

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****Women 100 Metre Dash**

Name	Year Team	Finals
Section 1 Wind: -2.3		
1 # 3262 Roman, Daniela	Williamstown	12.49
2 # 50 Shaw, Danielle	Ringwood Ath	12.71
3 # 3145 Dingeldei, Elizab	Sandringham	12.75
4 # 4398 Lim, Jennifer	Box Hill Ath	12.99
5 # 3331 Ockerby, Alicia	Mentone Athl	13.01
6 # 2848 Oliver, Katie	Diamond Vall	13.02
7 # 124 Long, Isabel	Diamond Vall	13.25
8 # 2522 Mclean, Emily	Doncaster At	13.33
9 # 1297 Romanoff, Lucy	Frankston At	13.44
10 # 3647 Haidar, Karen	Mentone Athl	13.50
Section 2 Wind: NWI		
1 # 3243 Silvester, Hayley	Mornington P	12.83
2 # 3098 King, Jennifer	Glenhuntly A	13.21
3 # 3673 De Bruin, Carmen	Casey Cardin	13.22
4 # 3533 Larose, Monique	Athletics Nu	13.23
5 # 3073 Spenceley, Amelia	Sandringham	13.26
6 # 4243 Dux, Jessica	Athletics Nu	13.34
7 # 3966 Shaw, Zoe	Doncaster At	13.44
8 # 3363 Senior, Carly	Box Hill Ath	13.71
9 # 4337 Djeric, Amelia	Box Hill Ath	13.78
Section 3 Wind: +0.0		
1 # 2565 Kindler, Natasha	Ringwood Ath	13.22
2 # 2561 Connors, Eliza	Athletics Essendon	13.30
3 # 2804 Pennings, Nicole	Athletics Nu	13.50
4 # 3216 Dixon, Ruby	Diamond Vall	13.70
5 # 2952 Crisp, Ruby	Ringwood Ath	13.71
6 # 2477 Barrett, Rachel	Sandringham	13.85
7 # 2906 Schneidereit, Hay	Casey Cardin	13.87
8 # 3438 Barrett, Kelsey	Frankston At	13.96
9 # 3249 Redzic, Hinda	Mentone Athl	14.01
10 # 2965 Powell, Kundali	Sandringham	14.16
Section 4 Wind: -3.5		
1 # 251 Craddock, Gemma	Glenhuntly A	13.68
2 # 3785 Campbell, Mari	Box Hill Ath	13.82
3 # 2433 Edelstein, Skye	Maccabi Athl	13.95
3 # 3729 Hodges, Hannah	Athletics Nu	13.95
5 # 3635 McMaster, Abigail	Sandringham	14.02
6 # 4057 Mccarthy, Ebony	Mentone Athl	14.05
7 # 3038 Leung, Gemma	Athletics Nu	14.17
8 # 4017 Liyanage, Dahami	Ringwood Ath	14.29
-- # 266 Edwards, Petra	Doncaster At	DQ
Section 5 Wind: -1.9		
1 # 3029 O'shaughnessy, Zo	Mornington P	14.07
1 # 3024 Cheung, Evangelin	Ringwood Ath	14.07
3 # 1986 Wells, Chelsey	Frankston At	14.13
4 # 4209 Kc, Breejena	Box Hill Ath	14.14
5 # 4022 Djeric, Isabella	Box Hill Ath	14.31
6 # 3877 Griffiths, Tess	Athletics Nu	14.37
7 # 1151 Lester, Rhiannon	Mornington P	14.46
8 # 2976 Cocking, Holly	Athletics Nu	14.84
9 # 4180 Harman, Holly	Sandringham	14.88
Section 6 Wind: -1.8		

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Women 100 Metre Dash**

1 # 4006 Laurie, Natalie	Athletics Nu	14.18
2 # 2606 Reutskiy, Yael	Maccabi Athl	14.31
3 # 238 Elvey, Paige	Frankston At	14.41
4 # 3545 Gelsi, Claudia	Collingwood	14.54
5 # 3110 Rooke, Ashleigh	Yarra Ranges	14.71
6 # 3816 Rankin, Ella	Sandringham	14.81
7 # 4060 Gunasekara, Dinit	Dandenong Sp	14.87
8 # 1287 Vijayakumar, Than	Sandringham	14.90
9 # 3730 Hodges, Holly	Athletics Nu	15.02
10 # 3824 Louey, Grace	Knox Athletic Club	15.46
Section 7	Wind: -1.9	
1 # 4035 Hatch, Gabriella	Athletics Nu	14.52
2 # 4001 Lowe, Talia	Athletics Nu	14.62
3 # 3548 Chapman, Kyla	Athletics Nu	14.74
4 # 4530 Linnett, Hannah	Ringwood Ath	14.81
5 # 1789 Lewis, Sarah	South Coast	14.90
6 # 3258 Dawson, Chloe	Casey Cardin	15.04
7 # 2703 Dyer, Kobi-Lee	Mornington P	15.22
8 # 3361 Willey, Ciara	Yarra Ranges	15.40
9 # 3068 Burns, Georgia	South Coast	15.48
10 # 3396 Ward, Mia	Athletics Nu	16.41
Section 8	Wind: -0.6	
1 # 3823 Louey, Simone	Knox Athletic Club	14.80
2 # 4081 Lutui, Susana	Athletics Nu	14.82
3 # 3616 Wilkins, Hayley	Yarra Ranges	15.23
4 # 4197 Dawe, Freya	Mornington P	15.41
5 # 3549 Chapman, Alyssa	Athletics Nu	15.82
6 # 3058 Clark, Courtney	South Coast	16.03
7 # 7078 Kearney, Lucy	Unattached	16.13
8 # 3494 Robinson, Christi	Victorian Ma	16.50
9 # 3610 Turver, Cassie	Mornington P	16.70
10 # 4281 Burns, Charli	South Coast	17.48
Section 9	Wind: NWI	
1 # 3789 Carbery, Elise	Athletics Nu	13.99
2 # 3104 Ross, Anna	Glenhuntly A	15.26
3 # 3826 Louey, Monique	Knox Athletic Club	15.49
4 # 1614 Hewitson, Kathi	Yarra Ranges	16.58
5 # 2117 Walpole, Claire	Glenhuntly A	16.89
6 # 3135 Bridle, Christine	Waverley Malvern	17.02
7 # 1013 Green, Kathy	Ringwood Ath	17.25
8 # 1219 Matters, Toni	Glenhuntly A	17.26
9 # 3583 Merrilees, Naomi	South Coast	17.77
10 # 3493 Holmes, Janet	Victorian Ma	18.85
Section 10	Wind: -2.2	
1 # 2478 Shanley, Hannah	Athletics Nu	14.00
2 # 2881 Glover, Harriette	Doncaster At	14.93
3 # 1854 Banks, Emma	Mornington P	15.32
4 # 3115 Wood, Michaela	Sandringham	16.33
5 # 3338 Umezu, Raena	Dandenong Sp	16.93
6 # 2323 Smith, Emily	Knox Athletic Club	18.04
Section 11	Wind: -1.1	
1 # 4140 Ballas, Nicolette	Sandringham	14.50
2 # 2187 Meddings, Hayley	Frankston At	14.54
3 # 3939 Downie, Mira	Athletics Nu	15.04
4 # 4537 Powierski, Rebeka	Athletics Nu	15.15

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****....Women 100 Metre Dash**

5 # 3116	Hastings, Piper	South Coast	15.35	
-- # 3011	Grogan, Clodagh	Sandringham	DQ	dq in heat 4

**Women 400 Metre Run All Women**

Name	Year Team	Finals
Section 1		
1 # 3262	Roman, Daniela	Williamstown 56.94
2 # 124	Long, Isabel	Diamond Vall 58.59
3 # 3670	Power, Charli	Box Hill Ath 1:00.99
4 # 1297	Romanoff, Lucy	Frankston At 1:01.74
5 # 2804	Pennings, Nicole	Athletics Nu 1:03.29
6 # 3147	Dreyer, Carla	Box Hill Ath 1:03.32
7 # 1287	Vijayakumar, Than	Sandringham 1:03.46
8 # 3438	Barrett, Kelsey	Frankston At 1:03.89
Section 2		
1 # 3673	De Bruin, Carmen	Casey Cardin 1:00.98
2 # 2803	Lazzari, Matisse	Knox Athletic Club 1:02.16
3 # 238	Elvey, Paige	Frankston At 1:02.49
4 # 2952	Crisp, Ruby	Ringwood Ath 1:03.06
5 # 1932	Bakker, Chiara	Doncaster At 1:04.89
6 # 2835	Kenny, Abi	Knox Athletic Club 1:08.36
Section 3		
1 # 2561	Connors, Eliza	Athletics Essendon 1:01.98
2 # 3533	Larose, Monique	Athletics Nu 1:02.48
3 # 3312	Wilson, Mia	Box Hill Ath 1:03.02
4 # 1507	O'Brien, Geneviev	Glenhuntly A 1:03.86
5 # 1933	Bakker, Sanne	Doncaster At 1:04.06
6 # 3870	Malamas, Vicky	Box Hill Ath 1:04.80
7 # 3877	Griffiths, Tess	Athletics Nu 1:06.54
8 # 3098	King, Jennifer	Glenhuntly A 1:11.46
Section 4		
1 # 4006	Laurie, Natalie	Athletics Nu 1:04.15
2 # 4060	Gunasekara, Dinit	Dandenong Sp 1:07.47
3 # 4397	Hurley, Claire	Ringwood Ath 1:08.63
4 # 2433	Edelstein, Skye	Maccabi Athl 1:08.78
5 # 3110	Rooke, Ashleigh	Yarra Ranges 1:08.93
6 # 3361	Willey, Ciara	Yarra Ranges 1:13.96
Section 5		
1 # 4243	Dux, Jessica	Athletics Nu 1:09.32
2 # 3966	Shaw, Zoe	Doncaster At 1:09.89
3 # 3616	Wilkins, Hayley	Yarra Ranges 1:13.40
4 # 4001	Lowe, Talia	Athletics Nu 1:13.65
5 # 1986	Wells, Chelsey	Frankston At 1:16.24
6 # 3583	Merrilees, Naomi	South Coast 1:31.70
Section 6		
1 # 3104	Ross, Anna	Glenhuntly A 1:09.99
2 # 1151	Lester, Rhiannon	Mornington P 1:18.65
3 # 3136	Buttigieg, Linda	Waverley Malvern 1:20.03
4 # 3494	Robinson, Christi	Victorian Ma 1:21.22
5 # 3058	Clark, Courtney	South Coast 1:21.91
6 # 3135	Bridle, Christine	Waverley Malvern 1:24.19
7 # 1013	Green, Kathy	Ringwood Ath 1:28.21
Section 7		

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Women 400 Metre Run All Women**

1 # 2478 Shanley, Hannah	Athletics Nu	1:05.90
2 # 2187 Meddings, Hayley	Frankston At	1:06.16
3 # 3548 Chapman, Kyla	Athletics Nu	1:06.61
4 # 3939 Downie, Mira	Athletics Nu	1:10.91
5 # 2117 Walpole, Claire	Glenhuntly A	1:15.66
6 # 2372 Wilson, Grace	Doncaster At	1:16.65
7 # 2323 Smith, Emily	Knox Athletic Club	1:25.05
-- # 3871 Masters, Ellie	Box Hill Ath	X1:00.34

**Women 1500 Metre Run RESULTS FILE All**

Name	Year Team	Finals
Section 1		
1 # 106 Hansen, Georgia	Melbourne Un	4:31.4h
2 # 2273 Treagus, Ashlee	Box Hill Ath	4:36.2h
3 # 3853 Vickery, Kelsie	Mentone Athl	4:38.1h
4 # 1537 Niewoudt, Melissa	Doncaster At	4:47.7h
5 # 1751 Wainwright, Jaime	Mornington P	4:48.8h
6 # 1888 Linde, Indigo	Yarra Ranges	4:50.6h
7 # 1933 Bakker, Sanne	Doncaster At	4:52.1h
8 # 3382 Westcott, Sophie	Box Hill Ath	4:52.8h
9 # 1846 Turver, Kiralee	Mornington P	4:54.4h
10 # 1123 Ramsdale, Alissa	Doncaster At	4:55.6h
11 # 3222 Lazar, Louisa	Sandringham	4:56.2h
12 # 1055 White, Rhiannon	Eureka Athle	4:57.2h
13 # 1622 Strudley, Mia	Yarra Ranges	4:58.0h
14 # 4262 Belleville, Ameli	Mentone Athl	4:58.7h
15 # 1374 Fischer, Reese	Mornington P	5:12.1h
Section 2		
1 # 1789 Lewis, Sarah	South Coast	5:06.5h
2 # 4460 Brammer, Bridget	Athletics Nu	5:07.1h
3 # 2071 Hessell, Amy	Waverley Malvern	5:10.5h
4 # 2804 Pennings, Nicole	Athletics Nu	5:14.6h
5 # 1734 Brown, Freya	Mornington P	5:15.7h
6 # 4451 Power-Reeves, Lil	Mornington P	5:22.0h
7 # 2622 Pratt, Joanne	Casey Cardin	5:26.0h
8 # 1328 Strugnell, Matild	Sandringham	5:27.3h
9 # 3396 Ward, Mia	Athletics Nu	5:28.6h
10 # 1870 Holst, Elizabeth	Waverley Malvern	5:30.0h
11 # 2900 Macknamara, Kelli	Glenhuntly A	5:31.4h
12 # 2976 Cocking, Holly	Athletics Nu	5:33.9h
13 # 2010 Wilson, Jemima	Yarra Ranges	5:38.7h
14 # 3361 Willey, Ciara	Yarra Ranges	5:48.2h
Section 3		
1 # 3115 Wood, Michaela	Sandringham	5:41.9h
2 # 1915 White, Justine	Athletics Chilwell	5:42.3h
3 # 1098 Adlington, Charlo	Mentone Athl	5:45.0h
4 # 1060 Osmand, Kym	Victorian Ma	5:45.6h
5 # 4176 Plain, Olivia	Box Hill Ath	5:48.9h
6 # 2890 Morrison, Sally	Mentone Athl	5:52.8h
7 # 3068 Burns, Georgia	South Coast	6:02.2h
8 # 1854 Banks, Emma	Mornington P	6:12.2h
9 # 1339 Mckenzie, Debbie	Diamond Vall	6:15.8h
10 # 3657 Muldoon, Wendy	Athletics Nu	6:16.6h

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****....Women 1500 Metre Run RESULTS FILE All**

11 # 4001	Lowe, Talia	Athletics Nu	6:29.1h
12 # 1986	Wells, Chelsey	Frankston At	6:34.2h
13 # 2759	Bedyn, Erika	Yarra Ranges	6:49.7h
14 # 3493	Holmes, Janet	Victorian Ma	6:50.8h
Section 4			
1 # 3338	Umezu, Raena	Dandenong Sp	5:28.3h
2 # 4537	Powierski, Rebeka	Athletics Nu	5:42.2h
3 # 2372	Wilson, Grace	Doncaster At	5:44.9h
4 # 3104	Ross, Anna	Glenhuntly A	5:46.0h
5 # 4007	Pandey, Zoe	Athletics Nu	5:47.2h
6 # 2117	Walpole, Claire	Glenhuntly A	5:53.4h
7 # 2275	Ip, Kaman	Box Hill Ath	5:54.4h
8 # 3641	Pashutina, Ariana	Knox Athletic Club	6:11.5h
9 # 2478	Shanley, Hannah	Athletics Nu	6:33.5h
10 # 2591	Webber, Holly	Casey Cardin	6:49.5h
11 # 1365	Farr, Coral	Ringwood Ath	7:00.4h
12 # 3668	Song, Sonya	Sandringham	8:07.5h
13 # 3594	Dingli, Alannah	Sandringham	8:08.0h
14 # 1940	Wright, Jay	Waverley Malvern	8:26.8h
15 # 1726	Albiston, Simone	Waverley Malvern	8:42.1h

**Women 4x100 Metre Relay All**

Team	Finals
Section 1	
1 Athletics Nunawading 'A'	51.34
1) #2478 Shanley, Hannah	2) #2804 Pennings, Nicole
3) #4006 Laurie, Natalie	4) #4243 Dux, Jessica
2 Sandringham Athletic Club 'A'	51.96
1) #2477 Barrett, Rachel	2) #2965 Powell, Kundali
3) #3222 Lazar, Louisa	4) #3145 Dingeldei, Elizabeth
3 Frankston Athletic Club 'A'	54.15
1) #1986 Wells, Chelsey	2) #1297 Romanoff, Lucy
3) #3438 Barrett, Kelsey	4) #2187 Meddings, Hayley
4 Mornington Peninsula Athletic 'A'	54.40
1) #3243 Silvester, Hayley	2) #2703 Dyer, Kobi-Lee
3) #1151 Lester, Rhiannon	4) #3029 O'shaughnessy, Zoe
5 Glenhuntly Athletic Club 'A'	56.91
1) #3098 King, Jennifer	2) #3104 Ross, Anna
3) #2117 Walpole, Claire	4) #251 Craddock, Gemma
6 South Coast Athletics 'A'	1:02.41
1) #3058 Clark, Courtney	2) #1789 Lewis, Sarah
3) #3116 Hastings, Piper	4) #3583 Merrilees, Naomi
Section 2	
1 Sandringham Athletic Club 'B'	55.58
1) #3879 Furber, Isabelle	2) #1287 Vijayakumar, Thanya
3) #3880 Rhodes, Emma	4) #3073 Spenceley, Amelia
2 Yarra Ranges Athletics 'A'	56.56
1) #1888 Linde, Indigo	2) #3616 Wilkins, Hayley
3) #3361 Willey, Ciara	4) #3110 Rooke, Ashleigh
-- Athletics Nunawading 'B'	DQ
1) #3939 Downie, Mira	2) #3548 Chapman, Kyla
3) #3038 Leung, Gemma	4) #4081 Lutui, Susana

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****Women 200 Metre Hurdles 76.2cm Hurdles 76.2**

Name	Year Team	Finals
Section 1 Wind: -2.2		
1 # 2902 Farmer, Ashley	Ringwood Ath	31.48
2 # 3038 Leung, Gemma	Athletics Nu	32.79
3 # 3709 Manchanayake, Ara	Athletics Nu	35.96
Section 2 Wind: -0.9		
1 # 2565 Kindler, Natasha	Ringwood Ath	34.33
2 # 3641 Pashutina, Ariana	Knox Athletic Club	40.19

**Women 400 Metre Hurdles 76.2cm Hurdles 76.2**

Name	Year Team	Finals
Section 1		
1 # 3262 Roman, Daniela	Williamstown	59.73
2 # 3145 Dingeldei, Elizab	Sandringham	1:02.38
3 # 209 Yacono, Olivia	Old Xaverian	1:04.73
4 # 3219 Hume, Maddie	St Kevin's A	1:07.08
Section 2		
1 # 238 Elvey, Paige	Frankston At	1:08.14
2 # 3098 King, Jennifer	Glenhuntly A	1:10.51
3 # 2881 Glover, Harriette	Doncaster At	1:10.70
Section 3		
1 # 4243 Dux, Jessica	Athletics Nu	1:14.17
2 # 2965 Powell, Kundali	Sandringham	1:17.53

**Men 100 Metre Dash**

Name	Year Team	Finals
Section 1 Wind: -1.3		
1 # 15 Mitrevski, Christ	Athletics Essendon	10.62
2 # 2589 Coumaros, Conrad	Doncaster At	11.19
3 # 3009 Munyard, Jordan	Doncaster At	11.27
4 # 3701 Vaheesan, Nilesh	Dandenong Sp	11.40
5 # 1359 Tanojevic, Tom	Sandringham	11.56
6 # 3291 Mayengo, Brian	Athletics Essendon	11.85
7 # 3881 Jones, Fraser	Diamond Vall	11.86
Section 2 Wind: +0.0		
1 # 3328 Baker, Luke	Dandenong Sp	11.25
2 # 3565 Liyanaarachchi, A	Glenhuntly A	11.34
3 # 2907 Schneidereit, Jac	Casey Cardin	11.52
4 # 190 Chandrasena, Amir	Casey Cardin	11.59
5 # 116 Di Medio, Dalton	Box Hill Ath	11.65
6 # 3595 O'Hanlon, Keenan	Casey Cardin	11.68
Section 3 Wind: -1.5		
1 # 3287 Archer, Lucas	Box Hill Ath	11.74
2 # 3090 Pearson, Jakeb	Athletics Nu	11.91
3 # 3731 Byron, Chris	Glenhuntly A	11.94
4 # 3259 Robinson, Corey	Athletics Nu	11.99
5 # 3140 Wilson, Lucas	Diamond Vall	12.02
6 # 4226 Wilson, Kipp	Sandringham	12.06
7 # 1798 Dang, Stephen	Ringwood Ath	12.19
Section 4 Wind: +0.0		

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****....Men 100 Metre Dash**

1 # 4107	Tennakoon, T M Du	Ringwood Ath	11.81
2 # 3208	Ryan, Lukas	Glenhuntly A	11.89
3 # 4474	Elliott, Sean	Old Scotch A	11.91
4 # 3922	Reddy, Angus	Athletics Nu	12.03
5 # 3623	Merrick, Nicholas	Casey Cardin	12.19
6 # 4080	Lutui, Sami	Athletics Nu	12.23
7 # 3617	Long, Jarrod	Athletics Nu	12.32
Section 5 Wind: -1.6			
1 # 3921	Reddy, James	Athletics Nu	11.95
2 # 3189	Hughes, Darci	Athletics Nu	12.01
3 # 3327	Taylor, Isaac	Frankston At	12.03
4 # 3806	Krawczyk, Brad	Knox Athletic Club	12.33
5 # 3951	Abbott, Tristan	Casey Cardin	12.34
6 # 3244	Donaldson, Jake	Sandringham	12.44
7 # 3736	Soldati, Theo	Glenhuntly A	12.69
Section 6 Wind: 0.2			
1 # 3525	Corbett, Heath	Frankston At	11.91
1 # 2728	Shum, Jeremy	Box Hill Ath	11.91
3 # 3385	Araba, Olumide	Mentone Athl	12.06
4 # 3547	Gunnoo, Malik	Casey Cardin	12.10
5 # 4070	Allison, Jacob	Knox Athletic Club	12.13
6 # 3186	Stephan, Jay	Athletics Nu	12.51
7 # 3582	Merrilees, Matthe	South Coast	12.66
Section 7 Wind: NWI			
1 # 3149	Carstairs, Greg	Waverley Malvern	12.27
2 # 4294	Ould, Khye	Frankston At	12.28
2 # 3196	Tassone, Sam	Athletics Nu	12.28
4 # 3468	Sutherland, Lachl	Frankston At	12.43
4 # 2995	Wood, Aaron	Sandringham	12.43
6 # 146	Di Medio, Andre	Box Hill Ath	12.57
7 # 3177	Blackburn, Oliver	Box Hill Ath	12.79
Section 8 Wind: +0.0			
1 # 4386	Rubins, Joshua	Old Scotch A	11.48
2 # 1178	Fattah, Abdullah	Ringwood Ath	12.29
3 # 3938	Keating, Patrick	Yarra Ranges	12.33
4 # 3171	Dermentzis, Alex	Box Hill Ath	12.38
4 # 3506	Mierisch, Paul	Doncaster At	12.38
6 # 4009	Van Der Westhuize	Athletics Nu	13.34
Section 9 Wind: -0.2			
1 # 3926	Greenough, John-P	Ringwood Ath	12.64
2 # 3560	Hopkins, Hamish	Ringwood Ath	12.75
3 # 1155	Mitchell, David	Doncaster At	12.77
4 # 4433	Wallace, Matthew	Doncaster At	12.80
5 # 315	Costanzo, Peter	Ringwood Ath	12.98
6 # 3644	Heward, Tyran	Ringwood Ath	13.46
Section 10 Wind: -0.1			
1 # 3958	Vaidie, Lucas	Glenhuntly A	12.49
2 # 4430	Elliott, Casey	Old Scotch A	12.72
3 # 1294	Golonka, Kurt	Glenhuntly A	12.83
4 # 3481	O'Rourke, Nichola	Dandenong Sp	12.99
5 # 3994	Gibbons, Matthew	Sandringham	13.01
6 # 3640	Hough, Michael	Athletics Nu	13.32
7 # 3366	Johnson, Marcus	Box Hill Ath	13.37
Section 11 Wind: -0.2			
1 # 2450	Wells, Ben	Frankston At	12.59

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Men 100 Metre Dash**

2 # 3762	Duncan, Oliver	Yarra Ranges	12.77
3 # 3447	Foster, Paul	Victorian Ma	12.85
4 # 4008	Van Der Westhuize	Athletics Nu	12.86
5 # 3367	Seddon, Matthew	Box Hill Ath	13.00
6 # 1718	De Sa, Tyler	Glenhuntly A	13.25
7 # 3850	Russell, Thomas	Old Scotch A	13.48
Section 12 Wind: -0.4			
1 # 2048	Rooke, Hayden	Yarra Ranges	12.86
2 # 1602	Low, Samuel	Waverley Malvern	12.92
3 # 3817	De Cata, Jonty	Diamond Vall	13.03
4 # 4227	Cashin, Ben	Old Scotch A	13.13
5 # 4167	Jeanes, Zachariah	Dandenong Sp	13.30
6 # 3393	Singh, Saksham	Glenhuntly A	13.34
7 # 3656	Gilbert, Jordan	Athletics Nu	13.35
Section 13 Wind: -0.6			
1 # 1213	Firth, David	Doncaster At	13.11
2 # 1120	Mclennan, Caleb	Doncaster At	13.47
3 # 3450	Ranasinghe, Kulan	Glenhuntly A	13.49
4 # 3825	Louey, Nathaniel	Knox Athletic Club	13.63
5 # 2410	Blecher, Benjamin	Maccabi Athl	13.67
6 # 3107	Gunawardena, Yona	Knox Athletic Club	14.72
7 # 3622	Merrick, William	Casey Cardin	15.30
Section 14 Wind: -0.3			
1 # 1861	Parrott, Matthew	Doncaster At	13.00
2 # 285	Venour, Matthew	Athletics Nu	13.25
3 # 1855	Banks, Matthew	Mornington P	13.59
4 # 1117	Mclennan, Campbel	Doncaster At	13.76
5 # 3683	Murfett, Grant	Victorian Ma	13.80
6 # 1134	Dell, Liam	Collingwood	14.06
7 # 3906	Singh, Ashwin	Athletics Chilwell	14.65
Section 15 Wind: -1.9			
1 # 2832	Barber, Robert	Old Scotch A	13.47
2 # 1099	Dawe, Richard	Mornington P	13.95
3 # 4456	Stewart, Lachlan	Old Scotch A	14.00
4 # 1226	Mccombie, Will	Doncaster At	14.33
5 # 1920	Sanchez, Zev	Glenhuntly A	14.48
6 # 1626	Pratt, Wil	Mornington P	14.49
7 # 1731	Spiteri, Daniel	Waverley Malvern	14.54
Section 16 Wind: -2.4			
1 # 1701	Bell, Joel	Mornington P	14.37
2 # 1624	Pratt, Oliver	Mornington P	14.65
3 # 2794	Van Eeten, Antony	Old Scotch A	14.73
4 # 3950	Abbott, Jeremy	Casey Cardin	14.85
5 # 1203	Mccann, Adam	Athletics Nu	15.00
6 # 1132	Dell, Brendan	Collingwood	15.41
Section 17 Wind: -3.1			
1 # 1729	Spiteri, Martin	Waverley Malvern	15.12
2 # 1781	Mcdonald, Peter	Box Hill Ath	15.63
3 # 3059	Clark, Harrison	South Coast	15.65
4 # 3451	Ranasinghe Arachc	Glenhuntly A	16.08
5 # 271	Drabkin, Ori	Maccabi Athl	16.68
6 # 3612	Olsson, Paul	Casey Cardin	16.88
7 # 1707	Wyatt, Peter	Mornington P	17.32
Section 18 Wind: -1.2			
1 # 1856	Banks, Teddy	Mornington P	14.37



**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****....Men 100 Metre Dash**

2 # 1154	Mates, Austen	Richmond Har	16.00
3 # 3949	Abbott, Matthew	Casey Cardin	16.27
4 # 2015	Newling, Rob	Mornington P	16.42
5 # 1135	Dell, Tony	Collingwood	17.66
6 # 3581	Merrilees, Benjam	South Coast	17.95
7 # 4058	Gardner, Neville	Box Hill Ath	22.02
Section 19 Wind: NWI			
1 # 3221	Lai, Sean	Sandringham	13.81
2 # 4351	Marshall, Hamish	Glenhuntly A	14.17
3 # 3807	Krawczyk, Nick	Knox Athletic Club	14.25
4 # 1253	Boxall, Marcus	Waverley Malvern	15.27
Section 20 Wind: -2.0			
1 # 268	Tarrant, Ryan	Old Melburni	11.55
2 # 3831	Tully, Liam	Athletics Nu	12.11
3 # 3440	Dusmez, Bruce	Athletics Nu	12.24
4 # 3157	Braun, Jeffrey	Casey Cardin	12.66
5 # 3999	Broadbent, Harris	Athletics Nu	12.72
6 # 3390	Geerdharry, Jacqu	Dandenong Sp	13.54
Section 21 Wind: NWI			
1 # 3028	Procaccino, Liam	Doncaster At	11.51
2 # 3932	Arefta, Nicholas	Athletics Nu	11.68
3 # 3305	Sullivan, Joshua	Casey Cardin	12.47
4 # 3247	Jouvelet, Lochlan	Casey Cardin	12.85
5 # 2479	Shanley, Peter	Athletics Nu	16.99
-- # 4129	Vaheesan, Shivesh	Dandenong Sp	DQ
Section 22 Wind: NWI			
1 # 3163	Corbett, Nathan	Mornington P	11.66
2 # 3489	Hore, Toby	Mentone Athl	12.11
3 # 3930	Field, Emerson	Yarra Ranges	12.68
4 # 7072	Miszushima, Takuy	Unattached	13.18
5 # 1745	Penny, Shaun	Mornington P	13.67
Section 24 Wind: NWI			
1 # 7077	Juggins, Josh	Unattached	12.25
2 # 2904	Maddox, James	Sandringham	12.50
3 # 3380	Soulie, Jean-Phil	Old Scotch A	13.06
4 # 3882	Goding, Ethan	Mornington P	13.25
5 # 3204	Williams, Chris	Sandringham	13.85

**Men 400 Metre Hurdles 91.4cm**

Name	Year Team	Finals
Section 1		
1 # 4183	Harcourt, Matthew	Box Hill Ath 53.19
2 # 2554	Dobay, Blake	Ringwood Ath 56.85
3 # 3259	Robinson, Corey	Athletics Nu 57.91
Section 2		
1 # 3999	Broadbent, Harris	Athletics Nu 1:06.60
2 # 3731	Byron, Chris	Glenhuntly A 1:11.66
3 # 4009	Van Der Westhuize	Athletics Nu 1:12.82

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****Men 4x100 Metre Relay**

Team	Finals
Section 1	
1 Athletics Nunawading 'A'	46.31
1) #3932 Arefta, Nicholas	2) #3259 Robinson, Corey
3) #4008 Van Der Westhuizen, Simon	4) #4080 Lutui, Sami
2 Dandenong Springvale Athletics 'A'	49.13
1) #3390 Geerdharry, Jacques	2) #3701 Vaheesan, Nilesh
3) #3944 Alfred, John	4) #4129 Vaheesan, Shivesh
3 Sandringham Athletic Club 'A'	49.60
1) #1359 Tanojevic, Tom	2) #3221 Lai, Sean
3) #3204 Williams, Chris	4) #2995 Wood, Aaron
4 Yarra Ranges Athletics 'A'	50.20
1) #3930 Field, Emerson	2) #1616 Hewitson, Camden
3) #1615 Hewitson, Craig	4) #2223 Russell, Liam
5 Athletics Nunawading 'B'	55.21
1) #184 Kernick, Liam	2) #4009 Van Der Westhuizen, Ben
3) #3640 Hough, Michael	4) #1544 Papp, Michael
Section 2	
1 Glenhuntly Athletic Club 'C'	46.03
1) #3208 Ryan, Lukas	2) #3393 Singh, Saksham
3) #196 Smith, Cooper	4) #3515 Hadaway, Seb
2 Box Hill Athletic Club 'A'	46.80
3 Athletics Nunawading 'C'	49.92
1) #3656 Gilbert, Jordan	2) #3196 Tassone, Sam
3) #2062 Mirihana, Kavin	4) #3999 Broadbent, Harrison
4 Dandenong Springvale Athletics 'B'	55.33
1) #4060 Gunasekara, Dinithi	2) #4167 Jeanes, Zachariah
3) #3481 O'Rourke, Nicholas	4) #3482 O'Rourke, Connor
5 Mornington Peninsula Athletic 'C'	55.85
1) #1626 Pratt, Wil	2) #1707 Wyatt, Peter
3) #1099 Dawe, Richard	4) #1855 Banks, Matthew
6 Mornington Peninsula Athletic 'A'	56.22
1) #1856 Banks, Teddy	2) #3882 Goding, Ethan
3) #1624 Pratt, Oliver	4) #1701 Bell, Joel
7 Glenhuntly Athletic Club 'B'	59.09
1) #1294 Golonka, Kurt	2) #4351 Marshall, Hamish
3) #3450 Ranasinghe, Kulan	4) #1219 Matters, Toni

**Men 400 Metre Run All Men**

Name	Year Team	Finals
Section 1		
1 # 196 Smith, Cooper	Glenhuntly A	47.85
2 # 4171 Power, Lawson	Glenhuntly A	47.93
3 # 81 Johns, Will	Glenhuntly A	48.12
4 # 2589 Coumaros, Conrad	Doncaster At	48.17
5 # 64 Major, Luke	Glenhuntly A	48.22
6 # 3688 Harrison, Jamie	Glenhuntly A	48.27
7 # 4091 Tsotsos, Michael	Glenhuntly A	48.33
8 # 4386 Rubins, Joshua	Old Scotch A	52.06
Section 2		
1 # 156 De Bruin, Cameron	Glenhuntly A	49.52
2 # 3259 Robinson, Corey	Athletics Nu	50.63

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Men 400 Metre Run All Men**

3 #	3090 Pearson, Jakeb	Athletics Nu	50.89
4 #	3189 Hughes, Darci	Athletics Nu	51.34
5 #	4474 Elliott, Sean	Old Scotch A	51.36
5 #	3515 Hadaway, Seb	Glenhuntly A	51.36
7 #	4039 Webber, Ewan	Box Hill Ath	53.98
8 #	3701 Vaheesan, Nilesh	Dandenong Sp	54.28
Section 3			
1 #	2554 Dobay, Blake	Ringwood Ath	51.29
2 #	3921 Reddy, James	Athletics Nu	51.71
3 #	4080 Lutui, Sami	Athletics Nu	52.33
4 #	1798 Dang, Stephen	Ringwood Ath	52.39
5 #	4510 Sayer, Lachlan	Box Hill Ath	52.57
6 #	3881 Jones, Fraser	Diamond Vall	52.84
7 #	4002 Cross, Nicholas	Glenhuntly A	53.25
8 #	3922 Reddy, Angus	Athletics Nu	53.82
Section 4			
1 #	1359 Tanojevic, Tom	Sandringham	52.56
2 #	3525 Corbett, Heath	Frankston At	53.28
3 #	3957 Morgenthaler, Ky	Glenhuntly A	54.18
4 #	2995 Wood, Aaron	Sandringham	54.19
5 #	4294 Ould, Khye	Frankston At	54.77
6 #	1616 Hewitson, Camden	Yarra Ranges	54.92
7 #	3623 Merrick, Nicholas	Casey Cardin	56.72
-- #	3940 Van Cuylenburg, H	Melbourne Un	DNF
Section 5			
1 #	4070 Allison, Jacob	Knox Athletic Club	54.74
2 #	207 Djordjevic, Nikol	Mentone Athl	55.38
3 #	3268 Herman, Ryan	Maccabi Athl	56.16
4 #	1155 Mitchell, David	Doncaster At	56.53
5 #	3506 Mierisch, Paul	Doncaster At	56.66
6 #	1120 Mclennan, Caleb	Doncaster At	56.90
7 #	315 Costanzo, Peter	Ringwood Ath	57.08
8 #	3513 Reynolds, Lachlan	Doncaster At	58.11
Section 6			
1 #	3177 Blackburn, Oliver	Box Hill Ath	55.54
2 #	3547 Gunnoo, Malik	Casey Cardin	55.93
3 #	2832 Barber, Robert	Old Scotch A	56.11
4 #	1294 Golonka, Kurt	Glenhuntly A	56.61
5 #	3141 Denboer, Tyler	Casey Cardin	57.08
6 #	3196 Tassone, Sam	Athletics Nu	57.35
7 #	3523 Hunter, Luke	Yarra Ranges	58.30
8 #	3204 Williams, Chris	Sandringham	1:03.15
Section 7			
1 #	236 Mandic, Nikola	Casey Cardin	57.29
2 #	2907 Schneiderei, Jac	Casey Cardin	57.91
3 #	285 Venour, Matthew	Athletics Nu	59.06
4 #	1213 Firth, David	Doncaster At	59.25
5 #	1117 Mclennan, Campbel	Doncaster At	1:00.64
6 #	4009 Van Der Westhuize	Athletics Nu	1:03.97
Section 8			
1 #	3582 Merrilees, Matthe	South Coast	57.44
2 #	4167 Jeanes, Zachariah	Dandenong Sp	58.02
3 #	3617 Long, Jarrod	Athletics Nu	58.58
4 #	3850 Russell, Thomas	Old Scotch A	58.62
5 #	3560 Hopkins, Hamish	Ringwood Ath	59.17

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Men 400 Metre Run All Men**

6 #	3825	Louey, Nathaniel	Knox Athletic Club	59.47
7 #	4067	White-Coath, Jord	Yarra Ranges	1:00.35
8 #	4430	Elliott, Casey	Old Scotch A	1:00.40
Section 9				
1 #	4429	Worsteling, Tom	Old Scotch A	58.40
2 #	1704	Gibson, Alexander	Mentone Athl	58.96
3 #	1230	Venour, David	Waverley Malvern	1:00.91
4 #	3938	Keating, Patrick	Yarra Ranges	1:01.05
5 #	3640	Hough, Michael	Athletics Nu	1:01.97
6 #	3656	Gilbert, Jordan	Athletics Nu	1:02.12
Section 10				
1 #	2450	Wells, Ben	Frankston At	57.22
2 #	1745	Penny, Shaun	Mornington P	58.64
3 #	4129	Vaheesan, Shivesh	Dandenong Sp	59.69
4 #	3683	Murfett, Grant	Victorian Ma	1:00.01
5 #	1615	Hewitson, Craig	Yarra Ranges	1:00.37
6 #	1099	Dawe, Richard	Mornington P	1:00.47
7 #	3481	O'Rourke, Nichola	Dandenong Sp	1:00.94
8 #	3628	Goodings, Brock	Doncaster At	1:01.80
Section 11				
1 #	2223	Russell, Liam	Yarra Ranges	59.63
2 #	4000	Brock, David	Athletics Nu	1:00.89
3 #	4456	Stewart, Lachlan	Old Scotch A	1:01.40
4 #	1855	Banks, Matthew	Mornington P	1:01.88
5 #	1729	Spiteri, Martin	Waverley Malvern	1:02.33
6 #	313	Thorpe, Noah	Ringwood Ath	1:02.81
7 #	1701	Bell, Joel	Mornington P	1:03.04
8 #	3447	Foster, Paul	Victorian Ma	1:05.09
Section 12				
1 #	1595	Reid, Benjamin	Ringwood Ath	1:02.86
2 #	4452	Elvin, Matt	Knox Athletic Club	1:03.24
3 #	1703	Gibson, Vernon	Mentone Athl	1:03.79
4 #	1801	Cocking, Flynn	Athletics Nu	1:04.35
5 #	3366	Johnson, Marcus	Box Hill Ath	1:04.93
6 #	2410	Blecher, Benjamin	Maccabi Athl	1:05.20
Section 13				
1 #	1028	Terris, Hamish	Mornington P	1:05.59
2 #	2794	Van Eeten, Antony	Old Scotch A	1:06.15
3 #	1226	Mccombie, Will	Doncaster At	1:08.34
4 #	2538	Orchard, Will	Glenhuntly A	1:09.02
Section 14				
1 #	1741	Biernacki, Dustin	Melbourne Un	1:03.13
2 #	1138	Dyer, Zachery	Mornington P	1:04.34
3 #	1624	Pratt, Oliver	Mornington P	1:04.71
4 #	1253	Boxall, Marcus	Waverley Malvern	1:08.40
5 #	1705	Gibson, Edward	Mentone Athl	1:13.88
6 #	1154	Mates, Austen	Richmond Har	1:16.83
Section 15				
1 #	184	Kernick, Liam	Athletics Nu	1:11.10
2 #	3451	Ranasinghe Arachc	Glenhuntly A	1:16.49
3 #	3059	Clark, Harrison	South Coast	1:18.23
4 #	2015	Newling, Rob	Mornington P	1:19.15
5 #	1135	Dell, Tony	Collingwood	1:24.46
6 #	2658	Reid, Stephen	Knox Athletic Club	1:26.27
7 #	3581	Merrilees, Benjam	South Coast	1:40.60

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****....Men 400 Metre Run All Men**

## Section 16

1 # 4351 Marshall, Hamish	Glenhuntly A	1:03.18
2 # 3221 Lai, Sean	Sandringham	1:05.21
3 # 4501 Gallacher, Michae	Doncaster At	1:05.99
4 # 271 Drabkin, Ori	Maccabi Athl	1:23.10
5 # 2525 Ford, Graham	Doncaster At	1:24.74
6 # 4058 Gardner, Neville	Box Hill Ath	1:50.91
-- # 7079 Hose, Josh	Athletics Essendon	X1:15.97

## Section 17

1 # 3831 Tully, Liam	Athletics Nu	56.12
2 # 3999 Broadbent, Harris	Athletics Nu	58.79
3 # 287 Philactides, Nath	Ringwood Ath	59.10
4 # 3272 Sevenhuysen, Jed	Frankston At	1:05.75
5 # 3570 Griffett, Liam	Mornington P	1:06.10
6 # 1700 Coutts, Graham	Yarra Ranges	1:16.15

## Section 18

1 # 3028 Procaccino, Liam	Doncaster At	50.30
2 # 3932 Arefta, Nicholas	Athletics Nu	51.69
3 # 4494 Ferraro, Giancarl	St Kevin's A	54.11
4 # 3882 Goding, Ethan	Mornington P	59.14
5 # 1207 Lynch, Joseph	St Kevin's A	1:02.42
6 # 2891 Mischel, Liam	Maccabi Athl	1:09.12
7 # 1544 Papp, Michael	Athletics Nu	1:22.84
-- # 3163 Corbett, Nathan	Mornington P	DNF

## Section 19

1 # 3380 Soulie, Jean-Phil	Old Scotch A	54.51
2 # 3944 Alfred, John	Dandenong Sp	59.20
3 # 3450 Ranasinghe, Kulan	Glenhuntly A	1:00.68
4 # 7076 Ashik, Arun	Unattached	1:03.48
5 # 1025 Maclean, Remy	Ringwood Ath	1:03.51
-- # 4524 Morrissey, Angus	Old Scotch A	X55.61

**Men 1500 Metre Run RESULTS FILE All**

Name	Year Team	Finals
Section 1		
1 # 207 Djordjevic, Nikol	Mentone Athl	4:08.5h
2 # 4376 Garbelotto, Willi	Sandringham	4:09.0h
3 # 1857 Kernahan, Michael	Mentone Athl	4:09.4h
4 # 1332 Howard, Rubin	Glenhuntly A	4:10.4h
5 # 3743 Sinn, Luke	Doncaster At	4:10.9h
6 # 1493 Cotra-Nemesi, Wol	Collingwood	4:11.2h
7 # 1580 Lazaro, Haimish	Doncaster At	4:16.2h
8 # 4446 Forer, Jack	Glenhuntly A	4:16.6h
9 # 3523 Hunter, Luke	Yarra Ranges	4:18.0h
10 # 1508 Winter, Chris	Glenhuntly A	4:23.0h
11 # 2832 Barber, Robert	Old Scotch A	4:23.5h
12 # 3316 Mclean, Jack	Box Hill Ath	4:25.5h
13 # 1230 Venour, David	Waverley Malvern	4:26.1h
-- # 7075 Murrells, Jacob	Unattached	X4:22.2h not in d/base
Section 2		
1 # 1704 Gibson, Alexander	Mentone Athl	4:26.5h
2 # 285 Venour, Matthew	Athletics Nu	4:27.5h
3 # 1120 Mclennan, Caleb	Doncaster At	4:27.9h

## 2019/20 AVSL - Nunawading Rd 5 - 16/11/2019

## Bill Sewart Athletics Track

## Results

## ...Men 1500 Metre Run RESULTS FILE All

4 #	4429	Worsteling, Tom	Old Scotch A	4:28.3h	
5 #	236	Mandic, Nikola	Casey Cardin	4:28.6h	
6 #	3141	Denboer, Tyler	Casey Cardin	4:29.5h	
7 #	2109	Lovick, Riley	Frankston At	4:30.5h	
8 #	1799	Purser, Benjamin	Doncaster At	4:31.2h	
9 #	1871	Holst, Michael	Waverley Malvern	4:31.6h	
10 #	1616	Hewitson, Camden	Yarra Ranges	4:33.0h	
11 #	2067	Schwerkolt, Rober	Old Scotch A	4:34.5h	
12 #	4185	Anderson, James	Yarra Ranges	4:38.1h	
13 #	2068	Simm, Peter	Old Scotch A	4:41.2h	
Section 3					
1 #	1701	Bell, Joel	Mornington P	4:33.9h	
2 #	1138	Dyer, Zachery	Mornington P	4:35.3h	
3 #	1602	Low, Samuel	Waverley Malvern	4:38.1h	
4 #	1624	Pratt, Oliver	Mornington P	4:38.5h	
5 #	3137	Atcheson, Brodie	Mornington P	4:39.2h	
6 #	1729	Spiteri, Martin	Waverley Malvern	4:39.9h	
7 #	3850	Russell, Thomas	Old Scotch A	4:40.1h	
8 #	1028	Terris, Hamish	Mornington P	4:40.4h	
9 #	4456	Stewart, Lachlan	Old Scotch A	4:41.7h	
10 #	2208	Farrar, Jhai	Mornington P	4:48.2h	
11 #	1745	Penny, Shaun	Mornington P	4:52.0h	
12 #	4117	Bucci, Hudson	Mentone Athl	4:54.0h	
13 #	1705	Gibson, Edward	Mentone Athl	4:56.0h	
-- #	7074	Day, Rohan	Mornington P	X4:40.6h	not in d/base
Section 4					
1 #	4227	Cashin, Ben	Old Scotch A	4:39.8h	
2 #	1117	Mclennan, Campbel	Doncaster At	4:44.5h	
3 #	2466	Burgess, Mark	Waverley Malvern	4:44.9h	
4 #	2223	Russell, Liam	Yarra Ranges	4:45.3h	
5 #	1727	Mceniry, James	Waverley Malvern	4:46.1h	
6 #	1595	Reid, Benjamin	Ringwood Ath	4:47.1h	
7 #	1801	Cocking, Flynn	Athletics Nu	4:50.8h	
8 #	1984	Thomas, Andrew	St Kevin's A	4:51.7h	
9 #	3482	O'Rourke, Connor	Dandenong Sp	4:54.9h	
10 #	2538	Orchard, Will	Glenhuntly A	4:56.6h	
11 #	1847	Turver, Andrew	Mornington P	4:58.8h	
12 #	1376	Bishop, Michael	Mornington P	5:02.8h	
13 #	4452	Elvin, Matt	Knox Athletic Club	5:03.6h	
14 #	2031	Epps, Liam	Knox Athletic Club	5:10.4h	
15 #	1421	Braverman, Adam	Glenhuntly A	5:32.0h	
Section 5					
1 #	283	Mclennan, Liam	Doncaster At	4:55.9h	
2 #	1253	Boxall, Marcus	Waverley Malvern	5:01.7h	
3 #	3715	Stephens, Hunter	Mornington P	5:06.7h	
4 #	1615	Hewitson, Craig	Yarra Ranges	5:07.5h	
5 #	1703	Gibson, Vernon	Mentone Athl	5:11.3h	
6 #	1993	Nemesi, Eugene	Collingwood	5:12.2h	
7 #	3807	Krawczyk, Nick	Knox Athletic Club	5:13.0h	
8 #	4160	Bakker, Josiah	Doncaster At	5:22.2h	
9 #	1731	Spiteri, Daniel	Waverley Malvern	5:23.0h	
10 #	1855	Banks, Matthew	Mornington P	5:23.8h	
11 #	3150	Matters, Zachary	Box Hill Ath	5:30.0h	
12 #	1116	Van Dongen, Ruper	Mentone Athl	5:30.4h	
13 #	1203	Mccann, Adam	Athletics Nu	5:45.3h	

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Men 1500 Metre Run RESULTS FILE All**

14 #	2015	Newling, Rob	Mornington P	5:45.7h
15 #	1226	Mccombie, Will	Doncaster At	5:52.1h
Section 6				
1 #	4327	Gurjer, Ranveer	Box Hill Ath	5:01.3h
2 #	1901	Orchard, Scott	Glenhuntly A	5:19.9h
3 #	1700	Coutts, Graham	Yarra Ranges	5:25.9h
4 #	1338	Mckenzie, Andrew	Diamond Vall	5:43.0h
5 #	4501	Gallacher, Michae	Doncaster At	5:51.9h
6 #	1260	Sommers, David	Athletics Nu	5:54.4h
7 #	2658	Reid, Stephen	Knox Athletic Club	6:10.5h
8 #	2710	Tunne, Andrew	Box Hill Ath	6:28.6h
9 #	1154	Mates, Austen	Richmond Har	6:32.2h
10 #	1036	Campisi, Joseph	Glenhuntly A	6:37.2h
11 #	1707	Wyatt, Peter	Mornington P	8:20.0h
Section 7				
1 #	3372	McLeod, Joshua	Box Hill Ath	4:09.7h
2 #	1748	Hodder, Lachlan	Mornington P	4:20.6h
3 #	4151	Sexton, Joe	Box Hill Ath	4:23.3h
4 #	1634	Naunton, Zachary	Doncaster At	4:43.3h
5 #	3272	Sevenhuysen, Jed	Frankston At	4:44.8h
6 #	4412	Hutchings, Willia	Old Scotch A	4:45.2h
7 #	2062	Mirihana, Kavin	Athletics Nu	4:48.0h
8 #	2085	Nguyen, Trevor	Waverley Malvern	4:51.2h
9 #	2794	Van Eeten, Antony	Old Scotch A	4:52.7h
10 #	3999	Broadbent, Harris	Athletics Nu	4:56.0h
11 #	1832	Graham, Mitchell	Ringwood Ath	5:01.4h
12 #	3204	Williams, Chris	Sandringham	5:06.9h
13 #	4192	Davies, William	Mornington P	5:10.9h
14 #	3628	Goodings, Brock	Doncaster At	5:16.8h
15 #	2479	Shanley, Peter	Athletics Nu	5:49.1h
16 #	3273	Sutherland, Dave	Frankston At	6:47.1h
-- #	7070	Wright, Oscar	Unattached	X5:09.5h
-- #	7076	Ashik, Arun	Unattached	X5:22.5h

**Men 200 Metre Hurdles 76.2cm Hurdles 76.2**

Name	Year	Team	Finals	
=====				
Section 1      Wind: -0.1				
1 #	3996	O'Rourke, Tom	Sandringham	29.17
2 #	3656	Gilbert, Jordan	Athletics Nu	31.76
3 #	313	Thorpe, Noah	Ringwood Ath	32.19
4 #	1856	Banks, Teddy	Mornington P	32.66
Section 2      Wind: 0.7				
1 #	287	Philactides, Nath	Ringwood Ath	28.74
2 #	1025	Maclean, Remy	Ringwood Ath	32.33
3 #	3622	Merrick, William	Casey Cardin	36.09

**Men 300 Metre Hurdles 76.2cm Hurdles 76.2**

Name	Year	Team	Finals	
=====				
Section 1				
1 #	1749	McConnell, David	Box Hill Ath	57.7h
2 #	2525	Ford, Graham	Doncaster At	1:00.2h

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****Men 400 Metre Hurdles 84.0cm Hurdles 84.0**

Name	Year Team	Finals
1 # 228 Harris, Ethan	Ringwood Ath	55.43
2 # 2048 Rooke, Hayden	Yarra Ranges	1:03.92
3 # 1099 Dawe, Richard	Mornington P	1:22.04

**Mixed Discus Throw**

Name	Year Team	Finals
Flight 1		
-- # 188 Crees, Dayna	W Casey Cardin	X14.17m

**Mixed Javelin Throw**

Name	Year Team	Finals
-- # 188 Crees, Dayna	W Casey Cardin	X12.14m

**Mixed Discus Throw EXTRA THROWS All**

Name	Year Team	Finals
-- # 229 Johansen, Gemma	W Ringwood Ath	X35.63m

**Mixed Javelin Throw EXTRA THROWS All**

Name	Year Team	Finals
-- # 3526 Butler, Emma	W Diamond Vall	X42.11m
-- # 4081 Lutui, Susana	W Athletics Nu	X33.87m

**Mixed Discus Throw 2:15pm Wheelchair Seated Discus**

Name	Year Team	Finals
1 # 188 Crees, Dayna	W Casey Cardin	13.80m

**Mixed Javelin Throw 2:15pm Wheelchair Seated Javelin**

Name	Year Team	Finals
1 # 188 Crees, Dayna	W Casey Cardin	8.25m

**Mixed Discus Throw 1:00pm Discus 1**

Name	Year Team	Finals
1 # 3631 McCormick, Caitly	W Casey Cardin	39.05m
2 # 3600 Entwistle- Hardem	W Athletics Essendon	34.67m
3 # 3655 Newman, Alexander	M Glenhuntly A	33.13m
4 # 2947 Crawley, Andrew	M Glenhuntly A	32.59m
5 # 3330 Riddoch, Clyde	M Victorian Ma	29.63m
6 # 3149 Carstairs, Greg	M Waverley Malvern	27.27m
7 # 2525 Ford, Graham	M Doncaster At	26.64m



**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Mixed Discus Throw 1:00pm Discus 1**

8 #	3668	Song, Sonya	W Sandringham	26.02m	
9 #	2477	Barrett, Rachel	W Sandringham	24.44m	wait list
10 #	3594	Dingli, Alannah	W Sandringham	22.42m	
11 #	3136	Buttigieg, Linda	W Waverley Malvern	21.64m	
12 #	1132	Dell, Brendan	M Collingwood	20.50m	
13 #	3110	Rooke, Ashleigh	W Yarra Ranges	20.22m	
14 #	3632	Belton, Robert	M Old Scotch A	19.93m	
15 #	3616	Wilkins, Hayley	W Yarra Ranges	18.82m	
16 #	1135	Dell, Tony	M Collingwood	17.37m	
17 #	3135	Bridle, Christine	W Waverley Malvern	17.00m	
18 #	4197	Dawe, Freya	W Mornington P	16.21m	wait list

**Mixed Discus Throw 2:00pm Discus 2**

Name	Year	Team	Finals		
1 #	3698	Tonkin, Rhys	M Dandenong Sp	49.40m	
2 #	254	El Shorbagy, Hadd	M Mentone Athl	47.08m	
3 #	4000	Brock, David	M Athletics Nu	36.95m	
4 #	3612	Olsson, Paul	M Casey Cardin	33.31m	wait list
5 #	3703	Woolridge, Brayde	M Yarra Ranges	31.66m	
6 #	1575	El Shorbagy, Seif	M Mentone Athl	31.00m	
7 #	3621	Freeman, Jake	M Casey Cardin	30.90m	
8 #	1219	Matters, Toni	W Glenhuntly A	27.66m	
9 #	3040	Cauchi, Mark	M Knox Athletic Club	26.90m	
10 #	2645	Colgan, Paddy	M Frankston At	25.70m	
11 #	236	Mandic, Nikola	M Casey Cardin	25.56m	
12 #	1213	Firth, David	M Doncaster At	24.86m	
13 #	251	Craddock, Gemma	W Glenhuntly A	23.54m	
14 #	4507	Amerasekera, Erro	M Waverley Malvern	21.89m	
15 #	3150	Matters, Zachary	M Box Hill Ath	17.90m	
16 #	1781	Mcdonald, Peter	M Box Hill Ath	17.58m	wait list
17 #	2015	Newling, Rob	M Mornington P	17.36m	
17 #	3011	Grogan, Clodagh	W Sandringham	17.36m	
19 #	2876	Edwards, Angela	W Ringwood Ath	15.69m	
20 #	2323	Smith, Emily	W Knox Athletic Club	14.24m	
21 #	1060	Osmand, Kym	W Victorian Ma	13.71m	

**Mixed Discus Throw 3:00pm Discus 3**

Name	Year	Team	Finals	
1 #	4428	Bailey, Hugh	M Old Scotch A	34.76m
2 #	3014	Murugathas, Aagaa	M Athletics Essendon	34.26m
3 #	3635	Mcmaster, Abigail	W Sandringham	29.50m
4 #	3473	Bullen, Dale	M Yarra Ranges	28.60m
5 #	3015	Murugathas, Amish	W Athletics Essendon	28.39m
6 #	2804	Pennings, Nicole	W Athletics Nu	27.31m
7 #	3377	Carabourniotis, P	W Box Hill Ath	27.04m
8 #	2973	Hawking, Amy	W Keilor St Be	24.50m
9 #	2862	Kearney, Leighton	M Doncaster At	23.83m
10 #	1134	Dell, Liam	M Collingwood	23.18m
11 #	273	Hose, Ella	W Ringwood Ath	22.18m
12 #	3079	Jenkins, Dorn	W Mentone Athl	21.70m
13 #	4157	Mconchie, Jordyn	W Sandringham	19.06m

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Mixed Discus Throw 3:00pm Discus 3**

14 #	1328	Strugnell, Matild	W Sandringham	18.87m	
15 #	3366	Johnson, Marcus	M Box Hill Ath	17.66m	
16 #	3641	Pashutina, Ariana	W Knox Athletic Club	15.27m	
17 #	2759	Bedyn, Erika	W Yarra Ranges	15.23m	
18 #	3233	Pratt, Kate	W Mornington P	14.51m	wait list
19 #	3823	Louey, Simone	W Knox Athletic Club	13.99m	wait list
-- #	3824	Louey, Grace	W Knox Athletic Club	ND	wait list

**Mixed Discus Throw 4pm T&G Discus 4**

Name	Year	Team	Finals		
1 #	4080	Lutui, Sami	M Athletics Nu	26.14m	on day entry
2 #	3958	Vaidie, Lucas	M Glenhuntly A	25.27m	
3 #	4006	Laurie, Natalie	W Athletics Nu	24.56m	
4 #	3441	Carver, Tatiyana	W Casey Cardin	23.78m	
5 #	283	Mclennan, Liam	M Doncaster At	22.90m	wait list
6 #	1294	Golonka, Kurt	M Glenhuntly A	21.52m	
7 #	1359	Tanojevic, Tom	M Sandringham	21.22m	
8 #	1117	Mclennan, Campbel	M Doncaster At	20.64m	wait list
9 #	4058	Gardner, Neville	M Box Hill Ath	19.75m	
10 #	1120	Mclennan, Caleb	M Doncaster At	17.66m	wait list
11 #	3222	Lazar, Louisa	W Sandringham	15.56m	on day entry
12 #	3104	Ross, Anna	W Glenhuntly A	14.88m	
13 #	3816	Rankin, Ella	W Sandringham	13.32m	
14 #	3731	Byron, Chris	M Glenhuntly A	13.21m	
15 #	3098	King, Jennifer	W Glenhuntly A	13.08m	
16 #	3826	Louey, Monique	W Knox Athletic Club	12.75m	
17 #	1986	Wells, Chelsey	W Frankston At	11.42m	
18 #	3101	Stodden, Mark	M Richmond Har	11.23m	on day entry
19 #	3583	Merrilees, Naomi	W South Coast	7.53m	
20 #	4009	Van Der Westhuize	M Athletics Nu	7.00m	
-- #	1616	Hewitson, Camden	M Yarra Ranges	ND	
-- #	1707	Wyatt, Peter	M Mornington P	ND	
-- #	3825	Louey, Nathaniel	M Knox Athletic Club	ND	
-- #	1614	Hewitson, Kathi	W Yarra Ranges	ND	

**Mixed Discus Throw 4:30pm Elite Discus 5**

Name	Year	Team	Finals		
1 #	265	Rice, Owen	M Doncaster At	55.71m	
2 #	1385	Carstairs, Shane	M Unattached	41.56m	
3 #	240	Blair, Ryan	M Diamond Vall	37.77m	
4 #	310	Haunga, Matai	M Western Athletics	35.82m	
5 #	229	Johansen, Gemma	W Ringwood Ath	34.79m	
6 #	4081	Lutui, Susana	W Athletics Nu	33.72m	
7 #	3844	Keeghan, Elise	W Athletics Nu	32.19m	
8 #	3023	Mills, Alexandra	W Diamond Vall	31.65m	
9 #	4556	Pezos, Mariah	W Unattached	31.46m	on day entry
10 #	1416	Johansen, Nicole	W Ringwood Ath	31.36m	
-- #	239	Swanevelder, Ruan	M Ringwood Ath	ND	

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****Mixed Discus Throw 5:30pm Discus 6**

Name	Year Team	Finals
1 # 3177 Blackburn, Oliver	M Box Hill Ath	30.68m
2 # 3506 Mierisch, Paul	M Doncaster At	30.54m
3 # 4114 Blignaut, Megan	W Sandringham	30.53m
4 # 4090 Plante, Joshua	M Glenhuntly A	29.90m
5 # 4502 Young, Scott	M Doncaster At	28.29m
6 # 1099 Dawe, Richard	M Mornington P	25.96m
7 # 3367 Seddon, Matthew	M Box Hill Ath	25.37m
8 # 3656 Gilbert, Jordan	M Athletics Nu	25.22m
9 # 1626 Pratt, Wil	M Mornington P	24.87m
10 # 4066 Sparkes, Meg	W Yarra Ranges	24.85m
11 # 3234 Mahony, Craig	M Mornington P	22.51m
12 # 4118 Mcgowan, Lachlan	M Athletics Nu	21.06m
13 # 3783 Handasyde, Ian	M Old Scotch A	17.73m
14 # 4243 Dux, Jessica	W Athletics Nu	16.20m
-- # 3782 Campbell, Douglas	M Old Scotch A	ND

**Mixed Javelin Throw 1:00pm Elite Javelin 1**

Name	Year Team	Finals
1 # 98 Dean, Calum	M Old Xaverian	61.47m
2 # 4000 Brock, David	M Athletics Nu	53.93m
3 # 3203 Mogensen, Jack	M Sandringham	51.57m
4 # 3177 Blackburn, Oliver	M Box Hill Ath	49.43m
5 # 254 El Shorbagy, Hadd	M Mentone Athl	45.14m
6 # 3698 Tonkin, Rhys	M Dandenong Sp	43.81m
7 # 3473 Bullen, Dale	M Yarra Ranges	42.75m
8 # 3526 Butler, Emma	W Diamond Vall	41.98m
9 # 3734 Harper, James	M Glenhuntly A	39.90m
10 # 3703 Woolridge, Brayde	M Yarra Ranges	39.27m
11 # 251 Craddock, Gemma	W Glenhuntly A	37.86m
12 # 4081 Lutui, Susana	W Athletics Nu	32.33m
13 # 1575 El Shorbagy, Seif	M Mentone Athl	31.30m
14 # 3730 Hodges, Holly	W Athletics Nu	26.04m

**Mixed Javelin Throw 2:00pm Javelin 2**

Name	Year Team	Finals
1 # 3600 Entwistle- Hardem	W Athletics Essendon	29.81m
2 # 3616 Wilkins, Hayley	W Yarra Ranges	28.64m
3 # 2947 Crawley, Andrew	M Glenhuntly A	26.13m
4 # 3631 McCormick, Caitly	W Casey Cardin	25.56m
5 # 4428 Bailey, Hugh	M Old Scotch A	24.99m
6 # 3377 Carabourniotis, P	W Box Hill Ath	24.56m
7 # 1151 Lester, Rhiannon	W Mornington P	24.45m
8 # 3110 Rooke, Ashleigh	W Yarra Ranges	23.46m
9 # 3330 Riddoch, Clyde	M Victorian Ma	22.57m
10 # 2973 Hawking, Amy	W Keilor St Be	21.67m
11 # 2525 Ford, Graham	M Doncaster At	20.08m
12 # 3079 Jenkins, Dorn	W Mentone Athl	18.87m
13 # 4243 Dux, Jessica	W Athletics Nu	17.94m
14 # 3135 Bridle, Christine	W Waverley Malvern	17.40m

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Mixed Javelin Throw 2:00pm Javelin 2**

15 # 3136 Buttigieg, Linda	W Waverley Malvern	17.35m
16 # 1135 Dell, Tony	M Collingwood	17.25m
17 # 3632 Belton, Robert	M Old Scotch A	17.14m
18 # 3058 Clark, Courtney	W South Coast	15.34m
19 # 3857 Keating, Deborah	W Yarra Ranges	14.16m
20 # 4157 Mcconchie, Jordyn	W Sandringham	11.22m

**Mixed Javelin Throw 3:00pm Javelin 3**

Name	Year Team	Finals	
1 # 3149 Carstairs, Greg	M Waverley Malvern	40.29m	
2 # 3668 Song, Sonya	W Sandringham	32.53m	
3 # 3040 Cauchi, Mark	M Knox Athletic Club	31.68m	
4 # 1213 Firth, David	M Doncaster At	28.04m	
5 # 1855 Banks, Matthew	M Mornington P	26.85m	wait list
6 # 1626 Pratt, Wil	M Mornington P	25.15m	
7 # 1219 Matters, Toni	W Glenhuntly A	24.02m	
8 # 3594 Dingli, Alannah	W Sandringham	23.04m	
9 # 3844 Keeghan, Elise	W Athletics Nu	22.88m	
10 # 3612 Olsson, Paul	M Casey Cardin	19.83m	wait list
11 # 1132 Dell, Brendan	M Collingwood	19.34m	
12 # 2876 Edwards, Angela	W Ringwood Ath	19.10m	
13 # 236 Mandic, Nikola	M Casey Cardin	17.62m	
14 # 3011 Grogan, Clodagh	W Sandringham	14.54m	
15 # 3150 Matters, Zachary	M Box Hill Ath	14.47m	
16 # 3549 Chapman, Alyssa	W Athletics Nu	12.66m	
17 # 2323 Smith, Emily	W Knox Athletic Club	12.00m	
18 # 3548 Chapman, Kyla	W Athletics Nu	11.04m	
-- # 1854 Banks, Emma	W Mornington P	ND	wait list

**Mixed Javelin Throw 4pm T&G Javelin 4**

Name	Year Team	Finals	
1 # 3506 Mierisch, Paul	M Doncaster At	30.38m	
2 # 3729 Hodges, Hannah	W Athletics Nu	26.37m	
3 # 3825 Louey, Nathaniel	M Knox Athletic Club	20.86m	
4 # 3101 Stodden, Mark	M Richmond Har	17.60m	on day entry
5 # 3450 Ranasinghe, Kulan	M Glenhuntly A	16.67m	
6 # 3731 Byron, Chris	M Glenhuntly A	16.53m	
7 # 3617 Long, Jarrod	M Athletics Nu	16.50m	
8 # 1846 Turver, Kiralee	W Mornington P	14.37m	
9 # 3824 Louey, Grace	W Knox Athletic Club	14.34m	
10 # 1294 Golonka, Kurt	M Glenhuntly A	12.93m	
11 # 3396 Ward, Mia	W Athletics Nu	12.33m	
12 # 3826 Louey, Monique	W Knox Athletic Club	11.84m	
13 # 3816 Rankin, Ella	W Sandringham	11.51m	
14 # 1986 Wells, Chelsey	W Frankston At	11.37m	
15 # 3823 Louey, Simone	W Knox Athletic Club	10.80m	
16 # 4058 Gardner, Neville	M Box Hill Ath	8.92m	
17 # 3610 Turver, Cassie	W Mornington P	8.75m	
18 # 3090 Pearson, Jakeb	M Athletics Nu	7.72m	on day entry
-- # 4452 Elvin, Matt	M Knox Athletic Club	ND	
-- # 3451 Ranasinghe Arachc	M Glenhuntly A	ND	

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Mixed Javelin Throw 4pm T&G Javelin 4**

-- # 1707 Wyatt, Peter M Mornington P ND

**Mixed Javelin Throw 4:30pm Javelin 5**

Name	Year Team	Finals	
1 # 4006 Laurie, Natalie	W Athletics Nu	31.93m	
2 # 3367 Seddon, Matthew	M Box Hill Ath	25.96m	
3 # 2862 Kearney, Leighton	M Doncaster At	25.01m	
4 # 3570 Griffett, Liam	M Mornington P	24.87m	
5 # 4009 Van Der Westhuize	M Athletics Nu	24.19m	
6 # 2804 Pennings, Nicole	W Athletics Nu	21.63m	
7 # 3683 Murfett, Grant	M Victorian Ma	20.00m	
8 # 3234 Mahony, Craig	M Mornington P	18.57m	
9 # 2015 Newling, Rob	M Mornington P	18.26m	
10 # 1134 Dell, Liam	M Collingwood	17.78m	
11 # 3782 Campbell, Douglas	M Old Scotch A	16.99m	
12 # 4066 Sparkes, Meg	W Yarra Ranges	16.83m	
13 # 4507 Amerasekera, Erro	M Waverley Malvern	15.41m	
14 # 4118 Mcgowan, Lachlan	M Athletics Nu	14.74m	wait list
15 # 2117 Walpole, Claire	W Glenhuntly A	11.77m	wait list
16 # 3233 Pratt, Kate	W Mornington P	10.65m	

**Mixed Javelin Throw 5:30pm Javelin 6**

Name	Year Team	Finals	
1 # 1359 Tanojevic, Tom	M Sandringham	35.49m	
2 # 4008 Van Der Westhuize	M Athletics Nu	32.02m	
3 # 3693 Macdonald, Jennif	W Casey Cardin	26.74m	
4 # 1416 Johansen, Nicole	W Ringwood Ath	26.12m	
5 # 3789 Carbery, Elise	W Athletics Nu	26.11m	
6 # 3441 Carver, Tatiyana	W Casey Cardin	25.37m	
7 # 229 Johansen, Gemma	W Ringwood Ath	24.05m	
8 # 2824 Jouvelet, Felicit	W Casey Cardin	23.58m	on day entry'
9 # 4114 Blignaut, Megan	W Sandringham	22.93m	
10 # 3582 Merrilees, Matthe	M South Coast	21.73m	wait list
11 # 2477 Barrett, Rachel	W Sandringham	17.82m	
12 # 1615 Hewitson, Craig	M Yarra Ranges	17.62m	
13 # 3545 Gelsi, Claudia	W Collingwood	17.02m	
14 # 4197 Dawe, Freya	W Mornington P	13.92m	
15 # 1614 Hewitson, Kathi	W Yarra Ranges	10.12m	
16 # 3581 Merrilees, Benjam	M South Coast	6.49m	wait list

**Mixed Long Jump 1:00pm Long Jump 1**

Name	Year Team	Finals	Wind
1 # 3305 Sullivan, Joshua	M Casey Cardin	5.48m	NWI on day entry
2 # 4000 Brock, David	M Athletics Nu	5.35m	NWI
3 # 3762 Duncan, Oliver	M Yarra Ranges	5.11m	NWI wait list
4 # 2645 Colgan, Paddy	M Frankston At	4.95m	NWI
4 # 315 Costanzo, Peter	M Ringwood Ath	4.95m	NWI
6 # 3640 Hough, Michael	M Athletics Nu	4.94m	NWI
7 # 4008 Van Der Westhuize	M Athletics Nu	4.91m	NWI

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Mixed Long Jump 1:00pm Long Jump 1**

8 #	3221	Lai, Sean	M Sandringham	4.88m	NWI
9 #	1920	Sanchez, Zev	M Glenhuntly A	4.74m	NWI
10 #	3535	Mcdowell, Natasha	W Box Hill Ath	4.70m	NWI
11 #	1134	Dell, Liam	M Collingwood	4.31m	NWI
12 #	1626	Pratt, Wil	M Mornington P	4.26m	NWI
13 #	3816	Rankin, Ella	W Sandringham	4.19m	NWI
14 #	3377	Carabourniotis, P	W Box Hill Ath	4.09m	NWI
15 #	1707	Wyatt, Peter	M Mornington P	3.36m	NWI
16 #	3107	Gunawardena, Yona	M Knox Athletic Club	3.33m	NWI
17 #	1986	Wells, Chelsey	W Frankston At	3.32m	NWI
18 #	3233	Pratt, Kate	W Mornington P	2.83m	NWI
19 #	3330	Riddoch, Clyde	M Victorian Ma	2.65m	NWI

**Mixed Long Jump 1:00pm Elite Long Jump 2**

Name	Year	Team	Finals	Wind
1 #	4107	Tennakoon, T M Du	M Ringwood Ath	6.76m 1.1
2 #	268	Tarrant, Ryan	M Old Melburni	6.72m 2.6 on day entry
3 #	190	Chandrasena, Amir	M Casey Cardin	6.54m 0.5
4 #	3595	O'Hanlon, Keenan	M Casey Cardin	6.53m 2.3
5 #	3806	Krawczyk, Brad	M Knox Athletic Club	6.14m 0.9
6 #	4080	Lutui, Sami	M Athletics Nu	5.98m +0.0
7 #	3468	Sutherland, Lachl	M Frankston At	5.89m 1.3
8 #	3244	Donaldson, Jake	M Sandringham	5.75m 0.1 on day entry
9 #	266	Edwards, Petra	W Doncaster At	5.51m 0.3
10 #	3659	Gordon, Brooke	W St Kevin's A	5.38m 0.6
11 #	4503	Keca, Zara	W Athletics Essendon	5.35m 1.5
-- #	3157	Braun, Jeffrey	M Casey Cardin	ND NWI on day entry
-- #	3327	Taylor, Isaac	M Frankston At	ND NWI

**Mixed Long Jump 2:15pm Long Jump 3**

Name	Year	Team	Finals	Wind
1 #	1616	Hewitson, Camden	M Yarra Ranges	5.48m NWI
2 #	3024	Cheung, Evangelin	W Ringwood Ath	5.28m NWI
3 #	3522	Woods, Jasmine	W South Coast	5.02m NWI
4 #	3823	Louey, Simone	W Knox Athletic Club	4.42m NWI
5 #	3703	Woolridge, Brayde	M Yarra Ranges	4.29m NWI
6 #	3613	Wuol, Emmanuel	M Casey Cardin	4.27m NWI
7 #	3824	Louey, Grace	W Knox Athletic Club	4.07m NWI
8 #	3548	Chapman, Kyla	W Athletics Nu	3.84m NWI
9 #	3826	Louey, Monique	W Knox Athletic Club	3.75m NWI
10 #	2031	Epps, Liam	M Knox Athletic Club	3.68m NWI
11 #	1615	Hewitson, Craig	M Yarra Ranges	3.60m NWI
12 #	2477	Barrett, Rachel	W Sandringham	3.59m NWI
13 #	4281	Burns, Charli	W South Coast	3.54m NWI
14 #	3610	Turver, Cassie	W Mornington P	2.85m NWI
15 #	2759	Bedyn, Erika	W Yarra Ranges	2.28m NWI
16 #	1614	Hewitson, Kathi	W Yarra Ranges	2.18m NWI

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****Mixed Long Jump 2:15pm Long Jump 4**

Name	Year Team	Finals	Wind
1 # 209 Yacono, Olivia	W Old Xaverian	5.58m	NWI
2 # 4009 Van Der Westhuize	M Athletics Nu	5.18m	NWI
3 # 1602 Low, Samuel	M Waverley Malvern	4.78m	NWI
4 # 4017 Liyanage, Dahami	W Ringwood Ath	4.73m	NWI
5 # 4271 Destefanis, Mia	W St Kevin's A	4.71m	NWI
6 # 4530 Linnett, Hannah	W Ringwood Ath	4.57m	NWI
6 # 2565 Kindler, Natasha	W Ringwood Ath	4.57m	NWI
8 # 2223 Russell, Liam	M Yarra Ranges	4.34m	NWI
9 # 4006 Laurie, Natalie	W Athletics Nu	4.31m	NWI
10 # 2175 Slade, Nicola	W South Coast	4.27m	NWI
11 # 4243 Dux, Jessica	W Athletics Nu	4.22m	NWI
12 # 4298 Ryan, Sophie	W Athletics Nu	4.04m	NWI
13 # 2906 Schneidereit, Hay	W Casey Cardin	3.95m	NWI
14 # 3098 King, Jennifer	W Glenhuntly A	3.86m	NWI
15 # 4338 Ryan, Olivia	W Athletics Nu	3.83m	NWI
16 # 3523 Hunter, Luke	M Yarra Ranges	3.40m	NWI

**Mixed Long Jump 3:00pm Long Jump 5**

Name	Year Team	Finals	Wind
1 # 3930 Field, Emerson	M Yarra Ranges	5.31m	NWI on day entry
2 # 3186 Stephan, Jay	M Athletics Nu	5.23m	NWI
3 # 3958 Vaidie, Lucas	M Glenhuntly A	5.18m	NWI
4 # 3140 Wilson, Lucas	M Diamond Vall	5.07m	NWI wait list
5 # 4443 Davy, Geena	W Mornington P	4.94m	NWI moved from #23
6 # 3709 Manchanayake, Ara	W Athletics Nu	4.74m	NWI on day entry
7 # 3038 Leung, Gemma	W Athletics Nu	4.66m	NWI
8 # 1624 Pratt, Oliver	M Mornington P	4.23m	NWI
9 # 1701 Bell, Joel	M Mornington P	4.22m	NWI
10 # 4035 Hatch, Gabriella	W Athletics Nu	4.08m	NWI
11 # 3877 Griffiths, Tess	W Athletics Nu	3.94m	NWI
12 # 3361 Willey, Ciara	W Yarra Ranges	3.76m	NWI
13 # 1388 Little, William	M Glenhuntly A	3.72m	NWI
14 # 4537 Powierski, Rebeka	W Athletics Nu	3.70m	NWI on day entry
15 # 2976 Cocking, Holly	W Athletics Nu	3.66m	NWI
16 # 4176 Plain, Olivia	W Box Hill Ath	3.60m	NWI
17 # 3258 Dawson, Chloe	W Casey Cardin	3.26m	NWI
18 # 1781 Mcdonald, Peter	M Box Hill Ath	3.21m	NWI
19 # 3135 Bridle, Christine	W Waverley Malvern	3.20m	NWI
20 # 3136 Buttigieg, Linda	W Waverley Malvern	3.19m	NWI
21 # 3058 Clark, Courtney	W South Coast	2.52m	NWI

**Mixed Long Jump 3:00pm Long Jump 6**

Name	Year Team	Finals	Wind
1 # 2728 Shum, Jeremy	M Box Hill Ath	5.91m	NWI
2 # 3951 Abbott, Tristan	M Casey Cardin	5.81m	NWI
3 # 1099 Dawe, Richard	M Mornington P	4.85m	NWI
4 # 4460 Brammer, Bridget	W Athletics Nu	4.66m	NWI
5 # 251 Craddock, Gemma	W Glenhuntly A	4.45m	NWI
6 # 3729 Hodges, Hannah	W Athletics Nu	4.32m	NWI

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Mixed Long Jump 3:00pm Long Jump 6**

7 # 1151	Lester, Rhiannon	W Mornington P	4.31m	NWI
8 # 3450	Ranasinghe, Kulan	M Glenhuntly A	4.21m	NWI
9 # 3950	Abbott, Jeremy	M Casey Cardin	4.07m	NWI
9 # 4060	Gunasekara, Dinit	W Dandenong Sp	4.07m	NWI
11 # 3068	Burns, Georgia	W South Coast	3.73m	NWI
12 # 3396	Ward, Mia	W Athletics Nu	3.66m	NWI
13 # 3451	Ranasinghe Arachc	M Glenhuntly A	3.30m	NWI
14 # 3632	Belton, Robert	M Old Scotch A	2.37m	NWI
-- # 4057	Mccarthy, Ebony	W Mentone Athl	ND	NWI
-- # 3736	Soldati, Theo	M Glenhuntly A	ND	NWI

**Mixed Long Jump 4:00pm Long Jump 7**

Name	Year Team	Finals	Wind
1 # 3177	Blackburn, Oliver	M Box Hill Ath	5.15m NWI
2 # 140	Kamau, Amber	W Frankston At	5.09m NWI
3 # 3481	O'Rourke, Nichola	M Dandenong Sp	4.51m NWI
4 # 3789	Carbery, Elise	W Athletics Nu	4.50m NWI
5 # 3196	Tassone, Sam	M Athletics Nu	4.47m NWI
6 # 1741	Biernacki, Dustin	M Melbourne Un	4.45m NWI
7 # 3825	Louey, Nathaniel	M Knox Athletic Club	4.08m NWI
8 # 3668	Song, Sonya	W Sandringham	3.86m NWI
9 # 3641	Pashutina, Ariana	W Knox Athletic Club	3.72m NWI
10 # 7078	Kearney, Lucy	W Unattached	3.11m NWI
11 # 271	Drabkin, Ori	M Maccabi Athl	3.10m NWI
12 # 2323	Smith, Emily	W Knox Athletic Club	2.91m NWI

**Mixed Long Jump 4:00pm Long Jump 8**

Name	Year Team	Finals	Wind
1 # 3367	Seddon, Matthew	M Box Hill Ath	5.43m NWI
2 # 4039	Webber, Ewan	M Box Hill Ath	5.39m NWI
3 # 1493	Cotra-Nemesi, Wol	M Collingwood	5.33m NWI
3 # 3582	Merrilees, Matthe	M South Coast	5.33m NWI
5 # 3938	Keating, Patrick	M Yarra Ranges	5.14m NWI
6 # 272	Jordan, Anthony	M Doncaster At	4.99m NWI on day entry
7 # 3506	Mierisch, Paul	M Doncaster At	4.75m NWI
8 # 1855	Banks, Matthew	M Mornington P	4.69m NWI
9 # 1856	Banks, Teddy	M Mornington P	4.13m NWI
10 # 3101	Stodden, Mark	M Richmond Har	4.10m NWI on day entry
11 # 1132	Dell, Brendan	M Collingwood	4.07m NWI
12 # 3338	Umezu, Raena	W Dandenong Sp	3.77m NWI on day entry
13 # 3612	Olsson, Paul	M Casey Cardin	3.72m NWI
13 # 2832	Barber, Robert	M Old Scotch A	3.72m NWI
15 # 1854	Banks, Emma	W Mornington P	3.32m NWI
16 # 3581	Merrilees, Benjam	M South Coast	2.74m NWI
17 # 3857	Keating, Deborah	W Yarra Ranges	2.51m NWI

**Mixed Long Jump 5:00pm Long Jump 9**

Name	Year Team	Finals	Wind
1 # 3570	Griffett, Liam	M Mornington P	4.63m NWI



**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****...Mixed Long Jump 5:00pm Long Jump 9**

2 # 1745 Penny, Shaun	M Mornington P	4.55m	NWI
3 # 1507 O'Brien, Geneviev	W Glenhuntly A	4.42m	NWI
4 # 1138 Dyer, Zachery	M Mornington P	4.39m	NWI
5 # 1253 Boxall, Marcus	M Waverley Malvern	4.23m	NWI
6 # 3011 Grogan, Clodagh	W Sandringham	4.13m	NWI
7 # 3482 O'Rourke, Connor	M Dandenong Sp	3.90m	NWI
8 # 4114 Blignaut, Megan	W Sandringham	3.75m	NWI
9 # 3150 Matters, Zachary	M Box Hill Ath	3.70m	NWI
10 # 3059 Clark, Harrison	M South Coast	3.59m	NWI
11 # 2703 Dyer, Kobi-Lee	W Mornington P	3.37m	NWI
12 # 1219 Matters, Toni	W Glenhuntly A	3.19m	NWI

**Mixed Long Jump 5:00pm Long Jump 10**

Name	Year Team	Finals	Wind
1 # 3090 Pearson, Jakeb	M Athletics Nu	5.43m	NWI moved from #30
2 # 1861 Parrott, Matthew	M Doncaster At	4.92m	NWI on day entry
3 # 1155 Mitchell, David	M Doncaster At	4.42m	NWI
4 # 3472 Nguyen, Vy	W Dandenong Sp	4.35m	NWI
5 # 4058 Gardner, Neville	M Box Hill Ath	1.67m	NWI
-- # 4351 Marshall, Hamish	M Glenhuntly A	ND	NWI

**Mixed Pole Vault 1.00pm 3.55m Pole Vault 1**

Name	Year Team	Finals
1 # 4024 Harris, Liam	M Box Hill Ath	4.40m
2 # 146 Di Medio, Andre	M Box Hill Ath	4.25m
3 # 1359 Tanojevic, Tom	M Sandringham	3.50m
-- # 116 Di Medio, Dalton	M Box Hill Ath	NH

**Mixed Pole Vault 2.15pm 2.80m Pole Vault 2**

Name	Year Team	Finals
1 # 242 Warren, Shaun	M Casey Cardin	3.65m
2 # 253 Tayler, Georgia	W Box Hill Ath	3.50m
3 # 102 Thomson, David	M Athletics Nu	3.35m
4 # 2824 Jouvelet, Felicit	W Casey Cardin	3.20m on day entry
5 # 3535 Mcdowell, Natasha	W Box Hill Ath	3.05m
5 # 3729 Hodges, Hannah	W Athletics Nu	3.05m
5 # 3655 Newman, Alexander	M Glenhuntly A	3.05m
8 # 4008 Van Der Westhuize	M Athletics Nu	2.90m

**Mixed Pole Vault 3.45pm 1.60m Pole Vault 3**

Name	Year Team	Finals
1 # 4146 Schillinger, Geor	M Box Hill Ath	2.90m
2 # 3709 Manchanayake, Ara	W Athletics Nu	2.75m
3 # 4098 Delia, Abigail	W Casey Cardin	2.60m
4 # 291 Parry, Tess	W Box Hill Ath	2.45m
4 # 1749 Mcconnell, David	M Box Hill Ath	2.45m
4 # 1626 Pratt, Wil	M Mornington P	2.45m

**2019/20 AVSL - Nunawading Rd 5 - 16/11/2019****Bill Sewart Athletics Track****Results****....Mixed Pole Vault 3.45pm 1.60m Pole Vault 3**

4 #	3730	Hodges, Holly	W Athletics Nu	2.45m	
4 #	3136	Buttigieg, Linda	W Waverley Malvern	2.45m	
9 #	3830	Premkumar, Vaideh	W Athletics Nu	2.30m	
10 #	2175	Slade, Nicola	W South Coast	2.15m	
11 #	4099	Delia, Isabella	W Casey Cardin	2.00m	
12 #	7080	Monk, Leanne	W Unattached	1.70m	trialling