

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****Women 1500 Metre Run RESULTS**

Name	Year Team	Seed	Finals	Points
Section 1				
1 Santosh, Tanasha	Glenhuntly A		4:44.3h	
2 King, Madison	Glenhuntly A		4:44.8h	
3 De Jong, Emma	Maccabi Athl		4:45.1h	
4 Shackcloth, Orla	Sandringham		4:53.2h	
5 Lewis, Sarah	South Coast		4:54.3h	
6 Barr, Kaitlin	Glenhuntly A		4:58.4h	
7 Marriner, Erin	Ringwood Ath		5:04.0h	
8 Bean, Amelie	Mentone Athl		5:05.9h	
9 Clark, Zoe	Yarra Ranges		5:06.7h	
10 Tanner, Declyn	Mornington P		5:17.6h	
11 Brown, Freya	Mornington P		5:22.0h	
Section 2				
1 Sidebottom, Jasmine	Mornington P		5:15.9h	
2 Williams, Tilly	Mentone Athl		5:16.1h	
3 Wadley, Emma	Glenhuntly A		5:16.5h	
4 Umezu, Raena	Dandenong Sp		5:19.8h	
5 Muthia, Uma	Waverley Malvern		5:20.4h	
6 Pratt, Joanne	Casey Cardin		5:21.1h	
7 Ponchard, Olivia	Mornington P		5:29.6h	
8 Hastings, Sarah	Mentone Athl		5:32.2h	
9 Williams, Millie	Sandringham		5:37.6h	
10 Bryant, Serena	Glenhuntly A		5:38.0h	
11 Willey, Ciara	Yarra Ranges		5:45.0h	
12 Jones, Rori	Yarra Ranges		5:45.4h	
Section 3				
1 Cleary, Caroline	Mentone Athl		5:53.6h	
2 Macknamara, Kellie	Glenhuntly A		6:17.0h	
3 Clark, Courtney	South Coast		6:44.0h	
4 Deramond, Lisa	Glenhuntly A		6:50.5h	
5 Parrott, Allison	Doncaster At		7:37.2h	
6 Garside, Emilie	Yarra Ranges		7:56.3h	
7 Albiston, Simone	Waverley Malvern		9:36.3h	

Women 3000 Metre Run RESULTS All

Name	Year Team	Seed	Finals	Points
Section 1				
1 King, Madison	Glenhuntly A		10:30.0h	Y L/S
2 Treagus, Ashlee	Box Hill Ath		11:32.4h	Y L/S
3 Hessell, Amy	Waverley Malvern		11:44.8h	Y L/S
4 Hart, Emily	Mentone Athl		12:10.7h	Y L/S
5 Kremers De Boer, Tacy	Sandringham		12:20.9h	Y L/S
6 Lim, Sally	Waverley Malvern		12:30.1h	Y L/S
7 Cleary, Caroline	Mentone Athl		12:43.2h	Y L/S
8 Ward, Mia	Athletics Nu		12:52.7h	Y L/S
9 Kremers De Boer, Mattie	Sandringham		12:54.3h	Y L/S
10 Gourlay, Marlene	Mentone Athl		13:37.2h	Y L/S
11 Gilbert, Kara	Glenhuntly A		14:04.2h	Y L/S
12 Marston, Janice	Waverley Malvern		14:31.9h	Y L/S
13 Deramond, Lisa	Glenhuntly A		14:44.5h	Y L/S
14 Irshad, Kylie	Glenhuntly A		14:53.4h	Y L/S

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15 Wood, Michaela	Sandringham	14:59.4h	Y L/S
16 McLennan, Laura	Doncaster At	15:48.1h	Y L/S

Women 4x400 Metre Relay All

Team	Seed	Finals	Points
1 Frankston Athletic Club 'A'		4:06.74	
1) Romanoff, Lucy	2) Mohamed, Shahd		
3) Barrett, Kaylah	4) Elvey, Paige		
2 Yarra Ranges Athletics 'A'		4:43.56	
1) Rooke, Ashleigh	2) Clarke, Zoe		
3) Jones, Rori	4) Willey, Ciara		
3 Athletics Nunawading 'A'		5:39.45	
1) Klep, Chantal	2) Conroy, Emily		
3) Pennings, Nicole	4) Dux, Jessica		

Women 100 Metre Run All Women

Name	Year Team	Seed	Finals	Points
Section 1 Wind: -2.5				
1 Shaw, Danielle	Ringwood Ath	12.00	12.21	
2 Wynne, Alessia	Doncaster At	12.30	12.47	
3 Grenade, Chloe	Preston Athl	12.41	12.62	
4 Dingeldei, Elizabeth	Sandringham	12.06	12.77	
Section 2 Wind: 0.6				
1 Milat, Jessica	Sandringham	12.45	12.52	
2 Romanoff, Lucy	Frankston At	12.50	12.53	
3 Wilkinson, Marli	Melbourne Un	12.50	12.66	
4 Oliver, Katie	Diamond Vall	12.50	12.76	
5 Boyne, Keely	Diamond Vall	12.50	13.20	
Section 3 Wind: -2.5				
1 Francis, Abbey	Sandringham	12.60	13.04	
2 Sydnor, Kiyani	Athletics Essendon	12.50	13.06	
2 Kurdian, Sienna	Box Hill Ath	12.60	13.06	
4 Nieuwenhuizen, Holly	Box Hill Ath	12.70	13.13	
Section 4 Wind: -3.5				
1 King, Jennifer	Glenhuntly A	12.70	12.99	
2 Lim, Jennifer	Box Hill Ath	12.80	13.27	
3 Spenceley, Amelia	Sandringham	12.85	48.32	
Section 5 Wind: -2.9				
1 Barrett, Kaylah	Frankston At	12.99	13.22	
2 Araba, Olamide	Mentone Athl	13.00	13.54	
3 Cheung, Evangeline	Ringwood Ath	13.00	13.83	
4 Neale, Alyssa	Melbourne Un	12.99	13.84	
Section 6 Wind: -1.7				
1 Zarafa, Sophie	Box Hill Ath	13.00	13.11	
2 Agostino, Nancy	Frankston At	13.00	13.41	
3 Agostino, Cecilia	Frankston At	13.00	13.81	
-- Elvish, Kaelah	Ringwood Ath	13.00	DQ	13.34 (WA16.)
Section 7 Wind: -1.0				
1 Nousis, Daisy	Sandringham	13.08	13.08	
2 Silvester, Hayley	Mornington P	13.00	13.31	
3 Lee, Sierra	Dandenong Sp	13.00	14.24	

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results**

....Women 100 Metre Run All Women					
--	Van Rooyen, Ashley	Frankston At	13.00	DQ	13.96 (WA16.)
Section 8 Wind: -2.7					
1	Hollins, Isabella	Glenhuntly A	13.25	13.52	
2	Djeric, Amelia	Box Hill Ath	13.30	13.66	
3	Manchanayake, Aranya	Athletics Nu	13.20	13.72	
4	Firth, Jazmin	Glenhuntly A	13.20	13.97	
Section 9 Wind: -1.1					
1	Zaitseva, Julia	Glenhuntly A	13.40	13.29	
2	Bilsborough, Zoe	Sandringham	13.40	13.57	
3	Hilli, Lily-Bella	Athletics Essendon	13.50	13.70	
4	Arnold, Ashleigh	Old Scotch A	13.44	13.71	
5	Keogh, Milan	Athletics Nu	13.50	14.06	
Section 10 Wind: -1.8					
1	Fitzgerald, Amy	Sandringham	13.50	13.41	
2	Vincent, Charlee	Frankston At	13.62	13.44	
3	Mills, Georgia	Frankston At	13.60	13.59	
4	Furber, Isabelle	Sandringham	13.50	13.64	
Section 11 Wind: +0.0					
1	Craddock, Gemma	Glenhuntly A	13.70	13.51	
2	Elvey, Paige	Frankston At	13.64	13.63	
3	Colgan, Molly	Frankston At	13.75	13.67	
4	Powell, Kundali	Sandringham	13.70	13.94	
5	Rooke, Ashleigh	Yarra Ranges	13.70	13.97	
Section 12 Wind: -1.6					
1	Gray, Mia	Sandringham	13.80	13.90	
2	Carbery, Elise	Athletics Nu	13.80	13.91	
3	Ross, Ishara	Box Hill Ath	13.80	13.96	
Section 13 Wind: -0.7					
1	Meddings, Hayley	Frankston At	13.84	13.62	
2	Goss, Georgia	Mornington P	13.80	13.86	
3	Blood, Molly	St Kevin's A	13.90	14.15	
4	Avendano, Isabel	Mornington P	13.89	14.17	
5	Chapman, Kyla	Athletics Nu	13.80	14.37	
Section 14 Wind: -1.0					
1	Palmer, Zoe	Knox Athletic Club	13.98	14.15	
2	Kerr, Jocelyn	St Kevin's A	13.95	14.25	
3	Limpens, Erin	Frankston At	13.90	14.30	
4	Hughes, Sarai	Mornington P	14.00	14.35	
5	Chapman, Alyssa	Athletics Nu	14.00	14.48	
Section 15 Wind: -0.8					
1	Little, Faith	Sandringham	14.00	13.42	
2	Willis, Tiara	Ringwood Ath	14.00	13.77	
3	Senior, Carly	Box Hill Ath	14.00	14.41	
4	Anderson, Olivia	Mornington P	14.00	14.43	
Section 16 Wind: -1.9					
1	Goggin, Mali	Frankston At	14.00	13.65	
2	Ross, Anna	Glenhuntly A	14.10	14.61	
3	Edmond, Jasmin	Sandringham	14.00	14.91	
Section 17 Wind: +0.0					
1	Muthia, Uma	Waverley Malvern	14.18	13.92	
2	Williams, Lacey	Box Hill Ath	14.14	14.35	
3	Fode, Emilia	Sandringham	14.20	14.64	
Section 18 Wind: -1.0					
1	Van Ravenstein, Cheyenne	Dandenong Sp	14.25	14.16	
2	Fitzpatrick, Jessica	Diamond Vall	14.30	14.25	

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3	Cranwell, Giselle	Frankston At	14.30	14.80
4	Parrott, Isabella	Doncaster At	14.30	15.02
4	Willey, Ciara	Yarra Ranges	14.30	15.02
Section 19 Wind: -2.5				
1	Grace, Tahlia	Doncaster At	14.39	14.71
1	Eickmeyer, Charlotte	Mornington P	14.50	14.71
3	Louey, Grace	Knox Athletic Club	14.50	15.48
Section 20 Wind: -2.4				
1	Dux, Jessica	Athletics Nu	14.55	14.50
2	McDonald, Zoe	Frankston At	14.50	14.68
3	Leith, Ella	Athletics Essendon	15.00	15.31
4	Kearney, Lucy	Doncaster At	14.90	15.64
Section 21 Wind: -1.1				
1	Lewis, Sarah	South Coast	15.00	15.47
2	Wright, Kirra T38;F38	Diamond Vall	15.00	16.36
Section 22 Wind: -2.3				
1	Henry, Vegas	Sandringham	15.49	14.96
2	Giret, Jasmine	Box Hill Ath	15.00	15.09
3	Sposato, Hayley	Diamond Vall	15.05	15.21
4	Dyer, Kobi-Lee STILL;TO;	Mornington P	15.35	15.22
5	Wadley, Emma	Glenhuntly A	15.00	15.36
Section 23 Wind: -1.0				
1	Walker, Ashlinn	Athletics Nu	15.89	14.92
2	Ranabahu, Shania	Casey Cardin	16.00	15.11
3	Quinn, Sophia	Mentone Athl	16.00	15.15
4	King, Madison	Glenhuntly A	16.00	15.97
5	Basile, Allegría	Doncaster At	16.00	16.64
Section 24 Wind: -1.5				
1	Williams, Tilly	Mentone Athl	16.20	16.03
2	Ilardi, Kara	Doncaster At	16.24	16.65
3	Clark, Courtney	South Coast	16.36	16.98
Section 25 Wind: -2.0				
1	Kearney, Madeleine	Doncaster At	17.00	17.11
2	Quinn, Catherine	Mentone Athl	17.00	17.21
3	Bridle, Christine	Waverley Malvern	17.00	17.41
Section 26 Wind: -3.2				
1	Hewitson, Kathi	Yarra Ranges	18.00	17.20
2	Smith, Emily	Knox Athletic Club	19.06	18.70
3	Haritos, Victoria	Glenhuntly A	19.00	19.05
4	Gourlay, Marlene	Mentone Athl	20.00	19.26
5	Parrott, Allison	Doncaster At	18.15	19.31
Section 27 Wind: -3.8				
1	O'Callaghan, Neve	Old Xaverian	50.00	13.83
2	Conroy, Emily	Athletics Nu		15.51
3	Jeanes, Jill	Dandenong Sp		17.30
4	Green, Kathy	Ringwood Ath	20.00	20.14

Women 400 Metre Run All Women

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Name	Year Team	Seed	Finals	Points
=====				
Section 1				
1	Wilkinson, Marli	Melbourne Un	57.00	56.74
2	Dingeldei, Elizabeth	Sandringham	56.00	57.34
3	Hanlon, Sophia	Glenhuntly A	56.29	57.53

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results**

....Women 400 Metre Run All Women			
4	O'Brien, Genevieve	Glenhuntly A	57.50 57.86
5	Kurdian, Sienna	Box Hill Ath	58.00 58.34
6	Flynn, Alessandra	Doncaster At	59.00 59.47
7	Tanner, Declyn	Mornington P	58.00 59.49
Section 2			
1	Pennings, Nicole	Athletics Nu	59.99 58.77
2	Elvey, Paige	Frankston At	1:00.00 59.63
3	Vijayakumar, Thanya	Glenhuntly A	1:00.00 1:00.32
4	Dreyer, Carla	Ringwood Ath	1:00.00 1:01.28
5	Barrett, Kelsey	Frankston At	1:00.00 1:03.69
Section 3			
1	Nousis, Daisy	Sandringham	1:02.00 59.76
2	Barone, Meka	Sandringham	1:02.00 1:00.61
3	Meddings, Hayley	Frankston At	1:01.05 1:00.62
4	Hill, Bridie	St Kevin's A	1:01.50 1:00.94
5	Elvish, Kaelah	Ringwood Ath	1:02.00 1:02.77
6	McKinley, Amy	Glenhuntly A	1:00.60 1:03.06
Section 4			
1	Richardson, Cleo	St Kevin's A	1:03.00 1:01.27
2	Haidar, Karen	Mentone Athl	1:03.00 1:02.50
3	Kerr, Jocelyn	St Kevin's A	1:04.00 1:03.78
4	Chapman, Kyla	Athletics Nu	1:03.00 1:06.42
5	Blood, Molly	St Kevin's A	1:03.00 1:11.16
Section 5			
1	Edelstein, Skye	Maccabi Athl	1:04.08 1:01.62
2	Delbridge, Lucy	Collingwood	1:05.00 1:02.59
3	Powell, Kundali	Sandringham	1:05.00 1:02.84
4	Muthia, Uma	Waverley Malvern	1:05.00 1:04.35
5	Tucker, Mimi	St Kevin's A	1:05.00 1:04.73
6	Willey, Ciara	Yarra Ranges	1:05.00 1:08.66
Section 6			
1	Goggin, Mali	Frankston At	1:05.48 1:04.29
2	Shackcloth, Orla	Sandringham	1:05.32 1:04.72
3	Limpens, Erin	Frankston At	1:05.29 1:05.23
4	Anderson, Olivia	Mornington P	1:05.00 1:05.34
5	Ross, Anna	Glenhuntly A	1:06.00 1:06.05
6	Little, Faith	Sandringham	1:05.00 1:06.67
7	Clark, Zoe	Yarra Ranges	1:05.00 1:07.77
Section 7			
1	Lewis, Sarah	South Coast	1:06.05 1:04.22
2	Rooke, Ashleigh	Yarra Ranges	1:08.22 1:07.27
3	Henry, Vegas	Sandringham	1:09.00 1:08.55
4	Kearney, Lucy	Doncaster At	1:06.50 1:08.83
5	Hughes, Sarai	Mornington P	1:10.00 1:10.31
Section 8			
1	Dolgoy, Tamzyn	Glenhuntly A	1:05.00 1:05.53
2	Williams, Lacey	Box Hill Ath	1:10.00 1:06.68
3	Williams, Millie	Sandringham	1:13.00 1:08.36
4	Jones, Rori	Yarra Ranges	1:15.00 1:09.54
5	Ross, Ishara	Box Hill Ath	1:10.00 1:12.37
6	Hastings, Sarah	Mentone Athl	1:10.00 1:13.90
Section 9			
1	Van Ravenstein, Cheyenne	Dandenong Sp	1:15.00 1:09.60
2	Peak, Emma	Doncaster At	1:15.01 1:11.10
3	Wood, Michaela	Sandringham	1:15.00 1:12.79

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4	Kearney, Madeleine	Doncaster At	1:17.00	1:15.96
5	Quinn, Catherine	Mentone Athl	1:18.00	1:17.38
6	Macknamara, Kellie	Glenhuntly A	1:20.00	1:20.10
7	Ward, Mia	Athletics Nu	1:15.00	1:22.81

Section 10

1	Quinn, Sophia	Mentone Athl	1:20.00	1:14.68
2	Wright, Kirra T38;F38	Diamond Vall	1:20.00	1:19.45
3	Cleary, Caroline	Mentone Athl	1:21.00	1:21.01
4	Clark, Courtney	South Coast	1:24.96	1:25.26
5	Marston, Janice	Waverley Malvern	1:28.45	1:31.75

Section 11

1	Conroy, Emily	Athletics Nu	1:30.00	1:20.78
2	Dux, Jessica	Athletics Nu	1:30.00	1:22.95
3	Dyer, Kobi-Lee STILL;TO;	Mornington P	1:35.00	1:23.78
4	Gourlay, Marlene	Mentone Athl	1:30.00	1:29.15
5	Deramond, Lisa	Glenhuntly A	1:30.44	1:29.92
6	Green, Kathy	Ringwood Ath	1:50.00	1:34.91

Women 100 Metre Hurdles 84.0cm Hurdles 84.0

Name	Year Team	Seed	Finals	Points
Section 1 Wind: -2.3				
1	Shaw, Danielle	Ringwood Ath	13.90	13.93
2	Boyne, Keely	Diamond Vall	14.50	15.58
3	King, Jennifer	Glenhuntly A	15.30	16.40
Section 2 Wind: -3.4				
1	Chapman, Alana	Box Hill Ath	17.00	16.57
2	Muthia, Uma	Waverley Malvern	19.37	26.07

Women 80 Metre Hurdles 76.2cm Hurdles 76.2

Name	Year Team	Seed	Finals	Points
Section 1 Wind: +0.0				
1	Williams, Lacey	Box Hill Ath	14.60	13.87
2	Henry, Vegas	Sandringham	14.49	14.41
Section 2 Wind: -2.0				
1	Halwalage, Rylie	Ringwood Ath	14.86	14.42
2	Zaitseva, Julia	Glenhuntly A		14.56
3	Giret, Jasmine	Box Hill Ath	15.00	15.37

Women 90 Metre Hurdles 76.2cm Hurdles 76.2

Name	Year Team	Seed	Finals	Points
Section 1 Wind: -4.3				
1	Hilli, Lily-Bella	Athletics Essendon	14.30	14.69
2	Firth, Jazmin	Glenhuntly A	14.50	15.25
Section 2 Wind: -0.2				
1	Goss, Georgia	Mornington P	15.50	14.72
2	Furber, Isabelle	Sandringham	15.00	16.65
3	Chapman, Alyssa	Athletics Nu	16.00	16.71
Section 3 Wind: -1.7				
1	Little, Faith	Sandringham		14.68

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****...Women 90 Metre Hurdles 76.2cm Hurdles 76.2**

2 Palmer, Zoe	Knox Athletic Club	17.40	17.04
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Women 100 Metre Hurdles 76.2cm Hurdles 76.2

Name	Year Team	Seed	Finals	Points
Section 1 Wind: -2.4				
1 Willis, Tiara	Ringwood Ath	15.97	15.96	
2 Nieuwenhuizen, Holly	Box Hill Ath	16.00	16.07	
3 Cheung, Evangeline	Ringwood Ath	16.00	16.33	
4 O'Callaghan, Neve	Old Xaverian		18.97	

Men 1500 Metre Run RESULTS

Name	Year Team	Seed	Finals	Points
Section 1				
1 Morrell, Bailey	Knox Athletic Club		3:59.3h	
2 Kernahan, Michael	Mentone Athl		3:59.9h	
3 Gough, Matthew	Glenhuntly A		4:00.9h	
4 Sinn, Luke	Doncaster At		4:01.5h	
5 Munro, Nathan	Old Scotch A		4:06.9h	
6 Fricke, Guy	Collingwood		4:15.2h	
7 Zhou, Kevin	Glenhuntly A		4:17.8h	
8 Vial, Rory	Old Scotch A		4:21.2h	
9 Ascar, Josh	Doncaster At		4:23.5h	
10 Norman, Angus	Yarra Ranges		4:26.1h	
11 Tsakiridis, Terry	Glenhuntly A		4:38.7h	
Section 2				
1 Vernal, Alan	Athletics Nu		4:23.4h	
2 Marasco, Lachlan	Doncaster At		4:25.4h	
3 Banks, Teddy	Mornington P		4:27.7h	
4 Waters, Jack	Box Hill Ath		4:28.0h	
5 Ryan, Brady	Glenhuntly A		4:29.0h	
6 Carlin, Joshua	Athletics Nu		4:30.9h	
7 Dyer, Zachery	Mornington P		4:32.9h	
8 Wright, Oscar	Athletics Nu		4:33.8h	
9 Turcan, Ozkan	Mornington P		4:52.9h	
Section 3				
1 Pizer-Di Ciero, James	Mentone Athl		4:30.3h	
2 Swan, Kyle	Athletics Nu		4:30.7h	
3 Mitchell, David	Doncaster At		4:33.7h	
4 Lovick, Riley	Frankston At		4:38.6h	
5 Soussan, Mickael	Glenhuntly A		4:41.3h	
6 Miller, Ethan	Glenhuntly A		4:44.2h	
7 Sanford, Craig	Waverley Malvern		4:45.0h	
8 Harris, Ky	Yarra Ranges		4:45.3h	
9 Bentley, Ryan	Waverley Malvern		4:45.8h	
10 Goodwin, John	Sandringham		4:46.4h	
11 Linnett, Thomas	Ringwood Ath		4:48.9h	
12 Shephard, Ocean	Mornington P		4:49.6h	
13 Imbriano, Joel	St Kevin's A		4:50.9h	
Section 4				
1 Gurjer, Ranveer	Box Hill Ath		4:37.9h	
2 Sutherland, Charlie	Glenhuntly A		4:51.5h	

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3 Taylor, Mackenzie	Mornington P	4:52.0h
4 Beitmanas, Jake	Mentone Athl	4:52.6h
5 Williams, Sean	Mentone Athl	4:53.0h
6 Stephens, Hunter	Mornington P	4:57.2h
7 Pratt, Wil	Mornington P	4:57.9h
8 Marasco, Aiden	Doncaster At	4:58.8h
9 McLennan, Campbell	Doncaster At	5:05.8h
10 Ashok, Arun	Waverley Malvern	5:07.6h
11 Goodings, Brock	Doncaster At	5:09.9h
Section 5		
1 Hopper, Jasper	Box Hill Ath	4:54.7h
2 Davies, William	Mornington P	4:58.2h
3 Dawe, Richard	Mornington P	4:58.6h
4 Hughes, William	Mornington P	4:59.5h
5 Fulton, Lachlan	Mentone Athl	5:03.5h
6 Atkinson, James	Waverley Malvern	5:04.8h
7 Umezu, Kohen	Dandenong Sp	5:16.0h
8 Pointon, Mitchell	Yarra Ranges	5:16.9h
9 Hewitson, Craig	Yarra Ranges	5:19.8h
10 Spiteri, Daniel	Waverley Malvern	5:27.2h
Section 6		
1 Williams, Chris	Sandringham	5:02.9h
2 Mangoni, Oliver	Dandenong Sp	5:07.2h
3 Hellier-Lovick, Sam	Frankston At	5:13.5h
4 Lim, Ernest	Waverley Malvern	5:19.3h
5 Rushen, Peter	Glenhuntly A	5:25.8h
6 McGill, Scott	Mornington P	5:27.8h
7 Willey, Michael	Yarra Ranges	5:30.0h
8 Newling, Rob	Mornington P	5:31.8h
9 Michel, Maddix	Mentone Athl	5:34.6h
10 Wright, Jeffrey	Knox Athletic Club	5:39.5h
Section 7		
1 Skurka, Ben	Mentone Athl	5:38.7h
2 Davenport, Kai T20;F20	Mornington P	5:39.9h
3 Dyer, George	Knox Athletic Club	6:07.0h
4 Evans, Simon	Box Hill Ath	6:15.5h
5 Dolfini, John	Waverley Malvern	6:25.3h
6 McLennan, Lewis	Doncaster At	6:34.3h
7 Dell, Tony	Collingwood	6:46.4h
8 Merrick, Nicholas	Casey Cardin	6:53.8h

Men 3000 Metre Run RESULTS All

Name	Year Team	Seed	Finals	Points
Section 1				
1 Rees, Daniel	Athletics Essendon	10:01.9h		Y L/S
2 Grodski, Asher	Maccabi Athl	10:21.0h		Y L/S
3 Alex, James	Collingwood	10:22.1h		Y L/S
4 Fly, Mitchell	Mentone Athl	10:23.0h		Y L/S
5 Schwerkolt, Robert	Old Scotch A	10:53.8h		Y L/S
6 Baxter, Andrew	Waverley Malvern	10:59.2h		Y L/S
7 Rushen, Peter	Glenhuntly A	11:00.8h		Y L/S
8 Atkinson, James	Waverley Malvern	11:02.6h		Y L/S
9 McLennan, Campbell	Doncaster At	11:12.0h		Y L/S

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****...Men 3000 Metre Run RESULTS All**

10 Beitmanas, Jake	Mentone Athl	11:31.3h	Y L/S
Section 2			
1 Leith, Neill	Waverley Malvern	10:41.9h	Y L/S
2 Rachor, Noah	Dandenong Sp	11:16.6h	Y L/S
3 Williams, Sean	Mentone Athl	11:19.2h	Y L/S
4 Boxall, Marcus	Waverley Malvern	11:22.1h	Y L/S
5 Lim, Ernest	Waverley Malvern	11:23.7h	Y L/S
6 Warrillow, Huw	St Kevin's A	11:26.1h	Y L/S
7 Imbriano, Joel	St Kevin's A	11:26.8h	Y L/S
8 Bergin, Matthew	Mentone Athl	11:28.4h	Y L/S
9 Williams, Chris	Sandringham	11:30.4h	Y L/S
10 Goodings, Brock	Doncaster At	12:01.9h	Y L/S
11 Skurka, Ben	Mentone Athl	12:40.3h	Y L/S
12 Dyer, George	Knox Athletic Club	13:02.6h	Y L/S
13 Newport, Laurence	Athletics Nu	13:24.9h	Y L/S
14 Ryan, Michael	Glenhuntly A	13:45.7h	Y L/S
15 Imbriano, Dino	St Kevin's A	14:01.6h	Y L/S
16 Imbriano, Glen	St Kevin's A	14:02.1h	Y L/S
17 McLennan, Lewis	Doncaster At	15:51.7h	Y /S
-- McGill, Scott	Mornington P	X12:12.1h	N L/S

Men 4x400 Metre Relay All

Team	Seed	Finals	Points
Section 1			
1 Athletics Nunawading 'A'		3:48.52	
1) Lutui, Sami	2) Robinson, Corey		
3) Nielsen, Kai	4) Subramaniam, Melvin		
2 Sandringham Athletic Club 'A'		4:09.06	
1) Tan, William	2) Williams, Chris		
3) Mogensen, Jack	4) Tanojevic, Tom		
3 Waverley Malvern 'A'		4:09.65	
1) Sanford, Craig	2) Bentley, Ryan		
3) Ashok, Arun	4) Spiteri, Daniel		
4 Mornington Peninsula Athletic 'A'		4:37.76	
1) La Fontaine Pollard, Marcus	2) Hughes, William		
3) Davenport, Kai	4) Taylor, Mackenzie		

Men 100 Metre Run All Men

Name	Year Team	Seed	Finals	Points
Section 1 Wind: -1.8				
1 Baker, Corey	Frankston At	10.90	11.17	
2 Concesso, Craig	Dandenong Sp	11.00	11.26	
2 Willis, Tayleb	Ringwood Ath	10.73	11.26	
4 Blackberg, Philip	Mentone Athl	11.00	11.61	
Section 2 Wind: -3.2				
1 Kariuki, Jeremy	Casey Cardin	11.10	11.63	
2 White-Alikakos, Daniel	Box Hill Ath	11.20	12.02	
2 Marriner, Lachlan	Glenhuntly A	11.30	12.02	
Section 3 Wind: -2.2				
1 Hankinson, Zachary	Diamond Vall	11.30	11.65	
2 Dusmez, Bruce	Ringwood Ath	11.50	11.79	

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****....Men 100 Metre Run All Men**

3	Blecher, David	Maccabi Athl	11.50	11.83
4	Tanojevic, Tom	Sandringham	11.30	11.95
Section 4 Wind: -1.2				
1	Araba, Olumide	Mentone Athl	11.50	11.47
2	Robinson, Corey	Athletics Nu	11.60	11.75
3	Corbett, Heath	Frankston At	11.56	11.79
4	Byron, Chris	Glenhuntly A	11.55	11.85
Section 5 Wind: -0.6				
1	Shaw, Blake	Frankston At	11.70	11.54
2	Parrott, Matthew	Doncaster At	11.68	11.67
3	Harris, Ethan	Ringwood Ath	11.60	11.74
4	Bertucci, Valentino	Mentone Athl	11.74	12.20
Section 6 Wind: -1.7				
1	O'Rourke, Tom	Sandringham	11.79	11.69
2	Pillay, Givash	Box Hill Ath	11.75	11.74
3	Lutui, Sami	Athletics Nu	11.80	12.33
4	Humphrey, Jordan	Gippsland At	11.78	12.34
Section 7 Wind: -2.7				
1	Mason, Corey	Ringwood Ath	11.84	12.10
2	Umezu, Kohen	Dandenong Sp	11.85	12.23
3	Zantey, Elijah	Diamond Vall	11.83	12.27
Section 8 Wind: -1.6				
1	Abolencia, Samuel	Diamond Vall	11.90	12.04
2	Zhu, Henry	Athletics Nu	11.85	12.05
3	Jordan, Anthony T47;F47	Doncaster At	11.90	12.08
4	Allison, Jacob	Ringwood Ath	11.90	12.33
5	Shaw, James	Box Hill Ath	11.90	12.73
Section 9 Wind: -1.4				
1	Gough, Luke	Glenhuntly A	11.95	12.05
2	Sidhu, Manjinder	Dandenong Sp	12.00	12.12
3	Chuong, Harvey	Ringwood Ath	11.93	12.23
4	De Sa, Tyler	Glenhuntly A	12.00	12.72
5	Hurley, James	Diamond Vall	12.00	12.73
Section 10 Wind: -1.2				
1	Costanzo, Peter	Ringwood Ath	12.00	12.16
2	Cocking, Flynn	Athletics Nu	12.00	12.20
3	Morel, Reagan	Mornington P	12.00	12.41
3	Wandera, Reuben	Sandringham	12.00	12.41
Section 11 Wind: -2.2				
1	Blecher, Benjamin	Maccabi Athl	12.00	12.46
2	Ruzbacky, George	Waverley Malvern	12.00	12.68
3	Long, Lester	Glenhuntly A	12.00	12.94
Section 12 Wind: -1.7				
1	Nielsen, Kai	Athletics Nu	12.10	11.87
2	Blackburn, Oliver	Box Hill Ath	12.10	12.09
3	Datt, Gidon	Maccabi Athl	12.06	12.31
4	Mierisch, Brodie	Doncaster At	12.10	12.41
5	Mierisch, Paul	Doncaster At	12.10	12.47
Section 13 Wind: -1.0				
1	Gilbert, Jordan	Athletics Nu	12.20	12.16
2	Subramaniam, Melvin	Athletics Nu	12.18	12.29
3	Schaefer, Thomas	Frankston At	12.12	12.45
4	Leith, Mackenzie	Athletics Essendon	12.20	12.47
Section 14 Wind: -1.4				
1	Yermias, Ferdinand	Casey Cardin	12.28	11.98

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results**

....Men 100 Metre Run All Men				
2	Stapleton, Joel	Frankston At	12.25	12.24
Section 15 Wind: -1.6				
1	Senarath, Sachintha	Athletics Nu	12.35	11.90
2	Seers, Benjamin	Sandringham	12.30	12.04
3	Wood, Aaron	Sandringham	12.38	12.33
4	Honner, Jaikiah	Glenhuntly A	12.38	12.50
Section 16 Wind: +0.0				
1	La Fontaine Pollard, Mar	Mornington P	12.50	11.94
2	Arogundade, Olaoluwa N/A	Old Scotch A	12.50	12.39
3	Nixon, Darcy	Box Hill Ath	12.46	12.69
4	Firth, David	Doncaster At	12.60	12.74
Section 17 Wind: -2.6				
1	Smerdon, Corey	Casey Cardin	12.62	12.49
2	Tickle, Aiden	Box Hill Ath	12.70	13.10
3	Mayston, Robert	Box Hill Ath	12.88	13.27
Section 18 Wind: -2.6				
1	Benson, Adam	Maccabi Athl	12.90	12.82
2	Ratnanesan, Kaven	Knox Athletic Club	12.90	12.90
3	Featherston, Ollie	Mornington P	12.89	13.00
4	Krawczyk, Nick	Knox Athletic Club	12.90	13.22
5	Krawczyk, Alex	Knox Athletic Club	12.90	14.12
Section 19 Wind: -2.4				
1	Goodman, Nicholas	Glenhuntly A	13.00	12.00
2	Krawczyk, Brad	Knox Athletic Club	12.90	12.57
3	Foster, Paul	Victorian Ma	13.00	13.21
4	Heward, Tyran	Ringwood Ath	13.00	13.26
Section 20 Wind: -4.2				
1	Templeton, Tom	St Kevin's A	13.00	12.90
2	Zapris, Christian	Doncaster At	13.00	13.42
3	Dolman, Harrison	Box Hill Ath	13.00	13.87
Section 21 Wind: -2.5				
1	Newport, Laurence	Athletics Nu	13.00	13.05
2	Duryea, Jacob	Mornington P	13.00	13.08
3	Stanford, Josiah	Athletics Nu	13.00	13.20
4	Harris, Connor	Box Hill Ath	13.00	13.36
Section 22 Wind: -1.6				
1	Milias, Matthew	Sandringham	13.01	13.07
2	McLennan, Leroy	Glenhuntly A	13.00	13.57
2	Mogensen, Jack	Sandringham	13.00	13.57
Section 23 Wind: -3.3				
1	Brancatisano, Cooper	Box Hill Ath	13.11	13.35
2	Siruelo, Xavier	Glenhuntly A	13.20	13.48
3	Banks, Matthew	Mornington P	13.20	13.78
--	Merrick, William	Casey Cardin	13.11	DQ
Section 24 Wind: 0.3				
1	Maher, Tim	Mentone Athl	13.22	12.36
2	Anderson, Frankie	Frankston At	13.24	12.66
3	McCool, Max	Doncaster At	13.20	13.38
4	Steen, Charlie	Glenhuntly A	13.30	13.49
Section 25 Wind: -0.4				
1	Rachor, Noah	Dandenong Sp	13.61	13.01
2	Hough, Michael	Athletics Nu	13.34	13.47
3	Tan, William	Sandringham	13.50	13.59
4	Watts, Andrew	Box Hill Ath	13.66	13.94
Section 26 Wind: -2.1				

13.19 (WA16.)

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****....Men 100 Metre Run All Men**

1	Bertram, Cooper	Athletics Nu	13.70	13.39
2	Mellech, Zac	Athletics Nu	13.80	14.23
3	Dwyer, Henry	Glenhuntly A	13.80	14.30
4	Murfett, Grant	Box Hill Ath	13.70	14.51
5	Banks, Teddy	Mornington P	13.80	15.08
Section 27 Wind: -4.2				
1	Sanford, Craig	Waverley Malvern	14.00	13.88
2	O'Rourke, Archie	Sandringham	14.00	14.21
3	Drabkin, Ori T35;F35	Maccabi Athl	14.00	14.52
4	Spiteri, Daniel	Waverley Malvern	14.00	15.04
5	Dell, Liam	Collingwood	14.00	15.06
Section 28 Wind: -3.5				
1	Smerdon, Nicholas	Casey Cardin	14.07	13.86
2	Riseeuw, Oliver	Sandringham	14.00	14.29
3	Willey, Michael	Yarra Ranges	14.00	14.31
4	Singh, Ashwin T46;F46	Athletics Chilwell	15.00	14.61
5	Dell, Brendan	Collingwood	15.00	16.69
Section 29 Wind: -2.5				
1	Chandrasena, Amiru	Casey Cardin	16.00	11.72
2	Close, Andrew T12;F12	Collingwood	15.00	15.72
3	Ford, Graham	Doncaster At	16.00	16.06
Section 30 Wind: -3.0				
1	Imbriano, Glen	St Kevin's A	17.00	15.50
2	Warrillow, Huw	St Kevin's A	17.00	15.78
3	Newling, Rob	Mornington P	16.77	16.35
4	Vorchheimer, Myer	Maccabi Athl	16.88	17.26
Section 31 Wind: -3.8				
1	Dell, Kieran	Collingwood	17.00	17.51
2	Benke, Geza	Old Melburni	17.00	18.03
Section 32 Wind: -0.5				
1	Liu, Ethan	Sandringham	59.00	12.06
2	Fairburn, Craig	Knox Athletic Club	40.00	12.36
3	Ung, Sasha	Glenhuntly A	30.00	12.54
4	Faitasi, Teila T20;F20	Glenhuntly A	20.00	17.08
Section 33 Wind: -1.2				
1	Moon, Hayden	Diamond Vall		12.59
2	Eliadis, Theodore	Casey Cardin		14.34
--	Hopper, Jasper	Box Hill Ath	13.00	DQ

Men 400 Metre Run All Men

Name	Year	Team	Seed	Finals	Points
Section 1					
1		Reynolds, Thomas	Doncaster At	49.00	48.39
2		Robinson, Corey	Athletics Nu	50.00	49.96
3		O'Rourke, Tom	Sandringham	51.50	50.71
4		Parrott, Matthew	Doncaster At	52.00	51.04
5		Corbett, Heath	Frankston At	50.96	53.07
6		Sidhu, Manjinder	Dandenong Sp	52.00	53.64
7		Thomson, David	Athletics Nu	51.50	53.71
Section 2					
1		Gilbert, Jordan	Athletics Nu	52.77	51.93
2		Yermias, Ferdinand	Casey Cardin	52.51	52.75
3		Subramaniam, Melvin	Athletics Nu	52.39	53.44

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****....Men 400 Metre Run All Men**

4 Sewak, Noah	St Kevin's A	52.80	54.15
5 Lutui, Sami	Athletics Nu	53.00	54.29
Section 3			
1 La Fontaine Pollard, Mar	Mornington P	53.00	51.31
2 Gough, Luke	Glenhuntly A	53.00	52.17
3 Zantey, Elijah	Diamond Vall	53.43	52.21
4 Wood, Aaron	Sandringham	53.85	52.60
5 Costanzo, Peter	Ringwood Ath	54.00	53.02
6 Howkins, Saxon	Diamond Vall	53.50	54.35
Section 4			
1 Kerr, James	St Kevin's A	54.22	52.36
2 Seers, Benjamin	Sandringham	54.50	55.35
3 Bentley, Ryan	Waverley Malvern	54.82	56.31
4 Fairburn, Craig	Knox Athletic Club	54.51	56.65
Section 5			
1 Blecher, Benjamin	Maccabi Athl	56.50	55.70
2 Ascar, Josh	Doncaster At	56.00	55.94
3 Stapleton, Joel	Frankston At	56.50	55.96
4 Honner, Jaikiah	Glenhuntly A	56.30	1:00.10
Section 6			
1 Cocking, Flynn	Athletics Nu	57.50	56.60
2 Sanford, Craig	Waverley Malvern	57.00	56.92
3 Mierisch, Paul	Doncaster At	57.90	57.17
4 Hopkins, Hamish	Ringwood Ath	57.00	57.82
5 Mierisch, Brodie	Doncaster At	57.90	58.72
6 Golonka, Kurt	Glenhuntly A	57.00	1:01.49
Section 7			
1 Blecher, David	Maccabi Athl	58.00	56.06
2 Krawczyk, Nick	Knox Athletic Club	58.00	57.33
3 Hopper, Jasper	Box Hill Ath	58.00	57.64
4 Brochard, Marley	Casey Cardin	58.17	58.87
5 Harris, Ky	Yarra Ranges	58.00	59.56
6 Wright, Oscar	Athletics Nu	59.00	59.85
7 Dolman, Harrison	Box Hill Ath	59.00	1:02.08
Section 8			
1 Nielsen, Kai	Athletics Nu	59.50	54.60
2 Zapris, Christian	Doncaster At	59.50	58.58
3 Parker, Frazer	Ringwood Ath	59.00	59.15
4 Shepheard, Ocean	Mornington P	59.00	1:01.78
5 Golonka, Nathan	Glenhuntly A	59.90	1:03.40
Section 9			
1 Templeton, Tom	St Kevin's A	1:00.00	57.71
2 Murfett, Grant	Box Hill Ath	1:01.00	1:00.40
3 Graham, Bayley	Ringwood Ath	1:00.00	1:01.62
4 Duryea, Jacob	Mornington P	1:00.00	1:02.36
5 Goodings, Brock	Doncaster At	1:00.00	1:03.72
Section 10			
1 Fly, Mitchell	Mentone Athl	1:02.00	59.97
2 Vernal, Alan	Athletics Nu	1:01.67	1:01.29
3 Tan, William	Sandringham	1:02.00	1:01.48
4 Mellech, Zac	Athletics Nu	1:02.00	1:02.27
5 Hough, Michael	Athletics Nu	1:02.00	1:03.46
6 Hewitson, Craig	Yarra Ranges	1:02.00	1:03.69
Section 11			
1 Ashok, Arun	Waverley Malvern	1:03.00	1:01.92

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****....Men 400 Metre Run All Men**

2	Mayston, Robert	Box Hill Ath	1:04.00	1:02.27
3	Heward, Tyran	Ringwood Ath	1:04.27	1:03.22
4	Watts, Andrew	Box Hill Ath	1:04.00	1:04.88
5	Dyer, Zachery	Mornington P	1:04.20	1:05.05
Section 12				
1	Krawczyk, Brad	Knox Athletic Club	1:07.00	1:03.22
2	Krawczyk, Alex	Knox Athletic Club	1:07.00	1:04.05
3	Dwyer, Henry	Glenhuntly A	1:07.00	1:04.28
4	Imbriano, Joel	St Kevin's A	1:08.00	1:07.26
Section 13				
1	Pizer-Di Ciero, James	Mentone Athl	1:08.00	1:02.45
2	Taylor, Mackenzie	Mornington P	1:08.00	1:03.55
3	Mangoni, Oliver	Dandenong Sp	1:10.00	1:05.62
4	Willey, Michael	Yarra Ranges	1:10.00	1:08.65
5	Skurka, Ben	Mentone Athl	1:10.00	1:17.11
Section 14				
1	Pointon, Mitchell	Yarra Ranges	1:14.00	1:12.06
2	Newling, Rob	Mornington P	1:12.00	1:13.35
Section 15				
1	Sullivan, Joshua	Casey Cardin		53.86
2	Faitasi, Teila T20;F20	Glenhuntly A	1:31.00	1:17.35
3	Davenport, Kai T20;F20	Mornington P		1:21.83
4	Dell, Kieran	Collingwood	1:30.00	1:28.31
5	Dell, Tony	Collingwood	1:30.00	1:33.53

Men 110 Metre Hurdles 106.7cm Hurdles 106.7

Name	Year Team	Seed	Finals	Points
Section 1 Wind: -1.5				
1	Thomson, David	Athletics Nu	16.15	16.38
2	Fairburn, Craig	Knox Athletic Club		21.50
3	Newport, Laurence	Athletics Nu	13.00	21.54

Men 110 Metre Hurdles 99.1cm Hurdles 99.1

Name	Year Team	Seed	Finals	Points
Section 1 Wind: -2.1				
1	Krawczyk, Brad	Knox Athletic Club	17.00	16.34
2	Allison, Jacob	Ringwood Ath	17.00	18.34

Men 110 Metre Hurdles 91.4cm Hurdles 91.4

Name	Year Team	Seed	Finals	Points
Section 1 Wind: -1.1				
1	Bertucci, Valentino	Mentone Athl	15.67	15.61
2	Smerdon, Corey	Casey Cardin	17.34	16.93
3	Merrick, William	Casey Cardin	19.34	19.12

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****Men 100 Metre Hurdles 84.0cm Hurdles 84.0**

Name	Year Team	Seed	Finals	Points
Section 1 Wind: -1.6				
1 Mason, Corey	Ringwood Ath	14.00	15.15	
2 Anderson, Frankie	Frankston At	17.00	17.23	

Men 90 Metre Hurdles 76.2cm Hurdles 76.2

Name	Year Team	Seed	Finals	Points
Section 1 Wind: -3.7				
1 Riseeuw, Oliver	Sandringham	15.00	16.77	
Section 2 Wind: -1.7				
1 O'Rourke, Archie	Sandringham	15.00	15.11	
2 Frost, Jake	Athletics Nu	15.60	15.51	

Mixed Long Jump Extra Jumps

Name	Year Team	Seed	Finals	Wind Points
Flight 1				
-- Scerri, Mia	W Sandringham		X6.08m	1.4
-- Grenade, Chloe	W Preston Athl		X6.06m	+0.0

Mixed Discus Throw Extra Throws

Name	Year Team	Seed	Finals	Points
-- Leith, Mackenzie	M Athletics Essendon		X47.83m	
-- Firth, Jazmin	W Glenhuntly A		X34.32m	

Mixed Javelin Throw Extra Throws

Name	Year Team	Seed	Finals	Points
-- Blackburn, Oliver	M Box Hill Ath		X63.99m	
-- Bull, Andrew	M Casey Cardin		X45.28m	
-- Song, Sonya	W Sandringham		X34.46m	

Mixed 1500 Metre Race Walk RESULTS

Name	Year Team	Seed	Finals	Points
Section 1				
1 Matters, Zachary	M Box Hill Ath		7:39.4h	
2 Bird, Kyle	M Mornington P		7:42.0h	
3 Irshad, Kylie	W Glenhuntly A		8:05.0h	
4 Evans, Simon	M Box Hill Ath		8:15.0h	
5 McLennan, Laura	W Doncaster At		9:19.0h	
6 McLennan, Lewis	M Doncaster At		9:50.0h	
6 Parrott, Lula	W Doncaster At		9:50.0h	
8 Marston, Janice	W Waverley Malvern		9:57.7h	
9 McLennan, Hamish	M Doncaster At		10:00.0h	
10 Steed, Gwen	W Glenhuntly A		10:11.0h	
11 Walker, Rozlyn	W Glenhuntly A		10:12.0h	

S/BE F65

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****...Mixed 1500 Metre Race Walk RESULTS**

12 Klep, Chantal N/A	W Athletics Nu	10:20.0h
13 Garside, Emilie	W Yarra Ranges	10:25.0h
14 Doran, Anthony	M Glenhuntly A	10:38.0h
15 Peak, Kim	W Doncaster At	11:27.0h
16 Voogd, Debbie	W Ringwood Ath	11:32.0h
17 Basile, Allegría	W Doncaster At	12:23.0h
-- Borg, Tayla	W Diamond Vall	NT
-- Benke, Geza	M Old Melburni	NT

Mixed 3000 Metre Race Walk RESULTS

Name	Year Team	Seed	Finals	Points
1 Swan, Kyle	M Athletics Nu	12:02.0h		Y L/S
2 Blackwood, Mark	M Knox Athletic Club	13:06.0h		Y L/S
3 Morgan, Eden	M Knox Athletic Club	14:51.0h		Y L/S
4 Hay, Charlotte	W Knox Athletic Club	15:06.0h		Y L/S
5 Smith, Emily	W Knox Athletic Club	16:42.0h		Y L/S
6 Jamieson, Andrew	M Old Scotch A	16:47.0h		Y L/S
7 Louey, Grace	W Knox Athletic Club	17:04.0h		Y L/S
8 Baldy, Damian	M Knox Athletic Club	17:28.0h		Y L/S
9 Rosenbrock, Carolyn	W Athletics Nu	17:40.0h		Y L/S
10 Morgan, Mietta	W Knox Athletic Club	18:51.0h		Y L/S
11 Carr, Heather	W Glenhuntly A	19:06.0h		Y L/S F65
12 Thompson, Merylyn	W Mornington P	20:51.0h		Y L/S
13 Barrow, Geoffrey	M Mentone Athl	21:30.0h		Y L/S M65
-- Pashutina, Ariana	W Knox Athletic Club	X15:10.0h		N L/S
-- Pashutin, Daniel	M Knox Athletic Club	X16:08.0h		N L/S
-- Sommers, David	M Athletics Nu		DQ	18:43:00h

Mixed Long Jump 1.30pm Long Jump 1

Name	Year Team	Seed	Finals	Wind	Points
Flight 1					
1 Long, Lester	M Glenhuntly A	5.70m	5.05m	NWI	
2 Banks, Matthew	M Mornington P	4.90m	4.90m	NWI	
3 Mayston, Robert	M Box Hill Ath	4.75m	4.78m	NWI	
4 Chmara, Claudia	W Mentone Athl	4.90m	4.55m	NWI	
5 Rachor, Noah	M Dandenong Sp	4.30m	4.52m	NWI	
6 Dawe, Richard	M Mornington P	4.50m	4.29m	NWI	
7 Fulton, Lachlan	M Mentone Athl	4.00m	3.90m	NWI	
8 Dell, Liam	M Collingwood	4.15m	3.80m	NWI	
9 Parrott, Isabella	W Doncaster At	3.84m	3.69m	NWI	
10 Willey, Michael	M Yarra Ranges	5.30m	3.67m	NWI	
11 Drabkin, Ori T35;F35	M Maccabi Athl	4.01m	3.65m	NWI	
12 Peak, Emma	W Doncaster At	4.00m	3.64m	NWI	
13 Newling, Rob	M Mornington P	3.39m	3.44m	NWI	
14 Willey, Ciara	W Yarra Ranges	3.50m	3.39m	NWI	
15 Vorchheimer, Myer	M Maccabi Athl	3.18m	3.10m	NWI	
16 Dell, Kieran	M Collingwood	3.00m	2.78m	NWI	

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****Mixed Long Jump 1.30pm Contr Long Jump 2**

Name	Year Team	Seed	Finals	Wind	Points
1 Shaw, Blake	M Frankston At	7.30m	7.26m	0.4	
2 La Fontaine Pollard, Mar	M Mornington P	6.56m	6.46m	0.2	
3 Sullivan, Joshua	M Casey Cardin		6.16m	0.9	
4 Scerri, Mia	W Sandringham	6.12m	6.08m	NWI	
5 Grenade, Chloe	W Preston Athl	5.80m	5.99m	+0.0	
6 Wynne, Alessia	W Doncaster At	5.85m	5.82m	-1.5	
7 Lutui, Sami	M Athletics Nu	6.03m	5.76m	NWI	
8 Braun, Jeffrey	M Casey Cardin	6.19m	5.69m	1.1	
9 Francis, Abbey	W Sandringham	5.20m	5.26m	1.0	
10 Fitzgerald, Amy	W Sandringham	5.02m	5.19m	0.6	
11 Gray, Mia	W Sandringham	5.00m	5.08m	0.7	

Mixed Long Jump 2.45pm Long Jump 3

Name	Year Team	Seed	Finals	Wind	Points
1 Arogundade, Olaoluwa N/A	M Old Scotch A	6.00m	5.81m	NWI	
2 Abolencia, Samuel	M Diamond Vall	5.00m	5.53m	NWI	
3 Van Rooyen, Ashley	W Frankston At	5.39m	4.81m	NWI	
4 McDonald, Zoe	W Frankston At	4.60m	4.73m	NWI	
5 Sposato, Hayley	W Diamond Vall	4.66m	4.61m	NWI	
5 Furber, Isabelle	W Sandringham	4.76m	4.61m	NWI	
7 Little, Faith	W Sandringham	4.60m	4.54m	NWI	
8 Muthia, Uma	W Waverley Malvern	4.60m	4.50m	NWI	
9 Mellech, Zac	M Athletics Nu	4.36m	4.37m	NWI	
10 Lee, Sierra	W Dandenong Sp	4.22m	4.34m	NWI	
11 Louey, Grace	W Knox Athletic Club	4.00m	3.89m	NWI	
12 Fode, Emilia	W Sandringham	4.25m	3.80m	NWI	
13 Evans, Simon	M Box Hill Ath	3.38m	3.55m	NWI	
14 Williams, Tilly	W Mentone Athl	3.70m	3.53m	NWI	
15 Basile, Allegría	W Doncaster At	3.30m	3.34m	NWI	
16 Hessell, Amy	W Waverley Malvern	2.00m	2.81m	NWI	

Mixed Long Jump 2.45pm Long Jump 4

Name	Year Team	Seed	Finals	Wind	Points
1 Thomson, David	M Athletics Nu	6.66m	6.98m	NWI	
2 Hankinson, Zachary	M Diamond Vall	5.70m	5.89m	NWI	
3 Ung, Sasha	M Glenhuntly A	5.50m	5.47m	NWI	
4 Steen, Charlie	M Glenhuntly A	4.80m	5.09m	NWI	
5 Chapman, Alana	W Box Hill Ath	4.91m	5.01m	NWI	
6 Colgan, Molly	W Frankston At	5.14m	4.98m	NWI	
7 Krawczyk, Nick	M Knox Athletic Club	4.00m	4.94m	NWI	
8 Merrick, William	M Casey Cardin	4.66m	4.80m	NWI	
9 Wilcock, Sophie	W Sandringham	4.80m	4.65m	NWI	
10 Goss, Georgia	W Mornington P	4.69m	4.49m	NWI	
11 O'Callaghan, Neve	W Old Xaverian	4.24m	4.35m	NWI	
12 Krawczyk, Alex	M Knox Athletic Club	4.04m	4.31m	NWI	
13 Dux, Jessica	W Athletics Nu	4.30m	4.05m	NWI	
14 Morel, Reagan	M Mornington P	4.00m	3.84m	NWI	
15 Song, Sonya	W Sandringham	3.00m	3.80m	NWI	
16 Krawczyk, Brad	M Knox Athletic Club	5.75m	3.46m	NWI	

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****...Mixed Long Jump 2.45pm Long Jump 4**

17 Conroy, Emily	W Athletics Nu	3.34m	3.40m	NWI
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Mixed Long Jump 3.30pm Long Jump 5

Name	Year Team	Seed	Finals	Wind Points
1 Smerdon, Corey	M Casey Cardin	5.69m	5.50m	NWI
2 Blecher, David	M Maccabi Athl	5.67m	5.49m	NWI
3 Golonka, Nathan	M Glenhuntly A	5.30m	5.40m	NWI
4 Hurley, James	M Diamond Vall	5.19m	5.16m	NWI
5 Honner, Jaikiah	M Glenhuntly A	5.40m	5.08m	NWI
6 Soldati, Theo	M Glenhuntly A	4.95m	4.87m	NWI
7 Smerdon, Nicholas	M Casey Cardin	5.08m	4.68m	NWI
8 Blecher, Benjamin	M Maccabi Athl	4.60m	4.65m	NWI
9 Van Ravenstein, Cheyenne	W Dandenong Sp	3.85m	4.49m	NWI
10 McCool, Max	M Doncaster At	4.75m	4.35m	NWI
11 Avendano, Isabel	W Mornington P	4.00m	4.32m	NWI
12 Ashok, Arun	M Waverley Malvern	4.00m	4.26m	NWI
13 Pratt, Wil	M Mornington P	4.50m	4.23m	NWI
14 Sanford, Craig	M Waverley Malvern	3.00m	4.07m	NWI
15 Pashutin, Daniel	M Knox Athletic Club		3.96m	NWI
16 Pashutina, Ariana	W Knox Athletic Club		3.56m	NWI
17 Price, Lilly	W Williamstown	2.76m	2.58m	NWI
18 Haritos, Victoria	W Glenhuntly A	2.40m	2.44m	NWI

Mixed Long Jump 3.30pm Long Jump 6

Name	Year Team	Seed	Finals	Wind Points
1 Robinson, Corey	M Athletics Nu	6.20m	6.24m	NWI
2 Bertucci, Valentino	M Mentone Athl	6.53m	6.02m	NWI
3 Weiss, Ethan	M Maccabi Athl	5.60m	5.62m	NWI
4 Leith, Mackenzie	M Athletics Essendon	5.50m	5.45m	NWI
5 Parrott, Matthew	M Doncaster At	6.00m	5.35m	NWI
6 Hopkins, Hamish	M Ringwood Ath	5.50m	5.18m	NWI
7 Tickle, Aiden	M Box Hill Ath	5.35m	5.10m	NWI
8 Stanford, Josiah	M Athletics Nu	5.40m	5.01m	NWI
9 Hughes, Sarai	W Mornington P	5.01m	4.98m	NWI
10 Nixon, Darcy	M Box Hill Ath	4.68m	4.91m	NWI
11 Watts, Andrew	M Box Hill Ath		3.84m	NWI
11 Shackcloth, Orla	W Sandringham	4.11m	3.84m	NWI
13 Close, Andrew T12;F12	M Collingwood	3.25m	3.81m	NWI
14 Bridle, Christine	W Waverley Malvern	3.20m	3.29m	NWI
14 Cauchi, Mark	M Knox Athletic Club		3.29m	NWI

Mixed Long Jump 4.30pm Long Jump 7

Name	Year Team	Seed	Finals	Wind Points
1 Humphrey, Jordan	M Gippsland At	4.92m	5.12m	NWI
2 Zarafa, Sophie	W Box Hill Ath	5.00m	5.06m	NWI
3 Cheung, Evangeline	W Ringwood Ath	5.50m	5.02m	NWI
4 Miliias, Matthew	M Sandringham	5.30m	4.99m	NWI
5 Chapman, Alyssa	W Athletics Nu	4.70m	4.50m	NWI
6 Brancatisano, Cooper	M Box Hill Ath	4.50m	4.38m	NWI

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****...Mixed Long Jump 4.30pm Long Jump 7**

7	Craddock, Gemma	W	Glenhuntly A	4.80m	4.23m	NWI
8	Chapman, Kyla	W	Athletics Nu	4.57m	4.20m	NWI
9	Heward, Tyran	M	Ringwood Ath	5.52m	4.16m	NWI
10	Grace, Tahlia	W	Doncaster At	4.23m	4.06m	NWI
11	Sandison, Zach	M	Williamstown	4.70m	4.03m	NWI
12	Wilkins, Hayley	W	Yarra Ranges	4.20m	4.02m	NWI
13	Ilardi, Kara	W	Doncaster At	3.50m	3.32m	NWI
14	Benke, Geza	M	Old Melburni	2.67m	2.78m	NWI
15	Messerle, Narelle	W	Ringwood Ath	2.78m	2.67m	NWI

Mixed Long Jump 4.30pm Long Jump 8

Name	Year	Team	Seed	Finals	Wind	Points
1	Fairburn, Craig	M	Knox Athletic Club	5.00m	5.09m	NWI
2	Mogensen, Jack	M	Sandringham	4.72m	4.84m	NWI
3	Oliver, Katie	W	Diamond Vall	4.70m	4.42m	NWI
4	Giret, Jasmine	W	Box Hill Ath	4.20m	4.35m	NWI
5	Ross, Ishara	W	Box Hill Ath	4.30m	4.08m	NWI
6	Dell, Brendan	M	Collingwood	3.50m	4.03m	NWI
7	Arnold, Ashleigh	W	Old Scotch A	3.78m	4.00m	NWI
8	Senior, Carly	W	Box Hill Ath	3.70m	3.75m	NWI
8	Wright, Kirra T38;F38	W	Diamond Vall	3.86m	3.75m	NWI
10	Clark, Courtney	W	South Coast	3.03m	3.09m	NWI
11	Kearney, Madeleine	W	Doncaster At	2.70m	2.92m	NWI
12	Hewitson, Kathi	W	Yarra Ranges	1.00m	2.27m	NWI

Mixed Long Jump 5.30pm Long Jump 9

Name	Year	Team	Seed	Finals	Wind	Points
1	Dolman, Harrison	M	Box Hill Ath	5.00m	4.73m	NWI
2	Hewitson, Craig	M	Yarra Ranges	4.00m	3.76m	NWI
3	Ward, Mia	W	Athletics Nu	3.20m	3.01m	NWI

Mixed Long Jump 5.30pm Long Jump 10

Name	Year	Team	Seed	Finals	Wind	Points
1	Walker, Ashlinn	W	Athletics Nu	4.76m	4.44m	NWI
1	Mitchell, David	M	Doncaster At	4.50m	4.44m	NWI
3	Warrillow, Huw	M	St Kevin's A	3.50m	3.40m	NWI

Mixed Discus Throw 1.30pm Discus 1

Name	Year	Team	Seed	Finals	Points
1	Dyson, Nicholas	M	Ringwood Ath	50.39m	
2	Steen, Charlie	M	Glenhuntly A	42.00m	40.66m
3	Ruzbacky, George	M	Waverley Malvern		39.15m
4	Entwistle- Hardeman, Vic	W	Athletics Essendon	38.57m	34.69m
5	Fitzpatrick, Jessica	W	Diamond Vall	31.30m	28.15m
6	Rooke, Ashleigh	W	Yarra Ranges	28.00m	28.12m
7	Pennings, Nicole	W	Athletics Nu	28.00m	28.05m
8	Wilkins, Hayley	W	Yarra Ranges	27.00m	26.02m

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****...Mixed Discus Throw 1.30pm Discus 1**

9	Price, Lilly	W Williamstown	25.56m	24.49m
10	McLean, Louise	W Glenhuntly A	23.73m	22.98m
10	Jenkins, Dorn	W Mentone Athl	23.00m	22.98m
12	Eliadis, Theodore	M Casey Cardin		22.75m
13	Ford, Graham	M Doncaster At	25.00m	21.15m
14	Gumley, Lachlan	M Old Scotch A	25.40m	20.95m
15	Dell, Brendan	M Collingwood	20.00m	19.16m
16	Dell, Tony	M Collingwood	18.00m	17.71m
17	Bridle, Christine	W Waverley Malvern	14.00m	16.52m
18	Haag-Witherden, Chelsea	W Ringwood Ath	15.89m	16.42m
19	Close, Andrew T12;F12	M Collingwood		14.26m
20	Basile, Allegría	W Doncaster At	3.50m	14.02m
21	Ashok, Arun	M Waverley Malvern		13.95m
22	Vamben, Jean	M Dandenong Sp	14.00m	13.93m

Mixed Discus Throw 2.30pm Discus 2

Name	Year Team	Seed	Finals	Points
1	El Shorbagy, Seif	M Mentone Athl		41.10m
2	El Shorbagy, Haddi	M Mentone Athl		39.36m
3	Mills, Alexandra	W Diamond Vall	39.64m	38.82m
4	McCormick, Caitlyn	W Casey Cardin	36.66m	35.07m
5	Johansen, Nicole	W Ringwood Ath	30.00m	29.33m
6	Bertram, Cooper	M Athletics Nu	22.84m	28.14m
7	Sandison, Zach	M Williamstown	28.82m	26.21m
8	Coumaros, Peter	M Doncaster At	27.00m	25.70m
9	Carbery, Elise	W Athletics Nu	20.00m	22.80m
10	Pashutina, Ariana	W Knox Athletic Club		22.48m
11	Fode, Emilia	W Sandringham		20.84m
12	Newling, Rob	M Mornington P	17.88m	20.15m
13	Chapman, Kyla	W Athletics Nu	19.00m	18.76m
14	Pashutin, Daniel	M Knox Athletic Club		17.90m
15	Smith, Emily	W Knox Athletic Club	18.78m	17.71m
16	Parrott, Lula	W Doncaster At	17.89m	16.47m
17	Giret, Jasmine	W Box Hill Ath	14.00m	14.90m
18	Dell, Kieran	M Collingwood	15.00m	12.29m
19	Carr, Heather	W Glenhuntly A		10.80m
20	Hay, Charlotte	W Knox Athletic Club	13.00m	10.45m

Mixed Discus Throw 3.30pm Discus 3

Name	Year Team	Seed	Finals	Points
1	Mierisch, Brodie	M Doncaster At	48.00m	44.52m
2	Thomson, David	M Athletics Nu	42.00m	40.05m
3	Denton, Benjamin	M Casey Cardin	38.53m	36.01m
4	Blackburn, Oliver	M Box Hill Ath	25.00m	32.86m
5	Thokchom, Johannes	M Athletics Nu	33.00m	30.35m
6	Fairburn, Craig	M Knox Athletic Club		30.25m
7	Mierisch, Paul	M Doncaster At	28.00m	29.82m
8	Tarabay, Maddie	W Athletics Nu	25.00m	27.63m
9	Holohan, Anthony	M Sandringham	27.00m	25.94m
10	Firth, David	M Doncaster At	23.00m	24.02m
11	Klep, Chantal N/A	W Athletics Nu	20.66m	23.87m

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****...Mixed Discus Throw 3.30pm Discus 3**

12 Bentley, Ryan	M Waverley Malvern	23.00m	23.58m
13 Barnet, Ebony	W Box Hill Ath		23.06m
14 Golonka, Kurt	M Glenhuntly A	20.00m	21.80m
15 Harvey, Quinn	M Frankston At	24.93m	21.79m
16 McNamara, Mollie	W Doncaster At		20.50m
17 Dell, Liam	M Collingwood	22.00m	19.54m
18 Holohan, Dee	W Sandringham	19.00m	18.82m
19 Barrow, Geoffrey	M Mentone Athl	18.00m	17.71m
20 Robinson, Christine	W Victorian Ma		16.69m
21 Benke, Geza	M Old Melburni		16.59m
22 Ryan, Zoey	W Diamond Vall	20.00m	15.11m
23 Peak, Kim	W Doncaster At		11.63m

Mixed Discus Throw 4.30pm T&G Discus 4

Name	Year Team	Seed	Finals	Points
1 Watts, Andrew	M Box Hill Ath	28.00m	33.52m	
2 Krawczyk, Brad	M Knox Athletic Club	27.00m	24.74m	
3 Krawczyk, Nick	M Knox Athletic Club	28.00m	23.16m	
4 Evans, Simon	M Box Hill Ath		21.34m	
5 Kearney, Leighton	M Doncaster At	23.00m	19.84m	
6 Hollins, Isabella	W Glenhuntly A	20.00m	19.77m	
7 Lee, Sierra	W Dandenong Sp	15.25m	19.23m	
8 Walker, Ashlinn	W Athletics Nu	20.05m	18.65m	
8 Atkinson, James	M Waverley Malvern		18.65m	
10 Krawczyk, Alex	M Knox Athletic Club	18.00m	18.53m	
11 Smith, Wendy	W Doncaster At	14.00m	15.70m	
12 Peak, Emma	W Doncaster At	18.00m	15.10m	
13 Ross, Anna	W Glenhuntly A	16.00m	15.05m	
14 Soussan, Mickael	M Glenhuntly A	20.12m	12.96m	
15 Lakhotia, Sanskruti	W Coburg Harri		12.62m	
16 Shackcloth, Orla	W Sandringham	10.00m	12.41m	
17 Haritos, Victoria	W Glenhuntly A		11.88m	
18 King, Jennifer	W Glenhuntly A	16.00m	11.87m	
19 Louey, Grace	W Knox Athletic Club	8.00m	9.48m	
-- McCool, Max	M Doncaster At	12.00m	ND	

Mixed Discus Throw 5.00pm Contr Discus 5

Name	Year Team	Seed	Finals	Points
1 Leith, Mackenzie	M Athletics Essendon	49.00m	45.07m	
2 Carstairs, Shane	M Waverley Malvern	44.07m	43.13m	
3 Keeghan, Elise	W Athletics Nu	39.51m	38.30m	
4 Watts, Kobi	M Glenhuntly A	45.33m	36.84m	
5 Gilbert, Jordan	M Athletics Nu		35.53m	
6 Martin, Terry	M Box Hill Ath	35.00m	35.36m	
7 Firth, Jazmin	W Glenhuntly A	35.70m	34.06m	
8 Crawley, Andrew	M Glenhuntly A	35.01m	34.03m	
9 Furber, Isabelle	W Sandringham	34.05m	33.51m	
10 Menzies, Erin	W Williamstown	30.00m	31.70m	
11 Bull, Andrew	M Casey Cardin		30.35m	
12 Menzies, Madalyn	W Williamstown	31.92m	28.22m	
13 Matters, Toni	W Glenhuntly A	28.05m	27.82m	

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****...Mixed Discus Throw 5.00pm Contr Discus 5**

14	Hose, Ella T38;F38	W Ringwood Ath	22.00m	21.21m
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Mixed Discus Throw 6.00pm Discus 6

Name	Year Team	Seed	Finals	Points
1	Tanojevic, Tom	M Sandringham	33.00m	32.78m
2	Bain, Shannon	M Athletics Essendon	28.00m	26.92m
3	Kaufman, Patrick	M Glenhuntly A	22.50m	26.54m
4	Dawe, Richard	M Mornington P	26.00m	26.20m
5	Kaufman, Chloe	W Glenhuntly A	20.45m	25.35m
6	Cauchi, Mark	M Knox Athletic Club	24.80m	25.17m
7	Sparkes, Meg	W Yarra Ranges	25.00m	23.64m
8	Smith, Jasmine	W Doncaster At	26.00m	23.31m
9	Imbriano, Joel	M St Kevin's A		23.05m
10	Mahony, Craig	M Mornington P	20.00m	21.70m
11	Messerle, Narelle	W Ringwood Ath	20.00m	21.13m
12	Imbriano, Dino	M St Kevin's A		18.92m
13	Imbriano, Glen	M St Kevin's A		15.16m

Mixed Javelin Throw 1.30pm Contr Javelin 1

Name	Year Team	Seed	Finals	Points
1	Blackburn, Oliver	M Box Hill Ath	64.44m	62.04m
2	El Shorbagy, Haddi	M Mentone Athl	59.44m	54.20m
3	Mogensen, Jack	M Sandringham	62.07m	53.95m
4	El Shorbagy, Seif	M Mentone Athl	49.01m	44.58m
5	Firth, David	M Doncaster At	39.70m	41.52m
6	Bull, Andrew	M Casey Cardin	40.26m	34.30m
7	Song, Sonya	W Sandringham	32.00m	33.54m
8	Wilcock, Sophie	W Sandringham	35.00m	31.39m

Mixed Javelin Throw 2.30pm Javelin 2

Name	Year Team	Seed	Finals	Points
1	Ruzbacky, George	M Waverley Malvern		38.30m
2	Wilkins, Hayley	W Yarra Ranges	30.00m	31.14m
3	Steen, Charlie	M Glenhuntly A	30.00m	29.53m
4	Tarabay, Maddie	W Athletics Nu	30.41m	29.13m
5	Rooke, Ashleigh	W Yarra Ranges	30.00m	26.13m
6	Holohan, Anthony	M Sandringham	23.00m	24.09m
7	Ryan, Zoey	W Diamond Vall	22.00m	22.87m
8	Price, Lilly	W Williamstown	19.89m	22.19m
9	Hollins, Isabella	W Glenhuntly A	25.00m	21.76m
10	Pennings, Nicole	W Athletics Nu	21.00m	21.67m
11	Borg, Tayla	W Diamond Vall	15.00m	21.09m
12	Firth, Jazmin	W Glenhuntly A	18.01m	20.76m
13	Leith, Ella	W Athletics Essendon	22.20m	19.08m
14	Fulton, Lachlan	M Mentone Athl	15.00m	18.45m
14	Caton-Smith, Ines	W Diamond Vall		18.45m
16	Jenkins, Dorn	W Mentone Athl	17.00m	17.60m
17	Bridle, Christine	W Waverley Malvern	17.00m	16.51m
18	Holohan, Dee	W Sandringham	15.00m	15.96m

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****...Mixed Javelin Throw 2.30pm Javelin 2**

19 Robinson, Christine	W Victorian Ma		14.42m
20 Basile, Allegría	W Doncaster At	13.00m	14.29m
21 Peak, Kim	W Doncaster At		8.96m

Mixed Javelin Throw 3.30pm Javelin 3

Name	Year Team	Seed	Finals	Points
1 McLennan, Campbell	M Doncaster At	26.00m	33.47m	
2 Chapman, Alana	W Box Hill Ath	27.05m	28.59m	
3 Menzies, Erin	W Williamstown	27.00m	27.78m	
4 Carbery, Elise	W Athletics Nu	29.64m	27.51m	
5 Banks, Matthew	M Mornington P	28.00m	26.86m	
6 Johansen, Nicole	W Ringwood Ath	25.00m	25.63m	
7 Coumaros, Peter	M Doncaster At	26.00m	23.86m	
8 Menzies, Madalyn	W Williamstown	23.00m	22.53m	
9 Newling, Rob	M Mornington P	23.13m	21.25m	
10 Dolfini, John	M Waverley Malvern		20.05m	
11 Corbett, Tayla	W Frankston At		19.73m	
12 Parrott, Lula	W Doncaster At	18.82m	17.29m	
13 Heward, Tyran	M Ringwood Ath	24.00m	17.12m	
14 Ford, Graham	M Doncaster At	20.00m	16.95m	
15 Dell, Brendan	M Collingwood	20.00m	16.62m	
16 McLennan, Hamish	M Doncaster At	14.00m	15.42m	
17 McLennan, Lewis	M Doncaster At	12.00m	13.40m	
18 Carr, Heather	W Glenhuntly A		10.51m	F65
19 Dell, Kieran	M Collingwood	15.00m	8.62m	
-- Peak, Emma	W Doncaster At		ND	

Mixed Javelin Throw 4.30pm T&G Javelin 4

Name	Year Team	Seed	Finals	Points
1 Williams, Chris	M Sandringham	15.00m	27.11m	
2 Watts, Andrew	M Box Hill Ath	25.00m	23.86m	
3 Kearney, Leighton	M Doncaster At	24.00m	23.80m	
4 Elvish, Kaelah	W Ringwood Ath	20.00m	19.00m	
5 Imbriano, Dino	M St Kevin's A	18.00m	18.30m	
6 Mitchell, David	M Doncaster At	20.00m	17.02m	
7 Atkinson, James	M Waverley Malvern	14.85m	14.42m	
8 Louey, Grace	W Knox Athletic Club	10.00m	10.21m	
9 Shackcloth, Orla	W Sandringham	10.00m	9.84m	
10 Kearney, Lucy	W Doncaster At	8.00m	6.10m	
-- Bentley, Ryan	M Waverley Malvern	25.00m	ND	
-- Warrillow, Huw	M St Kevin's A		ND	
-- Evans, Simon	M Box Hill Ath	10.00m	ND	
-- Fitzgerald, Amy	W Sandringham	10.00m	ND	
-- Haritos, Victoria	W Glenhuntly A	11.00m	ND	
-- Skurka, Ben	M Mentone Athl	5.00m	ND	

Mixed Javelin Throw 5.00pm Javelin 5

Name	Year Team	Seed	Finals	Points
1 Fairburn, Craig	M Knox Athletic Club		35.76m	

2021/22 AVSL - Knox - Rd 4 - 4/12/2021**Knox Athletic Track****Results****...Mixed Javelin Throw 5.00pm Javelin 5**

2 Walker, Ashlinn	W Athletics Nu	14.67m	19.18m
3 McNamara, Mollie	W Doncaster At		17.97m
4 Messerle, Narelle	W Ringwood Ath	17.60m	17.45m
5 Benke, Geza	M Old Melburni		15.75m
6 Sparkes, Meg	W Yarra Ranges	15.00m	15.62m
7 Klep, Chantal N/A	W Athletics Nu	15.00m	14.38m
8 Smith, Emily	W Knox Athletic Club	11.85m	12.22m
9 Hay, Charlotte	W Knox Athletic Club	10.00m	9.31m

Flight 2

1 Sharma, Karanveer	M Casey Cardin	37.58m	38.09m
2 Tanojevic, Tom	M Sandringham	33.00m	30.63m
3 Cauchi, Mark	M Knox Athletic Club	30.20m	30.59m
4 Kaufman, Chloe	W Glenhuntly A	30.29m	27.79m
5 Kaufman, Patrick	M Glenhuntly A	28.75m	27.23m
6 Hughes, William	M Mornington P	25.62m	26.90m
7 Dawe, Richard	M Mornington P	25.00m	22.41m
8 Mahony, Craig	M Mornington P	20.00m	20.85m
9 Harvey, Quinn	M Frankston At	19.80m	20.18m
10 Smith, Jasmine	W Doncaster At	22.00m	18.05m
11 Dell, Liam	M Collingwood	18.00m	17.03m

Mixed Javelin Throw 6.00pm Javelin 6

Name	Year Team	Seed	Finals	Points
=====				
Flight 1				
1 Carstairs, Shane	M Waverley Malvern	43.00m	40.56m	
2 Keeghan, Elise	W Athletics Nu	33.00m	31.50m	
3 Furber, Isabelle	W Sandringham	20.00m	24.23m	
4 Matters, Toni	W Glenhuntly A		21.96m	
5 Lakhotia, Sanskruti	W Coburg Harri		20.20m	
6 Dell, Tony	M Collingwood	17.00m	16.56m	
7 Giret, Jasmine	W Box Hill Ath	14.00m	16.51m	
8 Grace, Tahlia	W Doncaster At	16.00m	13.24m	
9 Zarafa, Sophie	W Box Hill Ath	15.00m	13.07m	

Mixed Discus Throw 2.45pm Seated Discus

Name	Year Team	Seed	Finals	Points
=====				
1 Crees, Dayna T34;F34	W Casey Cardin		12.35m	

Mixed Javelin Throw 2.45pm Seated Javelin

Name	Year Team	Seed	Finals	Points
=====				
1 Crees, Dayna T34;F34	W Casey Cardin		12.03m	