

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****Women 3000 Metre Run RESULTS**

Name	Year Team	Finals
Section 1		
1 Wilson, Vanessa	Old Scotch	9:50.9h YES L/S
2 Goldsworthy, Abbey	Williamstown	10:34.0h YES L/S
3 Schulz, Alexandra	Williamstown	10:36.9h YES L/S
4 Hickey, Abbey	Sandringham	10:43.9h YES L/S
5 Raikhlin, Ortal	Maccabi	10:45.1h YES L/S
6 Hessell, Amy	Waverley-Malvern	11:05.4h YES L/S
7 Morton, Amelia	Box Hill	11:13.5h YES L/S
8 Noble, Fiona	Glenhuntly	11:23.8h YES L/S
9 Pratt, Joanne	Casey Cardinia	11:56.5h YES L/S
10 Muthia, Uma	Waverley-Malvern	12:01.4h YES L/S
11 Rees, Sabina	Mentone	12:03.9h YES L/S
12 Hart, Emily	Mentone	12:04.7h YES L/S
13 Ip, Kaman	Box Hill	12:10.8h YES L/S
14 Cleary, Caroline	Mentone	12:20.8h YES L/S
15 Johnson, Rachel	Box Hill	12:24.6h YES L/S
16 Hunter, Pia	Box Hill	12:26.8h YES L/S
17 Deramond, Lisa	Glenhuntly	13:58.5h YES L/S
18 Marston, Janice	Waverley-Malvern	14:41.7h YES L/S
-- Humphrey, Brigitte	St Stephens	DNF YES L/S
-- Irving, Claudia	Sandringham	DNF YES L/S

Women 1500 Metre Run RESULTS All

Name	Year Team	Finals
1 Caulfield, Maddison	Essendon	4:38.7h
2 Gerardi, Isabelle	Essendon	4:41.0h
3 King, Madison	Glenhuntly	4:41.8h
4 Mifsud, Emily	Essendon	4:49.6h
5 Lazzari, Matisse	Essendon	4:59.1h
6 Turver, Kiralee	Mornington	5:00.2h
7 Louw, Amber	Sandringham	5:04.1h
8 Brown, Freya	Mornington	5:06.1h
9 Scot-Dalgleish, Poppy	Diamond Valley	5:07.3h
10 Bourke, Lauren	Keilor St Bernards	5:10.5h
11 Lazar, Louisa	Sandringham	5:32.5h
Section 2		
1 Hessell, Amy	Waverley-Malvern	5:06.9h
2 Wadley, Emma	Glenhuntly	5:07.7h
3 Umezu, Raena	Dandenong-Sp	5:08.0h
4 Muthia, Uma	Waverley-Malvern	5:13.1h
5 Rogers, Allison	Essendon	5:14.2h
6 Senior, Charlotte	Doncaster	5:19.0h
7 Savage, Audrey	Essendon	5:19.3h
8 Williams, Millie	Sandringham	5:36.8h
9 Black, Sarah	Glenhuntly	5:39.0h
10 Cleary, Caroline	Mentone	5:49.0h
Section 3		
1 Dvir, Zahara	Doncaster	5:36.7h
2 Wenzel, Chloe	Doncaster	5:40.0h
3 Turner, Alanna	Doncaster	6:01.5h
4 Gilbert, Kara	Glenhuntly	6:03.9h
5 Michael, Carmen	Ringwood	6:09.1h
6 Gibson, Kerrie	Mentone	6:21.2h
7 Lague, Amelie T20;F20	Old Xaverians	6:52.4h
8 Marston, Janice	Waverley-Malvern	6:52.9h

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****...Women 1500 Metre Run RESULTS All**

9 Garside, Emilie	Yarra Ranges	7:25.8h
10 Deramond, Lisa	Glenhuntly	7:42.8h

Women 1500 Metre Run RESULTS All

Name	Year Team	Finals
Section 1		
1 Brooks, Ally	Diamond Valley	4:46.5h
2 Lesberg, Nicolette	Bendigo Uni	4:51.8h
3 Males, Nysa	Williamstown	4:52.3h
4 Young, Mikaila	Collingwood	4:59.3h
5 Raines, Isabelle	Coburg	5:05.2h
6 Bakker, Sanne	Doncaster	5:06.7h
7 Bukovsan, Paige	Ivanhoe	5:07.2h
8 Young, Jemma	Doncaster	5:10.8h
9 Bolmat, Sophie	Sandringham	5:11.7h
10 Hughes, Halle	Keilor St Bernards	5:12.6h
11 Donaldson, Ruby	Glenhuntly	5:18.4h
Section 2		
1 Donaldson, Poppy	Glenhuntly	5:24.4h
2 Ellis, Ruby	Essendon	5:25.7h
3 Ponchard, Olivia	Mornington	5:31.8h
4 McMinimee, Sophie	Western Athletics	5:45.5h
5 Gosney, Erika T36;F36	Williamstown	5:56.3h
6 Morrison, Sally	Mentone	6:00.5h
7 McKenzie, Debbie	Diamond Valley	6:04.0h
8 Brenner, Marli	Ivanhoe	6:05.8h
9 Khamis Ibrahim, Kaltouma	Mentone	6:35.3h
Section 3		
1 Gourlay, Marlene	Mentone	6:22.9h
2 Restuccia, Sarah	Coburg	6:27.5h
3 Gaisie, Josephine	Coburg	6:35.4h
4 Kilmartin, Sue	Doncaster	6:36.4h
5 Jordan, Lucy	Doncaster	6:42.0h
6 King, Michelle	Diamond Valley	6:45.6h
7 Hodgart, Janice	Western Athletics	6:56.2h
8 Moxon, Jo	Diamond Valley	6:58.6h
9 Beveridge, Ruby	Western Athletics	7:05.6h
10 Kennedy, Nina	Western Athletics	7:12.4h
11 Kane, Rebecca T20;F20	Preston	7:29.5h
12 Armstrong, Maggie	Essendon	7:40.1h
13 Scheuermann, Elyse	Diamond Valley	8:00.1h

Women 3000 Metre Run RESULTS All

Name	Year Team	Finals
Section 1		
1 Perry, Sophie	Invitational	10:22.6h
2 Brooks, Ally	Diamond Valley	10:53.6h
3 Van Der Kamp, Fieke	Diamond Valley	10:57.3h
4 Sarris, Kate	Keilor St Bernards	11:00.4h
5 Young, Mikaila	Collingwood	11:43.7h
6 Gurtler, Natasha	Collingwood	11:52.7h
7 Raines, Isabelle	Coburg	11:54.6h
8 Shanahan, Liv	Coburg	12:04.3h
9 Morrow, Adina	Preston	12:26.8h
10 Van Der Kamp, Seona	Diamond Valley	13:09.6h

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Women 3000 Metre Run RESULTS All**

Section 2

1	Bukovsan, Kate	Ivanhoe	12:53.3h
2	McMinimee, Sophie	Western Athletics	13:48.8h
3	Gourlay, Marlene	Mentone	13:50.6h
4	McKenzie, Debbie	Diamond Valley	13:56.7h
5	Morrison, Sally	Mentone	14:34.8h
6	Whitaker, Heather	Mentone	14:35.0h
7	Restuccia, Sarah	Coburg	14:47.6h
8	Hodgart, Janice	Western Athletics	15:16.7h
9	King, Michelle	Diamond Valley	15:34.12
10	Moxon, Jo	Diamond Valley	15:44.1h
11	Scheuermann, Elyse	Diamond Valley	16:35.6h

Women 4x100 Metre Relay PM All Women

Team	Finals
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Section 1

1	Western Athletics 'A'	55.91	
	1) Biao, Soumeya	2) Portelli, Chloe	
	3) Wong, Nicole	4) Wong, Nadia	
2	Diamond Valley 'A'	58.09	
	1) Genders, Mackenzie	2) Compton-Cook, Sophie	
	3) Meagher, Maddy	4) Papadopoulos, Sarah	
3	Keilor St Bernards 'A'	58.78	
	1) Hughes, Halle	2) Perrett, Chloe	
	3) Kennedy, Alex	4) Bain, Rebecca	
4	Diamond Valley 'B'	1:02.13	
	1) Wright, Kirra	2) Smith, Tara	
	3) Smith, Vanessa	4) Moxon, Alexia	
5	Ivanhoe 'A'	1:02.72	
	1) Bukovsan, Paige	2) Brenner, Marli	
	3) Rowe, Sami	4) Bukovsan, Kate	
--	Keilor St Bernards 'B'	X1:02.24	includes male
	1) Tormey, Margaret	2) Matthews, Catherine	
	3) Walshe, Kerry	4) Gunn, Nicole	

Women 4x100 Metre Relay AM All Women

Team	Finals	
--	Emerson SC 'B'	X1:35.59
--	Emerson SC 'C'	X1:36.71
--	Emerson SC 'A'	X1:37.15

Women 100 Metre Run AM

Name	Year Team	Finals
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Section 1 Wind: 0.3

1	Shaw, Danielle	Ringwood	12.33
2	Romanoff, Lucy	Frankston	12.52
3	Oliver, Katie	Diamond Valley	12.86
4	Minko, Corinna	Collingwood	13.01

Section 2 Wind: 0.5

1	Zarafa, Sophie	Box Hill	12.82
2	Lim, Jennifer	Box Hill	13.08
3	Spenceley, Amelia	Sandringham	13.22

Section 3 Wind: -0.8

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Women 100 Metre Run AM**

1	Silvester, Hayley	Mornington	13.21
2	Neale, Alyssa	Melbourne Uni	13.55
3	Morrissey, Sophia	Glenhuntly	13.59
Section 4 Wind: 0.8			
1	Craddock, Gemma	Glenhuntly	13.28
2	Arnold, Ashleigh	Old Scotch	13.90
3	Gray, Mia	Sandringham	13.92
Section 5 Wind: -0.2			
1	Leung, Gemma	Nunawading	13.41
2	Ventura, Sarah	Casey Cardinia	13.70
3	Rooke, Ashleigh	Yarra Ranges	13.93
3	Axarlis, Danielle	Maccabi	13.93
Section 6 Wind: 0.3			
1	Gillson, Tess	Diamond Valley	13.82
2	Senior, Carly	Box Hill	14.04
3	Muthia, Uma	Waverley-Malvern	14.08
4	Kerr, Jocelyn	St Kevins	14.13
5	Schroeter, Cheyenne	Box Hill	14.71
Section 7 Wind: -0.7			
1	Neecowen, Sugi	Diamond Valley	14.33
2	Willey, Ciara	Yarra Ranges	14.60
3	Dyer, Kobi-Lee STILL;TO;	Mornington	14.86
Section 8 Wind: 0.5			
1	Eickmeyer, Charlotte	Mornington	14.60
2	Walker, Ashlinn	Nunawading	15.54
Section 9 Wind: 0.3			
1	Anderson, Helen	Eaglehawk	15.81
2	Robinson, Christine	Vic Masters	16.81
Section 10 Wind: -0.7			
1	McNamara, Mollie	Doncaster	14.92
2	Bridle, Christine	Waverley-Malvern	16.87
3	Phoeung, Amanda	Emerson SC	19.12
4	Szuhai-Andrews, Jenny-Ro	Brunswick	19.27
5	Fabre, Sofie	Collingwood	19.38
Section 11 Wind: 1.0			
1	Dean, Catherine	Emerson SC	17.35
2	Woolridge, Abbie	Emerson SC	24.38
3	McGuire, Shae	Emerson SC	25.06
4	Harper, Ashley	Emerson SC	27.83
5	Schultz, Mihi	Emerson SC	28.08
6	Ruffles, Willow Mae	Emerson SC	29.40
Section 12 Wind: 0.8			
1	Akokonei, Ngarey	Emerson SC	17.88
2	Soe, Ra Dwe Ya	Emerson SC	18.70
3	Marvin, Layla	Emerson SC	20.40
4	James, Teagan	Emerson SC	23.15
5	Eng, Joanna	Emerson SC	23.45

Women 400 Metre Run AM

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	Name	Year Team	Finals
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Section 1			
1	Elvey, Paige	Frankston	57.68
2	O'Brien, Genevieve	Glenhuntly	58.98
3	Hanlon, Sophia	Glenhuntly	59.33
4	Reynolds, Nicole	Doncaster	59.54
5	Parry, Eve	Box Hill	1:02.24
Section 2			

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Women 400 Metre Run AM**

1	Pennings, Nicole	Nunawading	59.23
2	Morrissey, Sophia	Glenhuntly	1:00.59
3	Vijayakumar, Thanya	Glenhuntly	1:00.92
4	Delbridge, Lucy	Collingwood	1:01.17
5	Haidar, Karen	Mentone	1:01.25
6	Bakker, Sanne	Doncaster	1:04.36
Section 3			
1	Sommer-Allie, Ameya	Glenhuntly	1:03.15
2	Hartnett, Piper	Collingwood	1:03.37
3	Arnold, Ashleigh	Old Scotch	1:03.64
4	Miles, Meg	Invitational	1:05.30
5	Willey, Ciara	Yarra Ranges	1:06.92
Section 4			
1	Neecowen, Sugi	Diamond Valley	1:05.06
2	Scot-Dalgleish, Poppy	Diamond Valley	1:06.01
3	Rooke, Ashleigh	Yarra Ranges	1:09.37
4	Donaldson, Ruby	Glenhuntly	1:10.02
5	Campillos, Clara T20;F20	Old Xaverians	1:14.77
Section 5			
1	Anderson, Helen	Eaglehawk	1:14.86
2	Gilbert, Kara	Glenhuntly	1:15.14
3	McLennan, Laura	Doncaster	1:19.53
4	Dyer, Kobi-Lee STILL;TO;	Mornington	1:19.65
5	Cleary, Caroline	Mentone	1:22.55
Section 6			
1	Basile, Allegría	Doncaster	1:19.19
2	Rees, Sabina	Mentone	1:20.09
3	Robinson, Christine	Vic Masters	1:22.79
4	Deramond, Lisa	Glenhuntly	1:32.59
5	Fabre, Sofie	Collingwood	1:43.71
Section 7			
1	Akokonei, Ngarey	Emerson SC	1:36.65
2	Soe, Ra Dwe Ya	Emerson SC	1:50.48
3	Marvin, Layla	Emerson SC	1:52.62
4	Woolridge, Abbie	Emerson SC	2:01.64
5	James, Teagan	Emerson SC	2:14.91
6	McGuire, Shae	Emerson SC	2:22.38
7	Schultz, Mihi	Emerson SC	3:28.26

Women 100 Metre Run PM

Name	Year Team	Finals
=====		
Section 1 Wind: -2.5		
1	Bain, Rebecca	Keilor St Bernards 12.69
2	Biao, Soumeya	Western Athletics 12.77
3	Perrett, Chloe	Keilor St Bernards 13.37
Section 2 Wind: -1.3		
1	Lim, Becky	Box Hill 12.86
2	Iyer, Akshaya	Melbourne Uni 13.34
3	Blair, Elisha	Diamond Valley 13.46
Section 4 Wind: NWI		
1	Patsouras, Aris	Preston 13.61
2	Mangion, Kaylee	Essendon 14.13
3	Genders, Mackenzie	Diamond Valley 14.23
Section 5 Wind: -0.8		
1	Chapman, Kyla	Nunawading 14.00
2	Van Ravenstein, Cheyenne	Dandenong-Sp 14.17
2	Liyanage, Neha	Ringwood 14.17

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Women 100 Metre Run PM**

4 Wong, Nadia	Western Athletics	14.41
5 Brooks, Ally	Diamond Valley	14.60
Section 6	Wind: -0.8	
1 Grace, Tahlia	Doncaster	14.62
2 Wong, Nicole	Western Athletics	14.72
3 Portelli, Chloe	Western Athletics	14.85
Section 7	Wind: -1.0	
1 Harris, Summer	Western Athletics	14.46
2 McInerney, Sarah	Western Athletics	14.52
3 Compton-Cook, Sophie	Diamond Valley	14.92
4 Hughes, Halle	Keilor St Bernards	15.29
5 Raines, Isabelle	Coburg	15.98
Section 8	Wind: -2.4	
1 Giddy, Penny	Box Hill	14.52
2 Peak, Emma	Doncaster	15.09
3 Paton, Chelsea	Preston	15.58
4 Brenner, Marli	Ivanhoe	15.86
5 Thompson, Lucie	St Kevins	16.03
Section 9	Wind: -2.9	
1 Gaisie, Josephine	Coburg	14.80
2 McLean, Louise	Glenhuntly	15.61
3 Davies, Ruby	St Kevins	15.77
4 Wright, Kirra T38;F38	Diamond Valley	16.17
5 Bukovsan, Kate	Ivanhoe	16.68
Section 10	Wind: -2.5	
1 Bukovsan, Paige	Ivanhoe	15.96
2 Clifford, Elsie	Diamond Valley	16.21
3 Young, Mikaila	Collingwood	16.23
4 Jordan, Lucy	Doncaster	16.40
5 Matthews, Catherine	Keilor St Bernards	16.54
6 Kennedy, Alex	Keilor St Bernards	17.32
Section 11	Wind: -1.3	
1 Corney, Anna	Collingwood	16.03
2 Perumal, Liara	Williamstown	16.07
3 Smith, Wendy	Doncaster	16.26
4 Moxon, Alexia	Diamond Valley	16.43
5 Gunn, Nicole	Keilor St Bernards	16.49
6 Rowe, Sami	Ivanhoe	16.57
Section 12	Wind: -2.8	
1 Parrott, Lula	Doncaster	16.40
2 Tormey, Margaret	Keilor St Bernards	16.48
3 Reardon, Renee	Doncaster	17.39
4 Van Der Kamp, Seona	Diamond Valley	18.38
Section 13	Wind: -3.9	
1 Papadopoulos, Sarah	Diamond Valley	17.57
2 Beveridge, Ruby	Western Athletics	18.49
3 Paton, Hannah	Preston	19.00
4 Armstrong, Maggie	Essendon	20.21
Section 14	Wind: -3.8	
1 Peak, Kim	Doncaster	19.09
2 Gourlay, Marlene	Mentone	19.39
3 Hodgart, Janice	Western Athletics	20.02
4 Van Der Kamp, Fieke	Diamond Valley	20.23
Section 15	Wind: -2.7	
1 Klotz, Saskia	St Kevins	15.04
2 Scheuermann, Elyse	Diamond Valley	20.48
3 Moxon, Jo	Diamond Valley	21.36
4 Cashin, Brenda	Western Athletics	22.62

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022

Lakeside Stadium

Results

Women 400 Metre Run PM

Name	Year Team	Finals
Section 1		
1 Landen, Shanie	Maccabi	56.98
2 Dingeldei, Elizabeth	Sandringham	57.87
3 Santosh, Tanasha	Glenhuntly	59.42
4 Flynn, Alessandra	Doncaster	59.61
5 Doherty, Ella	Box Hill	1:00.12
6 McKinley, Amy	Glenhuntly	1:01.08
7 Barone, Meka	Sandringham	1:01.23
Section 2		
1 Hill, Bridie	St Kevins	59.97
2 Mackrell, Janae	Western Athletics	1:00.04
3 Vincent, Gabrielle	South Melbourne	1:00.73
4 Jackson, Sophie	Sandringham	1:01.59
5 Edelstein, Skye	Maccabi	1:01.66
6 Barrett, Kaylah	Frankston	1:05.82
Section 3		
1 Chapman, Kyla	Nunawading	1:05.89
2 McInerney, Sarah	Western Athletics	1:06.28
3 Hughes, Halle	Keilor St Bernards	1:07.50
4 Bukovsan, Paige	Ivanhoe	1:07.82
5 Klotz, Saskia	St Kevins	1:09.63
6 Davies, Ruby	St Kevins	1:13.41
Section 4		
1 King, Gabrielle	Doncaster	1:06.92
2 Raines, Isabelle	Coburg	1:08.45
3 Morgan, Emily	Western Athletics	1:11.72
4 Peak, Emma	Doncaster	1:13.63
5 Thompson, Lucie	St Kevins	1:14.27
6 Rowe, Sami	Ivanhoe	1:17.25
Section 5		
1 Brenner, Marli	Ivanhoe	1:09.87
2 Young, Mikaila	Collingwood	1:11.18
3 Bukovsan, Kate	Ivanhoe	1:12.11
4 Quinn, Sophia	Mentone	1:12.63
5 Harris, Summer	Western Athletics	1:14.08
6 Nock, Isabelle	Invitational	1:17.53
Section 6		
1 Thomas, Stephanie	Western Athletics	1:12.39
2 Tormey, Margaret	Keilor St Bernards	1:20.31
3 Smith, Wendy	Doncaster	1:21.75
4 Wright, Kirra T38;F38	Diamond Valley	1:22.59
Section 7		
1 Khamis Ibrahim, Kaltouma	Mentone	1:21.02
2 Beveridge, Ruby	Western Athletics	1:24.27
3 Gunn, Nicole	Keilor St Bernards	1:25.43
4 Kennedy, Alex	Keilor St Bernards	1:28.01
5 Restuccia, Sarah	Coburg	1:28.64
6 Armstrong, Maggie	Essendon	1:32.87
Section 8		
1 Reardon, Renee	Doncaster	1:30.41
2 Kane, Rebecca T20;F20	Preston	1:32.26
3 Kilmartin, Sue	Doncaster	1:34.91
4 Peak, Kim	Doncaster	1:38.69

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****Women 200 Metre Hurdles 76.2cm H76A**

Name	Year Team	Finals
Section 1 Wind: NWI		
1 Leung, Gemma	Nunawading	31.34
2 Henry, Vegas	Sandringham	33.45
3 Kerr, Jocelyn	St Kevins	34.97

Women 400 Metre Hurdles 76.2cm H76A

Name	Year Team	Finals
Section 1		
1 Elvey, Paige	Frankston	1:01.80
2 Reynolds, Nicole	Doncaster	1:04.06
3 McKinley, Amy	Glenhuntly	1:06.30

Women 200 Metre Hurdles 76.2cm H76P

Name	Year Team	Finals
Section 1 Wind: -1.8		
1 Lander, Jamieson	Diamond Valley	33.75

Women 300 Metre Hurdles 76.2cm H76P

Name	Year Team	Finals
Section 1		
1 Matthews, Catherine	Keilor St Bernards	58.21

Women 400 Metre Hurdles 76.2cm H76P

Name	Year Team	Finals
1 Dreyer, Carla	Ringwood	1:06.31
2 Elvish, Kaelah	Ringwood	1:07.12
3 McEvoy, Maire	Keilor St Bernards	1:10.86
-- Powell, Kundali	Sandringham	DNF

Men 3000 Metre Run RESULTS

Name	Year Team	Finals
1 Weitsz, Robert	Western Athletics	8:55.2h
2 Muscat, Brandon	Western Athletics	9:01.9h
3 Munro, Nathan	Old Scotch	9:05.1h
4 Chan, Seth	Old Scotch	9:21.5h
5 Vial, Rory	Old Scotch	9:23.7h
6 Giakoumis, Jonathan	Old Scotch	9:24.5h
7 Sullivan, Conor	Old Scotch	9:55.8h
8 Ganley, Bradley	Western Athletics	10:30.0h
9 Glover, Jackson	Western Athletics	10:51.1h
10 Glover, Thomas	Western Athletics	11:00.4h
11 Hewett, Archie	Mornington	11:35.2h
-- Chefnaoui, Bouchaib	Essendon	X8:57.6h No Lapscore
-- Johnson, Michael	Richmond	X9:30.0h No Lapscore
-- Patton, Matthew	Knox	X9:35.6h No Lapscore
-- Bhuller, Shyam	Melbourne Uni	X10:08.8h No Lapscore
-- Van Der Kamp, Peter	Diamond Valley	X10:31.2h No lapscore

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Men 3000 Metre Run RESULTS**

Section 2

1 Lynch, Matthew	St Kevins	10:18.4h	
2 Evans, Andrew	Collingwood	10:44.7h	
3 Knight, Gordon	Traralgon	11:11.9h	
4 Picken, Alexander	Collingwood	11:20.7h	
5 Cauchi, Tony	Coburg	11:27.3h	
6 Bennett, Nathan	Keilor St Bernards	11:30.5h	
7 Kozica, Jason	St Kevins	12:31.7h	
8 Curry, John	Doncaster	12:37.7h	
9 Van Dongen, Rupert	Mentone	12:44.6h	
10 Kennedy, Carl	Coburg	13:15.1h	
11 Holloway, Tim	Coburg	13:24.0h	
12 Kennedy, Thomas	Keilor St Bernards	13:52.5h	
13 Hopkins, Jim	Collingwood	14:12.8h	
14 Kennedy, Paul	Keilor St Bernards	14:32.8h	
-- McKenzie, Andrew	Diamond Valley	X13:03.9h	No lapscore
-- Wong, Cyrus	Diamond Valley	X14:39.8h	No lapscore

Men 4x100 Metre Relay PM

Team	Finals
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Section 1

1 Western Athletics 'A'	51.42
1) Glover, Jackson	2) Mathieu, Bol
3) Hodgart, Ben	4) Macaulay, Kaelan
2 Collingwood 'A'	53.73
1) Dell, Liam	2) Sayer, Lachlan
3) Dell, Brendan	4) Rosa, Nicholas
3 Diamond Valley 'B'	53.80
1) Wong, Cyrus	2) Van Der Kamp, Peter
3) Rudd, Darren	4) Scott, Adam
4 St Kevins 'A'	54.38
1) Lynch, Matthew	2) Mioni, Tristan
3) Klotz, Saskia	4) Davies, Ruby
5 Collingwood 'B'	1:00.63
1) Galea, Marty	2) Lovell, Scott
3) Dell, Tony	4) Sayer, Jim
6 Collingwood 'C'	1:00.74
1) Lombardo, Michael	2) Dell, Kieran
3) Close, Andrew	4) Ryan, Marcus
7 Diamond Valley 'A'	1:05.23
1) Cripps, Jarryd	2) Rudd, Jordan
3) McKenzie, Andrew	4) McKenzie, Debbie

Men 4x100 Metre Relay AM

Team	Finals
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1 Maccabi 'A'	49.84
1) Blecher, Benjamin	2) Datt, Gidon
3) Benson, Adam	4) Axarlis, Danielle
2 St Kevins 'A'	49.99
1) Sewak, Noah	2) Cantwell, Sam
3) McGarry, Peter	4) Kerr, James
3 Coburg 'A'	54.60
1) Tobgui, Jabez	2) Blake, Jay
3) Carney, Michael	4) Pearmain, Ben
4 Mornington 'A'	55.26

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Men 4x100 Metre Relay AM**

- | | |
|-------------------|------------------|
| 1) Pratt, Wil | 2) Dawe, Richard |
| 3) Banks, Matthew | 4) Newling, Rob |

Section 2

-- Emerson SC 'A'	X1:11.53
-- Emerson SC 'B'	X1:14.60
-- Emerson SC 'C'	X1:16.58
-- Emerson SC 'D'	X1:36.50

Men 1500 Metre Run RESULTS All

Name	Year Team	Finals
Section 1		
1 Langborne, Mitchel	Keilor St Bernards	3:52.1h
2 Bell, Jacob	Keilor St Bernards	3:52.6h
3 Greig, David	Ivanhoe	3:54.8h
4 Morrell, Bailley	Knox	3:56.8h
5 Matthews, Patrick	Keilor St Bernards	3:58.4h
6 Egodawatte, Dilan	Keilor St Bernards	3:59.3h
7 Kernahan, Michael	Mentone	4:07.3h
8 Sostaric, Matthew	Essendon	4:09.6h
9 Grills, Ethan	Geelong Guild	4:13.1h
10 Carey, Andrew	Williamstown	4:13.6h
11 Farrelly, Sebastian	Mornington	4:14.5h
12 Kluckow, Tommy	Old Scotch	4:15.1h
-- Forster, Tom	St Kevins	DNF
Section 2		
1 Gibson, Alexander	Mentone	4:16.9h
2 Forster, Ben	St Kevins	4:21.3h
3 Carlin, Joshua	Nunawading	4:22.4h
4 Ashworth, Angus	Old Melburnians	4:22.9h
5 Vernal, Alan	Nunawading	4:23.7h
6 Shears-Jones, Alex	Old Scotch	4:25.6h
7 Pizer-Di Ciero, James	Mentone	4:28.7h
8 McCarthy, Brody	Diamond Valley	4:29.7h
9 Benipal, Anmol	South Melbourne	4:31.8h
10 Banks, Teddy	Mornington	4:32.5h
11 Fly, Mitchell	Mentone	4:35.2h
12 Ibic, Max	Keilor St Bernards	4:42.8h
13 Grodski, Asher	Maccabi	4:44.9h
Section 3		
1 Harris, Ky	Yarra Ranges	4:27.7h
2 Merhi, Sami	Mentone	4:28.8h
3 Gibson, Edward	Mentone	4:33.4h
4 Gee, Xavier	Mornington	4:39.2h
5 McEvoy, Andrew	Glenhuntly	4:40.2h
6 Pamminger, Lucas	Box Hill	4:41.9h
7 Schwerkolt, Robert	Old Scotch	4:43.4h
8 Beitmanas, Luke	Mentone	4:51.5h
9 Stubbs, Hugo	Old Scotch	4:52.4h
10 Lindeman, Thomas	Old Scotch	4:53.4h
11 Mirihana, Kavin	Nunawading	4:56.0h
12 Agil, Jusuf	South Melbourne	5:38.7h
Section 4		
1 Trott, Robert	Mornington	4:50.1h
2 Ashok, Arun	Waverley-Malvern	4:55.3h
3 Williams, Chris	Sandringham	4:56.8h
4 Fulton, Lachlan	Mentone	5:00.4h
5 Pearmain, Ben	Coburg	5:03.2h

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****...Men 1500 Metre Run RESULTS All**

6	Beitmanas, Jake	Mentone	5:04.6h
7	Goodings, Brock	Doncaster	5:06.3h
8	O'Rourke, Connor	Dandenong-Sp	5:15.1h
9	Bourke, Russell	Keilor St Bernards	5:16.3h
10	Lim, Ernest	Waverley-Malvern	5:17.4h
11	Gibson, Vernon	Mentone	5:21.1h
Section 5			
1	Gibson, Samuel	Mentone	5:26.7h
2	Wright, Jeffrey	Knox	5:29.3h
3	Goodman, Luke	St Kevins	5:37.8h
4	Tabit, Sam	Coburg	5:39.6h
5	Rushen, Peter	Glenhuntly	5:46.9h
6	Moore, Gregory	Keilor St Bernards	6:04.4h
7	Newling, Rob	Mornington	6:22.7h
8	Donahoo, Mark	Essendon	6:37.3h
--	Usher, Shane	Glenhuntly	DNF

Men 1500 Metre Run RESULTS All

Name	Year Team	Finals	
Section 1			
1	Weitsz, Robert	Western Athletics	4:07.8h
2	McMinimee, Ethan	Western Athletics	4:10.2h
3	Philip, Josh	Ivanhoe	4:10.8h
4	Langdon, Thomas	Ivanhoe	4:11.5h
5	Martello, Michael	Essendon	4:13.4h
6	Chan, Seth	Old Scotch	4:15.4h
7	Asi, Jen	Knox	4:16.1h
8	Pratt, Oliver	Mornington	4:16.8h
9	Giakoumis, Jonathan	Old Scotch	4:20.2h
10	Waters, Jack	Box Hill	4:22.5h
11	Denboer, Tyler	Melbourne Uni	4:29.7h
Section 2			
1	Marasco, Lachlan	Doncaster	4:18.4h
2	Cripps, Jarryd	Diamond Valley	4:21.1h
3	Ganley, Bradley	Western Athletics	4:21.7h
4	Luke, Max	Collingwood	4:21.9h
5	Glover, Thomas	Western Athletics	4:23.6h
6	Morrison, Benjamin	Ivanhoe	4:24.0h
7	Uecker, Nathanael	Doncaster	4:33.9h
8	Mathews, Luke	Keilor St Bernards	4:34.6h
9	Rossato, Toby	Preston	4:41.6h
10	Van Der Kamp, Peter	Diamond Valley	4:44.0h
11	Rees, Daniel	Essendon	4:46.3h
12	Sutherland, Charlie	Glenhuntly	4:49.7h
13	Alex, James	Collingwood	4:52.0h
14	Soussan, Mickael	Glenhuntly	4:55.4h
Section 3			
1	Lewis, William	Casey Cardinia	4:40.0h
2	Evans, Andrew	Collingwood	4:42.4h
3	Gibbs, James	Glenhuntly	4:45.6h
4	Hewett, Archie	Mornington	4:49.8h
5	Reed, Jack	Preston	4:53.6h
6	Mangoni, Oliver	Dandenong-Sp	4:54.6h
7	Mileto, Harley	Ivanhoe	4:54.8h
8	Schaap, Carl	Western Athletics	4:56.6h
9	Muscat, Aiden	Western Athletics	4:58.4h
10	Roberts, Jack	Keilor St Bernards	5:06.6h

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****...Men 1500 Metre Run RESULTS All**

11	Fitzgibbon, Austin	Collingwood	5:27.1h
Section 4			
1	Knight, Gordon	Traralgon	5:04.8h
2	Bergin, Matthew	Mentone	5:06.6h
3	Cauchi, Tony	Coburg	5:08.4h
4	Miesen, Paul	Keilor St Bernards	5:10.9h
5	Macaulay, Kaelan	Western Athletics	5:11.2h
6	Baldry, Alan	Western Athletics	5:18.5h
7	Carey, Mark	Essendon	5:27.8h
8	Bergin, Chris	Mentone	5:39.1h
9	Mathews, Brian	Keilor St Bernards	5:42.4h
10	Rudd, Jordan T20;F20	Diamond Valley	5:43.2h
11	Gallacher, Michael	Doncaster	5:44.7h
12	Wong, Cyrus	Diamond Valley	6:15.1h
Section 5			
1	Van Dongen, Rupert	Mentone	5:43.1h
2	Holloway, Tim	Coburg	6:12.5h
3	Capetillo, Oscar	Coburg	6:14.7h
4	Kennedy, Carl	Coburg	6:16.9h
5	Hopkins, Jim	Collingwood	6:37.3h
6	Fitzgerald, Adrian	Essendon	6:42.3h
7	Derby, Shane	Collingwood	6:46.0h
8	Christidis, Theodore	Preston	6:48.7h
9	Clark, Charles	Coburg	7:09.3h
10	Goodger, Matthew Mental;	Essendon	7:27.1h
11	Hodgart, Mal	Western Athletics	7:53.1h

Men 3000 Metre Run RESULTS All

Name	Year Team	Finals
Section 1		
1	Diamond, Thomas	Box Hill 8:10.2h YES L/S
2	Buckeridge, Douglas	Box Hill 8:15.7h YES L/S
3	Dyer, Zachery	Mornington 9:32.4h YES L/S
4	Provan, Cooper	St Kevins 9:42.8h YES L/S
5	Matthews, Patrick	Keilor St Bernards 9:49.7h YES L/S
6	Langborne, Mitchel	Keilor St Bernards 9:50.9h YES L/S
7	Egodawatte, Dilan	Keilor St Bernards 9:51.8h YES L/S
8	McCarthy, Brody	Diamond Valley 10:03.0h YES L/S
9	Turver, Andrew	Mornington 10:04.1h YES L/S
10	Grodski, Asher	Maccabi 10:44.7h YES L/S
--	Portwood, John	Doncaster X8:42.9h NO L/S
--	Dalton, Jack	Doncaster X9:21.0h NO L/S
--	McDonald, Alistair	Western Athletics X9:31.5h NO L/S
--	Lawson, David	Richmond X10:29.4h NO L/S
--	Noakes, Archie	Essendon DNF YES L/S
Section 2		
1	Rees, Daniel	Essendon 10:00.8h YES L/S
2	Lawson, Corey	Mentone 10:18.2h YES L/S
3	Thomas, Michael	Mornington 10:18.9h YES L/S
4	Trott, Robert	Mornington 10:25.2h YES L/S
5	Bishop, Michael	Mornington 10:30.1h YES L/S
6	Boxall, Marcus	Waverley-Malvern 10:42.0h YES L/S
7	Greig, Barry	Ivanhoe 10:49.0h YES L/S
8	Graham, Mitchell	Ringwood 10:50.0h YES L/S
9	Pearmain, Ben	Coburg 11:08.2h YES L/S
10	Rushen, Peter	Glenhuntly 11:11.0h YES L/S
11	Rachor, Noah	Dandenong-Sp 11:40.5h YES L/S

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****...Men 3000 Metre Run RESULTS All**

12	Lim, Ernest	Waverley-Malvern	11:41.4h	YES	L/S
13	Wright, Jeffrey	Knox	11:44.7h	YES	L/S
14	Gaunt, Peter	Collingwood	11:59.9h	YES	L/S
--	Goodman, Luke	St Kevins	X11:24.0h	NO	L/S
--	Agil, Jusuf	South Melbourne	X11:53.5h	NO	L/S

Section 3

1	Williams, Chris	Sandringham	11:02.2h	YES	L/S
2	Willey, Michael	Yarra Ranges	12:05.2h	YES	L/S
3	Brain, Tony	Melbourne Uni	12:37.8h	YES	L/S
4	Tabit, Sam	Coburg	12:39.5h	YES	L/S
5	Kondogonis, John	Keilor St Bernards	12:46.2h	YES	L/S
6	Moore, Gregory	Keilor St Bernards	13:11.8h	YES	L/S
7	Campisi, Joseph	Glenhuntly	13:44.0h	YES	L/S
8	Ryan, Michael	Glenhuntly	14:05.5h	YES	L/S
9	Murphy, Stephen	Essendon	15:35.5h	YES	L/S

Men 100 Metre Run AM

Name	Year	Team	Finals
Section 1 Wind: 0.4			
1		Frankston	11.00
2		Old Melburnians	11.27
3		Western Athletics	11.36
Section 2 Wind: -0.4			
1		St Kevins	11.55
2		Nunawading	11.60
3		Nunawading	11.65
4		Essendon	11.67
5		Glenhuntly	11.81
Section 3 Wind: -0.4			
1		Diamond Valley	11.78
2		Frankston	11.79
3		Sandringham	11.83
4		Essendon	11.84
5		Diamond Valley	11.85
6		St Kevins	12.09
Section 4 Wind: -1.7			
1		Nunawading	11.85
2		Sandringham	11.89
3		Frankston	12.04
4		Collingwood	12.13
5		Diamond Valley	12.17
6		Glenhuntly	12.42
Section 5 Wind: -1.7			
1		Nunawading	11.94
2		Nunawading	11.99
3		Diamond Valley	12.31
4		Maccabi	12.42
5		Coburg	13.10
Section 6 Wind: -0.4			
1		Ringwood	11.97
2		Frankston	12.18
3		Box Hill	12.20
4		Box Hill	12.35
5		Nunawading	12.62
Section 7 Wind: +0.0			
1		Box Hill	12.01
2		Knox	12.21

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Men 100 Metre Run AM**

3	Maher, Tim	Mentone	12.29
4	Weickhardt, Sebastian	Essendon	12.48
5	Blackburn, Harry	Box Hill	12.50
6	Smerdon, Corey	Casey Cardinia	12.77
Section 8 Wind: 0.3			
1	Cantwell, Sam	St Kevins	12.05
2	Hopkins, Hamish	Ringwood	12.17
3	Cummings, Marlon	Vic Masters	12.59
4	Knight, Lucas	Box Hill	12.67
5	O'Rourke, Nicholas	Dandenong-Sp	12.70
Section 9 Wind: 0.9			
1	Stevens, Arden	Essendon	12.34
2	Metin, Aydin	Williamstown	12.39
3	Tobgui, Jabez	Coburg	12.43
4	Ward, Patrick	Doncaster	12.52
Section 10 Wind: -0.3			
1	Anderson, Alan	Eaglehawk	12.53
2	Harris, Connor	Box Hill	12.84
3	Baker, Cameron	Box Hill	13.10
4	Benipal, Anmol	South Melbourne	13.54
Section 11 Wind: NWI			
1	Moore, Oliver	Old Scotch	12.55
2	Wilson, Isaac	Preston	12.80
3	Hunak, Kai	Invitational	12.84
4	Banks, Teddy	Mornington	12.94
5	Mirihana, Kavin	Nunawading	12.99
6	De Biasi, Luke	Diamond Valley	13.94
Section 12 Wind: 0.2			
1	Jeanes, Zachariah	Dandenong-Sp	12.74
2	Beitmanas, Luke	Mentone	12.97
3	Smerdon, Nicholas	Casey Cardinia	13.44
Section 13 Wind: -0.7			
1	Merrick, William	Casey Cardinia	13.02
2	James, Dale	Melbourne Uni	13.30
3	Schroeter, James	Box Hill	13.95
Section 14 Wind: +0.0			
1	Rachor, Noah	Dandenong-Sp	12.77
2	Asllanaj, Mark	Essendon	13.50
3	Dawe, Richard	Mornington	14.10
Section 15 Wind: -0.4			
1	Weerasinghe, Andrew	Nunawading	13.42
2	Hewitson, Craig	Yarra Ranges	13.96
3	Carney, Michael	Coburg	14.15
4	Drabkin, Ori T35;F35	Maccabi	14.20
5	Agil, Jusuf	South Melbourne	14.99
Section 16 Wind: -1.2			
1	Moller, Marc	Glenhuntly	14.09
2	Johnston, Joseph T20;F20	Yarra Ranges	14.33
3	Debeljak, Giles	Old Scotch	14.76
4	Newling, Rob	Mornington	16.01
Section 17 Wind: -1.9			
1	McDonald, Peter	Box Hill	16.00
2	Faitasi, Teila T20;F20	Glenhuntly	16.08
3	Vorchheimer, Myer	Maccabi	16.57
4	Cauchi, Mark	Knox	18.35
5	Goodman, Luke	St Kevins	20.77
Section 18 Wind: -0.5			
1	Farano, Kai	Emerson SC	14.92
2	Tamate-Forbes, Antonio	Emerson SC	15.02

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Men 100 Metre Run AM**

3	Schultz, Javan	Glenhuntly	18.83
4	Roberts, Gareth	Emerson SC	19.86
5	Pollet, Dylan	Emerson SC	20.81
6	Annells, Codi	Emerson SC	33.54
Section 19 Wind: 1.8			
1	De Blasis, Nicholas	Emerson SC	13.83
2	Jordan, Brodie	Emerson SC	16.28
3	Lam, Tyler	Emerson SC	17.20
4	Purves, Kian	Emerson SC	17.30
5	Thomson, Lachlan	Emerson SC	17.46
6	Cannell, Michael	Emerson SC	19.52
Section 20 Wind: 1.1			
1	Tamate-Forbes, Hunter	Emerson SC	15.94
2	Willet, Blake	Emerson SC	20.03
3	Smith, Shiloh	Emerson SC	24.09

Men 400 Metre Run AM

Name	Year	Team	Finals
Section 1			
1	Minz, Daniel	Old Melburnians	48.57
2	Robinson, Tristan	Old Melburnians	48.69
3	Coumaros, Conrad	Old Melburnians	49.55
4	Robinson, Corey	Nunawading	50.53
5	Zantey, Elijah	Diamond Valley	51.49
6	Corbett, Heath	Frankston	52.34
Section 2			
1	Elvey, Samuel	Frankston	51.00
2	Gilbert, Jordan	Nunawading	51.36
3	Sullivan, Joshua	Casey Cardinia	51.95
4	Sewak, Noah	St Kevins	52.46
5	Neecowen, Riley	Diamond Valley	53.10
6	Shears-Jones, Alex	Old Scotch	54.00
Section 3			
1	Schaefer, Thomas	Frankston	52.61
2	Nielsen, Kai	Nunawading	52.91
3	Kalkbrenner, Tristan	Box Hill	54.25
4	Bentley, Ryan	Waverley-Malvern	54.71
5	Allen, Sam	Old Scotch	55.70
6	Fairburn, Craig	Knox	58.88
Section 4			
1	Cocking, Flynn	Nunawading	53.76
2	Gibson, Alexander	Mentone	54.00
3	Stevens, Arden	Essendon	55.58
4	Fly, Mitchell	Mentone	55.83
5	Blecher, Benjamin	Maccabi	55.85
Section 5			
1	Hopkins, Hamish	Ringwood	55.28
2	Cummings, Marlon	Vic Masters	56.46
3	Banks, Teddy	Mornington	56.61
4	Anderson, Alan	Eaglehawk	57.27
5	Blake, Jay	Coburg	58.24
6	Tassone, Sam	Nunawading	58.91
7	O'Rourke, Nicholas	Dandenong-Sp	1:01.21
--	Tobgui, Jabez	Coburg	DQ WA 16.6 (56.73)
Section 6			
1	Hunak, Kai	Invitational	57.21
2	Moore, Oliver	Old Scotch	57.70

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Men 400 Metre Run AM**

3	Beitmanas, Luke	Mentone	58.52	
4	Ashok, Arun	Waverley-Malvern	59.12	
5	Knight, Lucas	Box Hill	1:02.13	
6	Pearmain, Ben	Coburg	1:07.79	
Section 7				
1	Froomes, Oscar	Old Melburnians	57.93	
2	Dawe, Richard	Mornington	59.63	
3	Jeanes, Zachariah	Dandenong-Sp	59.74	
4	Vernal, Alan	Nunawading	1:00.66	
5	Goodings, Brock	Doncaster	1:01.80	
6	Schroeter, James	Box Hill	1:02.30	
Section 8				
1	Gee, Xavier	Mornington	58.97	
2	O'Rourke, Connor	Dandenong-Sp	1:01.50	
3	Dwyer, Henry	Glenhuntly	1:02.61	
4	Hewitson, Craig	Yarra Ranges	1:02.64	
5	Asllanaj, Mark	Essendon	1:03.14	
6	Stubbs, Hugo	Old Scotch	1:04.03	
Section 9				
1	Gallacher, Michael	Doncaster	59.25	
2	Goodwin, John	Sandringham	1:01.25	
3	Beitmanas, Jake	Mentone	1:02.99	
4	Thomas, Michael	Mornington	1:05.37	
5	Gibson, Vernon	Mentone	1:06.58	
6	Agil, Jusuf	South Melbourne	1:18.95	
--	Amofo, Asare	Glenhuntly	X51.63	Missed heat.CD appro
Section 10				
1	Fulton, Lachlan	Mentone	1:02.54	
2	Moller, Marc	Glenhuntly	1:05.88	
3	Gibson, Edward	Mentone	1:06.18	
4	Gibson, Samuel	Mentone	1:07.80	
5	Newling, Rob	Mornington	1:09.27	
6	Evans, Simon	Box Hill	1:13.00	
7	Faitasi, Teila T20;F20	Glenhuntly	1:21.40	
Section 11				
1	Cusack, Damien	Diamond Valley	1:10.42	
2	Tabit, Sam	Coburg	1:17.37	
3	Carney, Michael	Coburg	1:20.99	
Section 12				
1	Fitzgerald, Adrian	Essendon	1:25.20	
2	Purves, Kian	Emerson SC	1:29.07	
3	Rami, Mustafa	Emerson SC	1:41.43	
4	Roberts, Gareth	Emerson SC	1:51.68	
5	Schultz, Javan	Glenhuntly	2:02.42	
6	Smith, Shiloh	Emerson SC	3:03.23	
Section 13				
1	De Blasis, Nicholas	Emerson SC	1:13.50	
2	Farano, Kai	Emerson SC	1:15.31	
3	Tamate-Forbes, Antonio	Emerson SC	1:24.46	
4	Jordan, Brodie	Emerson SC	1:35.35	
5	Tamate-Forbes, Hunter	Emerson SC	1:38.81	
6	Thomson, Lachlan	Emerson SC	1:42.01	

Men 100 Metre Run PM

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Name	Year	Team	Finals	
=====				
Section 1 Wind: -0.8				
1		Colgan, Alexander	Albury	11.15

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Men 100 Metre Run PM**

2	Busuttill, Max	Keilor St Bernards	11.30
3	Sweeney, Oscar	Doncaster	11.39
Section 2 Wind: -0.6			
1	Byrne, Thomas	Mentone	11.37
2	Drescher, Jordan	Glenhuntly	11.64
3	Marriner, Lachlan	Glenhuntly	11.76
4	Vaheesan, Nilesh	Dandenong-Sp	11.89
Section 3 Wind: 0.4			
1	Pillay, Givash	Box Hill	12.14
Section 4 Wind: -1.8			
1	Idriss, Chilo	Western Athletics	11.56
2	Jordan, Anthony T47;F47	Doncaster	11.74
3	Dawson, Ryan	Williamstown	11.84
4	Boyce, Oliver	Melbourne Uni	12.91
Section 5 Wind: -1.7			
1	Rai, Gurpreet	Preston	11.64
2	Chol, Akon	Melbourne Uni	11.98
3	Gittins, William	Diamond Valley	12.14
Section 6 Wind: -1.8			
1	Jenkins, Ahrayalab	Glenhuntly	11.98
2	Santoso, Brian	Nunawading	12.37
3	Malamatinas, Isaac	Diamond Valley	12.40
4	Blecher, Benjamin	Maccabi	12.52
5	Long, Lester	Glenhuntly	12.71
Section 7 Wind: -2.0			
1	Sayer, Lachlan	Collingwood	12.41
2	Al-Zubaidy, Ali	Glenhuntly	12.55
3	Benson, Adam	Maccabi	12.65
Section 8 Wind: -2.9			
1	Rosa, Nicholas	Collingwood	12.75
2	Weiss, Ethan	Glenhuntly	12.97
3	Borgonha, Braison	Casey Cardinia	13.74
Section 9 Wind: -0.6			
1	Golonka, Nathan	Glenhuntly	12.86
2	Bhullar, Fatehaviraj	Preston	12.92
3	Heward, Tyran	Ringwood	13.07
4	Gilbert, Harley	Diamond Valley	13.29
5	Mathieu, Bol	Western Athletics	13.69
Section 10 Wind: -2.1			
1	Hodgart, Ben	Western Athletics	12.84
2	Millington, Matthew	Essendon	12.98
3	Duryea, Jacob	Mornington	13.09
4	Biernacki, Dustin	Melbourne Uni	13.24
5	Schaap, Carl	Western Athletics	14.05
Section 11 Wind: -2.4			
1	Cripps, Jarryd	Diamond Valley	13.50
2	Banks, Matthew	Mornington	14.10
3	Christidis, Theodore	Preston	14.99
Section 12 Wind: -1.4			
1	Lai, Edmund	Old Scotch	13.22
2	Scott, Adam	Diamond Valley	13.96
3	Mangoni, Oliver	Dandenong-Sp	14.01
4	Gumley, Lachlan	Old Scotch	14.23
5	Lobo, Kyle	Invitational	14.43
Section 13 Wind: -2.2			
1	Shea, Charles	Ivanhoe	13.29
2	Burke, David	Ivanhoe	14.06
3	Wong, Cyrus	Diamond Valley	14.75
4	Dell, Liam	Collingwood	15.85

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Men 100 Metre Run PM**

Section 14	Wind: NWI		
1 Singh, Ashwin T46;F46		Chilwell	14.35
2 Lombardo, Michael		Collingwood	14.42
3 Sayer, Jim		Collingwood	14.70
4 Miesen, Paul		Keilor St Bernards	14.73
5 Orr, Karl		Essendon	14.76
Section 15	Wind: -1.9		
1 Lovell, Scott		Collingwood	14.46
2 Kilmartin, Darryl		Doncaster	15.30
3 Levy, Joshua		Maccabi	16.04
4 Crozier, Michael T20;F20		Preston	17.47
Section 16	Wind: -2.6		
1 Hurley, James		Diamond Valley	12.68
2 Ford, Graham		Doncaster	17.09
Section 17	Wind: -1.4		
1 Clark, Charles		Coburg	15.97
2 Dell, Kieran		Collingwood	17.28
3 Benke, Geza		Old Melburnians	17.55
4 Derby, Shane		Collingwood	19.76
Section 18	Wind: -1.7		
1 Baker, Luke		Dandenong-Sp	11.56
2 Healy, Kevin		Essendon	13.46
3 Close, Andrew T12;F12		Collingwood	15.79
4 Goodger, Matthew Mental;		Essendon	17.66
5 McKenzie, Andrew		Diamond Valley	17.71
6 Dell, Tony		Collingwood	20.14

Men 400 Metre Run PM

Name	Year	Team	Finals
Section 1			
1 Reynolds, Thomas		Doncaster	48.57
2 Hadaway, Seb		Glenhuntly	49.11
3 Byrne, Thomas		Mentone	49.29
4 Borg, Phil		St Kevins	49.57
5 Holland, Peter		Doncaster	51.10
6 Schreck, Liam		Box Hill	52.23
Section 2			
1 Gough, Luke		Glenhuntly	50.65
2 Harper, Jack		Ivanhoe	50.83
3 Chol, Akon		Melbourne Uni	51.38
4 Anderson, Joseph		Collingwood	52.30
5 Knight, Finn		Ivanhoe	54.26
Section 3			
1 Rai, Gurpreet		Preston	51.43
2 Steward, Patrick		Essendon	53.19
3 Turner, Josh		Invitational	53.58
4 Ernst, Jannik		Essendon	53.69
5 Reynolds, Lachlan		Doncaster	55.98
Section 4			
1 Theocharides, Perrin		Ivanhoe	55.10
2 Hopper, Jasper		Box Hill	56.81
3 Mierisch, Paul		Doncaster	59.56
Section 5			
1 McLeod, Ned		Brunswick	57.82
2 Cripps, Jarryd		Diamond Valley	57.87
3 Mierisch, Brodie		Doncaster	58.11
4 Biernacki, Dustin		Melbourne Uni	58.79

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Men 400 Metre Run PM**

5 Golonka, Kurt	Glenhuntly	1:02.64
Section 6		
1 Pratt, Oliver	Mornington	56.99
2 Golonka, Nathan	Glenhuntly	59.05
3 Macaulay, Kaelan	Western Athletics	1:01.74
4 Van Der Kamp, Peter	Diamond Valley	1:01.79
5 Banks, Matthew	Mornington	1:02.99
Section 7		
1 Rossato, Toby	Preston	59.28
2 Scott, Adam	Diamond Valley	1:00.37
3 Pratt, Wil	Mornington	1:04.64
Section 8		
1 Mangoni, Oliver	Dandenong-Sp	1:00.92
2 Heward, Tyran	Ringwood	1:01.77
3 Sayer, Jim	Collingwood	1:04.19
4 Baldry, Alan	Western Athletics	1:08.19
Section 9		
1 Duryea, Jacob	Mornington	1:00.75
2 Mioni, Tristan	St Kevins	1:02.80
3 Burke, David	Ivanhoe	1:03.23
4 Purser, Mark	Doncaster	1:04.47
5 Crozier, Michael T20;F20	Preston	1:13.50
6 Christidis, Theodore	Preston	1:26.43
Section 10		
1 Kilmartin, Darryl	Doncaster	1:12.59
2 Rudd, Jordan T20;F20	Diamond Valley	1:13.96
3 Clark, Charles	Coburg	1:17.52
4 Wong, Cyrus	Diamond Valley	1:24.04
Section 11		
1 Cooper, John	Essendon	1:12.66
2 Close, Andrew T12;F12	Collingwood	1:19.61
3 Kennedy, Paul	Keilor St Bernards	1:23.90
Section 12		
1 Cauchi, Tony	Coburg	1:09.79
2 Goodger, Matthew Mental;	Essendon	1:26.11
3 Kennedy, Carl	Coburg	1:28.44
4 Dell, Kieran	Collingwood	1:38.90
5 Hodgart, Mal	Western Athletics	2:00.73

Men 400 Metre Hurdles 91.4cm H91A

Name	Year Team	Finals
Section 1		
1 Robinson, Corey	Nunawading	56.63
2 Shum, Jeremy	Ringwood	59.30
Section 2		
1 Subramaniam, Melvin	Nunawading	1:00.34
2 Smerdon, Corey	Casey Cardinia	1:19.34

Men 400 Metre Hurdles 91.4cm H91P

Name	Year Team	Finals
Section 1		
1 Fry, Conor	St Kevins	51.67
2 Papapetrou, Chris	Old Scotch	58.66
3 McLeod, Ned	Brunswick	1:03.04
Section 2		

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****....Men 400 Metre Hurdles 91.4cm H91P**

1 Glover, Jackson	Western Athletics	1:06.88
2 Burke, David	Ivanhoe	1:18.29

Men 400 Metre Hurdles 84.0cm H84A

Name	Year Team	Finals
Section 1		
1 Stapleton, Joel	Frankston	1:02.30
2 Merrick, William	Casey Cardinia	1:11.41

Men 400 Metre Hurdles 84.0cm H84P

Name	Year Team	Finals
1 Banks, Matthew	Mornington	1:08.04
Section 2		
1 Baldry, Alan	Western Athletics	1:15.79
2 Butterworth, Chris	Doncaster	1:17.36

Men 300 Metre Hurdles 76.2cm H76P

Name	Year Team	Finals
Section 1		
1 McConnell, David	Box Hill	55.56
2 Ford, Graham	Doncaster	58.69

Mixed Javelin Throw Extra Throws

Name	Year Team	Finals
Flight 1		
-- Blackburn, Oliver	M Box Hill	X57.42m
-- Blackburn, Harry	M Box Hill	X44.00m
-- Craddock, Gemma	W Glenhuntly	X33.04m

Mixed Triple Jump Extra Jumps All

Name	Year Team	Finals	Wind
1 Akin Ojelabi, Pemi	M Essendon	14.98m	+0.0
2 Boras, Tiana	W Chilwell	12.76m	0.3
3 Baynes, Katherine	W Essendon	11.89m	+0.0
-- Okpala, Ebuka	M Essendon	X14.52m	0.7
-- Wood, Angus	M Essendon	X14.31m	1.3
-- Keca, Zara	W Essendon	X12.07m	+0.0

Mixed Discus Throw Extra Throws All

Name	Year Team	Finals
-- Dyson, Nicholas	M Ringwood	X52.15m
-- Carstairs, Shane	M Waverley-Malvern	X44.39m
-- Pfanner, Judy	W Vic Masters	X33.54m

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****Mixed Discus Throw Extra Throws All**

Name	Year Team	Finals
-- Healy, Kevin	M Essendon	X46.62m
-- Keeghan, Elise	W Nunawading	X38.96m

Mixed Javelin Throw Extra Throws All

Name	Year Team	Finals
-- Mathieu, Bol	M Western Athletics	X41.95m
-- Rai, Gurpreet	M Preston	X41.46m
-- Kaufman, Chloe	W Glenhuntly	X33.03m

Mixed Pole Vault 3.55m+ Pole Vault A1

Name	Year Team	Finals
1 Vincent, Triston	M Invitational	4.85m
1 Pocklington, Joel	M Box Hill	4.85m
3 Di Medio, Andre	M Box Hill	4.55m
4 Bull, Andrew	M Casey Cardinia	4.40m
5 Baker, Cameron	M Box Hill	3.50m
-- Di Medio, Dalton	M Box Hill	NH
-- Fairburn, Craig	M Knox	NH

Mixed Pole Vault 2.80m+ Pole Vault A2

Name	Year Team	Finals
1 Soares, Johnny	M Box Hill	3.95m
2 Tayler, Georgia	W Box Hill	3.65m
2 Wittey, Lara	W Box Hill	3.65m
4 Slade, Nicola	W South Coast	3.20m
4 Manchanayake, Aranya	W Nunawading	3.20m
4 McDowell, Natasha	W Box Hill	3.20m
7 Hodges, Hannah	W Nunawading	3.05m
8 Delia, Abigail	W Casey Cardinia	2.90m

Mixed Pole Vault 1.60m+ Pole Vault A3

Name	Year Team	Finals
1 McConnell, David	M Box Hill	2.75m
2 Schillinger, George	M Box Hill	2.60m
3 Walker, Ashlinn	W Nunawading	2.15m
4 Poulter, Jim	M Doncaster	1.85m

Mixed Pole Vault 3.25m+ Pole Vault P1

Name	Year Team	Finals
1 Hosie, Matthew	M Essendon	4.75m
2 Woods, James	M Keilor St Bernards	4.60m
3 Guglielmino, Jade	M Essendon	4.45m
4 Rosa, Nicholas	M Collingwood	4.00m
5 Mancuso, Tamara	W Melbourne Uni	3.55m
-- Martin, Amie	W Melbourne Uni	NH

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****Mixed Pole Vault 2.65m+ Pole Vault P2**

Name	Year Team	Finals
1 Grace, Tahlia	W Doncaster	2.95m
2 Clifford, Elsie	W Diamond Valley	2.80m

Mixed Pole Vault 1.60m+ Pole Vault P3

Name	Year Team	Finals
1 Kilmartin, Darryl	M Doncaster	2.65m
2 Dell, Brendan	M Collingwood	2.50m
3 Kenshole, Gaelyne	W Diamond Valley	2.35m
4 Basile, Allegría	W Doncaster	2.20m
5 Galea, Marty	M Collingwood	2.05m
-- Lovell, Scott	M Collingwood	NH
-- Dell, Liam	M Collingwood	NH

Mixed Triple Jump Triple Jump A1

Name	Year Team	Finals	Wind
1 Kerr, James	M St Kevins	11.53m	+0.0
2 Smerdon, Nicholas	M Casey Cardinia	11.35m	1.2
3 Wilson, Isaac	M Preston	10.97m	+0.0
4 Hough, Michael	M Nunawading	10.08m	1.3
5 McDonald, Zoe	W Frankston	9.70m	0.8
6 Schroeter, James	M Box Hill	9.31m	0.4
7 Hewitson, Craig	M Yarra Ranges	7.27m	+0.0
8 Vorchheimer, Myer	M Maccabi	6.59m	+0.0

Mixed Triple Jump 13m+/11m+ Triple Jump A2

Name	Year Team	Finals	Wind
1 Stevens, Arden	M Essendon	12.65m	0.6
2 Tollinton, Alister	M Collingwood	12.49m	0.9
3 Cooney Hunt, Eleanor	W Collingwood	11.33m	0.2

Mixed Triple Jump Triple Jump A3

Name	Year Team	Finals	Wind
1 Jeanes, Jeremiah	M Dandenong-Sp	11.75m	NWI
2 Gray, Mia	W Sandringham	10.56m	NWI
3 Gee, Xavier	M Mornington	10.43m	NWI
4 Martignon-Williamson, Is	W Mentone	10.02m	NWI
5 Banks, Teddy	M Mornington	9.96m	NWI
6 Lawson, Corey	M Mentone	9.71m	NWI
7 Boxall, Marcus	M Waverley-Malvern	8.39m	NWI
8 Umezu, Raena	W Dandenong-Sp	8.11m	NWI

Mixed Triple Jump Triple Jump A5

Name	Year Team	Finals	Wind
1 Metin, Aydin	M Williamstown	12.17m	NWI
2 Weickhardt, Sebastian	M Essendon	12.08m	NWI
3 Hopkins, Hamish	M Ringwood	11.92m	NWI
4 Cantwell, Sam	M St Kevins	11.68m	NWI

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****...Mixed Triple Jump Triple Jump A5**

5	Anderson, Alan	M Eaglehawk	10.54m	NWI
6	Merrick, William	M Casey Cardinia	10.31m	NWI
7	O'Rourke, Nicholas	M Dandenong-Sp	10.22m	NWI
8	Ashok, Arun	M Waverley-Malvern	9.89m	NWI
9	Sureshkumar, Chloe	W Casey Cardinia	9.59m	NWI
10	Ward, Patrick	M Doncaster	9.34m	NWI
11	Fulton, Lachlan	M Mentone	8.84m	NWI
12	Evans, Simon	M Box Hill	7.77m	NWI
13	Bridle, Christine	W Waverley-Malvern	7.30m	NWI
14	McDonald, Peter	M Box Hill	6.42m	NWI
15	Neale, John	M Preston	5.04m	NWI

Mixed Triple Jump Triple Jump A7

Name	Year Team	Finals	Wind
1	Braun, Jeffrey	M Casey Cardinia	12.78m NWI
2	Zarafa, Sophie	W Box Hill	11.33m NWI
3	Ventura, Sarah	W Casey Cardinia	10.12m NWI
4	Walsh, Jack	M Essendon	10.07m NWI
5	Rachor, Noah	M Dandenong-Sp	9.50m NWI
6	Muthia, Uma	W Waverley-Malvern	9.37m NWI
7	Kerr, Jocelyn	W St Kevins	9.21m NWI
8	Arnold, Ashleigh	W Old Scotch	8.65m NWI
9	Walsh, Kim	W Essendon	7.52m NWI

Mixed Triple Jump Triple Jump A9

Name	Year Team	Finals	Wind
1	Elvish, Kaelah	W Ringwood	11.50m NWI
2	Butterworth, Chris	M Doncaster	9.85m NWI
3	Tassone, Sam	M Nunawading	9.62m NWI
4	Luck, Greg	M Diamond Valley	7.54m NWI

Mixed Triple Jump Triple Jump P1

Name	Year Team	Finals	Wind
1	Mathieu, Bol	M Western Athletics	11.67m NWI
2	Millington, Matthew	M Essendon	11.56m NWI
3	Weiss, Ethan	M Glenhuntly	11.39m NWI
4	Gilbert, Harley	M Diamond Valley	11.13m NWI
5	Schaap, Carl	M Western Athletics	10.27m NWI
6	Blecher, Benjamin	M Maccabi	10.01m NWI
7	Hodgart, Ben	M Western Athletics	9.89m NWI
8	McInerney, Sarah	W Western Athletics	9.55m NWI
9	Paton, Chelsea	W Preston	8.65m NWI
10	Basile, Allegrgia	W Doncaster	8.53m NWI
11	Peak, Emma	W Doncaster	8.45m NWI
12	Dell, Liam	M Collingwood	7.64m NWI
13	Paton, Hannah	W Preston	6.53m NWI
14	Dell, Kieran	M Collingwood	5.77m NWI

Mixed Triple Jump 13m+/11m+ Triple Jump P2

Name	Year Team	Finals	Wind
1	Akin Ojelabi, Pemi	M Essendon	15.11m +0.0

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****...Mixed Triple Jump 13m+/11m+ Triple Jump P2**

2 Okpala, Ebuka	M Essendon	14.38m	1.8
3 Wood, Angus	M Essendon	13.70m	-1.7
4 Boras, Tiana	W Chilwell	12.76m	1.9
5 Baynes, Katherine	W Essendon	12.05m	0.9
6 Al-Zubaidy, Ali	M Glenhuntly	11.95m	1.4
7 Keca, Zara	W Essendon	11.80m	1.3
8 Edwards, Zoe	W Essendon	11.58m	-0.3
9 Edwards, Petra	W Doncaster	11.21m	+0.0
10 Liyanage, Neha	W Ringwood	11.08m	-1.4
11 Gordon, Brooke	W St Kevins	10.71m	+0.0

Mixed Triple Jump Triple Jump P3

Name	Year Team	Finals	Wind
1 Glover, Jackson	M Western Athletics	11.22m	NWI
2 Wong, Amaya	W Doncaster	11.04m	NWI
3 Benson, Adam	M Maccabi	10.41m	NWI
4 Patsouras, Aris	W Preston	10.37m	NWI
5 Mangion, Ebony	W Essendon	10.08m	NWI
6 Van Ravenstein, Cheyenne	W Dandenong-Sp	9.26m	NWI
7 Lynch, Matthew	M St Kevins	9.24m	NWI
8 Destradi, Mia	W Doncaster	9.07m	NWI
9 Baldry, Alan	M Western Athletics	9.06m	NWI
10 Matthews, Catherine	W Keilor St Bernards	7.85m	NWI
11 Kenshole, Gaelyne	W Diamond Valley	7.81m	NWI
12 Ganley, Blair	M Western Athletics	6.16m	NWI

Mixed Triple Jump Triple Jump P5

Name	Year Team	Finals	Wind
1 Biernacki, Dustin	M Melbourne Uni	11.73m	NWI
2 Hurley, James	M Diamond Valley	11.64m	NWI
3 Golonka, Nathan	M Glenhuntly	11.14m	NWI
4 Banks, Matthew	M Mornington	10.64m	NWI
5 Bain, Rebecca	W Keilor St Bernards	10.44m	NWI
6 Anderson, Maddy	W Invitational	10.12m	NWI
7 Mangoni, Oliver	M Dandenong-Sp	10.08m	NWI
8 Klotz, Saskia	W St Kevins	8.70m	NWI
9 Clifford, Elsie	W Diamond Valley	7.97m	NWI
10 Thompson, Lucie	W St Kevins	7.90m	NWI
11 Galea, Marty	M Collingwood	7.59m	NWI

Mixed Triple Jump Triple Jump P7

Name	Year Team	Finals	Wind
1 Rai, Gurpreet	M Preston	13.26m	NWI
2 Lloyd, Hayden	M Doncaster	11.87m	NWI
3 Bhullar, Fatehaviraj	M Preston	11.26m	NWI
4 Mioni, Tristan	M St Kevins	10.32m	NWI
5 Morgan, Emily	W Western Athletics	9.62m	NWI
6 Smith, Vanessa	W Diamond Valley	9.12m	NWI
7 Menzies, Madalyn	W Williamstown	8.82m	NWI
8 Smith, Tara	W Diamond Valley	8.61m	NWI
9 Menzies, Erin	W Williamstown	8.14m	NWI
10 Davies, Ruby	W St Kevins	8.00m	NWI
11 Rowe, Sami	W Ivanhoe	7.91m	NWI

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****...Mixed Triple Jump Triple Jump P7**

12	Raines, Isabelle	W Coburg	7.42m	NWI
13	Gunn, Nicole	W Keilor St Bernards	6.76m	NWI
14	Peska, Stan	M Western Athletics	6.59m	NWI
15	Benke, Geza	M Old Melburnians	6.17m	NWI

Mixed Triple Jump Triple Jump P9

Name	Year Team	Finals	Wind	
1	Finnegan, Denis	M Essendon	13.91m	NWI
2	Meagher, Maddy	W Diamond Valley	9.62m	NWI
3	Genders, Mackenzie	W Diamond Valley	9.54m	NWI
4	Compton-Cook, Sophie	W Diamond Valley	9.13m	NWI
5	Dell, Brendan	M Collingwood	8.03m	NWI
6	Parrott, Lula	W Doncaster	7.88m	NWI
7	Moxon, Alexia	W Diamond Valley	7.62m	NWI
8	Papadopoulos, Sarah	W Diamond Valley	7.53m	NWI
9	Knox, Duncan	M Essendon	6.84m	NWI

Mixed Discus Throw 35m+/28m+ Discus A1

Name	Year Team	Finals	
1	Dyson, Nicholas	M Ringwood	50.18m
2	Carstairs, Shane	M Waverley-Malvern	43.11m
3	Messerle, Anthony	M Ringwood	39.31m
4	Ruzbacky, George	M Waverley-Malvern	35.47m
5	Jeanes, Jeremiah	M Dandenong-Sp	34.06m
6	Crawley, Andrew	M Glenhuntly	32.80m
7	Hanrahan, Justin	M Collingwood	32.60m
8	Pfanner, Judy	W Vic Masters	32.36m
9	Falconer-Boag, Isabel	W Box Hill	28.29m

Mixed Discus Throw Discus A2

Name	Year Team	Finals	
1	Rooke, Ashleigh	W Yarra Ranges	30.33m
2	Carstairs, Greg	M Waverley-Malvern	28.94m
3	Fairburn, Craig	M Knox	28.80m
4	De Biasi, Luke	M Diamond Valley	28.76m
5	Newman, Colin	M Diamond Valley	26.97m
6	Wilkins, Hayley	W Yarra Ranges	24.67m
7	Neale, John	M Preston	23.88m
8	Messerle, Narelle	W Ringwood	23.38m
9	Jenkins, Dorn	W Mentone	23.15m
10	Robinson, Corey	M Nunawading	21.78m
11	Donahoo, Mark	M Essendon	18.20m
12	Holohan, Dee	W Sandringham	17.67m
13	Barrow, Geoffrey	M Mentone	17.28m
14	Bridle, Christine	W Waverley-Malvern	17.04m
15	Margiolis, Joanna	W Essendon	16.16m
16	Newton, Jessica	W Collingwood	14.61m
17	Lakhotia, Sanskruti	W Coburg	13.09m
18	Willey, Michael	M Yarra Ranges	12.19m
19	Willey, Ciara	W Yarra Ranges	11.40m

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****Mixed Discus Throw Discus A3**

Name	Year Team	Finals
1 Brock, David	M Nunawading	40.28m
2 McCormick, Caitlyn	W Casey Cardinia	37.76m
3 Steen, Charlie	M Glenhuntly	37.27m
4 Entwistle- Hardeman, Vic	W Essendon	33.88m
5 Gilbert, Jordan	M Nunawading	32.42m
6 Blackburn, Oliver	M Box Hill	29.86m
7 Coumaros, Peter	M Doncaster	29.41m
8 Blackburn, Harry	M Box Hill	26.15m
9 Sparkes, Meg	W Yarra Ranges	24.32m
10 Dawe, Richard	M Mornington	23.94m
11 Bentley, Ryan	M Waverley-Malvern	23.55m
12 Hewitson, Craig	M Yarra Ranges	21.48m
13 Conrad, Oliver	M Sandringham	21.21m
14 Newling, Rob	M Mornington	20.17m
15 Faitasi, Teila T20;F20	M Glenhuntly	17.63m
16 Vernal, Alan	M Nunawading	12.80m
17 Anderson, Helen	W Eaglehawk	12.58m
18 Szuhai-Andrews, Jenny-Ro	W Brunswick	10.96m

Mixed Discus Throw Discus A4

Name	Year Team	Finals
1 Weickhardt, Andreas	M Essendon	28.43m
2 Walsh, Jack	M Essendon	22.36m
3 McCarthy, Brody	M Diamond Valley	18.77m
4 O'Rourke, Nicholas	M Dandenong-Sp	16.89m
5 Carney, Michael	M Coburg	16.84m
6 Leung, Gemma	W Nunawading	16.58m
7 Ross, Anna	W Glenhuntly	15.43m
8 Minko, Corinna	W Collingwood	13.88m
9 O'Rourke, Connor	M Dandenong-Sp	13.28m
10 Blake, Jay	M Coburg	11.21m
11 Fabre, Sofie	W Collingwood	8.16m
-- Weickhardt, Sebastian	M Essendon	ND
-- Jeanes, Zachariah	M Dandenong-Sp	ND
-- Fitzgerald, Adrian	M Essendon	ND

Mixed Discus Throw Discus A5

Name	Year Team	Finals
1 Sanchez, Keira	W Diamond Valley	31.15m
2 Tanojevic, Tom	M Sandringham	27.58m
3 Freeman, Jake	M Casey Cardinia	26.95m
4 Cauchi, Mark	M Knox	24.81m
5 Firth, David	M Doncaster	24.04m
6 Mahony, Craig	M Mornington	22.17m
7 Hose, Ella T38;F38	W Ringwood	22.10m
8 Evans, Simon	M Box Hill	19.40m
9 Haag-Witherden, Chelsea	W Ringwood	17.73m
10 Skurka, Ben	M Mentone	17.59m
11 Merino, Paula	W Diamond Valley	14.56m
12 Tobgui, Jabez	M Coburg	13.15m
13 Lam, Tyler	M Emerson SC	12.96m

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****Mixed Discus Throw Discus A6**

Name	Year Team	Finals
1 McGarry, Peter	M St Kevins	30.46m
2 Schreck, Liam	M Box Hill	26.39m
3 McConnell, David	M Box Hill	24.23m
4 Pratt, Wil	M Mornington	22.26m
5 Elvish, Kaelah	W Ringwood	20.09m
6 Luck, Greg	M Diamond Valley	17.96m
7 Peak, Emma	W Doncaster	17.19m
8 Sewak, Noah	M St Kevins	16.78m
9 Walsh, Kim	W Essendon	16.72m
10 Peak, Kim	W Doncaster	11.63m

Mixed Discus Throw 35m+/28m+ Discus P1

Name	Year Team	Finals
1 Healy, Kevin	M Essendon	45.58m
2 Keeghan, Elise	W Nunawading	38.64m
3 Blair, Ryan	M Diamond Valley	37.89m
4 Mills, Alexandra	W Diamond Valley	37.86m
5 Pezos, Mariah	W Box Hill	33.76m
5 Johansen, Gemma	W Ringwood	33.76m
7 Rai, Gurpreet	M Preston	31.16m
8 Makin, Imogen	W Essendon	30.94m
9 Johansen, Nicole	W Ringwood	29.63m
10 Peska, Stan	M Western Athletics	28.11m
11 Pezos, Andrew	M Box Hill	26.08m
12 Bhullar, Fatehaviraj	M Preston	26.03m
13 Pennings, Nicole	W Nunawading	25.49m

Mixed Discus Throw Discus P2

Name	Year Team	Finals
1 Soukaseun, Yifen	W Coburg	27.02m
2 Lovell, Scott	M Collingwood	25.73m
3 Galea, Marty	M Collingwood	25.20m
4 Brown, Bianca	W Diamond Valley	21.03m
5 Dell, Brendan	M Collingwood	20.62m
6 Rickard, Travis	M Brunswick	19.43m
7 Carter, Kenneth	M Coburg	18.27m
8 Rickard, Ian	M Brunswick	17.96m
9 Bruce, Allison	W Collingwood	17.55m
10 Lynch, Matthew	M St Kevins	16.17m
11 Ryan, Marcus	M Collingwood	15.02m
12 McKenzie, Andrew	M Diamond Valley	14.34m
13 Van Ravenstein, Cheyenne	W Dandenong-Sp	13.89m
14 Basile, Allegrgia	W Doncaster	13.16m
15 McKenzie, Debbie	W Diamond Valley	12.71m
16 Cashin, Brenda	W Western Athletics	12.56m
17 Rickard, Tess	W Brunswick	11.79m
18 Moxon, Alexia	W Diamond Valley	11.03m

Mixed Discus Throw Discus P3

Name	Year Team	Finals
1 Mierisch, Brodie	M Doncaster	34.31m

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****...Mixed Discus Throw Discus P3**

2	Mierisch, Paul	M Doncaster	32.63m
3	Matters, Toni	W Glenhuntly	28.07m
4	Macaulay, Kaelan	M Western Athletics	27.52m
5	Nolan, Jessica	W Doncaster	25.73m
6	Curtain, Phil	M Coburg	25.26m
7	Klep, Chantal	W Nunawading	23.24m
8	Hodgart, Ben	M Western Athletics	22.10m
9	Derby, Shane	M Collingwood	20.45m
10	Burke, David	M Ivanhoe	19.95m
11	Burns, Mark	M Coburg	19.94m
12	Lombardo, Michael	M Collingwood	18.91m
13	Morgan, Emily	W Western Athletics	15.83m
14	Orr, Karl	M Essendon	15.43m
15	Hodgart, Mal	M Western Athletics	11.25m
16	Roach, Tom T36;F36	M Old Scotch	9.08m

Mixed Discus Throw Discus P4

Name	Year	Team	Finals
1	Hall, Matthew	M Diamond Valley	30.43m
2	Trezise, Mark	M Brunswick	22.68m
3	McLeod, Ned	M Brunswick	20.69m
4	Smith, Wendy	W Doncaster	18.44m
5	McInerney, Sarah	W Western Athletics	16.11m
6	Capetillo, Oscar	M Coburg	14.69m
7	Morrison, Sally	W Mentone	14.56m
8	Morrow, Adina	W Preston	11.97m
9	Paton, Hannah	W Preston	10.62m
10	Johnson, Michael	M Richmond	8.31m
--	Biernacki, Dustin	M Melbourne Uni	ND
--	Papadopoulos, Sarah	W Diamond Valley	ND

Mixed Discus Throw Discus P5

Name	Year	Team	Finals
1	Leith, Mackenzie	M Essendon	45.10m
2	Howard, Jack	M St Kevins	39.02m
3	Lakusa, Kristian	M Essendon	27.62m
4	Bain, Shannon	M Essendon	26.17m
5	Ganley, Blair	M Western Athletics	22.08m
6	Parrott, Lula	W Doncaster	20.34m
7	Mioni, Tristan	M St Kevins	19.36m
8	Kenshole, Gaelyne	W Diamond Valley	18.43m
9	Benke, Geza	M Old Melburnians	17.76m
10	Griffiths, Stephen	M Collingwood	17.31m
11	Dell, Liam	M Collingwood	16.39m
12	Dell, Kieran	M Collingwood	13.68m
13	Parrott, Isabella	W Doncaster	12.94m
14	Vamben, Jean	M Dandenong-Sp	12.81m
15	Matthews, Catherine	W Keilor St Bernards	12.50m
16	Raines, Isabelle	W Coburg	12.11m
17	Hodgart, Janice	W Western Athletics	11.67m

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****Mixed Discus Throw Discus P6**

Name	Year Team	Finals
1 Martin, Terry	M Box Hill	33.42m
2 Menzies, Erin	W Williamstown	30.77m
3 Menzies, Madalyn	W Williamstown	28.66m
4 Martin, Olivia	W Box Hill	27.78m
5 Smith, Tara	W Diamond Valley	26.36m
6 Dodin, Ivan	M Diamond Valley	24.46m
7 Smith, Vanessa	W Diamond Valley	24.44m
8 Kilmartin, Darryl	M Doncaster	22.51m
9 Scott, Adam	M Diamond Valley	20.36m
10 Dell, Tony	M Collingwood	18.89m
11 Xintaropoulos, Maria Sop	W Coburg	17.31m
12 Reardon, Renee	W Doncaster	11.97m
13 Close, Andrew T12;F12	M Collingwood	11.72m
14 Kilmartin, Sue	W Doncaster	11.00m

Mixed Javelin Throw Javelin A1

Name	Year Team	Finals
1 Carstairs, Greg	M Waverley-Malvern	43.43m
2 De Biasi, Luke	M Diamond Valley	35.70m
3 Wilkins, Hayley	W Yarra Ranges	30.79m
4 Rooke, Ashleigh	W Yarra Ranges	30.37m
5 Birtchnell, Daisy	W Yarra Ranges	26.44m
6 Newman, Colin	M Diamond Valley	23.57m
7 Margiolis, Joanna	W Essendon	22.87m
8 Boxall, Marcus	M Waverley-Malvern	18.11m
9 Bridle, Christine	W Waverley-Malvern	18.00m
10 Messerle, Narelle	W Ringwood	17.33m
11 McNamara, Mollie	W Doncaster	17.16m
12 Jenkins, Dorn	W Mentone	16.55m
13 Sparkes, Meg	W Yarra Ranges	15.53m
14 Holohan, Dee	W Sandringham	15.28m
15 Newton, Jessica	W Collingwood	14.12m
16 Robinson, Christine	W Vic Masters	13.73m
17 Barrow, Geoffrey	M Mentone	13.64m

Mixed Javelin Throw Javelin A2

Name	Year Team	Finals
1 Brock, David	M Nunawading	50.85m
2 Hanrahan, Justin	M Collingwood	35.73m
3 Ruzbacky, George	M Waverley-Malvern	34.69m
4 Conrad, Oliver	M Sandringham	28.65m
5 Entwistle-Hardeman, Vic	W Essendon	25.41m
6 Crawley, Andrew	M Glenhuntly	23.86m
7 Newling, Rob	M Mornington	20.73m
8 Bentley, Ryan	M Waverley-Malvern	18.17m
9 Thomas, Michael	M Mornington	16.72m
10 Zarafa, Sophie	W Box Hill	14.32m
11 Minko, Corinna	W Collingwood	13.31m
12 Marston, Janice	W Waverley-Malvern	12.20m
13 Forster, Tom	M St Kevins	10.30m
14 Szuhai-Andrews, Jenny-Ro	W Brunswick	7.46m

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****Mixed Javelin Throw Javelin A3**

Name	Year Team	Finals
1 Firth, David	M Doncaster	41.57m
2 Fairburn, Craig	M Knox	35.08m
3 Weickhardt, Andreas	M Essendon	31.68m
4 Cauchi, Mark	M Knox	31.09m
5 Tanojevic, Tom	M Sandringham	30.82m
6 Baker, Cameron	M Box Hill	29.31m
7 Williams, Chris	M Sandringham	26.39m
8 Gibson, Vernon	M Mentone	26.38m
9 Smerdon, Nicholas	M Casey Cardinia	25.32m
10 Lakhotia, Sanskruti	W Coburg	21.91m
11 Neale, John	M Preston	17.15m
12 Corbett, Tayla	W Frankston	16.77m
13 Skurka, Ben	M Mentone	15.44m
14 Fly, Mitchell	M Mentone	14.93m
15 Gibson, Alexander	M Mentone	12.01m
16 Gibson, Kerrie	W Mentone	11.15m

Mixed Javelin Throw Javelin A4

Name	Year Team	Finals
1 Walsh, Kim	W Essendon	19.93m
2 Wright, Jeffrey	M Knox	18.46m
3 Evans, Simon	M Box Hill	12.35m
4 Fabre, Sofie	W Collingwood	10.22m
5 Sureshkumar, Chloe	W Casey Cardinia	8.60m

Mixed Javelin Throw 35m+/30m+ Javelin A5

Name	Year Team	Finals
1 Blackburn, Oliver	M Box Hill	56.72m
2 Schreck, Liam	M Box Hill	46.29m
3 Blackburn, Harry	M Box Hill	43.52m
4 Craddock, Gemma	W Glenhuntly	31.33m

Mixed Javelin Throw Javelin A6

Name	Year Team	Finals
1 Mogensen, Jack	M Sandringham	48.32m
2 McGarry, Peter	M St Kevins	25.41m
3 Coumaros, Peter	M Doncaster	24.70m
4 Butterworth, Chris	M Doncaster	22.77m
5 Mahony, Craig	M Mornington	22.42m
6 Sanchez, Keira	W Diamond Valley	22.35m
7 Walsh, Jack	M Essendon	21.97m
8 Basile, Allegría	W Doncaster	20.37m
9 Fulton, Lachlan	M Mentone	18.51m
10 Hewitson, Craig	M Yarra Ranges	14.89m
11 Merino, Paula	W Diamond Valley	14.27m
12 Dawe, Freya	W Mornington	13.63m
-- Braun, Jeffrey	M Casey Cardinia	X34.16m No weight list

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****Mixed Javelin Throw Javelin P1**

Name	Year	Team	Finals
1 Lovell, Scott	M	Collingwood	31.68m
2 Soukaseun, Yifen	W	Coburg	29.10m
3 Chapman, Alana	W	Box Hill	27.64m
4 Mangion, Kaylee	W	Essendon	23.55m
5 Galea, Marty	M	Collingwood	21.55m
6 Rickard, Travis	M	Brunswick	20.64m
7 Burns, Mark	M	Coburg	20.09m
8 Dell, Brendan	M	Collingwood	19.51m
9 Lombardo, Michael	M	Collingwood	18.78m
10 Dell, Tony	M	Collingwood	17.90m
11 Derby, Shane	M	Collingwood	16.78m
12 Rickard, Ian	M	Brunswick	16.11m
13 Bruce, Allison	W	Collingwood	15.20m
14 Carter, Kenneth	M	Coburg	14.40m
15 Levy, Joshua	M	Maccabi	12.85m
16 Cashin, Brenda	W	Western Athletics	12.21m
17 Rickard, Tess	W	Brunswick	10.67m
18 Moxon, Alexia	W	Diamond Valley	8.59m

Mixed Javelin Throw Javelin P2

Name	Year	Team	Finals
1 Healy, Kevin	M	Essendon	40.17m
2 McLeod, Ned	M	Brunswick	37.76m
3 Nolan, Jessica	W	Doncaster	32.74m
4 Giddy, Penny	W	Box Hill	30.55m
5 Banks, Matthew	M	Mornington	26.36m
6 Johansen, Nicole	W	Ringwood	26.28m
7 Burke, David	M	Ivanhoe	25.59m
8 Whitford, Isabella	W	Collingwood	25.39m
9 Curtain, Phil	M	Coburg	22.37m
10 Kilmartin, Darryl	M	Doncaster	21.89m
11 Pennings, Nicole	W	Nunawading	20.70m
12 Matters, Toni	W	Glenhuntly	20.56m
13 Peak, Emma	W	Doncaster	18.16m
14 Elvish, Kaelah	W	Ringwood	17.05m
15 Paton, Chelsea	W	Preston	13.51m
16 Kilmartin, Sue	W	Doncaster	13.34m
17 Peak, Kim	W	Doncaster	12.57m
18 Paton, Hannah	W	Preston	10.94m
19 Hodgart, Janice	W	Western Athletics	8.02m
20 Roach, Tom T36;F36	M	Old Scotch	6.86m

Mixed Javelin Throw Javelin P3

Name	Year	Team	Finals
1 Keeghan, Elise	W	Nunawading	28.88m
2 Peska, Stan	M	Western Athletics	28.83m
3 Foster, Melissa	W	Essendon	25.04m
4 Heward, Tyran	M	Ringwood	23.55m
5 Brown, Bianca	W	Diamond Valley	20.64m
6 Menzies, Madalyn	W	Williamstown	20.51m
7 Ganley, Blair	M	Western Athletics	18.22m
8 Klep, Chantal	W	Nunawading	15.72m
9 Harris, Summer	W	Western Athletics	15.05m

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022**Lakeside Stadium****Results****...Mixed Javelin Throw Javelin P3**

10 Chapman, Kyla	W Nunawading	15.01m
11 Matthews, Catherine	W Keilor St Bernards	14.72m
12 McKenzie, Debbie	W Diamond Valley	13.12m
13 Dell, Kieran	M Collingwood	11.51m
14 Kane, Rebecca T20;F20	W Preston	7.79m
15 Ryan, Marcus	M Collingwood	5.74m
-- Menzies, Erin	W Williamstown	ND

Mixed Javelin Throw Javelin P4

Name	Year Team	Finals
1 Sayer, Lachlan	M Collingwood	21.94m
2 Trezise, Mark	M Brunswick	20.03m
3 Mioni, Tristan	M St Kevins	19.94m
4 Sayer, Jim	M Collingwood	14.59m
5 Capetillo, Oscar	M Coburg	13.43m
6 Whitaker, Heather	W Mentone	11.25m
7 Morrison, Sally	W Mentone	9.28m
8 Gunn, Nicole	W Keilor St Bernards	7.08m

Mixed Javelin Throw 35m+/30m+ Javelin P5

Name	Year Team	Finals
1 Rai, Gurpreet	M Preston	41.11m
2 Harper, James	M Glenhuntly	40.88m
3 Mathieu, Bol	M Western Athletics	37.20m
4 Kaufman, Chloe	W Glenhuntly	30.46m
5 Smith, Vanessa	W Diamond Valley	28.92m
6 Smith, Tara	W Diamond Valley	28.21m
-- Bhullar, Fatehaviraj	M Preston	ND
-- Rosa, Nicholas	M Collingwood	ND

Mixed Javelin Throw Javelin P6

Name	Year Team	Finals
1 Millington, Matthew	M Essendon	28.90m
2 Hall, Matthew	M Diamond Valley	28.20m
3 Knox, Duncan	M Essendon	28.13m
4 Wong, Cyrus	M Diamond Valley	27.19m
5 Parrott, Lula	W Doncaster	20.31m
6 Benke, Geza	M Old Melburnians	18.75m
7 Griffiths, Stephen	M Collingwood	16.73m
8 Morgan, Emily	W Western Athletics	15.26m
9 Parrott, Isabella	W Doncaster	13.75m
10 Hodgart, Mal	M Western Athletics	10.93m

Mixed Discus Throw Seated Discus A

Name	Year Team	Finals
1 Fawkner, Kate F34;T34	M Waverley-Malvern	14.43m
-- Fawkner (add), Kate	M Waverley-Malvern	X14.68m

2021/22 AVSL - Lakeside - Rd10 - 12/02/2022

Lakeside Stadium

Results

Mixed Javelin Throw Seated Javelin A

Name	Year Team	Finals
1 Fawkner, Kate F34;T34	M Waverley-Malvern	13.27m