

2021 Victorian 5000m Championships - 7/12/2021**Lakeside Stadium****Results - Track****Women 5000 Metre Run Women Vic 5km Champs**

Name	Year	Team	Seed	Finals	Points
Section 1					
1 Greene, Rebekah	93	Melbourne	16:04.00	16:10.41	
2 Williams, Brooke	90	Albury	16:54.10	16:36.95	Wearing Bib 1
3 Benson, Eleanor	91	Melbourne	16:59.00	16:44.66	
4 Wilson, Charlotte	92	Essendon	16:36.00	17:01.15	
5 Dekkers, Dana	97	Glenhuntly	18:00.00	17:16.33	
6 Treweek, Karla	90	Wendouree	17:50.00	17:27.70	
7 Kondogonis, Stephanie	91	Box Hill	16:54.00	17:29.98	
8 Lesberg, Nicolette	87	Bendigo Un	17:00.00	17:30.25	
9 Humphrey, Brigitte	90	St Stephens Harr	17:32.00	17:35.27	
10 Skaltsonis, Victoria	98	Box Hill	17:20.00	17:49.18	
11 Lepair, Eliza	01	Ballarat Ycw	18:32.00	17:53.92	
12 Twining, Olivia	98	Yarra Ranges	19:09.00	17:57.82	
13 Bucki-Smith, Aleksandra	97	Melbourne	18:39.00	18:01.09	
14 Chiffey-Gray, Jenna	84	Richmond Harr	19:30.00	18:02.08	
15 Powning, Georgia	99	Old Xaverians	20:44.20	20:12.23	
16 Byrt, Eliesha	88	Geelong Guild	20:23.28	20:37.45	

Women 5000 Metre Run Women U20 5km

Name	Year	Team	Seed	Finals	Points
1 Coughlin, Sophie	02	Sandringham	18:00.00	17:00.58	
2 Puglisi, Bianca	02	Essendon	17:40.00	17:04.06	
3 Mees, Georgina	04	Ballarat Ycw	18:30.00	17:48.27	
4 Goldsworthy, Abbey	05	Williamstown	17:55.00	17:58.11	
5 Goldsworthy, Monique	04	Williamstown	17:45.00	18:09.40	
6 Morden, Emily	03	Athletics SW	18:39.00	18:09.64	
7 Laven, Georgia	02	Yarra Ranges	18:00.00	18:24.80	
8 Schulz, Alexandra	05	Williamstown	17:55.00	18:28.04	
9 Lloyd, Saskia	02	St Stephens Harr	18:30.00	18:30.56	
10 Van Der Kamp, Fieke	04	Diamond Valley	18:30.00	18:32.06	
11 Colman, Annabelle	04	Old Xaverians	20:00.00	18:53.59	
12 Sidebottom, Jasmine	06	Mornington	20:00.00	19:19.91	
13 Hart, Emily	04	Mentone	22:00.00	20:43.67	

Men 5000 Metre Run Men Vic 5km Champs

Name	Year	Team	Seed	Finals	Points
1 Thorpe, Thomas	96	St Stephens Harr	14:08.00	13:58.49	
2 Cashin, Liam	97	Western Aths	14:09.00	14:01.01	
3 Marks, Edward	01	Glenhuntly	14:12.00	14:08.35	
4 Laven, James	00	Yarra Ranges	14:35.00	14:10.08	
5 O'Donnell, Seth	01	Mentone	14:15.00	14:19.66	
6 Norman, Harry	01	Yarra Ranges	14:10.00	14:22.65	
7 Kernahan, Michael	96	Mentone	14:26.75	14:25.24	
8 Clifford, Jaryd	99	Diamond Valley	14:04.88	14:25.43	
9 Goldsmith, Callen	99	Mornington	14:39.00	14:29.03	
10 Beischer, Benjamin	01	Old Scotch	14:47.00	14:33.20	
11 Reid, Archie	01	South Bendigo	14:29.00	14:35.73	
12 Dunsmore, Jesse	99	Frankston	14:50.00	14:47.27	
13 Quirk, Samuel	93	St Stephens Harr	14:35.00	14:47.93	

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14 Noakes, Archie	04 Essendon	14:10.00	14:49.99
15 Smithers, Harry	91 St Stephens Harr	15:00.00	14:51.04
16 Bell, Jacob	01 Keilor St Bernards	14:30.00	14:54.09
17 Pearce, Nathan	96 Western Aths	14:26.00	14:59.96
18 Rattray, Samuel	99 Box Hill	14:51.00	15:02.17

Men 5000 Metre Run B Race

Name	Year Team	Seed	Finals	Points
1 Portwood, John	97 Doncaster	15:04.00	15:05.74	
2 Drake, Callum	93 Western Aths	15:40.00	15:12.33	
3 Griffiths, Ben	89 Mornington	15:15.00	15:14.26	
4 Jaffe, Patrick	98 Melbourne	15:05.00	15:15.90	
5 Matthews, Patrick	98 Keilor St Bernards	15:12.20	15:18.87	
6 Bryant, Tim	81 Collingwood Harr	15:02.00	15:21.19	
7 Holberton, Isaac	01 Melbourne	15:50.00	15:25.07	
8 Squire, Jonathan	90 Melbourne	15:32.00	15:30.57	
9 Carey, Andrew	85 Williamstown	15:40.00	15:38.41	
10 Hemingway, Liam	98 Mornington	15:15.00	15:47.60	
11 Haseler, Ben	96 Old Xaverians	16:10.00	15:52.29	
12 Waller, Sho	89 Melbourne	15:59.00	15:52.88	
13 Savill-Bentley, Max	00 Yarra Ranges	16:00.00	15:55.72	
14 Verwey, Ned	93 Frankston	15:14.00	15:59.54	
15 Hunter, Luke	96 Yarra Ranges	16:00.00	16:05.45	
16 Fitzgerald, Joel	83 Essendon	16:25.00	16:07.75	
17 Giakoumis, Jonathan	99 Old Scotch	15:50.00	16:09.64	
18 Benedict, Scott	99 Box Hill	16:20.00	16:17.58	
19 Clark, Damien	01 Frankston	15:50.00	16:26.03	
20 Winter, Chris	88 Glenhuntly	16:25.00	16:26.75	
21 Loneragan, Bryn	99 Melbourne	16:09.00	16:32.32	

Men 5000 Metre Run C Race

Name	Year Team	Seed	Finals	Points
1 Vernal, Alan	96 Nunawading	16:30.00	16:16.56	
2 Lynch, Matthew	99 St Kevin's Am	16:39.00	16:22.05	
3 Stott, Elias	04 Geelong Guild	16:40.00	16:23.79	
4 Lovass, Murray	03 Box Hill	16:35.00	16:29.34	
5 Simpson, Grant	69 Bellarine	16:35.00	16:31.11	
6 Merhi, Sami	98 Mentone	17:00.00	16:35.40	
7 Hong, Seunggil	79 Mentone	16:50.00	16:38.78	
8 Tsakiridis, Terry	06 Glenhuntly	16:40.00	16:38.83	
9 Mccarthy, Brody	01 Diamond Valley	16:44.00	16:44.57	
10 Pratt, Oliver	05 Mornington	16:50.00	16:45.02	
11 Mcdonald, Alistair	78 Western Aths	16:30.00	16:45.36	
12 Sier, Daniel	96 Melbourne	17:12.00	16:45.71	
13 Banks, Teddy	05 Mornington	16:40.00	16:53.32	
14 Worsam, Leo	06 Ivanhoe Harr	16:30.00	16:57.26	
15 Goulis, Jimmy	72 Melbourne	17:09.00	17:09.19	
16 Mcevoy, Andrew	71 Glenhuntly	17:10.00	17:20.25	
17 Byrnes, Oliver	06 Williamstown	16:40.00	17:20.39	
18 Jenkins, Russell	61 Bendigo Un	17:10.00	18:22.52	
-- Anderson, James	93 Yarra Ranges	16:30.00	DNF	

2021 Victorian 5000m Championships - 7/12/2021**Lakeside Stadium****Results - Track****Men 5000 Metre Run D Race**

Name	Year	Team	Seed	Finals	Points
1 Charles, John	83	Old Xaverians	17:50.00	16:48.97	
2 Melleuish, Jack	01	Melbourne	17:30.00	17:12.71	
3 Bhuller, Shyam	01	Melbourne	17:30.00	17:15.05	
4 Mcgravie, Jude	02	Melbourne	18:37.00	17:26.02	
5 Marshall, Cameron	02	Old Xaverians	18:55.00	17:28.25	
6 Thomas, Michael	71	Mornington	17:40.00	17:32.11	
7 James, Lachlan	86	Richmond Harr	18:27.00	17:38.63	
8 Fly, Mitchell	93	Mentone	18:43.00	17:48.55	
9 Gangi, Jacob	04	Doncaster	19:40.00	17:49.56	Bib No 4519
10 Willcocks, Elliot	84	Richmond Harr	18:16.00	17:52.07	
11 Mezger, Harry	99	Old Xaverians	18:49.00	17:55.45	
12 Rigg, Hudson	05	Mornington	18:20.00	18:27.95	
13 Pratt, Wil	73	Mornington	18:50.00	18:30.93	
14 Bishop, Michael	71	Mornington	18:23.00	18:31.13	
15 Pearmain, Ben	84	Coburg Harr	19:06.00	18:46.58	
16 Dawe, Richard	68	Mornington	18:51.00	19:01.91	
17 Draper, Shane	73	Victorian Masters	18:25.00	19:05.28	
18 Steele, Greg	87	Melbourne	19:40.00	19:07.94	
19 Michienzi, Domenic	69	Keilor St Bernards	20:00.00	19:20.85	
-- Rainey, Mark	07	Glenhuntly	17:30.00	DNF	

Men 5000 Metre Run Men U20 5km Champs

Name	Year	Team	Seed	Finals	Points
1 Bowers, Tom	02	Old Scotch	14:45.00	14:40.40	
2 Garbelotto, William	03	Sandringham	15:00.00	14:41.48	
3 Johnson, Xavier	02	Mentone	14:45.00	14:42.53	
4 Janetzki, Logan	04	Glenhuntly	15:00.00	14:44.26	
5 Rogers, Charlie	04	Glenhuntly	15:10.00	14:59.49	
6 Bunnage, Sam	02	Mentone	15:15.00	15:02.89	
7 Does, Bevan	02	Frankston	15:10.00	15:10.91	
8 Ludbrook, Ben	03	Eureka	14:56.00	15:17.41	
9 Martin, Nicholas	04	Knox	15:45.00	15:18.12	
10 Muscat, Brandon	02	Western Aths	15:42.00	15:21.73	
11 Venour, Matthew	05	Knox	15:45.00	15:23.55	
12 Patton, Matthew	03	Knox	15:30.00	15:24.43	
13 Augustinus, Joshua	05	Old Xaverians	15:43.00	15:25.31	
14 Forster, Tom	04	St Kevin's Am	15:00.00	15:40.77	
15 Albiston, Sam	05	Mentone	15:25.00	15:43.72	
16 Velten, Aidan	05	Glenhuntly	15:25.00	15:44.25	
17 Bail, Joshua	04	Athletics SW	16:09.00	15:52.36	
18 Dyer, Zachery	03	Mornington	16:16.25	15:52.43	
19 Chambers, Nicholas	05	Glenhuntly	16:03.00	15:56.45	
20 Bucci, Hudson	04	Mentone	15:30.00	16:01.72	
21 Brasington, Sebastian	02	Old Scotch	16:20.00	16:19.63	
22 Cheesman, Jacob	06	Wendouree	16:30.00	16:52.03	