	Year Team	Finals	Wind
1 Buckley, Hailey	W Knox	10.96m	NWI
2 Krawczyk, Brad	M Knox	10.95m	NWI
3 Krawczyk, Nick	M Knox	10.81m	NWI
4 Giret, Jasmine	W Box Hill	10.54m	NWI
5 Banks, Matthew	M Mornington	10.33m	NWI
6 Muthia, Uma	W Waverley-Malvern	10.19m	NWI
7 Krawczyk, Alex	M Knox	10.13m	NWI
8 Almond, Ash	M Yarra Ranges	9.53m	NWI
9 O'Dea, Finley	M Casey Cardinia	8.96m	NWI
10 Hinckfuss, Millie	W Box Hill	8.16m	NWI
11 Peters, Linn	W St Kevins	7.82m	NWI
12 Byers, Aggie	W Glenhuntly	7.65m	NWI
13 Shipham, Patrick	M Knox	7.49m	NWI
14 Zhong, Avestina	W Glenhuntly	7.38m	NWI
15 Ilardi, Kara	W Doncaster	7.28m	NWI
16 Bridle, Christine	W Waverley-Malvern	6.71m	NWI
17 Brown, Nigel	M Mentone	6.65m	NWI
18 Buttigieg, Linda	W Waverley-Malvern	6.41m	NWI
19 Johansen, Nicole	W Ringwood	6.15m	NWI

Event 38 Mixed Hammer Throw 4.00pm Hammer 4

Name	Year Team	Finals
1 Rowe, Anni	W Diamond Valley	38.86m
2 Champion, Megan	W Mentone	32.38m
3 Ashton, Amelia	W Essendon	30.27m
4 Hall, Matthew	M Diamond Valley	29.90m
5 Rowe, Hanna	W Diamond Valley	26.84m
6 Cauchi, Mark	M Knox	25.15m
7 Messerle, Narelle	W Ringwood	25.03m
8 Bruce, Allison	W Collingwood	24.77m
9 Barrett, Rachel	W Sandringham	21.54m
10 Dawe, Freya	W Mornington	21.37m
11 Dawe, Richard	M Mornington	20.78m
12 Barrow, Geoffrey	M Mentone	17.21m
13 Singh, Virendra	M Mentone	15.73m
14 Dell, Kieran	M Collingwood	13.96m

Event 39 Mixed Shot Put 4.30pm Shot Put 9

Name	Year Team	Finals
1 Still, Darcy	M Mornington	12.16m
2 Hall, Matthew	M Diamond Valley	10.89m
3 Canepa, Aliyah	W Western Athletics	9.35m
4 Brown, Lexie	W Mentone	8.85m
5 Almond, Ash	M Yarra Ranges	8.80m
6 Barnett, Ebony	W Box Hill	8.60m
7 Griffiths, Darryl	M Nunawading	8.27m

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Results****...Event 39 Mixed Shot Put 4.30pm Shot Put 9**

8	Sidebottom, John	M Mornington	7.65m
9	Pratt, Wil	M Mornington	7.23m
10	Griffiths, Tess	W Nunawading	7.08m
11	Dolfini, John	M Waverley-Malvern	7.07m
12	Barrow, Geoffrey	M Mentone	6.97m
13	Pollard, Sonya	W Vic Masters	6.18m
14	Muthia, Uma	W Waverley-Malvern	6.15m
15	Elms, Donna-Marie	W Preston	4.52m

Event 40 Mixed Shot Put 4.30pm Shot Put 10

Name	Year Team	Finals	
1	Gilbert, Jordan	M Nunawading	11.66m
2	Crawley, Andrew	M Glenhuntly	10.85m
3	Falconer-Boag, Isabel	W Box Hill	10.34m
4	Fairburn, Craig	M Knox	10.15m
5	Edwards, Madeleine	W Glenhuntly	9.97m
6	Dawe, Richard	M Mornington	9.56m
7	Matters, Toni	W Glenhuntly	9.54m
8	Banks, Teddy	M Mornington	9.28m
9	Dawe, Freya	W Mornington	7.83m
10	Bianco, Amelia	W Nunawading	6.90m
11	Mahony, Craig	M Mornington	6.38m
12	Woods, Jasmine	W Nunawading	6.18m
13	Albiston, Simone	W Waverley-Malvern	6.08m

Event 41 Mixed Hammer Throw 5.00pm T&G Hammer 5

Name	Year Team	Finals	
1	Firth, David	M Doncaster	36.79m
2	Krawczyk, Brad	M Knox	24.96m
3	Ong, Jaslene	W Nunawading	19.36m
4	Krawczyk, Nick	M Knox	18.36m
5	Wilson, Gary	M Sandringham	15.71m
6	Fernando, Nilani	W Knox	7.80m

Event 42 Mixed High Jump 5.00pm 1.04m High Jump 5

Name	Year Team	Finals	
1	Buckley, Hailey	W Knox	1.34m
2	Perera, Yenuka	M Casey Cardinia	1.29m
3	Wilson, Gary	M Sandringham	1.19m
3	Barrett, Rachel	W Sandringham	1.19m
5	Shipham, Patrick	M Knox	1.14m
5	Galea, Marty	M Collingwood	1.14m
5	Brown, Lexie	W Mentone	1.14m
5	Bridle, Christine	W Waverley-Malvern	1.14m
5	Bruce, Allison	W Collingwood	1.14m
5	Cauchi, Mark	M Knox	1.14m
11	Hinckfuss, Millie	W Box Hill	1.09m
12	Messerle, Narelle	W Ringwood	1.04m

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Results****Event 43 Mixed Triple Jump 5.00pm Triple Jump 5**

Name	Year Team	Finals	Wind
1 Robinson, Corey	M Nunawading	12.36m	NWI
2 Cvetanoski, Brandon	M Keilor St Bernards	11.88m	NWI
3 Kannan, Vaibhav	M Knox	10.57m	NWI
4 Gee, Xavier	M Mornington	10.49m	NWI
5 Zhang, Isabel	W Glenhuntly	10.44m	NWI
6 Tassone, Sam	M Nunawading	9.91m	NWI
7 Ashok, Arun	M Waverley-Malvern	9.64m	NWI
8 Griffiths, Tess	W Nunawading	8.94m	NWI
9 Griffiths, Darryl	M Nunawading	8.88m	NWI
10 Merrilees, Benjamin	M South Coast	6.95m	NWI

Event 44 Mixed Shot Put 5.30pm Shot Put 11

Name	Year Team	Finals
1 Eliadis, Theodore	M Casey Cardinia	14.96m
2 Tanojevic, Tom	M Sandringham	11.17m
3 Zammit, Sebastian	M Glenhuntly	10.10m
4 Firth, David	M Doncaster	9.47m
5 Williams, Chris	M Sandringham	7.33m

Event 46 Mixed Hammer Throw 5.30pm Hammer 6

Name	Year Team	Finals
1 McGowan, Lachlan	M Nunawading	51.72m
2 Canepa, Aliyah	W Western Athletics	50.88m
3 Barnet, Ebony	W Box Hill	34.39m
4 Crawley, Andrew	M Glenhuntly	33.59m
5 De Vries, David	M Keilor St Bernards	32.34m
6 Mahony, Craig	M Mornington	25.22m
7 De Vries, Wayne	M Ringwood	24.41m
8 Almond, Ash	M Yarra Ranges	23.14m
9 Ryan, Zoey	W Diamond Valley	22.32m
10 Matters, Toni	W Glenhuntly	21.78m
11 Elms, Donna-Marie	W Preston	16.06m

Event 139 Mixed Triple Jump WL 2.00pm Wait List - TJ2

Name	Year Team	Finals	Wind
1 McEvoy, Maire	W Keilor St Bernards	9.36m	+0.0
2 Harding, Jamison	W Doncaster	8.77m	1.0

Event 140 Mixed Triple Jump WL 3.00pm Wait List - TJ3

Name	Year Team	Finals	Wind
1 Beitmanas, Layla	W Mentone	6.65m	+0.0
2 Cleary, Caroline	W Mentone	5.57m	+0.0

Event 150 Mixed Hammer Throw WL 5.30pm Wait List - HT6

Name	Year Team	Finals
1 Ryan, Zoey	W Diamond Valley	22.32m

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**Knox
Results**

Event 155 Mixed High Jump WL 5.00pm Wait List - HJ5

Name	Year Team	Finals
1 Wilson, Gary	M Sandringham	1.19m
2 Brown, Lexie	W Mentone	1.14m