

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****Women 1500 Meter Run RESULTS**

Name	Year Team	Finals
Section 1		
1 Bakker, Sanne	Doncaster	5:10.5h
2 Colman, Annabelle T20;F2	Old Xaverians	5:11.9h
3 Wadley, Emma	Glenhuntly	5:12.5h
4 Umezu, Raena	Dandenong-Sp	5:19.3h
5 Debargue-Tamai, Celestin	Mentone	5:21.5h
6 Muthia, Uma	Waverley-Malvern	5:22.3h
7 Meagher, Stella	Sandringham	5:23.3h
8 Pratt, Joanne	Casey Cardinia	5:28.7h
9 Wells, Chelsey	Frankston	5:29.8h
10 Hastings, Sarah	Mentone	5:30.4h
11 Bryant, Serena	Glenhuntly	5:36.5h
12 Williams, Millie	Sandringham	5:48.3h

Section 2		
1 Clarke, Zoe	Yarra Ranges	5:18.2h
2 Hart, Emily	Mentone	5:34.3h
3 Klotz, Saskia	St Kevins	5:39.1h
4 Jones, Rori	Yarra Ranges	5:46.4h
5 Cleary, Caroline	Mentone	5:47.3h
6 Willey, Ciara	Yarra Ranges	5:55.8h
7 Nash, Maddison	Knox	6:05.9h
8 Gilbert, Kara	Glenhuntly	6:25.0h
9 Gourlay, Marlene	Mentone	6:29.8h
10 Gibson, Kerrie	Mentone	6:41.4h
11 Jordan, Lucy	Doncaster	6:46.7h
12 Deramond, Lisa	Glenhuntly	6:53.6h
13 Klep, Chantal N/A	Nunawading	7:33.5h
14 Garside, Emilie	Yarra Ranges	7:35.2h
15 Parrott, Allison	Doncaster	7:37.9h
16 Armstrong, Maggie	Essendon	7:41.4h

Women 2000 Meter Steeplechase RESULTS All

Name	Year Team	Finals
Section 1		
1 Brown, Freya	Mornington	8:10.2h Y L/S
2 Marriner, Erin	Ringwood	8:28.8h Y L/S
3 Hart, Emily	Mentone	8:56.2h Y L/S
4 Hastings, Sarah	Mentone	9:17.6h Y L/S
5 Pashutina, Ariana	Knox	9:36.0h Y L/S
6 Cleary, Caroline	Mentone	9:55.1h Y L/S
7 Gourlay, Marlene	Mentone	10:18.9h Y L/S
8 Marston, Janice	Waverley-Malvern	10:44.8h Y L/S
9 Anderson, Helen	Eaglehawk	11:23.5h Y L/S
10 Haritos, Victoria	Glenhuntly	12:32.2h Y L/S
11 Albiston, Simone	Waverley-Malvern	14:23.8h Y L/S

Women 3000 Meter Steeplechase RESULTS All

Name	Year Team	Finals
1 Muthia, Uma	Waverley-Malvern	13:41.3h Y L/S

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****Women 4x100 Meter Relay All**

Team	Finals
1 Ringwood 'A'	50.56
1) Cheung, Evangeline	2) Dreyer, Carla
3) Rowe, Jasmine	4) Shaw, Danielle
2 Yarra Ranges 'A'	58.67
3 Waverley-Malvern 'A'	1:15.16
1) Bridle, Christine	2) Muthia, Uma
3) Albiston, Simone	4) Marston, Janice
Section 2	
1 Sandringham 'A'	53.13
1) Fitzgerald, Amy	2) Powell, Kundali
3) Fode, Emilia	4) Furber, Isabelle
2 Frankston 'A'	53.47
1) Elvey, Paige	2) Mills, Georgia
3) Van Rooyen, Ashley	4) Helwig, Katelyn
3 Nunawading 'A'	54.06
1) Chapman, Kyla	2) Tarabay, Maddie
3) Chapman, Alyssa	4) Johnstone, Chloe
4 Mornington 'A'	55.53
1) Eickmeyer, Charlotte	2) Dyer, Kobi-Lee
3) Jenkins - Perry, Ellie	4) Avendano, Isabel
5 Knox 'A'	1:02.75
1) Nash, Maddison	2) Smith, Emily
3) Pashutina, Ariana	4) Palmer, Zoe

Women 100 Meter Run All Women

Name	Year Team	Finals
Section 1 Wind: -1.8		
1 Wang Lecouteur, Cassandr	Melbourne Uni	12.52
2 Grenade, Chloe	Preston	12.57
3 Sydnor, Kiyani	Essendon	12.82
4 Oliver, Katie	Diamond Valley	12.94
Section 2 Wind: -1.6		
1 Hubbard, Kendra	Collingwood	12.60
2 Kurdian, Sienna	Box Hill	12.64
3 Wood, Natasha	Sandringham	12.93
4 Visvanathan, Sounya	Melbourne Uni	12.95
5 Iyer, Akshaya	Melbourne Uni	13.16
Section 3 Wind: -1.7		
1 Lim, Jennifer	Box Hill	13.13
Section 4 Wind: -0.5		
1 King, Jennifer	Glenhuntly	12.95
2 Agostino, Cecilia	Frankston	13.55
3 Cheung, Evangeline	Ringwood	13.67
Section 5 Wind: -2.2		
1 Shaw, Zoe	Collingwood	13.36
2 Manchanayake, Aranya	Nunawading	13.42
3 Rowe, Jasmine	Ringwood	13.67
4 Barrett, Kelsey	Frankston	13.77
Section 6 Wind: -2.9		
1 Fitzgerald, Amy	Sandringham	13.53
2 Mills, Georgia	Frankston	13.73
3 McEvoy, Maire	Keilor St Bernards	13.82
4 Johnstone, Chloe	Nunawading	13.84
5 Van Rooyen, Ashley	Frankston	13.86
6 Djeric, Amelia	Box Hill	13.90

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****....Women 100 Meter Run All Women**

Section 7	Wind: -0.5		
1	Craddock, Gemma	Glenhuntly	13.50
2	Furber, Isabelle	Sandringham	13.65
3	Carr, Madison	Mentone	13.99
4	Van Ravenstein, Cheyenne	Dandenong-Sp	14.02
5	Helwig, Katelyn	Frankston	14.25
Section 8	Wind: -1.3		
1	Ventura, Sarah	Casey Cardinia	13.59
2	Powell, Kundali	Sandringham	13.73
3	Ross, Ishara	Box Hill	13.80
4	Grogan, Clodagh	Sandringham	13.97
5	Rooke, Ashleigh	Yarra Ranges	14.10
Section 9	Wind: -1.5		
1	Elvey, Paige	Frankston	13.45
2	Johnstone, Sophie	Nunawading	13.86
3	Chapman, Kyla	Nunawading	14.14
4	Limpens, Erin	Frankston	14.26
5	Fode, Emilia	Sandringham	14.72
Section 10	Wind: -0.3		
1	Holah, Amelie	Box Hill	13.81
2	Bolisetty, Shri Nidhi	Nunawading	13.99
--	Palmer, Zoe	Knox	DQ 13.97
Section 11	Wind: -2.5		
1	McMaster, Abigail	Sandringham	14.05
2	Avendano, Isabel	Mornington	14.16
3	Dux, Jessica	Nunawading	14.53
4	Ross, Anna	Glenhuntly	14.55
5	Muthia, Uma	Waverley-Malvern	14.76
Section 12	Wind: -1.6		
1	Leung, Gemma	Nunawading	13.76
2	Willey, Ciara	Yarra Ranges	15.04
Section 13	Wind: -2.9		
1	McDonald, Zoe	Frankston	14.59
2	Eickmeyer, Charlotte	Mornington	14.75
3	Kearney, Lucy	Doncaster	15.47
Section 14	Wind: -1.5		
1	Jenkins - Perry, Ellie	Mornington	14.51
2	Giret, Jasmine	Box Hill	14.76
3	Clarke, Zoe	Yarra Ranges	15.10
4	Anderson, Helen	Eaglehawk	16.62
Section 15	Wind: -2.6		
1	Lester, Rhiannon	Mornington	14.58
2	Bur, Tamsin	Gippsland	14.61
3	Lewis, Sarah	South Coast	15.02
4	Dyer, Kobi-Lee STILL;TO;	Mornington	15.07
5	Louey, Grace	Knox	15.27
6	Ward, Mia	Nunawading	17.15
Section 16	Wind: -1.8		
1	Williams, Millie	Sandringham	14.53
2	Cazaux, Claudia	Mentone	14.85
3	Jordan, Lucy	Doncaster	15.71
4	Basile, Allegrgia	Doncaster	16.07
5	Wright, Kirra T38;F38	Diamond Valley	16.12
Section 17	Wind: -0.1		
1	McLean, Louise	Glenhuntly	15.90
2	Ilardi, Kara	Doncaster	16.18
3	Kearney, Madeleine	Doncaster	16.75
4	Clark, Courtney	South Coast	16.94
5	Bridle, Christine	Waverley-Malvern	17.67

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****....Women 100 Meter Run All Women**

Section 18	Wind: -0.2		
1 Hewitson, Kathi		Yarra Ranges	16.96
2 Haritos, Victoria		Glenhuntly	18.62
3 Armstrong, Maggie		Essendon	18.76
Section 19	Wind: -2.3		
1 Mills, Alexandra		Diamond Valley	14.52
2 Peak, Kim		Doncaster	19.42
2 Green, Kathy		Ringwood	19.42
4 Deramond, Lisa		Glenhuntly	19.73

Women 400 Meter Run All Women

Name	Year	Team	Finals
Section 1			
1 Sanford, Ellie		Box Hill	55.13
2 Hubbard, Kendra		Collingwood	56.43
3 Kurdian, Sienna		Box Hill	57.22
4 Hanlon, Sophia		Glenhuntly	57.51
5 Visvanathan, Sounya		Melbourne Uni	58.89
6 Pennings, Nicole		Nunawading	59.90
7 Wang Lecouteur, Cassandr		Melbourne Uni	1:01.25
Section 2			
1 Elvey, Paige		Frankston	59.28
2 Haidar, Karen		Mentone	1:00.87
3 Johnstone, Chloe		Nunawading	1:02.10
4 Chapman, Alyssa		Nunawading	1:07.06
Section 3			
1 Tarabay, Maddie		Nunawading	1:02.11
2 Jackson, Sophie		Sandringham	1:03.69
3 Lewis, Sarah		South Coast	1:04.81
4 Iyer, Akshaya		Melbourne Uni	1:07.61
Section 4			
1 Johnstone, Sophie		Nunawading	1:02.92
2 King, Jennifer		Glenhuntly	1:03.48
3 Ross, Anna		Glenhuntly	1:04.86
4 Limpens, Erin		Frankston	1:06.54
5 Willey, Ciara		Yarra Ranges	1:07.09
Section 5			
1 Hartnett, Piper		Collingwood	1:06.83
2 Debargue-Tamai, Celestin		Mentone	1:08.88
3 Rooke, Ashleigh		Yarra Ranges	1:10.30
4 Hastings, Sarah		Mentone	1:12.94
Section 6			
1 Cowlshaw, Zoe		Doncaster	1:10.52
2 Peak, Emma		Doncaster	1:11.53
3 Kearney, Madeleine		Doncaster	1:16.46
Section 7			
1 Hart, Emily		Mentone	1:15.47
2 Wright, Kirra T38;F38		Diamond Valley	1:22.26
3 Dyer, Kobi-Lee STILL;TO;		Mornington	1:22.58
Section 8			
1 Bur, Tamsin		Gippsland	1:13.98
2 Anderson, Helen		Eaglehawk	1:18.61
3 Robinson, Christine		Vic Masters	1:23.08
4 Deramond, Lisa		Glenhuntly	1:28.57
-- Lester, Rhiannon		Mornington	DQ 1.16.12
Section 9			
1 Khamis Ibrahim, Kaltouma		Mentone	1:23.14

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****...Women 400 Meter Run All Women**

2	Gourlay, Marlene	Mentone	1:27.33
3	Marston, Janice	Waverley-Malvern	1:29.85
4	Armstrong, Maggie	Essendon	1:30.50
5	Green, Kathy	Ringwood	1:37.28
6	Albiston, Simone	Waverley-Malvern	2:07.03

Women 200 Meter Hurdles 76.2cm Hurdles 76.2

Name	Year	Team	Finals
=====			
Section 1	Wind: -4.3		
1	Leung, Gemma	Nunawading	31.77
2	Hilli, Lily-Bella	Essendon	32.06
Section 2	Wind: -1.8		
1	Farrell, Siena	Old Melburnians	32.00
2	Giret, Jasmine	Box Hill	38.94
Section 4	Wind: -2.6		
1	McDonald, Zoe	Frankston	43.38
2	Avendano, Isabel	Mornington	43.44

Women 400 Meter Hurdles 91.4cm Hurdles 76.2

Name	Year	Team	Finals
=====			
Section 1			
1	Elvey, Paige	Frankston	1:04.21
2	Reynolds, Nicole	Doncaster	1:05.69
3	Dreyer, Carla	Ringwood	1:06.32
4	McKinley, Amy	Glenhuntly	1:07.52
Section 2			
1	Rowe, Jasmine	Ringwood	1:08.04
2	McEvoy, Maire	Keilor St Bernards	1:09.84
Section 3			
1	Powell, Kundali	Sandringham	1:09.51
2	Wrout, Amanda	Essendon	1:12.21
3	Chapman, Kyla	Nunawading	1:17.42
Section 4			
1	Holah, Amelie	Box Hill	1:07.40
2	Johnstone, Sophie	Nunawading	1:14.60

Men 1500 Meter Run RESULTS

Name	Year	Team	Finals
=====			
Section 1			
1	Patton, Matthew	Knox	4:17.2h
2	Gibson, Alexander	Mentone	4:18.8h
3	Sideridis, Luka	Glenhuntly	4:20.4h
4	Zhou, Kevin	Glenhuntly	4:24.3h
5	Dalton, Jack	Doncaster	4:26.2h
6	Carlin, Joshua	Nunawading	4:28.0h
7	Ryan, Brady	Glenhuntly	4:34.8h
8	Mitchell, David	Doncaster	4:35.2h
9	Pizer-Di Ciero, James	Mentone	4:37.9h
10	Lawson, Corey	Mentone	4:48.4h
11	O'Brien, Alasdair	Knox	5:00.5h
Section 2			
1	Mannix, Kevin	Glenhuntly	4:41.7h
2	Harris, Ky	Yarra Ranges	4:43.0h

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****...Men 1500 Meter Run RESULTS**

3	Fly, Mitchell	Mentone	4:44.2h
4	Gee, Xavier	Mornington	4:44.4h
5	Gibson, Edward	Mentone	4:48.3h
6	Beitmanas, Luke	Mentone	4:49.9h
7	Pamminger, Lucas	Box Hill	4:50.3h
8	Taylor, Mackenzie	Mornington	4:54.6h
9	Thomas, Michael	Mornington	4:54.9h
10	Beitmanas, Jake	Mentone	4:56.6h
11	Williams, Chris	Sandringham	5:09.1h
12	Hughes, William	Mornington	5:12.4h
13	Mirihana, Kavin	Nunawading	5:16.9h
14	Williams, Sean	Mentone	5:17.4h

Section 3

1	Grodski, Asher	Maccabi	4:51.3h
2	Van Bert, Bailey	Yarra Ranges	4:52.0h
3	Pratt, Wil	Mornington	4:53.6h
4	Mayhew-Sharp, Jamie	Mornington	4:55.8h
5	Nguyen, Trevor	Waverley-Malvern	4:58.9h
6	O'Rourke, Connor	Dandenong-Sp	4:59.1h
7	Clarke, Michael	Yarra Ranges	5:00.6h
8	Mangoni, Oliver	Dandenong-Sp	5:01.2h
9	Barrett-Judd, Freddie	Wesley College	5:02.6h
10	Blackwood, Mark	Knox	5:06.8h
11	Goodings, Brock	Doncaster	5:08.2h
12	Pointon, Mitchell	Yarra Ranges	5:10.0h
13	Bergin, Matthew	Mentone	5:10.7h
14	Lynch, Joseph	St Kevins	5:11.1h
15	Boxall, Marcus	Waverley-Malvern	5:12.0h
16	Gallacher, Michael	Doncaster	5:14.4h

Section 4

1	Willey, Michael	Yarra Ranges	5:25.5h
2	Gibson, Samuel	Mentone	5:31.4h
3	Gibson, Vernon	Mentone	5:32.1h
4	Skurka, Ben	Mentone	5:37.8h
5	Bergin, Chris	Mentone	5:38.7h
6	Michel, Maddix	Mentone	5:41.2h
7	Davies, Kimm	Invitational	5:48.8h
8	Dyer, George	Knox	5:52.4h
9	Harvey, Michael	Waverley-Malvern	6:00.3h
10	Davenport, Kai T20;F20	Mornington	6:01.9h
11	Ackerly, Bryan	Yarra Ranges	6:03.2h
12	Hopkins, Jim	Collingwood	6:54.0h

Men 2000 Meter Steeplechase RESULTS All

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Name	Year Team	Finals
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Section 1

1	Hewett, Archie	Mornington	6:56.4h	Y L/S
2	Coughlan, Riley	Knox	7:02.2h	Y L/S
3	Sideridis, Luka	Glenhuntly	7:04.0h	Y L/S
4	Turver, Andrew	Mornington	7:06.6h	Y L/S
5	Orchard, Will	Glenhuntly	7:06.8h	Y L/S
6	Taylor, Mackenzie	Mornington	7:25.0h	Y L/S
7	Farrell, Aidan	Old Melburnians	7:35.1h	Y L/S
8	Linnett, Thomas	Ringwood	8:05.5h	Y L/S
9	Hughes, William	Mornington	8:20.8h	Y L/S
10	Pashutin, Daniel	Knox	9:06.3h	Y L/S

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****Men 3000 Meter Steeplechase RESULTS All**

Name	Year	Team	Finals
1 Barnes, Blake		Diamond Valley	10:46.1h Y L/S
2 Dyer, Zachery		Mornington	11:16.2h Y L/S
3 Baxter, Andrew		Waverley-Malvern	12:02.3h Y L/S
4 Curry, John		Doncaster	14:17.5h Y L/S
5 Harvey, Michael		Waverley-Malvern	14:40.1h Y L/S
6 Dyer, George		Knox	15:00.5h Y L/S
7 Hewitson, Craig		Yarra Ranges	15:23.9h Y L/S

Men 100 Meter Run All Men

Name	Year	Team	Finals
Section 1 Wind: -4.2			
1 Friar, Matthew		Old Melburnians	11.07
2 Sherman, Cooper		Ballarat Harriers	11.08
3 Baker, Corey		Frankston	11.23
4 Blackberg, Philip		Mentone	11.54
5 Chol, Akon		Melbourne Uni	11.81
Section 2 Wind: -0.3			
1 Concesso, Craig		Dandenong-Sp	11.24
2 Aljuma, Hamed		Melbourne Uni	11.52
3 Vaheesan, Nilesh		Dandenong-Sp	11.80
4 Cossey, Zack		Ringwood	12.23
Section 3 Wind: -2.4			
1 Parrott, Matthew		Doncaster	11.74
2 Marriner, Lachlan		Glenhuntly	11.88
3 Drescher, Jordan		Glenhuntly	11.92
4 Tanojevic, Tom		Sandringham	12.13
Section 4 Wind: NWI			
1 Shaw, Blake		Frankston	11.37
2 Blecher, David		Maccabi	11.92
3 Humphrey, Jordan		Gippsland	12.73
-- Baker-Hunter, Luke		St Kevins	DQ 11.71
Section 5 Wind: -2.8			
1 Mason, Corey		Ringwood	11.95
2 Kilpatrick, Caleb		Chilwell	11.97
2 Parrott, Lachlan		Doncaster	11.97
4 Choong, Heinrich Chun Ho		Melbourne Uni	12.08
5 Colgan, Paddy		Frankston	12.17
Section 6 Wind: -2.2			
1 Byron, Chris		Glenhuntly	11.79
2 Jordan, Anthony T47;F47		Doncaster	11.91
3 Umezu, Kohen		Dandenong-Sp	12.17
4 Costanzo, Peter		Ringwood	12.21
5 Thokchom, Johannes		Nunawading	12.25
Section 7 Wind: -1.7			
1 La Fontaine Pollard, Mar		Mornington	11.77
2 Filippis, Nicholas		Ringwood	11.84
3 Senarath, Sachintha		Nunawading	11.85
4 Schaefer, Thomas		Frankston	12.35
-- Yermias, Ferdinand		Casey Cardinia	DQ 11.66
Section 8 Wind: -1.4			
1 Cocking, Flynn		Nunawading	11.94
2 Sidhu, Manjinder		Dandenong-Sp	12.20
3 De Sa, Tyler		Glenhuntly	12.30
4 Ruzbacky, George		Waverley-Malvern	12.56
5 Blecher, Benjamin		Maccabi	12.65

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****....Men 100 Meter Run All Men**

Section 9	Wind: -2.3		
1	Blackburn, Oliver	Box Hill	12.09
2	Goodman, Nicholas	Glenhuntly	12.22
3	Vaidie, Lucas	Glenhuntly	12.83
4	Blackburn, Harry	Box Hill	13.00
5	Ward, Patrick	Doncaster	13.14
Section 10	Wind: -1.5		
1	Honner, Jaikiah	Glenhuntly	12.14
2	Mierisch, Brodie	Doncaster	12.28
3	Gunnoo, Malik	Casey Cardinia	12.29
4	Tassone, Sam	Nunawading	12.35
5	Dawson, Ryan N/A	Williamstown	12.38
Section 11	Wind: -2.7		
1	Dobrzynski, Stewart	Box Hill	12.35
2	Long, Jarrod	Nunawading	12.48
3	Mierisch, Paul	Doncaster	12.55
4	Al-Zubaidy, Ali	Glenhuntly	12.59
5	Wilcox, Andrew	Box Hill	12.74
Section 12	Wind: -2.6		
1	Merrick, Samuel	Casey Cardinia	12.14
2	Fairburn, Craig	Knox	12.24
3	Maher, Tim	Mentone	12.30
4	Braun, Jeffrey	Casey Cardinia	12.53
5	Anderson, Frankie	Frankston	12.71
Section 13	Wind: -2.5		
1	Templeton, Tom	St Kevins	12.29
2	Arogundade, Olaoluwa N/A	Old Scotch	12.40
3	Hopkins, Hamish	Ringwood	12.46
4	Wandera, Reuben	Sandringham	12.48
5	O'Rourke, Nicholas	Dandenong-Sp	12.92
6	Smerdon, Corey	Casey Cardinia	13.74
Section 14	Wind: -2.0		
1	Santoso, Brian	Nunawading	12.58
2	Ernst, Jannik	Essendon	13.10
3	Heward, Tyran	Ringwood	13.29
4	Healy, Kevin	Essendon	13.50
5	Golonka, Kurt	Glenhuntly	15.46
Section 15	Wind: -3.7		
1	Firth, David	Doncaster	13.05
2	Zapris, Christian	Doncaster	13.23
3	Krawczyk, Nick	Knox	13.35
Section 16	Wind: -1.6		
1	Krawczyk, Brad	Knox	12.34
2	Duncan, Oliver	Yarra Ranges	12.87
3	Benson, Adam	Maccabi	12.88
4	Mayston, Robert	Box Hill	13.07
5	Foster, Paul	Vic Masters	13.41
6	Krawczyk, Alex	Knox	13.88
Section 17	Wind: -4.2		
1	Leong, Lucas	Keilor St Bernards	12.31
2	Parker, Frazer	Ringwood	12.56
3	Golonka, Nathan	Glenhuntly	13.12
4	Siruelo, Xavier	Glenhuntly	13.29
5	Ashok, Arun	Waverley-Malvern	13.36
Section 18	Wind: -2.3		
1	Merrick, William	Casey Cardinia	13.08
2	Rachor, Noah	Dandenong-Sp	13.28
3	Lynch, Will	St Kevins	13.33
4	Froomes, Oscar	Old Melburnians	13.37

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****....Men 100 Meter Run All Men**

5	McCool, Max	Doncaster	13.51
6	Lawson, Corey	Mentone	13.52
Section 19 Wind: -2.1			
1	Soldati, Theo	Glenhuntly	13.12
2	Banks, Teddy	Mornington	13.22
3	McLennan, Leroy	Glenhuntly	13.47
4	Steen, Charlie	Glenhuntly	13.72
5	Banks, Matthew	Mornington	13.87
Section 20 Wind: -4.0			
1	Mogensen, Jack	Sandringham	13.25
2	Frost, Jake	Nunawading	13.53
3	Watts, Andrew	Box Hill	13.91
4	Lynch, Jack	St Kevins	13.97
Section 21 Wind: -2.3			
1	Smerdon, Nicholas	Casey Cardinia	13.58
2	Ranasinghe Arachchig, Ni	Glenhuntly	13.68
3	Eliadis, Theodore	Casey Cardinia	14.09
4	Hewitson, Craig	Yarra Ranges	14.10
5	Dwyer, Henry	Glenhuntly	14.63
Section 22 Wind: -1.9			
1	Willey, Michael	Yarra Ranges	14.21
2	Murfett, Grant	Box Hill	14.33
3	McEvoy, Harry	Keilor St Bernards	14.39
4	Bourke, Milo	Invitational	14.46
Section 23 Wind: +0.0			
1	Monteath, Lachlan	Box Hill	13.06
2	Hewett, Archie	Mornington	14.08
3	Shipham, Patrick	Knox	15.10
4	Dell, Brendan	Collingwood	16.50
Section 24 Wind: 0.5			
1	Johnston, Joseph T20;F20	Yarra Ranges	15.22
2	Newling, Rob	Mornington	15.66
3	Vorchheimer, Myer	Maccabi	16.56
4	Benke, Geza	Old Melburnians	17.31
5	McDonald, Peter	Box Hill	17.37
Section 25 Wind: -1.8			
1	Gee, Xavier	Mornington	13.38
2	Evans, Liam	Box Hill	15.42
3	Evans, Simon	Box Hill	15.61
4	Dell, Kieran	Collingwood	16.50
5	Ryan, Michael	Glenhuntly	16.95
6	Hopkins, Jim	Collingwood	22.57
Section 26 Wind: -1.8			
1	Ryan, Lukas	Glenhuntly	12.26
2	Horse, Ben	Sandringham	12.35
3	Harvey, Michael	Waverley-Malvern	22.50

Men 400 Meter Run All Men

=====			
	Name	Year Team	Finals
=====			
Section 1			
1	Sherman, Cooper	Ballarat Harriers	48.35
2	Simpfendorfer, Gus	St Kevins	49.09
3	Chol, Akon	Melbourne Uni	50.72
4	O'Rourke, Tom	Sandringham	52.84
Section 2			
1	Shen, Nic	Nunawading	51.89
2	Aljuma, Hamed	Melbourne Uni	52.40

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****....Men 400 Meter Run All Men**

3 Tram, Joshua	Collingwood	53.09
Section 3		
1 Baker, Corey	Frankston	51.40
2 La Fontaine Pollard, Mar	Mornington	51.49
3 Schaefer, Thomas	Frankston	54.50
4 Gunnoo, Malik	Casey Cardinia	56.41
-- Costanzo, Peter	Ringwood	DQ 53.34
Section 4		
1 Olarenshaw, Jake	Nunawading	53.64
2 Choong, Heinrich Chun Ho	Melbourne Uni	53.77
3 Culbert, Jordan	Box Hill	54.60
4 Wilcox, Andrew	Box Hill	55.08
5 Blecher, Benjamin	Maccabi	55.99
6 Tanojevic, Tom	Sandringham	56.82
7 Krawczyk, Nick	Knox	57.73
Section 5		
1 Honner, Jaikiah	Glenhuntly	55.17
2 Cocking, Flynn	Nunawading	55.76
3 Sanford, Craig	Waverley-Malvern	56.04
4 Ernst, Jannik	Essendon	56.10
5 Tassone, Sam	Nunawading	1:00.07
Section 6		
1 Cossey, Zack	Ringwood	53.93
2 Gibson, Alexander	Mentone	54.42
3 Mierisch, Paul	Doncaster	57.14
4 O'Rourke, Nicholas	Dandenong-Sp	58.65
5 Mierisch, Brodie	Doncaster	59.20
6 Piccolo, Liam	Casey Cardinia	1:02.00
Section 7		
1 Zapris, Christian	Doncaster	57.63
2 Brochard, Marley	Casey Cardinia	57.82
3 Harris, Ky	Yarra Ranges	58.19
4 Van Bert, Bailey	Yarra Ranges	59.32
5 Williams, Chris	Sandringham	1:04.29
Section 8		
1 Fly, Mitchell	Mentone	56.72
2 Beitmanas, Luke	Mentone	58.32
3 Murfett, Grant	Box Hill	59.56
4 Mayston, Robert	Box Hill	59.59
5 Ashok, Arun	Waverley-Malvern	59.92
6 Goodings, Brock	Doncaster	1:01.98
7 O'Rourke, Connor	Dandenong-Sp	1:02.66
Section 9		
1 Mellech, Zac	Nunawading	1:00.97
2 Krawczyk, Alex	Knox	1:01.70
3 Dawe, Richard	Mornington	1:01.78
4 Mogensen, Jack	Sandringham	1:03.51
5 Hewitson, Craig	Yarra Ranges	1:07.47
Section 10		
1 Lawson, Corey	Mentone	58.76
2 Mayhew-Sharp, Jamie	Mornington	1:02.99
3 Watts, Andrew	Box Hill	1:03.90
4 Heward, Tyran	Ringwood	1:08.10
Section 11		
1 Hewett, Archie	Mornington	1:00.08
2 Beitmanas, Jake	Mentone	1:01.90
3 Pizer-Di Ciero, James	Mentone	1:02.18
4 Mangoni, Oliver	Dandenong-Sp	1:02.64
5 Dyer, Zachery	Mornington	1:05.12

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****....Men 400 Meter Run All Men**

6 Willey, Michael	Yarra Ranges	1:06.50
7 Thomas, Michael	Mornington	1:07.44
8 Merrick, William	Casey Cardinia	1:07.69
Section 12		
1 Gibson, Edward	Mentone	1:04.62
2 Gibson, Vernon	Mentone	1:05.50
3 Clarke, Michael	Yarra Ranges	1:09.14
4 Skurka, Ben	Mentone	1:11.82
Section 13		
1 Gibson, Samuel	Mentone	1:06.28
2 Bourke, Milo	Invitational	1:06.52
3 Faitasi, Teila T20;F20	Glenhuntly	1:23.67
Section 14		
1 Anderson, Alan	Eaglehawk	59.41
2 Dyer, George	Knox	1:26.61
3 Dell, Kieran	Collingwood	1:37.63

Men 2000 Meter Steeplechase RESULTS Hammer 9

Name	Year Team	Finals
Section 1		
1 Venour, Matthew	Knox	6:35.8h Y L/S
2 Banks, Teddy	Mornington	6:44.1h Y L/S
3 Rachor, Noah	Dandenong-Sp	8:23.6h Y L/S

Men 400 Meter Hurdles 91.4cm Hurdles 91.4

Name	Year Team	Finals
1 Harris, Ethan	Ringwood	55.84
2 Robinson, Corey	Nunawading	56.62

Men 400 Meter Hurdles 84.0cm Hurdles 84.0

Name	Year Team	Finals
1 Hanak, Hugo	Old Melburnians	55.41
2 Umezu, Kohen	Dandenong-Sp	58.50
3 Stapleton, Joel	Frankston	1:01.43
4 Parker, Frazer	Ringwood	1:05.40
Section 2		
1 Banks, Matthew	Mornington	1:07.31
2 Smerdon, Corey	Casey Cardinia	1:10.40
3 Butterworth, Chris	Doncaster	1:16.05
4 Merrick, William	Casey Cardinia	1:18.03

Men 200 Meter Hurdles 76.2cm Hurdles 76.2

Name	Year Team	Finals
Section 1 Wind: -2.5		
1 Piccolo, Liam	Casey Cardinia	32.63
Section 2 Wind: -1.5		
1 Ranasinghe Arachchig, Ni	Glenhuntly	34.53
2 Taylor, Mackenzie	Mornington	36.22

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****Mixed 4x100 Meter Relay**

Team	Finals
Section 1	
1 Nunawading 'A'	44.87
1) Senarath, Sachintha	2) Cocking, Flynn
3) Tassone, Sam	4) Robinson, Corey
2 Dandenong-Springvale 'A'	45.29
1) Sidhu, Manjinder	2) Vaheesan, Nilesh
3) O'Rourke, Nicholas	4) Concesso, Craig
3 Knox 'A'	50.44
1) Fairburn, Craig	2) Krawczyk, Brad
3) O'Brien, Alasdair	4) Patton, Matthew
4 Mentone 'A'	57.32
1) Lawson, Corey	2) Blackberg, Philip
3) Maher, Tim	4) Fly, Mitchell
-- Old Melburnians 'A'	X41.48 NO TEAM SHEET
Section 2	
1 Glenhuntly 'A'	46.74
1) De Sa, Tyler	2) Soldati, Theo
3) Ryan, Lukas	4) Golonka, Nathan
2 Ringwood 'A'	47.71
1) Hopkins, Hamish	2) Costanzo, Peter
3) Parker, Frazer	4) Heward, Tyran
3 Sandringham 'A'	48.27
1) Horsey, Ben	2) Tanojevic, Tom
3) Mogensen, Jack	4) Williams, Chris
4 Knox 'B'	1:00.96
1) Shipham, Patrick	2) Pashutin, Daniel
3) Hay, Charlotte	4) Coughlan, Riley
Section 3	
1 Glenhuntly 'B'	46.05
1) Shearer, Aiden	2) Marriner, Lachlan
3) Long, Lester	4) Drescher, Jordan
2 Glenhuntly 'C'	47.21
1) Siruelo, Xavier	2) Al-Zubaidy, Ali
3) Honner, Jaikiah	4) Goodman, Nicholas
3 Casey Cardinia 'C'	47.57
1) Olaniyan, Zion-Great	2) Merrick, William
3) Smerdon, Nicholas	4) Yermias, Ferdinand
4 Nunawading 'B'	50.11 #2189 C. Bertram
1) Frost, Jake	2)
3) Thokchom, Johannes	4) Mellech, Zac
5 Box Hill 'A'	51.35
1) Dobrzynski, Stewart	2) Mayston, Robert
3) Watts, Andrew	4) Murfett, Grant
6 Mentone 'B'	52.73
1) Beitmanas, Luke	2) Gibson, Edward
3) Beitmanas, Jake	4) Gibson, Alexander
7 Glenhuntly 'D'	53.80
1) Dwyer, Henry	2) Orchard, Will
3) Sideridis, Luka	4) Ranasinghe Arachchig, Niduka

Mixed Long Jump Extra Jumps

Name	Year Team	Finals	Wind
Flight 1			
-- Parrott, Lachlan	M Doncaster	X6.62m	0.7
6.20m(0.9)	6.54m(0.1)	FOUL(1.6)	6.62m(3.7)
		FOUL	6.60m(1.0)

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****...Mixed Long Jump Extra Jumps**

-- Grenade, Chloe	W Preston	X6.15m	1.6
		5.84m(1.4) 5.98m(1.3) 5.97m(0.1) 5.93m(1.0) 6.15m(1.6) 6.07m(0.1)	
-- Manchanayake, Aranya	W Nunawading	X5.73m	1.1
		5.53m(2.1) 4.93m(1.1) FOUL(0.1) 5.41m(1.0) 5.66m(1.6) 5.73m(1.1)	
-- Fitzgerald, Amy	W Sandringham	X5.37m	0.3
		5.37m(1.0) 5.26m(+0.0) 5.24m(1.0) 5.37m(0.3) 5.03m(1.4) 5.15m(1.9)	

Mixed Discus Throw Extra Throws

Name	Year Team	Finals
-- Carman, Declan	M Doncaster	X56.12m
-- McCormick, Caitlyn	W Casey Cardinia	X35.08m

Mixed Javelin Throw Extra Throws

Name	Year Team	Finals
-- Blackburn, Oliver	M Box Hill	X63.06m
		x x ND 63.06m ND
-- El Shorbagy, Haddi	M Mentone	X60.74m
		ND 53.83m 60.74m
-- Song, Sonya	W Sandringham	X34.00m
		x 34.00m 31.96m 30.81m
-- Wilcock, Sophie	W Sandringham	X30.51m
		x x 30.51m 29.68m ND

Mixed 1500 Meter Race Walk RESULTS

Name	Year Team	Finals
Section 1		
1 Smith, Emily	W Knox	7:50.7h
2 Bird, Kyle	M Mornington	7:54.5h
3 Jamieson, Andrew	M Old Scotch	8:00.3h
4 Evans, Simon	M Box Hill	8:07.4h
5 Rosenbrock, Carolyn	W Nunawading	8:33.1h
6 Hough, Michael	M Nunawading	9:29.1h
7 Holohan, Dee	W Sandringham	9:43.6h
8 Marston, Janice	W Waverley-Malvern	9:54.7h
9 Parrott, Lula	W Doncaster	10:03.1h
10 Steed, Gwen	W Glenhuntly	10:19.5h
11 Benke, Geza	M Old Melburnians	10:27.5h
12 Barrow, Geoffrey	M Mentone	10:32.2h
13 Doran, Anthony	M Glenhuntly	10:34.1h
14 Walker, Rozlyn	W Glenhuntly	10:43.7h
15 Peak, Kim	W Doncaster	10:55.6h
16 Basile, Allegrgia	W Doncaster	12:11.2h
-- Worsnop, Christopher	M Old Xaverians	DQ 13:41.7H
-- Klep, Chantal N/A	W Nunawading	DQ 9:20.6H

Mixed 3000 Meter Race Walk RESULTS

Name	Year Team	Finals
1 Swan, Kyle	M Nunawading	11:47.5h Y L/S
2 Blackwood, Mark	M Knox	12:58.3h Y L/S
3 Kozica, Jason	M St Kevins	13:14.7h Y L/S
4 Pashutina, Ariana	W Knox	15:12.4h Y L/S

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****...Mixed 3000 Meter Race Walk RESULTS**

5	Hay, Charlotte	W Knox	15:33.9h	Y L/S
6	Pashutin, Daniel	M Knox	16:14.5h	Y L/S
7	Nash, Maddison	W Knox	16:32.5h	Y L/S
8	Louey, Grace	W Knox	17:01.7h	Y L/S
9	Carr, Heather	W Glenhuntly	19:18.1h	Y L/S
10	Harvey, Michael	M Waverley-Malvern	19:48.4h	Y L/S
--	McGregor, Madeleine	W Box Hill	X18:08.0h	N L/S
--	Coughlan, Riley	M Knox	DQ	Y L/S 13:58.9H

Mixed Long Jump 1.30pm Long Jump 1

Name	Year Team	Finals	Wind
Flight 1			
1	La Fontaine Pollard, Mar	M Mornington	6.43m NWI
2	Hopkins, Hamish	M Ringwood	5.96m NWI
3	Duncan, Oliver	M Yarra Ranges	5.25m NWI
3	Miller, Clint	M Melbourne Uni	5.25m NWI
5	Soldati, Theo	M Glenhuntly	5.05m NWI
6	Hough, Michael	M Nunawading	4.74m NWI
7	Mayston, Robert	M Box Hill	4.63m NWI
7	Steen, Charlie	M Glenhuntly	4.63m NWI
7	Carbery, Elise	W Nunawading	4.63m NWI
10	Klotz, Saskia	W St Kevins	4.15m NWI
11	O'Rourke, Connor	M Dandenong-Sp	4.01m NWI
12	Willey, Michael	M Yarra Ranges	3.60m NWI
13	Umezu, Raena	W Dandenong-Sp	3.43m NWI
14	Willey, Ciara	W Yarra Ranges	3.32m NWI
15	Peak, Emma	W Doncaster	3.23m NWI
16	Vorchheimer, Myer	M Maccabi	2.96m NWI

Mixed Long Jump 1.30pm Contr Long Jump 2

Name	Year Team	Finals	Wind
1	Shaw, Blake	M Frankston	7.31m 1.0
		7.31m(1.0) 7.21m(0.5) 7.19m(1.1)	
2	Oztorun, Benan	M Essendon	6.84m 0.2
		6.84m(0.2) 6.72m(0.1) 6.72m(0.1)	
3	Parrott, Lachlan	M Doncaster	6.54m 0.1
		6.20m(0.9) 0.54m(0.1) ND(1.6)	
4	Parrott, Matthew	M Doncaster	6.34m 1.5
		6.34m(1.5) ND(1.2) 6.19m(1.4)	
5	Georgievski, Jude	M St Kevins	6.13m 0.6
		6.13m(0.6) ND(1.4) 5.59m(0.2)	
6	Sullivan, Joshua	M Casey Cardinia	6.11m 1.9
		6.11m(1.9) PASS PASS	
7	Krawczyk, Brad	M Knox	6.09m 1.3
		ND(0.8) 5.83m(0.6) 6.09m(1.3)	
8	Grenade, Chloe	W Preston	5.98m 1.3
		5.84m(1.4) 5.98m(1.3) 5.97m(0.1)	
9	Braun, Jeffrey	M Casey Cardinia	5.87m 2.0
		ND(1.3) 4.28m(1.8) 5.87m(2.0)	
10	Al-Zubaidy, Ali	M Glenhuntly	5.70m 2.4
		5.70m(2.4) 5.59m(0.9) 5.60m(2.8)	
11	Manchanayake, Aranya	W Nunawading	5.53m 2.1
		5.53m(2.1) 4.93m(1.1) ND(0.1)	
12	Fitzgerald, Amy	W Sandringham	5.37m 1.0
		5.37m(1.0) 0.06m(+0.0) 5.24m(1.0)	

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****...Mixed Long Jump 1.30pm Contr Long Jump 2**

13	Liyanage, Neha	W Ringwood	5.10m	3.2
	4.95m(0.8) ND(1.9) 5.10m(3.2)			
14	Chmara, Claudia	W Mentone	4.63m	1.6
	4.25m(0.7) 4.63m(1.6) ND(1.6)			
15	Furber, Isabelle	W Sandringham	4.59m	1.9
	ND(+0.0) 4.58m(+0.0) 4.59m(1.9)			
16	Fode, Emilia	W Sandringham	4.05m	0.7
	4.05m(0.7) 3.90m(0.1) 4.05m(2.5)			

Mixed Long Jump 2.45pm Long Jump 3

Name	Year	Team	Finals	Wind
1	Van Rooyen, Ashley	W Frankston	5.24m	NWI
2	Gee, Xavier	M Mornington	4.87m	NWI
3	Ross, Ishara	W Box Hill	4.69m	NWI
4	Song, Sonya	W Sandringham	4.34m	NWI
5	Muthia, Uma	W Waverley-Malvern	4.27m	NWI
6	Giret, Jasmine	W Box Hill	4.03m	NWI
7	Pashutin, Daniel	M Knox	3.88m	NWI
8	Pashutina, Ariana	W Knox	3.84m	NWI
9	Ranasinghe Arachchig, Ni	M Glenhuntly	3.68m	NWI
10	Wright, Kirra T38;F38	W Diamond Valley	3.67m	NWI
10	Steen, Adam	M Glenhuntly	3.67m	NWI
12	Ilardi, Kara	W Doncaster	3.32m	NWI

Mixed Long Jump 2.45pm Long Jump 4

Name	Year	Team	Finals	Wind
1	Robinson, Corey	M Nunawading	5.93m	NWI
2	Stanford, Josiah	M Nunawading	5.17m	NWI
3	Cheung, Evangeline	W Ringwood	5.13m	NWI
4	Krawczyk, Nick	M Knox	4.99m	NWI
5	Wrout, Amanda	W Essendon	4.94m	NWI
6	Holah, Amelie	W Box Hill	4.79m	NWI
7	McDonald, Zoe	W Frankston	4.69m	NWI
8	Dawe, Richard	M Mornington	4.60m	NWI
9	Wilcock, Sophie	W Sandringham	4.48m	NWI
10	Lester, Rhiannon	W Mornington	4.40m	NWI
11	Jouvelet, Felicity	W Casey Cardinia	4.32m	NWI
11	Craddock, Gemma	W Glenhuntly	4.32m	NWI
13	Dux, Jessica	W Nunawading	4.10m	NWI
14	Krawczyk, Alex	M Knox	4.09m	NWI
15	Evans, Simon	M Box Hill	3.55m	NWI
16	Shipham, Patrick	M Knox	3.02m	NWI

Mixed Long Jump 3.30pm Long Jump 5

Name	Year	Team	Finals	Wind
1	Templeton, Tom	M St Kevins	5.31m	NWI
2	Golonka, Nathan	M Glenhuntly	4.99m	NWI
3	Agostino, Cecilia	W Frankston	4.70m	NWI
4	McCool, Max	M Doncaster	4.65m	NWI
5	Rachor, Noah	M Dandenong-Sp	4.57m	NWI
6	Van Ravenstein, Cheyenne	W Dandenong-Sp	4.39m	NWI
7	Ward, Patrick	M Doncaster	4.36m	NWI
8	Louey, Grace	W Knox	4.01m	NWI

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****...Mixed Long Jump 3.30pm Long Jump 5**

9 Basile, Allegría	W Doncaster	3.70m	NWI
10 Clarke, Zoe	W Yarra Ranges	3.59m	NWI
11 Haritos, Victoria	W Glenhuntly	2.18m	NWI

Mixed Long Jump 3.30pm Long Jump 6

Name	Year Team	Finals	Wind
1 Colgan, Paddy	M Frankston	5.65m	NWI
2 Weiss, Ethan	M Glenhuntly	5.28m	NWI
3 Smerdon, Nicholas	M Casey Cardinia	5.20m	NWI
4 Farrell, Siena	W Old Melburnians	5.17m	NWI
5 Humphrey, Jordan	M Gippsland	4.86m	NWI
6 Ruzbacky, George	M Waverley-Malvern	4.82m	NWI
7 O'Brien, Alasdair	M Knox	4.50m	NWI
8 Palmer, Zoe	W Knox	4.42m	NWI
9 Dell, Brendan	M Collingwood	3.76m	NWI
10 Newling, Rob	M Mornington	3.48m	NWI
11 Cauchi, Mark	M Knox	3.39m	NWI
12 Bridle, Christine	W Waverley-Malvern	3.38m	NWI
13 McDonald, Peter	M Box Hill	3.32m	NWI

Mixed Long Jump 4.30pm Long Jump 7

Name	Year Team	Finals	Wind
1 Honner, Jaikiah	M Glenhuntly	5.51m	NWI
2 O'Rourke, Nicholas	M Dandenong-Sp	4.99m	NWI
3 Anderson, Alan	M Eaglehawk	4.85m	NWI
4 Ashok, Arun	M Waverley-Malvern	4.65m	NWI
5 Cazaux, Claudia	W Mentone	4.09m	NWI
6 Hewitson, Craig	M Yarra Ranges	3.33m	NWI
7 Cooper, John	M Essendon	3.20m	NWI
8 Kearney, Madeleine	W Doncaster	3.02m	NWI
9 Benke, Geza	M Old Melburnians	2.95m	NWI
10 Smith, Emily	W Knox	2.72m	NWI
11 Hewitson, Kathi	W Yarra Ranges	2.46m	NWI

Mixed Long Jump 4.30pm Long Jump 8

Name	Year Team	Finals	Wind
1 Banks, Teddy	M Mornington	4.99m	NWI
2 Clarke, Michael	M Yarra Ranges	4.89m	NWI
3 Harris, Ky	M Yarra Ranges	4.77m	NWI
4 Banks, Matthew	M Mornington	4.65m	NWI
5 Heward, Tyran	M Ringwood	4.54m	NWI
6 King, Jennifer	W Glenhuntly	4.05m	NWI
7 Boxall, Marcus	M Waverley-Malvern	3.83m	NWI
8 Dell, Kieran	M Collingwood	3.04m	NWI

Mixed Long Jump 5.30pm Long Jump 9

Name	Year Team	Finals	Wind
1 Ventura, Sarah	W Casey Cardinia	4.73m	NWI
2 Tassone, Sam	M Nunawading	4.67m	NWI
3 Chapman, Kyla	W Nunawading	4.30m	NWI
4 Dyer, Kobi-Lee	W Mornington	4.25m	NWI

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****...Mixed Long Jump 5.30pm Long Jump 9**

5 Clark, Courtney	W South Coast	3.29m	NWI
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Mixed Discus Throw 1.30pm Discus 1

Name	Year Team	Finals
1 Mills, Alexandra	W Diamond Valley	38.78m
2 Mierisch, Brodie	M Doncaster	36.71m
3 Fairburn, Craig	M Knox	29.46m
4 Coumaros, Peter	M Doncaster	29.09m
5 Rooke, Ashleigh	W Yarra Ranges	28.97m
6 Eliadis, Theodore	M Casey Cardinia	26.86m
7 Mierisch, Paul	M Doncaster	25.76m
8 Wilkins, Hayley	W Yarra Ranges	25.49m
9 Murfett, Grant	M Box Hill	24.90m
10 Smith, Jasmine	W Doncaster	24.67m
11 McLean, Louise	W Glenhuntly	22.86m
12 Jenkins, Dorn	W Mentone	22.08m
13 Mayhew-Sharp, Jamie	M Mornington	20.28m
14 Grogan, Clodagh	W Sandringham	17.90m
15 Dell, Brendan	M Collingwood	17.71m
16 Bridle, Christine	W Waverley-Malvern	15.62m
17 Dell, Kieran	M Collingwood	14.60m
18 Haritos, Victoria	W Glenhuntly	14.23m
19 Basile, Allegrgia	W Doncaster	13.27m
-- Vaidie, Lucas	M Glenhuntly	ND

Mixed Discus Throw 2.30pm Discus 2

Name	Year Team	Finals
1 El Shorbagy, Haddi	M Mentone	39.85m
2 El Shorbagy, Seif	M Mentone	38.82m
3 McGarry, Peter	M St Kevins	27.91m
4 Holohan, Anthony	M Sandringham	27.57m
5 Klep, Chantal N/A	W Nunawading	24.33m
6 McMaster, Abigail	W Sandringham	23.67m
7 Barnet, Ebony	W Box Hill	22.51m
8 Evans, Simon	M Box Hill	22.39m
9 Cooper, John	M Essendon	21.08m
10 Frost, Jake	M Nunawading	18.74m
11 Holohan, Dee	W Sandringham	18.28m
12 Smith, Emily	W Knox	17.72m
13 Chapman, Kyla	W Nunawading	16.58m
14 Parrott, Lula	W Doncaster	16.43m
15 Haag-Witherden, Chelsea	W Ringwood	16.27m
16 Peak, Emma	W Doncaster	15.43m
17 Parrott, Isabella	W Doncaster	15.40m
18 Robinson, Christine	W Vic Masters	14.42m
19 Peak, Kim	W Doncaster	12.99m
20 Hay, Charlotte	W Knox	11.65m
21 Carr, Heather	W Glenhuntly	11.38m
22 Wright, Kirra T38;F38	W Diamond Valley	6.36m

Mixed Discus Throw 3.30pm Discus 3

Name	Year Team	Finals
1 Miller, Clint	M Melbourne Uni	33.19m

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****...Mixed Discus Throw 3.30pm Discus 3**

2 Denton, Benjamin	M Casey Cardinia	33.06m
3 Blackburn, Oliver	M Box Hill	32.70m
4 Tarabay, Maddie	W Nunawading	30.29m
5 Pennings, Nicole	W Nunawading	29.71m
6 Bolmat, Abi	W Sandringham	29.30m
7 Blackburn, Harry	M Box Hill	26.56m
8 Kaufman, Patrick	M Glenhuntly	24.89m
9 Firth, David	M Doncaster	23.84m
10 Kearney, Leighton	M Doncaster	22.80m
11 Robinson, Corey	M Nunawading	21.88m
12 Kaufman, Chloe	W Glenhuntly	21.75m
13 Newling, Rob	M Mornington	20.75m
14 Golonka, Kurt	M Glenhuntly	20.48m
15 Gibson, Vernon	M Mentone	19.39m
16 Smith, Wendy	W Doncaster	18.48m
17 Barrow, Geoffrey	M Mentone	17.13m
18 Benke, Geza	M Old Melburnians	16.82m
19 Nash, Maddison	W Knox	13.31m
20 Kearney, Lucy	W Doncaster	11.24m

Mixed Discus Throw 4.30pm T&G Discus 4

Name	Year Team	Finals
1 Watts, Andrew	M Box Hill	31.62m
2 Thokchom, Johannes	M Nunawading	29.15m
3 Tanojevic, Tom	M Sandringham	27.72m
4 Craddock, Gemma	W Glenhuntly	24.36m
5 Song, Sonya	W Sandringham	23.83m
6 Pratt, Wil	M Mornington	20.69m
7 Krawczyk, Alex	M Knox	19.49m
8 Atkinson, James	M Waverley-Malvern	18.66m
9 Leung, Gemma	W Nunawading	17.21m
10 Ross, Anna	W Glenhuntly	15.25m
11 Dux, Jessica	W Nunawading	15.09m
12 Skurka, Ben	M Mentone	14.66m
13 King, Jennifer	W Glenhuntly	13.70m
14 McCool, Max	M Doncaster	13.06m
15 Cheung, Evangeline	W Ringwood	11.87m
16 Gibson, Samuel	M Mentone	11.15m
17 Louey, Grace	W Knox	10.21m
18 Gibson, Alexander	M Mentone	9.36m
-- Gibson, Edward	M Mentone	ND
-- Van Dongen, Rupert	M Mentone	ND

Mixed Discus Throw 5.00pm Contr Discus 5

Name	Year Team	Finals
1 Carman, Declan	M Doncaster	51.65m
2 Leith, Mackenzie	M Essendon	46.69m
3 Aho, Mafi	M Western Athletics	46.29m
4 Healy, Kevin	M Essendon	45.74m
5 Carstairs, Shane	M Waverley-Malvern	41.35m
6 Keeghan, Elise	W Nunawading	39.54m
7 Hanrahan, Justin	M Collingwood	36.70m
8 Gilbert, Jordan	M Nunawading	35.53m
9 Ruzbacky, George	M Waverley-Malvern	34.67m
10 McCormick, Caitlyn	W Casey Cardinia	34.26m

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****...Mixed Discus Throw 5.00pm Contr Discus 5**

11 Furber, Isabelle	W Sandringham	33.15m
12 Menzies, Erin	W Williamstown	30.94m
13 Pfanner, Judy	W Vic Masters	30.57m
14 Menzies, Madalyn	W Williamstown	29.29m
15 Pezos, Mariah	W Box Hill	28.50m
16 Matters, Toni	W Glenhuntly	26.25m
17 Hose, Ella T38;F38	W Ringwood	21.79m
-- Steen, Charlie	M Glenhuntly	ND

Mixed Discus Throw 6.00pm Discus 6

Name	Year Team	Finals
1 Piccolo, Liam	M Casey Cardinia	31.77m
2 Dawe, Richard	M Mornington	27.66m
3 Cazaux, Claudia	W Mentone	26.54m
4 Sparkes, Meg	W Yarra Ranges	25.65m
5 Krawczyk, Nick	M Knox	24.66m
6 Cauchi, Mark	M Knox	24.26m
7 Steen, Adam	M Glenhuntly	23.88m
8 Mahony, Craig	M Mornington	20.93m
9 Shipham, Patrick	M Knox	16.44m
10 Dyer, Zachery	M Mornington	16.09m
11 Faitasi, Teila T20;F20	M Glenhuntly	14.65m

Mixed Javelin Throw 1.30pm Contr Javelin 1

Name	Year Team	Finals
1 Blackburn, Oliver	M Box Hill	62.33m
2 El Shorbagy, Haddi	M Mentone	58.70m
3 Blackburn, Harry	M Box Hill	47.18m
4 Firth, David	M Doncaster	41.84m
5 El Shorbagy, Seif	M Mentone	40.93m
6 Hanrahan, Justin	M Collingwood	38.20m
6 Mogensen, Jack	M Sandringham	38.20m
8 Song, Sonya	W Sandringham	30.92m
9 McGarry, Peter	M St Kevins	26.39m
10 Wilcock, Sophie	W Sandringham	17.82m

Mixed Javelin Throw 2.30pm Javelin 2

Name	Year Team	Finals
1 Miller, Clint	M Melbourne Uni	32.43m
2 Wilkins, Hayley	W Yarra Ranges	32.24m
3 Bolmat, Abi	W Sandringham	32.22m
4 Steen, Charlie	M Glenhuntly	29.84m
5 Kaufman, Chloe	W Glenhuntly	28.16m
6 Kaufman, Patrick	M Glenhuntly	27.86m
7 Rooke, Ashleigh	W Yarra Ranges	25.40m
8 Newling, Rob	M Mornington	24.07m
9 Gibson, Vernon	M Mentone	23.85m
10 Mills, Alexandra	W Diamond Valley	23.67m
10 Manchanayake, Aranya	W Nunawading	23.67m
12 Pennings, Nicole	W Nunawading	21.80m
13 Basile, Allegrgia	W Doncaster	19.09m
14 Dell, Brendan	M Collingwood	18.72m
15 Jenkins, Dorn	W Mentone	16.52m

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****...Mixed Javelin Throw 2.30pm Javelin 2**

16	Bridle, Christine	W	Waverley-Malvern	16.09m
17	Grogan, Clodagh	W	Sandringham	14.32m
18	Carr, Heather	W	Glenhuntly	11.25m
19	Barrow, Geoffrey	M	Mentone	10.46m
20	Louey, Grace	W	Knox	9.17m

Mixed Javelin Throw 3.30pm Javelin 3

Name	Year	Team	Finals
1	Healy, Kevin	M Essendon	41.00m
2	Fairburn, Craig	M Knox	36.31m
3	Menzies, Erin	W Williamstown	26.72m
4	Mayhew-Sharp, Jamie	M Mornington	25.53m
5	Coumaros, Peter	M Doncaster	23.78m
6	Menzies, Madalyn	W Williamstown	23.24m
7	Heward, Tyran	M Ringwood	20.57m
8	Barnet, Ebony	W Box Hill	20.47m
9	Holohan, Anthony	M Sandringham	19.84m
10	Smith, Jasmine	W Doncaster	17.54m
11	Peak, Emma	W Doncaster	17.49m
12	Klep, Chantal N/A	W Nunawading	16.41m
13	Robinson, Christine	W Vic Masters	16.31m
14	Parrott, Lula	W Doncaster	16.07m
15	Cooper, John	M Essendon	14.58m
16	Holohan, Dee	W Sandringham	14.47m
17	Dell, Kieran	M Collingwood	13.26m
18	Smith, Emily	W Knox	12.94m
19	Peak, Kim	W Doncaster	12.05m
20	Hay, Charlotte	W Knox	10.80m

Mixed Javelin Throw 4.30pm T&G Javelin 4

Name	Year	Team	Finals
1	Banks, Matthew	M Mornington	28.78m
2	Pratt, Wil	M Mornington	28.26m
3	Smerdon, Nicholas	M Casey Cardinia	26.67m
4	McKay, Hudson	M Ringwood	24.33m
5	Murfett, Grant	M Box Hill	21.15m
6	Thomas, Michael	M Mornington	14.90m
7	Marston, Janice	W Waverley-Malvern	12.94m
8	Dux, Jessica	W Nunawading	12.40m
9	Nash, Maddison	W Knox	11.33m
10	McDonald, Peter	M Box Hill	10.69m
--	Honner, Jaikiah	M Glenhuntly	ND
--	Fly, Mitchell	M Mentone	ND
--	Butterworth, Chris	M Doncaster	ND
--	Clark, Courtney	W South Coast	ND
--	Gibson, Kerrie	W Mentone	ND
--	Byron, Chris	M Glenhuntly	ND

Mixed Javelin Throw 5.00pm Javelin 5

Name	Year	Team	Finals
1	Tarabay, Maddie	W Nunawading	32.72m
2	Thokchom, Johannes	M Nunawading	32.64m
3	Cauchi, Mark	M Knox	31.50m

2021/22 AVSL - Knox - Rd 6 - 18/12/2021**Knox Athletic Track****Results****...Mixed Javelin Throw 5.00pm Javelin 5**

4	Lester, Rhiannon	W Mornington	31.31m
5	Mathieu, Bol N/A	M Western Athletics	30.38m
6	Farrell, Siena	W Old Melburnians	25.39m
7	Kearney, Leighton	M Doncaster	24.54m
8	Steen, Adam	M Glenhuntly	21.42m
9	Mahony, Craig	M Mornington	20.84m
10	Boxall, Marcus	M Waverley-Malvern	20.14m
11	Benke, Geza	M Old Melburnians	19.61m
12	O'Brien, Alasdair	M Knox	19.12m
13	Sparkes, Meg	W Yarra Ranges	15.84m
14	Atkinson, James	M Waverley-Malvern	14.08m
15	Ilardi, Kara	W Doncaster	13.14m
16	Kearney, Lucy	W Doncaster	12.56m
17	Shipham, Patrick	M Knox	11.78m
--	Hughes, William	M Mornington	ND

Mixed Javelin Throw 6.00pm Javelin 6

Name	Year	Team	Finals
1	Krawczyk, Brad	M Knox	37.66m
2	Ruzbacky, George	M Waverley-Malvern	37.08m
3	Tanojevic, Tom	M Sandringham	30.39m
4	Keeghan, Elise	W Nunawading	29.16m
5	Williams, Chris	M Sandringham	28.07m
6	Furber, Isabelle	W Sandringham	26.37m
7	Krawczyk, Alex	M Knox	24.65m
8	Caton-Smith, Ines	W Diamond Valley	21.66m
9	Matters, Toni	W Glenhuntly	19.78m
10	Mitchell, David	M Doncaster	17.29m

Mixed Discus Throw 2.45pm Seated Discus

Name	Year	Team	Finals
1	Crees, Dayna T34;F34	W Casey Cardinia	16.01m
	14.39m 14.93m 16.01m 15.10m		
2	Fawkner, Kate T34;F34	M Waverley-Malvern	15.52m
	14.93m 15.52m FOUL FOUL 14.35m 15.38m		

Mixed Javelin Throw Seated Javelin

Name	Year	Team	Finals
--	Crees, Dayna T34;F34	W Casey Cardinia	X15.27m
	12.96m 13.74m FOUL 14.25m 15.27m FOUL		

Mixed Javelin Throw 2.45pm Seated Javelin

Name	Year	Team	Finals
1	Fawkner, Kate T34;F34	M Waverley-Malvern	14.28m
	13.53m 14.28m 1.38m		
2	Crees, Dayna T34;F34	W Casey Cardinia	13.74m
	12.96m 13.74m ND		